



Daily Prayer

in

Ordinary Time

Week 3

Sunday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

My heart tells of your word, 'Seek my face.'

Your face, Lord, will I seek.

Psalm 27.10

Praise

We praise you, O God,
we acclaim you as the Lord;
all creation worships you,
the Father everlasting.

To you all angels, all the powers of heaven,
the cherubim and seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

from Te Deum Laudamus

The Word of God

Psalm 82

- 1 God has stood up in the council of heaven:
in the midst of the gods he gives judgement.
- 2 'How long will you judge unjustly:
and favour the cause of the wicked?
- 3 'Judge for the poor and fatherless:
vindicate the afflicted and oppressed.
- 4 'Rescue the poor and needy:
and save them from the hands of the wicked.
- 5 'They do not know, they do not understand,
they walk about in darkness:
all the foundations of the earth are shaken.
- 6 'Therefore I say, "Though you are gods:
and all of you children of the Most High,
- 7 "Nevertheless you shall die like a mortal:
and fall like one of the princes."
- 8 Arise, O God, and judge the earth:
for you shall take all nations as your possession.

Revelation 22.17, 20,21

The Spirit and the bride say, 'Come.'
And let everyone who hears say, 'Come.'
And let everyone who is thirsty come.
Let anyone who wishes take the water of life as a gift.

The one who testifies to these things says, 'Surely I am coming soon.'

Amen. Come, Lord Jesus!

The grace of the Lord Jesus be with all the saints. Amen.

Response

Silence

Jesus said, I am the living bread that came down from heaven.

Whoever eats of this bread will live for ever.

John 6.5 1a

Prayer

Concluding Prayer

Christ be with me, Christ within me,

Christ behind me, Christ before me,

Christ beside me, Christ to win me,

Christ to comfort and restore me.

Christ beneath me, Christ above me,

Christ in quiet, Christ in danger,

Christ in hearts of all that love me,

Christ in mouth of friend and stranger.

Amen.

from St Patrick's Breastplate

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God who made both heaven and earth bless us.
Amen.**

Monday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart

be acceptable in your sight,

O Lord, my strength and my redeemer.

Psalm 19.14

Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

from St Patrick's Breastplate

The Word of God

Psalm 13

- 1 How long, O Lord, will you so utterly forget me:
how long will you hide your face from me?
- 2 How long must I suffer anguish in my soul,
and be so grieved in my heart day and night:
how long shall my enemy triumph over me?
- 3 Look upon me, O Lord my God, and answer me:
lighten my eyes, lest I sleep in death;
- 4 Lest my enemy say 'I have prevailed':
lest my foes exult at my overthrow.
- 5 Yet I put my trust in your unfailing love:
O let my heart rejoice in your salvation.
- 6 And I will make my song to the Lord:
because he deals so bountifully with me.

Isaiah 11.1-4

A shoot shall come out from the stock of Jesse,
and a branch shall grow out of his roots.
The spirit of the LORD shall rest on him,
the spirit of wisdom and understanding,
the spirit of counsel and might,
the spirit of knowledge and the fear of the LORD.
His delight shall be in the fear of the LORD.

He shall not judge by what his eyes see,
or decide by what his ears hear;
but with righteousness he shall judge the poor,
and decide with equity for the meek of the earth;
he shall strike the earth with the rod of his mouth,
and with the breath of his lips he shall kill the wicked.

Response

Silence

Jesus said, I am the true vine.

My Father is glorified by this, that you bear much fruit.

John 15.1a,8

Prayer

Concluding Prayer

Eternal light, shine into our hearts,
eternal goodness, deliver us from evil,
eternal power, be our support,
eternal wisdom, scatter the darkness of our ignorance,
eternal pity, have mercy upon us;
that with all our heart and mind and soul and strength
we may seek your face and be brought by your infinite mercy
to your holy presence;
through Jesus Christ our Lord. **Amen.**

Alcuin of York (804)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God who made both heaven and earth bless us.
Amen.**

Tuesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

To you, O Lord, I lift up my soul.

