



Sixth Week of Epiphany
12th February - 18th February 2023
Prayer in the Middle of the Day

Epiphany Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

With you, O God, is the well of life
and in your light shall we see light.

cf Psalm 36.9

Praise

Christ Jesus was revealed in the flesh
and vindicated in the spirit.

He was seen by angels
and proclaimed among the nations.

Believed in throughout the world,
he was taken up in glory.

This will be made manifest at the proper time
by the blessed and only Sovereign,
Who alone has immortality,
and dwells in unapproachable light.
To the King of kings and Lord of lords
be honour and eternal dominion. Amen.

1 Timothy 3.16; 6.15,16

The Word of God

Psalm

Reading

Response

Silence

Blessed are the meek,
for they will inherit the earth.

Matthew 5.5

Prayer

Prayers are offered for the day ahead

Prayer of the Season

Eternal Lord,
our beginning and our end:
bring us with the whole creation
to your glory, hidden through past ages
and made known
in Jesus Christ our Lord.

followed by

O good Jesus,
Word of the Father and
brightness of his glory,
whom angels desire to behold:
teach me to do your will
that, guided by your Spirit,
I may come to that blessed city of
everlasting day,
where all are one in heart and mind,
where there is safety and eternal peace,
happiness and delight,
where you live with the Father and the Holy Spirit,
world without end. **Amen.**

after Gregory the Great (604)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the light of Christ our Lord shine in all our hearts. **Amen.**

Sunday 12 February

Psalm 141.1-5, 9-11

- 1 O Lord, I call to you, make haste to help me:
and hear my voice when I cry.
- 2 Let my prayer be as incense before you:
and the lifting up of my hands as the evening sacrifice.
- 3 Set a guard, O Lord, on my mouth:
and keep the door of my lips.
- 4 Let not my heart incline to evil speech,
to join in wickedness with wrongdoers:
let me not taste the pleasures of their table.
- 5 But let the righteous chastise me:
and the faithful rebuke me.
- 9 But my eyes look to you, O Lord my God:
to you I come for refuge, do not pour out my life.
- 10 Keep me from the snare that they have laid for me:
and from the traps of the evildoers.
- 11 Let the wicked fall together into their own nets:
whilst I pass safely by.

Romans 13.8-10

⁸ Owe no one anything, except to love one another; for the one who loves another has fulfilled the law. ⁹ The commandments, 'You shall not commit adultery; You shall not murder; You shall not steal; You shall not covet'; and any other commandment, are summed up in this word, 'Love your neighbour as yourself.' ¹⁰ Love does no wrong to a neighbour; therefore, love is the fulfilling of the law.

Monday 13 February

Psalm 146.1-2, 5-10

- 1 Praise the Lord, praise the Lord, O my soul:
while I live I will praise the Lord;
- 2 While I have any being:
I will sing praises to my God.
- 5 Blessed are those whose help is the God of Jacob:
whose hope is in the Lord their God,
- 6 The God who made heaven and earth:
the sea, and all that is in them,
- 7 Who keeps faith for ever:
who deals justice to those that are oppressed.
- 8 The Lord gives food to the hungry:
and sets the captives free.
- 9 The Lord gives sight to the blind:
the Lord lifts up those that are bowed down.
- 10 The Lord loves the righteous:
the Lord cares for the stranger in the land.

Hebrews 11.1-4

¹Now faith is the assurance of things hoped for, the conviction of things not seen. ²Indeed, by faith our ancestors received approval. ³By faith we understand that the worlds were prepared by the word of God, so that what is seen was made from things that are not visible. ⁴By faith Abel offered to God a more acceptable sacrifice than Cain's. Through this he received approval as righteous, God himself giving approval to his gifts; he died, but through his faith he still speaks.

Tuesday 14 February

Psalm 26.1-3, 6-12

- 1 Give judgement for me, O Lord,
for I have walked in my integrity:
I have trusted in the Lord and not wavered.
- 2 Put me to the test, O Lord, and prove me:
try my mind and my heart.
- 3 For your steadfast love has been ever before my eyes:
and I have walked in your truth.
- 6 I wash my hands in innocence, O Lord:
that I may go about your altar,
- 7 And lift up the voice of thanksgiving:
to tell of all your marvellous works.
- 8 Lord, I love the house of your habitation:
and the place where your glory dwells.
- 9 Do not sweep me away with sinners:
nor my life with those that thirst for blood,
- 10 In whose hand is abomination:
and their right hand is full of bribes.
- 11 As for me, I walk in my integrity:
O ransom me and be favourable toward me.
- 12 My foot stands on an even path:
I will bless the Lord in the great congregation.

