



Daily Prayer

in

Ordinary Time

29 August - 4 September 2021

## Sunday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Your words have I hidden within my heart;

**that I should not sin against you.**

*Psalm 119.11*

### Praise

Saviour eternal,

life of the world unfailing,

light everlasting

and our true redemption.

Taking our humanity

in your loving freedom,

you rescued our lost earth

and filled the world with joy.

By your first advent justify us,

by your second, set us free:

that when the great light dawns

and you come as judge of all,

we may be robed in immortality

and ready, Lord, to follow

in your footsteps blest,

wherever they may lead.

*Salus Aeterna*

## The Word of God

### Psalm 100

- 1 O shout to the Lord in triumph, all the earth:  
    serve the Lord with gladness,  
    and come before his face with songs of joy.
- 2 Know that the Lord he is God:  
    it is he who has made us and we are his;  
    we are his people and the sheep of his pasture.
- 3 Come into his gates with thanksgiving,  
    and into his courts with praise:  
    give thanks to him, and bless his holy name.
- 4 For the Lord is good, his loving mercy is for ever:  
    his faithfulness throughout all generations.

### Isaiah 1.13-17

Bringing offerings is futile;  
    incense is an abomination to me.  
New moon and sabbath and calling of convocation—  
    I cannot endure solemn assemblies with iniquity.  
Your new moons and your appointed festivals  
    my soul hates;  
they have become a burden to me,  
    I am weary of bearing them.  
When you stretch out your hands,  
    I will hide my eyes from you;  
even though you make many prayers,  
    I will not listen;  
    your hands are full of blood.  
Wash yourselves; make yourselves clean;  
    remove the evil of your doings  
    from before my eyes;  
cease to do evil,  
    learn to do good;  
seek justice,  
    rescue the oppressed,  
defend the orphan,  
    plead for the widow.

## Response

*Silence*

Blessed are those who hunger and thirst for righteousness,

**for they will be filled.**

*Matthew 5.6*

## Prayer

### *Concluding Prayer*

Keep us, O Lord,  
while we tarry on this earth,  
in a serious seeking after you,  
and in an affectionate walking with you,  
every day of our lives;  
that when you come,  
we may be found not hiding our talent,  
nor serving the flesh,  
nor yet asleep with our lamp unfurnished,  
but waiting and longing for our Lord,  
our glorious God for ever. **Amen.**

*Richard Baxter (1691)*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

May the Lord make us ready for his coming in glory.

**Amen.**

## Monday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Let the words of my mouth and the meditation of my heart

**be acceptable in your sight,**

**O Lord, my strength and my redeemer.**

*Psalm 19.14*

### Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

*from St Patrick's Breastplate*

## The Word of God

### Psalm 69.1-3, 5-6

- 1 Save me, O God:  
for the waters have come up even to my throat.
- 2 I sink in the deep mire where no footing is:  
I have come into deep waters  
and the flood sweeps over me.
- 3 I am weary with crying out, my throat is parched:  
my eyes fail with watching so long for my God.
- 5 O God, you know my foolishness:  
and my sins are not hidden from you.
- 6 Let not those who wait for you  
be shamed because of me, O Lord God of hosts:  
let not those who seek you  
be disgraced on my account, O God of Israel.

### 2 Kings 5.9-11, 13-14

So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, 'Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean.' But Naaman became angry and went away, saying, 'I thought that for me he would surely come out, and stand and call on the name of the LORD his God, and would wave his hand over the spot, and cure the leprosy! But his servants approached and said to him, 'Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, "Wash, and be clean"?' So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

## Response

*Silence*

Jesus said, I am the true vine.

**My Father is glorified by this, that you bear much fruit.**

*John 15.1a,8*

## **Prayer**

### *Concluding Prayer*

Eternal light, shine into our hearts,  
eternal goodness, deliver us from evil,  
eternal power, be our support,  
eternal wisdom, scatter the darkness of our ignorance,  
eternal pity, have mercy upon us;  
that with all our heart and mind and soul and strength  
we may seek your face and be brought by your infinite mercy  
to your holy presence;  
through Jesus Christ our Lord. **Amen.**

*Alcuin of York (804)*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**



## **The Conclusion**

May God who made both heaven and earth bless us.

**Amen.**

## Tuesday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

To you, O Lord, I lift up my soul.

