



Daily Prayer  
in  
Ordinary Time  
Week 3

# Sunday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

My heart tells of your word, 'Seek my face.'

**Your face, Lord, will I seek.**

*Psalm 27.10*

## Praise

We praise you, O God,  
we acclaim you as the Lord;  
all creation worships you,  
the Father everlasting.

To you all angels, all the powers of heaven,  
the cherubim and seraphim, sing in endless praise:  
Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

*from Te Deum Laudamus*

## The Word of God

### Psalm 123

1 To you I lift up my eyes:

you who are enthroned in the heavens.

2 As the eyes of servants look to the hand of their master:

or as the eyes of a maid toward the hand of her mistress,

3 So our eyes look to the Lord our God:

until he show us his mercy.

4 Have mercy upon us, O Lord, have mercy upon us:

for we have had our fill of derision.

5 Our souls overflow with the mockery of those at ease:

and with the contempt of the proud.

## 1 Corinthians 2.6-10a

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him'— these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God.

### Response

*Silence*

Jesus said, I am the living bread that came down from heaven.

**Whoever eats of this bread will live for ever.**

*John 6.5 1a*

## **Prayer**

### *Concluding Prayer*

Christ be with me, Christ within me,  
Christ behind me, Christ before me,  
Christ beside me, Christ to win me,  
Christ to comfort and restore me.  
Christ beneath me, Christ above me,  
Christ in quiet, Christ in danger,  
Christ in hearts of all that love me,  
Christ in mouth of friend and stranger.

**Amen.**

*from St Patrick's Breastplate*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May God who made both heaven and earth bless us.  
Amen.**

# Monday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Let the words of my mouth and the meditation of my heart

**be acceptable in your sight,**

**O Lord, my strength and my redeemer.**

*Psalm 19.14*

## Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

*from St Patrick's Breastplate*

## **The Word of God**

### **Psalm 17.1-7**

- 1 Hear my just cause, O Lord, give heed to my cry:  
listen to my prayer, that comes from no lying lips.
- 2 Let judgement for me come forth from your presence:  
and let your eyes discern the right.
- 3 Though you search my heart,  
and visit me in the night-time:  
though you try me by fire,  
you will find no wickedness in me.
- 4 My mouth does not transgress, like the mouth of others:  
for I have kept the word of your lips.
- 5 My steps have held firm in the way of your commands:  
and my feet have not stumbled from your paths.
- 6 I call upon you, O God, for you will surely answer:  
incline your ear to me, and hear my words.
- 7 Show me the wonders of your steadfast love,  
O saviour of those who come to you for refuge:  
who by your right hand deliver them  
from those that rise up against them.

### **Romans 12.17-21**

Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' Do not be overcome by evil, but overcome evil with good.

## **Response**

*Silence*

Jesus said, I am the true vine.

**My Father is glorified by this, that you bear much fruit.**

*John 15.1a,8*

## **Prayer**

*Concluding Prayer*

Eternal light, shine into our hearts,  
eternal goodness, deliver us from evil,  
eternal power, be our support,  
eternal wisdom, scatter the darkness of our ignorance,  
eternal pity, have mercy upon us;  
that with all our heart and mind and soul and strength  
we may seek your face and be brought by your infinite mercy  
to your holy presence;  
through Jesus Christ our Lord. **Amen.**

*Alcuin of York (804)*



## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May God who made both heaven and earth bless us.  
Amen.**

# Tuesday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

To you, O Lord, I lift up my soul.

**O my God, in you I trust.**

*Psalm 25. 1a*

## Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,  
Praise to the Son,  
Praise to the Spirit,  
The Three in One.

*adapted from Alexander Carmichael, Carmina Gadelica (1900)*

## **The Word of God**

### **Psalm 119.89-96**

- 89 Lord, your word is for ever:  
it stands firm in the heavens.
- 90 Your faithfulness abides from one generation to another:  
firm as the earth which you have made.
- 91 As for your judgements, they stand fast this day:  
for all things are your servants.
- 92 If your law had not been my delight:  
I would have perished in my affliction.
- 93 I will never forget your precepts:  
for by them you have given me life.
- 94 I am yours, O save me:  
for I have sought your precepts.
- 95 The wicked have lain in wait for me to destroy me:  
but I think on your commands.
- 96 I have seen that all perfection comes to an end:  
only your commandment has no bounds.

