



Daily Prayer

in

Ordinary Time

24 ~ 30 October 2021

## Sunday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Your words have I hidden within my heart;

**that I should not sin against you.**

*Psalm 119.11*

### Praise

Saviour eternal,

life of the world unending,

light everlasting

and our true redemption.

Taking our humanity

in your loving freedom,

you rescued our lost earth

and filled the world with joy.

By your first advent justify us,

by your second, set us free:

that when the great light dawns

and you come as judge of all,

we may be robed in immortality

and ready, Lord, to follow

in your footsteps blest,

wherever they may lead.

*Salus Aeterna*

## The Word of God

### Psalm 100

- 1 O shout to the Lord in triumph, all the earth:  
serve the Lord with gladness,  
and come before his face with songs of joy.
- 2 Know that the Lord he is God:  
it is he who has made us and we are his;  
we are his people and the sheep of his pasture.
- 3 Come into his gates with thanksgiving,  
and into his courts with praise:  
give thanks to him, and bless his holy name.
- 4 For the Lord is good, his loving mercy is for ever:  
his faithfulness throughout all generations.

### Isaiah 35.3-6a

Strengthen the weak hands,  
and make firm the feeble knees.  
Say to those who are of a fearful heart,  
'Be strong, do not fear!  
Here is your God.  
He will come with vengeance,  
with terrible recompense.  
He will come and save you.'

Then the eyes of the blind shall be opened,  
and the ears of the deaf unstopped;  
then the lame shall leap like a deer,  
and the tongue of the speechless sing for joy.  
For waters shall break forth in the wilderness,  
and streams in the desert;

### Response

*Silence*

Blessed are those who hunger and thirst for righteousness,

**for they will be filled.**

*Matthew 5.6*

## Prayer

### *Concluding Prayer*

Keep us, O Lord,  
while we tarry on this earth,  
in a serious seeking after you,  
and in an affectionate walking with you,  
every day of our lives;  
that when you come,  
we may be found not hiding our talent,  
nor serving the flesh,  
nor yet asleep with our lamp unfurnished,  
but waiting and longing for our Lord,  
our glorious God for ever. **Amen.**

*Richard Baxter (1691)*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

May the Lord make us ready for his coming in glory.

**Amen.**

## Monday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Let the words of my mouth and the meditation of my heart

**be acceptable in your sight,**

**O Lord, my strength and my redeemer.**

*Psalm 19.14*

### Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

*from St Patrick's Breastplate*

## The Word of God

### Psalm 120

- 1 I call to the Lord in my trouble:  
that he may answer me.
- 2 O Lord, deliver me from lying lips:  
and from the treacherous tongue.
- 3 What will he do to you,  
and what more will he do to you,  
O treacherous tongue?:  
you are sharp as the arrows of a warrior,  
that are tempered in coals of juniper.
- 4 Alas for me, I am like a stranger in Meshech:  
like one who dwells amidst the tents of Kedar.
- 5 My soul has been too long:  
among those who are enemies to peace.
- 6 I am for peace, but when I speak of it:  
they make themselves ready for war.

### Tobit 13.1b-4

Then Tobit said:

'Blessed be God who lives for ever,  
because his kingdom lasts throughout all ages.  
For he afflicts, and he shows mercy;  
he leads down to Hades in the lowest regions of the earth,  
and he brings up from the great abyss,  
and there is nothing that can escape his hand.  
Acknowledge him before the nations, O children of Israel;  
for he has scattered you among them.  
He has shown you his greatness even there.  
Exalt him in the presence of every living being,  
because he is our Lord and he is our God;  
he is our Father and he is God for ever.

## Response

*Silence*

Jesus said, I am the true vine.

**My Father is glorified by this, that you bear much fruit.**

*John 15.1a,8*

## Prayer

*Concluding Prayer*

Eternal light, shine into our hearts,  
eternal goodness, deliver us from evil,  
eternal power, be our support,  
eternal wisdom, scatter the darkness of our ignorance,  
eternal pity, have mercy upon us;  
that with all our heart and mind and soul and strength  
we may seek your face and be brought by your infinite mercy  
to your holy presence;  
through Jesus Christ our Lord. **Amen.**

*Alcuin of York (804)*



## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

**May God who made both heaven and earth bless us.**

**Amen.**

## Tuesday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

To you, O Lord, I lift up my soul.