**O my God, in you I trust.**

*Psalm 25. 1a*

### Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

*adapted from Alexander Carmichael, Carmina Gadelica (1900)*

## The Word of God

### Psalm 148.1, 7-13

- 1 Praise the Lord, praise the Lord from heaven:  
O praise him in the heights.
- 7 O praise the Lord from the earth:  
praise him, you sea-monsters and all deeps;
- 8 Fire and hail, mist and snow:  
and storm-wind fulfilling his command;
- 9 Mountains and all hills:  
fruit trees and all cedars;
- 10 Beasts of the wild, and all cattle:  
creeping things and winged birds;
- 11 Kings of the earth, and all peoples:  
princes, and all rulers of the world;
- 12 Young men and maidens:  
old folk and children together.
- 13 Let them praise the name of the Lord:  
for his name alone is exalted.

### Isaiah 35.3-6b

Strengthen the weak hands,  
and make firm the feeble knees.  
Say to those who are of a fearful heart,  
'Be strong, do not fear!  
Here is your God.  
He will come with vengeance,  
with terrible recompense.  
He will come and save you.'

Then the eyes of the blind shall be opened,  
and the ears of the deaf unstopped;  
then the lame shall leap like a deer,  
and the tongue of the speechless sing for joy.  
For waters shall break forth in the wilderness,  
and streams in the desert;

## Response

*Silence*

Jesus said, I am the light of the world.

**Whoever follows me will have the light of life.**

*John 8.12*

## Prayer

### *Concluding Prayer*

Eternal God,  
the light of the minds that know you,  
the joy of the hearts that love you,  
and the strength of the wills that serve you:  
grant us so to know you  
that we may truly love you,  
so to love you that we may truly serve you,  
whose service is perfect freedom;  
through Jesus Christ our Lord. **Amen.**

*after Augustine of Hippo (430)*

## The Lord's Prayer

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

May Christ our redeemer bring us healing and wholeness.

**Amen.**

## Wednesday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me to know your ways, O Lord,

**and teach me your paths.**

*Psalm 25.3*

### Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

*from Te Deum Laudamus*

### The Word of God

#### Psalm 19.1-6

- 1 The heavens declare the glory of God:  
and the firmament proclaims his handiwork;
- 2 One day tells it to another:  
and night to night communicates knowledge.
- 3 There is no speech or language:  
nor are their voices heard;
- 4 Yet their sound has gone out through all the world:  
and their words to the ends of the earth.
- 5 There he has pitched a tent for the sun:  
which comes out as a bridegroom from his chamber,  
and rejoices like a strong man to run his course.
- 6 Its rising is at one end of the heavens,  
and its circuit to their farthest bound:  
and nothing is hidden from its heat.

## Isaiah 55.10-11

For as the rain and the snow come down from heaven,  
and do not return there until they have watered the earth,  
making it bring forth and sprout,  
giving seed to the sower and bread to the eater,  
so shall my word be that goes out from my mouth;  
it shall not return to me empty,  
but it shall accomplish that which I purpose,  
and succeed in the thing for which I sent it.

## Response

*Silence*

Jesus said, I am the way, and the truth, and the life.

**No one comes to the Father except through me.**

*John 14.6*

## Prayer

*Concluding Prayer*

O Lord our God,  
grant us grace to desire you with our whole heart;  
that so desiring, we may seek and find you;  
and so finding, may love you;  
and so loving, may hate those sins from which you have delivered us;  
through Jesus Christ our Lord. **Amen.**

*Anselm (1109)*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

**May God grant to the world justice, truth and peace.**

**Amen.**



## Thursday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Teach me to do what pleases you, for you are my God;

**let your kindly spirit lead me on a level path.**

*Psalm 143.10*

### Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

*George Herbert (1633)*

## The Word of God

### Psalm 37.7-9, 40

7 Be still before the Lord, and wait patiently for him:

do not be vexed when someone prospers,  
when they put their evil purposes to work.

8 Let go of anger and abandon wrath:

let not envy move you to do evil.

9 For the wicked shall be cut down:

but those who wait for the Lord shall possess the land.

40 Deliverance for the righteous shall come from the Lord:

he is their strength in time of trouble.

### Deuteronomy 26.17-19

Today you have obtained the LORD's agreement: to be your God; and for you to walk in his ways, to keep his statutes, his commandments, and his ordinances, and to obey him. Today the LORD has obtained your agreement: to be his treasured people, as he promised you, and to keep his commandments; for him to set you high above all nations that he has made, in praise and in fame and in honour; and for you to be a people holy to the LORD your God, as he promised.