## **Acts 10.38b-43**

How God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name.'

### **Response**

*Silence*

Jesus said, I am the light of the world.

**Whoever follows me will have the light of life.**

*John 8.12*

## Prayer

### *Concluding Prayer*

Eternal God,

the light of the minds that know you,

the joy of the hearts that love you,

and the strength of the wills that serve you:

grant us so to know you

that we may truly love you,

so to love you that we may truly serve you,

whose service is perfect freedom;

through Jesus Christ our Lord. **Amen.**

*after Augustine of Hippo (430)*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May Christ our redeemer bring us healing and wholeness.  
Amen.**

# Wednesday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me to know your ways, O Lord,

**and teach me your paths.**

*Psalm 25.3*

## Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

*from Te Deum Laudamus*

## The Word of God

### Psalm 113

1 Praise the Lord, O sing praises, you that are his servants:

O praise the name of the Lord.

2 Let the name of the Lord be blessed:

from this time forward and for ever.

3 From the rising of the sun to its going down:  
let the name of the Lord be praised.

4 The Lord is exalted over all the nations:  
and his glory is above the heavens.

5 Who can be likened to the Lord our God:  
in heaven or upon the earth,

6 Who has his dwelling so high:  
yet condescends to look on things beneath?

7 He raises the lowly from the dust:  
and lifts the poor from out of the dungheap;

8 He gives them a place among the princes:  
even among the princes of his people.

9 He causes the barren woman to keep house:  
and makes her a joyful mother of children.  
Praise the Lord.

## **Revelation 21.3-5**

And I heard a loud voice from the throne saying,  
'See, the home of God is among mortals.  
He will dwell with them;  
they will be his peoples,  
and God himself will be with them;  
he will wipe every tear from their eyes.  
Death will be no more;  
mourning and crying and pain will be no more,  
for the first things have passed away.'

And the one who was seated on the throne said, 'See, I am  
making all things new.' Also he said, 'Write this, for these words  
are trustworthy and true.'



## Response

*Silence*

Jesus said, I am the way, and the truth, and the life.

**No one comes to the Father except through me.**

*John 14.6*

## Prayer

*Concluding Prayer*

O Lord our God,

grant us grace to desire you with our whole heart;

that so desiring, we may seek and find you;

and so finding, may love you;

and so loving, may hate those sins from which you have delivered us;

through Jesus Christ our Lord. **Amen.**

*Anselm (1109)*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May God grant to the world justice, truth and peace.  
Amen.**

# Thursday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Teach me to do what pleases you, for you are my God;

**let your kindly spirit lead me on a level path.**

*Psalm 143.10*

## Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

*George Herbert (1633)*

## **The Word of God**

### **Psalm 132.1-5, 8-10**

1 Lord, remember David and all his trouble:  
    how he swore an oath to the Lord,  
    and vowed to the Mighty One of Jacob;

2 'I will not enter the shelter of my house:  
    nor climb into the comfort of my bed;

3 'I will not give sleep to my eyes:  
    or slumber to my eyelids,

4 'Till I find out a place for the ark of the Lord:  
    a dwelling for the Mighty One of Jacob.'

5 Lo, we heard of it at Ephrathah:  
    we found it in the fields of Ja-ar.

8 Let your priests be clothed with righteousness:  
    and let your faithful ones shout for joy.

9 For the sake of David your servant:  
    do not turn away the face of your anointed.

10 The Lord has sworn to David:  
    an oath which he will not break;

## 1 Peter 3.8-12

Finally, all of you, have unity of spirit, sympathy, love for one another, a tender heart, and a humble mind. Do not repay evil for evil or abuse for abuse; but, on the contrary, repay with a blessing. It is for this that you were called—that you might inherit a blessing. For

‘Those who desire life

and desire to see good days,

let them keep their tongues from evil

and their lips from speaking deceit;

let them turn away from evil and do good;

let them seek peace and pursue it.