**O my God, in you I trust.**

*Psalm 25. 1a*

### Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

*adapted from Alexander Carmichael, Carmina Gadelica (1900)*

## The Word of God

### Psalm 71.17-22

- 17 O God, you have taught me from my youth upward:  
and to this day, I proclaim your marvellous works.
- 18 Forsake me not, O God, in my old age,  
when I am grey-headed:  
till I have shown the strength of your arm  
to future generations,  
and your might to those that come after.
- 19 Your righteousness, O God, reaches to the heavens:  
great are the things that you have done;  
O God, who is like you?
- 20 You have burdened me with many and bitter troubles,  
O turn and renew me:  
and raise me up again from the depths of the earth.
- 21 Bless me beyond my former greatness:  
O turn to me again, and comfort me.
- 22 Then will I praise you upon the lute  
for your faithfulness, O my God:  
and sing your praises to the harp, O Holy One of Israel.

### Lamentations 3.22-26

The steadfast love of the LORD never ceases,  
his mercies never come to an end;  
they are new every morning;  
great is your faithfulness.  
'The LORD is my portion,' says my soul,  
'therefore I will hope in him.'

The LORD is good to those who wait for him,  
to the soul that seeks him.  
It is good that one should wait quietly  
for the salvation of the LORD.

## Response

*Silence*

Jesus said, I am the light of the world.

**Whoever follows me will have the light of life.**

*John 8.12*

## Prayer

### *Concluding Prayer*

Eternal God,  
the light of the minds that know you,  
the joy of the hearts that love you,  
and the strength of the wills that serve you:  
grant us so to know you  
that we may truly love you,  
so to love you that we may truly serve you,  
whose service is perfect freedom;  
through Jesus Christ our Lord. **Amen.**

*after Augustine of Hippo (430)*

## The Lord's Prayer

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

May Christ our redeemer bring us healing and wholeness.

**Amen.**

## Wednesday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me to know your ways, O Lord,

**and teach me your paths.**

*Psalm 25.3*

### Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

*from Te Deum Laudamus*

### The Word of God

#### Psalm 147.1-7, 11

- 1 O praise the Lord,  
for it is good to sing praises to our God:  
and to praise him is joyful and right.
- 2 The Lord is rebuilding Jerusalem:  
he is gathering together the scattered outcasts of Israel.
- 3 He heals the broken in spirit:  
and binds up their wounds.
- 4 He counts the number of the stars:  
and calls them all by name.
- 5 Great is our Lord, and great is his power:  
there is no measuring his understanding.
- 6 The Lord restores the humble:  
but he brings down the wicked to the dust.

7 O sing to the Lord a song of thanksgiving:  
sing praises to our God upon the harp.

11 But the Lord's delight is in those that fear him:  
who wait in hope for his mercy.

## 1 Chronicles 28.8-9

Now therefore in the sight of all Israel, the assembly of the LORD, and in the hearing of our God, observe and search out all the commandments of the LORD your God; that you may possess this good land, and leave it for an inheritance to your children after you for ever.

'And you, my son Solomon, know the God of your father, and serve him with single mind and willing heart; for the LORD searches every mind, and understands every plan and thought. If you seek him, he will be found by you; but if you forsake him, he will abandon you for ever.

## Response

*Silence*

Jesus said, I am the way, and the truth, and the life.

**No one comes to the Father except through me.**

*John 14.6*

## Prayer

*Concluding Prayer*

O Lord our God,

grant us grace to desire you with our whole heart;

that so desiring, we may seek and find you;

and so finding, may love you;

and so loving, may hate those sins from which you have delivered us;

through Jesus Christ our Lord. **Amen.**

*Anselm (1109)*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

**May God grant to the world justice, truth and peace.**

**Amen.**



## Thursday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Teach me to do what pleases you, for you are my God;

**let your kindly spirit lead me on a level path.**

*Psalm 143.10*

### Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

*George Herbert (1633)*

## The Word of God

### Psalm 145.10-11, 14-16, 19-21

- 10 All creation praises you, O Lord:  
and your faithful servants bless your name.
- 11 They speak of the glory of your kingdom:  
and tell of your great might,
- 14 The Lord upholds all those who stumble:  
and raises up those that are bowed down.
- 15 The eyes of all look to you in hope:  
and you give them their food in due season;
- 16 You open wide your hand:  
and fill all things living with your bounteous gift.
- 19 He will fulfil the desire of those that fear him:  
he will hear their cry, and save them.
- 20 The Lord preserves all those that love him:  
but the wicked he will utterly destroy.

