



Daily Prayer

in

Ordinary Time

29 September – 2 October 2021

Sunday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart;

that I should not sin against you.

Psalm 119.11

Praise

Saviour eternal,

life of the world unending,

light everlasting

and our true redemption.

Taking our humanity

in your loving freedom,

you rescued our lost earth

and filled the world with joy.

By your first advent justify us,

by your second, set us free:

that when the great light dawns

and you come as judge of all,

we may be robed in immortality

and ready, Lord, to follow

in your footsteps blest,

wherever they may lead.

Salus Aeterna

The Word of God

Psalm 100

- 1 O shout to the Lord in triumph, all the earth:
serve the Lord with gladness,
and come before his face with songs of joy.
- 2 Know that the Lord he is God:
it is he who has made us and we are his;
we are his people and the sheep of his pasture.
- 3 Come into his gates with thanksgiving,
and into his courts with praise:
give thanks to him, and bless his holy name.
- 4 For the Lord is good, his loving mercy is for ever:
his faithfulness throughout all generations.

Isaiah 61.1-3a

The spirit of the Lord GOD is upon me,
because the LORD has anointed me;
he has sent me to bring good news to the oppressed,
to bind up the broken-hearted,
to proclaim liberty to the captives,
and release to the prisoners;
to proclaim the year of the LORD's favour,
and the day of vengeance of our God;
to comfort all who mourn;
to provide for those who mourn in Zion—
to give them a garland instead of ashes,
the oil of gladness instead of mourning,
the mantle of praise instead of a faint spirit.
They will be called oaks of righteousness,
the planting of the LORD, to display his glory.

Response

Silence

Blessed are those who hunger and thirst for righteousness,

for they will be filled.

Matthew 5.6

Prayer

Concluding Prayer

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
every day of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever. **Amen.**

Richard Baxter (1691)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May the Lord make us ready for his coming in glory.

Amen.

Monday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart

be acceptable in your sight,

O Lord, my strength and my redeemer.

Psalm 19.14

Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

from St Patrick's Breastplate

The Word of God

Psalm 80.14-19

- 14 Turn to us again, O Lord of hosts:
look down from heaven, and see.
- 15 Bestow your care upon this vine:
the stock which your own right hand has planted.
- 16 As for those that burn it with fire and cut it down:
let them perish at the rebuke of your countenance.
- 17 Let your power rest on the man at your right hand:
on that son of man
whom you made so strong for yourself.
- 18 And so we shall not turn back from you:
give us life, and we will call upon your name.
- 19 Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.

Isaiah 66.10-13

Rejoice with Jerusalem, and be glad for her,
all you who love her;
rejoice with her in joy,
all you who mourn over her—
that you may nurse and be satisfied
from her consoling breast;
that you may drink deeply with delight
from her glorious bosom.
For thus says the LORD:
I will extend prosperity to her like a river,
and the wealth of the nations like an overflowing stream;
and you shall nurse and be carried on her arm,
and dandled on her knees.
As a mother comforts her child,
so I will comfort you;
you shall be comforted in Jerusalem.

Response

Silence

Jesus said, I am the true vine.

My Father is glorified by this, that you bear much fruit.

John 15.1a,8

Prayer

Concluding Prayer

Eternal light, shine into our hearts,
eternal goodness, deliver us from evil,
eternal power, be our support,
eternal wisdom, scatter the darkness of our ignorance,
eternal pity, have mercy upon us;
that with all our heart and mind and soul and strength
we may seek your face and be brought by your infinite mercy
to your holy presence;
through Jesus Christ our Lord. **Amen.**

Alcuin of York (804)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May God who made both heaven and earth bless us.

Amen.

Tuesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

To you, O Lord, I lift up my soul.

O my God, in you I trust.