For the eyes of the Lord are on the righteous,

and his ears are open to their prayer.

But the face of the Lord is against those who do evil.’

### Response

*Silence*

Jesus said, I am the gate for the sheep.

**I came that they may have life, and have it abundantly.**

*John 10.7,10b*

## Prayer

*Concluding Prayer*

O gracious and holy Father,  
give us wisdom to perceive you,  
diligence to seek you,  
patience to wait for you,  
eyes to behold you,  
a heart to meditate upon you,  
and a life to proclaim you,  
through the power of the Spirit  
of Jesus Christ our Lord. **Amen.**

*Benedict of Nursia (c.550)*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May God kindle in us the fire of love.**

**Amen.**

# Friday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me a clean heart, O God;

**and renew a right spirit within me.**

*Psalm 51.11*

## Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.



Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

## **The Word of God**

### **Psalm 102.1-2, 24-28**

1 O Lord, hear my prayer:

and let my cry come to you.

2 Do not hide your face from me in the day of my trouble:

turn your ear to me;

and when I call, be swift to answer.

24 Do not take me away, O God, in the midst of my life:

you, whose years extend through all generations.

25 In the beginning you laid the foundations of the earth:

and the heavens are the work of your hands.

26 They shall perish, but you will endure:

they shall all grow old like a garment;

like clothes you will change them,

and they shall pass away.

27 But you are the same for ever:

and your years will never fail.

28 The children of your servants shall rest secure:

and their seed shall be established in your sight.

## **1 Thessalonians 2.1, 3-4**

You yourselves know, brothers and sisters, that our coming to you was not in vain, For our appeal does not spring from deceit or impure motives or trickery, but just as we have been approved by God to be entrusted with the message of the gospel, even so we speak, not to please mortals, but to please God who tests our hearts.

### **Response**

*Silence*

Jesus said, I am the good shepherd.

**The good shepherd lays down his life for the sheep.**

*John 10.11*

## **Prayer**

*Concluding Prayer*

Lord Jesus Christ, we thank you  
for all the benefits that you have won for us,  
for all the pains and insults that you have borne for us.  
Most merciful redeemer,  
friend and brother,  
may we know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day. **Amen**

*after Richard of Chichester (1253)*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May Christ our Saviour give us peace.**

**Amen.**

# Saturday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Your love, O Lord, reaches to the heavens;  
**and your faithfulness to the clouds.**

*Psalm 36.5*

## Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

*Ephrem the Syrian (373)*

# The Word of God

## Psalm 48.2-4, 9-11

2 High and beautiful is his holy hill:  
it is the joy of all the earth.

3 On Mount Zion, where Godhead truly dwells,  
stands the city of the Great King:  
God is well known in her palaces as a sure defence.

4 For the kings of the earth assembled:  
they gathered together and came on;

9 We have called to mind your loving-kindness, O God:  
in the midst of your temple.

10 As your name is great, O God, so also is your praise:  
even to the ends of the earth.

11 Your right hand is full of victory  
—let Zion's hill rejoice:  
let the daughters of Judah be glad,  
because of your judgements.

## 1 Corinthians 3.10-13

According to the grace of God given to me, like a skilled master builder I laid a foundation, and someone else is building on it. Each builder must choose with care how to build on it. For no one can lay any foundation other than the one that has been laid; that foundation is Jesus Christ. Now if anyone builds on the foundation with gold, silver, precious stones, wood, hay, straw—the work of each builder will become visible, for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each has done.

## **Response**

*Silence*

Jesus said, I am the resurrection and the life.

**Those who believe in me will never die**

*cf John 11.25,26*

## **Prayer**

*Concluding Prayer*

God be in my head, and in my understanding;

God be in my eyes, and in my looking;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at mine end, and at my departing. **Amen.**

*Sarum Primer*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May Christ dwell in our hearts by faith.**

**Amen.**