O my God, in you I trust.

Psalm 25. 1a

Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,
Praise to the Son,
Praise to the Spirit,
The Three in One.

adapted from Alexander Carmichael, Carmina Gadelica (1900)

The Word of God

Psalm 14

- 1 Fools have said in their hearts 'There is no God':
they have all become vile and abominable in their doings,
there is not one that does good.
- 2 The Lord looked down from heaven
upon the children of Adam:
to see if there were any who would act wisely
and seek after God.
- 3 But they have all turned out of the way,
they have all alike become corrupt:
there is none that does good, no not one.
- 4 Are all the evildoers devoid of understanding:
who eat up my people as they eat bread,
and do not pray to the Lord?
- 5 They shall be struck with terror:
for God is with the company of the righteous.
- 6 Though they frustrate the poor in their hopes:
surely the Lord is their refuge.
- 7 O that deliverance for Israel might come forth
from Zion:
when the Lord turns again the fortunes of his people,
then shall Jacob rejoice and Israel be glad.

Mark 1.1-5

The beginning of the good news of Jesus Christ, the Son of God.

As it is written in the prophet Isaiah,
'See, I am sending my messenger ahead of you,
who will prepare your way;

the voice of one crying out in the wilderness:

"Prepare the way of the Lord,
make his paths straight" ',

John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins.

Response

Silence

Jesus said, I am the light of the world.

Whoever follows me will have the light of life.

John 8.12

Prayer

Concluding Prayer

Eternal God,

the light of the minds that know you,

the joy of the hearts that love you,

and the strength of the wills that serve you:

grant us so to know you

that we may truly love you,

so to love you that we may truly serve you,

whose service is perfect freedom;

through Jesus Christ our Lord. **Amen.**

after Augustine of Hippo (430)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May Christ our redeemer bring us healing and wholeness.
Amen.**

Wednesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord,

and teach me your paths.

Psalm 25.3

Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

from Te Deum Laudamus

The Word of God

Psalm 54

- 1 Save me, O God, by the power of your name:
and vindicate me by your might.
- 2 Hear my prayer, O God:
and listen to the words of my mouth.
- 3 For the insolent have risen against me:
the ruthless, who have not set God before them,
seek my life.
- 4 But surely God is my helper:
the Lord is the upholder of my life.
- 5 Let evil recoil on those that would waylay me:
O destroy them in your faithfulness !
- 6 Then will I offer you sacrifice with a willing heart:
I will praise your name, O Lord, for it is good.
- 7 For you will deliver me from every trouble:
my eyes shall see the downfall of my enemies.

Luke 12.35-37

‘Be dressed for action and have your lamps lit; be like those who are waiting for their master to return from the wedding banquet, so that they may open the door for him as soon as he comes and knocks. Blessed are those slaves whom the master finds alert when he comes; truly I tell you, he will fasten his belt and have them sit down to eat, and he will come and serve them.

Response

Silence

Jesus said, I am the way, and the truth, and the life.

No one comes to the Father except through me.

John 14.6

Prayer

Concluding Prayer

O Lord our God,

grant us grace to desire you with our whole heart;

that so desiring, we may seek and find you;

and so finding, may love you;

and so loving, may hate those sins from which you have delivered us;

through Jesus Christ our Lord. **Amen.**

Anselm (1109)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God grant to the world justice, truth and peace.
Amen.**

Thursday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;

let your kindly spirit lead me on a level path.

Psalm 143.10

Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

George Herbert (1633)

The Word of God

Psalm 70

1 O God, be pleased to deliver me:

O Lord, make haste to help me.

2 Let them be put to shame and confounded
who seek my life:

let them be turned back and disgraced who wish me evil.

3 Let them turn away for shame:
who say to me 'Aha, aha!'

4 Let all who seek you be joyful and glad because of you:
let those who love your salvation
say always 'God is great.'

5 As for me, I am poor and needy:
O God, be swift to save me.

6 You are my helper and my deliverer:
O Lord, make no delay.

Mark 13.34-end

It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake.'