Psalm 25. 1a

Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

adapted from Alexander Carmichael, Carmina Gadelica (1900)

The Word of God

Psalm 43

- 1 Give judgement for me, O God,
take up my cause against an ungodly people:
deliver me from the deceitful and unjust.
- 2 For you are God my refuge—
why have you turned me away:
why must I go like a mourner
because the enemy oppresses me?
- 3 O send out your light and your truth,
and let them lead me:
let them guide me to your holy hill and to your dwelling.
- 4 Then I shall go to the altar of God,
to God my joy and my delight:
and to the harp I shall sing your praises, O God, my God.
- 5 Why are you so full of heaviness, my soul:
and why so unquiet within me?
- 6 O put your trust in God:
for I will praise him yet, who is my deliverer and my God.

Tobit 13.9,11

O Jerusalem, the holy city,
he afflicted you for the deeds of your hands,
but will again have mercy on the children of the righteous.
A bright light will shine to all the ends of the earth;
many nations will come to you from far away,
the inhabitants of the remotest parts of the earth to your holy name,
bearing gifts in their hands for the King of heaven.
Generation after generation will give joyful praise in you;
the name of the chosen city will endure for ever.

Response

Silence

Jesus said, I am the light of the world.

Whoever follows me will have the light of life.

John 8.12

Prayer

Concluding Prayer

Eternal God,
the light of the minds that know you,
the joy of the hearts that love you,
and the strength of the wills that serve you:
grant us so to know you
that we may truly love you,
so to love you that we may truly serve you,
whose service is perfect freedom;
through Jesus Christ our Lord. **Amen.**

after Augustine of Hippo (430)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May Christ our redeemer bring us healing and wholeness.

Amen.

Wednesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord,

and teach me your paths.

Psalm 25.3

Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

from Te Deum Laudamus

The Word of God

Psalm 138.1-3, 6-8

1 I will give you thanks, O Lord, with my whole heart:
even before the gods will I sing your praises.

2 I will bow down toward your holy temple
and give thanks to your name:
because of your faithfulness and your loving-kindness,
for you have made your name and your word
supreme over all things.

3 At a time when I called to you, you gave me answer:
and put new strength within my soul.

6 For though the Lord is exalted, he looks upon the lowly:
and he comprehends the proud from afar.

- 7 Though I walk in the midst of danger,
yet will you preserve my life:
you will stretch out your hand against the fury of my
enemies, and your right hand shall save me.
- 8 The Lord will complete his purpose for me:
your loving-kindness, O Lord, endures for ever;
do not forsake the work of your own hands.

Tobit 12.11-12, 14-15

'I will now declare the whole truth to you and will conceal nothing from you. Already I have declared it to you when I said, "It is good to conceal the secret of a king, but to reveal with due honour the works of God." So now, when you and Sarah prayed, it was I who brought and read the record of your prayer before the glory of the Lord, and likewise whenever you buried the dead. I was sent to you to test you. And at the same time God sent me to heal you and Sarah your daughter-in-law. I am Raphael, one of the seven angels who stand ready and enter before the glory of the Lord.'

Response

Silence

Jesus said, I am the way, and the truth, and the life.

No one comes to the Father except through me.

John 14.6

Prayer

Concluding Prayer

O Lord our God,
grant us grace to desire you with our whole heart;
that so desiring, we may seek and find you;
and so finding, may love you;
and so loving, may hate those sins from which you have delivered us;
through Jesus Christ our Lord. **Amen.**

Anselm (1109)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May God grant to the world justice, truth and peace.

Amen.

Thursday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;

let your kindly spirit lead me on a level path.

Psalm 143.10

Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

George Herbert (1633)

The Word of God

Psalm 107.1-9

- 1 O give thanks to the Lord, for he is good:
for his loving mercy is for ever.
- 2 Let the Lord's redeemed say so:
whom he has redeemed from the hand of the enemy,
- 3 And gathered in from every land,
from the east and from the west:
from the north and from the south.
- 4 Some went astray in the wilderness and in the desert:
and found no path to an inhabited city;
- 5 They were hungry and thirsty:
and their heart fainted within them.
- 6 Then they cried to the Lord in their distress:
and he took them out of their trouble.
- 7 He led them by the right path:
till they came to an inhabited city.
- 8 Let them thank the Lord for his goodness:
and for the wonders that he does
for the children of Adam;
- 9 For he satisfies the thirsty:
and fills the hungry with good things.