## Response

*Silence*

Jesus said, I am the gate for the sheep.

**I came that they may have life, and have it abundantly.**

*John 10.7,10b*

## Prayer

### *Concluding Prayer*

O gracious and holy Father,  
give us wisdom to perceive you,  
diligence to seek you,  
patience to wait for you,  
eyes to behold you,  
a heart to meditate upon you,  
and a life to proclaim you,  
through the power of the Spirit  
of Jesus Christ our Lord. **Amen.**

*Benedict of Nursia (c.550)*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

**May God kindle in us the fire of love.**

**Amen.**

## Friday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me a clean heart, O God;

**and renew a right spirit within me.**

*Psalm 51.11*

### Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

## **The Word of God**

### **Psalm 51.10-17**

- 10 Create in me a clean heart, O God:  
and renew a right spirit within me.
- 11 Do not cast me out from your presence:  
do not take your holy spirit from me.
- 12 O give me the gladness of your help again:  
and support me with a willing spirit.
- 13 Then will I teach transgressors your ways:  
and sinners shall turn to you again.
- 14 O Lord God of my salvation, deliver me from bloodshed:  
and my tongue shall sing of your righteousness.
- 15 O Lord, open my lips:  
and my mouth shall proclaim your praise.
- 16 You take no pleasure in sacrifice, or I would give it:  
burnt-offerings you do not want.
- 17 The sacrifice of God is a broken spirit:  
a broken and contrite heart, O God, you will not despise.

### **Wisdom 7.24-27**

For wisdom is more mobile than any motion;  
because of her pureness she pervades and penetrates all things.  
For she is a breath of the power of God,  
and a pure emanation of the glory of the Almighty;  
therefore nothing defiled gains entrance into her.  
For she is a reflection of eternal light,  
a spotless mirror of the working of God,  
and an image of his goodness.  
Although she is but one, she can do all things,  
and while remaining in herself, she renews all things;  
in every generation she passes into holy souls  
and makes them friends of God, and prophets;

## **Response**

*Silence*

Jesus said, I am the good shepherd.

**The good shepherd lays down his life for the sheep.**

*John 10.11*

## Prayer

### *Concluding Prayer*

Lord Jesus Christ, we thank you  
for all the benefits that you have won for us,  
for all the pains and insults that you have borne for us.  
Most merciful redeemer,  
friend and brother,  
may we know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day. **Amen**

*after Richard of Chichester (1253)*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

**May Christ our Saviour give us peace.**

**Amen.**



## Saturday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Your love, O Lord, reaches to the heavens;

**and your faithfulness to the clouds.**

*Psalm 36.5*

### Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

*Ephrem the Syrian (373)*

## The Word of God

### Psalm 124

- 1 If the Lord had not been on our side,  
now may Israel say:  
if the Lord had not been on our side,  
when our enemies rose against us,
- 2 Then they would have swallowed us alive:  
when their anger was kindled against us.
- 3 Then the waters would have overwhelmed us,  
and the torrent gone over us:  
the raging waters would have gone clean over us.
- 4 But praised be the Lord:  
who has not given us as a prey to their teeth.
- 5 We have escaped like a bird from the snare of the fowler:  
the snare is broken, and we have gone free.
- 6 Our help is in the name of the Lord:  
who has made heaven and earth.

### Isaiah 66.18, 20-21

For I know their works and their thoughts, and I am coming to gather all nations and tongues; and they shall come and shall see my glory, They shall bring all your kindred from all the nations as an offering to the LORD, on horses, and in chariots, and in litters, and on mules, and on dromedaries, to my holy mountain Jerusalem, says the LORD, just as the Israelites bring a grain-offering in a clean vessel to the house of the LORD. And I will also take some of them as priests and as Levites, says the LORD.

### Response

*Silence*

Jesus said, I am the resurrection and the life.

**Those who believe in me will never die**

*cf John 11.25,26*

## **Prayer**

### *Concluding Prayer*

God be in my head, and in my understanding;  
God be in my eyes, and in my looking;  
God be in my mouth, and in my speaking;  
God be in my heart, and in my thinking;  
God be at mine end, and at my departing. **Amen.**

*Sarum Primer*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

May Christ dwell in our hearts by faith.

**Amen.**