### Isaiah 52.7

How beautiful upon the mountains  
are the feet of the messenger who announces peace,  
who brings good news,  
who announces salvation,  
who says to Zion, 'Your God reigns.'

## Response

*Silence*

Jesus said, I am the gate for the sheep.

**I came that they may have life, and have it abundantly.**

*John 10.7,10b*

## Prayer

### *Concluding Prayer*

O gracious and holy Father,  
give us wisdom to perceive you,  
diligence to seek you,  
patience to wait for you,  
eyes to behold you,  
a heart to meditate upon you,  
and a life to proclaim you,  
through the power of the Spirit  
of Jesus Christ our Lord. **Amen.**

*Benedict of Nursia (c.550)*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

**May God kindle in us the fire of love.**

**Amen.**

## Friday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me a clean heart, O God;

**and renew a right spirit within me.**

*Psalm 51.11*

### Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

## **The Word of God**

### **Psalm 69.1-3, 5-6**

- 1 Save me, O God:  
    for the waters have come up even to my throat.
- 2 I sink in the deep mire where no footing is:  
    I have come into deep waters  
    and the flood sweeps over me.
- 3 I am weary with crying out, my throat is parched:  
    my eyes fail with watching so long for my God.
- 5 O God, you know my foolishness:  
    and my sins are not hidden from you.
- 6 Let not those who wait for you  
    be shamed because of me, O Lord God of hosts:  
    let not those who seek you  
    be disgraced on my account, O God of Israel.

### **Deuteronomy 22.1-3**

You shall not watch your neighbour's ox or sheep straying away and ignore them; you shall take them back to their owner. If the owner does not reside near you or you do not know who the owner is, you shall bring it to your own house, and it shall remain with you until the owner claims it; then you shall return it. You shall do the same with a neighbour's donkey; you shall do the same with a neighbour's garment; and you shall do the same with anything else that your neighbour loses and you find. You may not withhold your help.

## **Response**

*Silence*

Jesus said, I am the good shepherd.

**The good shepherd lays down his life for the sheep.**

*John 10.11*

## Prayer

### *Concluding Prayer*

Lord Jesus Christ, we thank you  
for all the benefits that you have won for us,  
for all the pains and insults that you have borne for us.  
Most merciful redeemer,  
friend and brother,  
may we know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day. **Amen**

*after Richard of Chichester (1253)*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

**May Christ our Saviour give us peace.**

**Amen.**



## Saturday Daily Prayer

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Your love, O Lord, reaches to the heavens;

**and your faithfulness to the clouds.**

*Psalm 36.5*

### Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

*Ephrem the Syrian (373)*

## **The Word of God**

### **Psalm 60. 1-5, 11-12**

- 1 O God, you have cast us off and broken us:  
you were enraged against us—O restore us again!
- 2 You have caused the land to quake, you have rent it open:  
heal the rifts, for the earth quivers and breaks.
- 3 You have steeped your people in a bitter draught:  
you have given them a wine to make them stagger.
- 4 You have caused those that fear you to take flight:  
so that they run from the bow.
- 5 O save us by your right hand, and answer us:  
that those whom you love may be delivered.
- 11 Give us your help against the enemy:  
for human help is vain.
- 12 By the power of our God we shall do valiantly:  
for it is he that will tread down our enemies.

### **Sirach 3.17-20**

My child, perform your tasks with humility;  
then you will be loved by those whom God accepts.  
The greater you are, the more you must humble yourself;  
so you will find favour in the sight of the Lord.  
For great is the might of the Lord;  
but by the humble he is glorified.

## **Response**

*Silence*

Jesus said, I am the resurrection and the life.

**Those who believe in me will never die**

*cf John 11.25,26*

## **Prayer**

### *Concluding Prayer*

God be in my head, and in my understanding;  
God be in my eyes, and in my looking;  
God be in my mouth, and in my speaking;  
God be in my heart, and in my thinking;  
God be at mine end, and at my departing. **Amen.**

*Sarum Primer*

## **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

May Christ dwell in our hearts by faith.

**Amen.**