Deuteronomy 28.1-2, 9-10a

If you will only obey the LORD your God, by diligently observing all his commandments that I am commanding you today, the LORD your God will set you high above all the nations of the earth; all these blessings shall come upon you and overtake you, if you obey the LORD your God: The LORD will establish you as his holy people, as he has sworn to you, if you keep the commandments of the LORD your God and walk in his ways. All the peoples of the earth shall see that you are called by the name of the LORD, and they shall be afraid of you.

Response

Silence

Jesus said, I am the gate for the sheep.

I came that they may have life, and have it abundantly.

John 10.7,10b

Prayer

Concluding Prayer

O gracious and holy Father,
give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you,
through the power of the Spirit
of Jesus Christ our Lord. **Amen.**

Benedict of Nursia (c.550)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May God kindle in us the fire of love.

Amen.

Friday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me a clean heart, O God;

and renew a right spirit within me.

Psalm 51.11

Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

The Word of God

Psalm 14.4-7

- 4 Are all the evildoers devoid of understanding:
 who eat up my people as they eat bread,
 and do not pray to the Lord?
- 5 They shall be struck with terror:
 for God is with the company of the righteous.
- 6 Though they frustrate the poor in their hopes:
 surely the Lord is their refuge.
- 7 O that deliverance for Israel might come forth
 from Zion:
 when the Lord turns again the fortunes of his people,
 then shall Jacob rejoice and Israel be glad.

Deuteronomy 28.1-2, 9-10a

If you will only obey the LORD your God, by diligently observing all his commandments that I am commanding you today, the LORD your God will set you high above all the nations of the earth; all these blessings shall come upon you and overtake you, if you obey the LORD your God: The LORD will establish you as his holy people, as he has sworn to you, if you keep the commandments of the LORD your God and walk in his ways. All the peoples of the earth shall see that you are called by the name of the LORD, and they shall be afraid of you.

Response

Silence

Jesus said, I am the good shepherd.

The good shepherd lays down his life for the sheep.

John 10.11

Prayer

Concluding Prayer

Lord Jesus Christ, we thank you
for all the benefits that you have won for us,
for all the pains and insults that you have borne for us.
Most merciful redeemer,
friend and brother,
may we know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. **Amen**

after Richard of Chichester (1253)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May Christ our Saviour give us peace.

Amen.

Saturday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your love, O Lord, reaches to the heavens;

and your faithfulness to the clouds.

Psalm 36.5

Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

Ephrem the Syrian (373)

The Word of God

Psalm 101.1-3, 7-8

- 1 My song shall be of steadfastness and justice:
to you, Lord, will I sing.
- 2 I will be wise in the way of innocence:
O when will you come to me?
- 3 I will walk within my house:
in purity of heart.
- 7 My eyes shall look to the faithful in the land,
and they shall make their home with me:
those who walk in the way of innocence,
they shall minister to me.
- 8 No one who practises deceit shall live in my house:
no one who utters lies shall stand in my sight.

Tobit 5.17b-18, 21a, 22

So Tobit said to him, 'Blessings be upon you, brother.'

Then he called his son and said to him, 'Son, prepare supplies for the journey and set out with your brother. May God in heaven bring you safely there and return you in good health to me; and may his angel, my son, accompany you both for your safety.'

Before he went out to start his journey, he kissed his father and mother. Tobit then said to him, 'Have a safe journey.'

But his mother began to weep, and said to Tobit, 'Why is it that you have sent my child away? Is he not the staff of our hand as he goes in and out before us? Tobit said to her, 'Do not worry; our child will leave in good health and return to us in good health. Your eyes will see him on the day when he returns to you in good health. Say no more! Do not fear for them, my sister. For a good angel will accompany him; his journey will be successful, and he will come back in good health.'

Response

Silence

Jesus said, I am the resurrection and the life.

Those who believe in me will never die

cf John 11.25,26

Prayer

Concluding Prayer

God be in my head, and in my understanding;
God be in my eyes, and in my looking;
God be in my mouth, and in my speaking;
God be in my heart, and in my thinking;
God be at mine end, and at my departing. **Amen.**

Sarum Primer

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May Christ dwell in our hearts by faith.

Amen.