1 Corinthians 2.10b-13

¹⁰These things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. ¹¹For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. ¹²Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. ¹³And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Wednesday 15 February

Psalm 55.1-8

- 1 Hear my prayer, O God:
and do not hide yourself from my petition.
- 2 Give heed to me, and answer me:
I am restless in my complaining.
- 3 I am in turmoil at the voice of the enemy:
at the onslaught of the wicked.
- 4 For they bring down disaster upon me:
they persecute me with bitter fury.
- 5 My heart writhes within me:
and the terrors of death have fallen upon me.
- 6 Fear and trembling come upon me:
and horror overwhelms me.
- 7 And I said 'O for the wings of a dove:
that I might fly away and find rest.
- 8 'Then I would flee far off:
and make my lodging in the wilderness.

Romans 8.22-25

²²We know that the whole creation has been groaning in labour pains until now; ²³and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. ²⁴For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? ²⁵But if we hope for what we do not see, we wait for it with patience.

Thursday 16 February

Psalm 68.4-6, 19-20, 35

- 4 O sing to God, sing praises to his name:
glorify him that rode through the deserts,
him whose name is the Lord, and exult before him.
- 5 He is the father of the fatherless,
he upholds the cause of the widow:
God in his holy dwelling place.
- 6 He gives the desolate a home to dwell in,
and brings the prisoners out into prosperity:
but rebels must dwell in a barren land.
you received tribute from the peoples:
but rebels shall not dwell in the presence of God.
- 19 Blessed be the Lord day by day,
who bears us as his burden:
he is the God of our deliverance.
- 20 God is to us a God who saves:
by God the Lord do we escape death.
tread down those that are greedy for silver,
scatter the peoples that relish war.
- 35 Terrible is God who comes from his holy place:
the God of Israel who gives power
and strength to his people. Blessed be God.

2 Peter 3.3-7

³First of all you must understand this, that in the last days scoffers will come, scoffing and indulging their own lusts ⁴and saying, 'Where is the promise of his coming? For ever since our ancestors died, all things continue as they were from the beginning of creation!' ⁵They deliberately ignore this fact, that by the word of God heavens existed long ago and an earth was formed out of water and by means of water, ⁶through which the world of that time was deluged with water and perished. ⁷But by the same word the present heavens and earth have been reserved for fire, being kept until the day of judgement and destruction of the godless.

Friday 17 February

Psalm 22.1-4, 6-11

- 1 My God, my God, why have you forsaken me:
why are you so far from helping me
and from the words of my groaning?
- 2 My God, I cry to you by day, but you do not answer:
and by night also I take no rest.
- 3 But you continue holy:
you that are the praise of Israel.
- 4 In you our forebears trusted:
they trusted, and you delivered them;
- 6 But as for me, I am a worm and no man:
the scorn of all and despised by the people.
- 7 Those that see me laugh me to scorn:
they shoot out their lips at me
and wag their heads, saying,
- 8 'He trusted in the Lord—let him deliver him:
let him deliver him, if he delights in him.'
- 9 But you are he that took me out of the womb:
that brought me to lie at peace on my mother's breast.
- 10 On you have I been cast since my birth:
you are my God, even from my mother's womb.
- 11 O go not from me, for trouble is hard at hand:
and there is none to help.

Acts 2.5-11

⁵ Now there were devout Jews from every nation under heaven living in Jerusalem. ⁶And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. ⁷Amazed and astonished, they asked, 'Are not all these who are speaking Galileans?' ⁸And how is it that we hear, each of us, in our own native language? ⁹Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, ¹⁰Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, ¹¹Cretans and Arabs—in our own languages we hear them speaking about God's deeds of power.'

Saturday 18 February

Psalm 48.8-13

- 8 As we have heard, so have we seen
in the city of the Lord of hosts:
in the city of our God,
which God has established for ever.
- 9 We have called to mind your loving-kindness, O God:
in the midst of your temple.
- 10 As your name is great, O God, so also is your praise:
even to the ends of the earth.
- 11 Your right hand is full of victory
—let Zion's hill rejoice:
let the daughters of Judah be glad,
because of your judgements.
- 12 Walk about Zion, go round about her,
and count all her towers:
consider well her ramparts, pass through her palaces;
- 13 That you may tell those who come after that such is God:
our God for ever and ever, and he will guide us eternally.

2 Peter 1.16-19

¹⁶ For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. ¹⁷ For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, 'This is my Son, my Beloved, with whom I am well pleased.' ¹⁸ We ourselves heard this voice come from heaven, while we were with him on the holy mountain. ¹⁹ So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts.