Response

Silence

Jesus said, I am the gate for the sheep.

I came that they may have life, and have it abundantly.

John 10.7,10b

Prayer

Concluding Prayer

O gracious and holy Father,
give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you,
through the power of the Spirit
of Jesus Christ our Lord. **Amen.**

Benedict of Nursia (c.550)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God kindle in us the fire of love.
Amen.**

Friday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me a clean heart, O God;

and renew a right spirit within me.

Psalm 51.11

Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

The Word of God

Psalm 75

1 We give you thanks, O God, we give you thanks:
we call upon your name
and tell of all the wonders you have done.

2 'I will surely appoint a time:
when I, the Lord, will judge with equity.

3 'Though the earth shake, and all who dwell in it:
it is I that have founded its pillars.

4 'I will say to the boasters "Boast no more":
and to the wicked "Do not flaunt your horns;

5 "'Do not flaunt your horns so high:
or speak so proud and stiff-necked."

6 For there is none from the east or from the west:
or from the wilderness who can raise up;

7 But it is God who is the judge:
who puts down one and exalts another.

8 For there is a cup in the Lord's hand:
and the wine foams and is richly mixed;

9 He gives it in turn to each of the wicked of the earth:
they drink it and drain it to the dregs.

10 But I will sing praises to the God of Jacob:
I will glorify his name for ever.

11 All the horns of the wicked I will break:
but the horns of the righteous shall be lifted high.

Romans 13.11-end

Besides this, you know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light; let us live honourably as in the day, not in revelling and drunkenness, not in debauchery and licentiousness, not in quarrelling and jealousy. Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

Response

Silence

Jesus said, I am the good shepherd.

The good shepherd lays down his life for the sheep.

John 10.11

Prayer

Concluding Prayer

Lord Jesus Christ, we thank you
for all the benefits that you have won for us,
for all the pains and insults that you have borne for us.
Most merciful redeemer,
friend and brother,
may we know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. **Amen**

after Richard of Chichester (1253)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May Christ our Saviour give us peace.
Amen.**

Saturday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your love, O Lord, reaches to the heavens;
and your faithfulness to the clouds.

Psalm 36.5

Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

Ephrem the Syrian (373)

The Word of God

Psalm 85

- 1 O Lord, you were gracious to your land:
you restored the fortunes of Jacob.
- 2 You forgave the iniquity of your people:
and covered all their sin.
- 3 You put aside all your wrath:
and turned away from your fierce indignation.
- 4 Return to us again, O God our saviour:
and let your anger cease from us.
- 5 Will you be displeased with us for ever:
will you stretch out your wrath
from one generation to another?
- 6 Will you not give us life again:
that your people may rejoice in you?
- 7 Show us your mercy, O Lord:
and grant us your salvation.
- 8 I will hear what the Lord God will speak:
for he will speak peace to his people,
to his faithful ones, whose hearts are turned to him.
- 9 Truly his salvation is near to those that fear him:
and his glory shall dwell in our land.
- 10 Mercy and truth are met together:
righteousness and peace have kissed each other;
- 11 Truth shall flourish out of the earth:
and righteousness shall look down from heaven.
- 12 The Lord will also give us all that is good:
and our land shall yield its plenty.
- 13 For righteousness shall go before him:
and tread the path before his feet.

Luke 1.35,38

The angel said to her, 'The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. Then Mary said, 'Here am I, the servant of the Lord; let it be with me according to your word.' Then the angel departed from her.

Response

Silence

Jesus said, I am the resurrection and the life.

Those who believe in me will never die

cf John 11.25,26

Prayer

Concluding Prayer

God be in my head, and in my understanding;

God be in my eyes, and in my looking;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at mine end, and at my departing. **Amen.**

Sarum Primer

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May Christ dwell in our hearts by faith.

Amen.