



Daily Prayer
in
Ordinary Time
Week 4

Sunday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

My heart tells of your word, 'Seek my face.'

Your face, Lord, will I seek.

Psalm 27.10

Praise

We praise you, O God,
we acclaim you as the Lord;
all creation worships you,
the Father everlasting.

To you all angels, all the powers of heaven,
the cherubim and seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

from Te Deum Laudamus

The Word of God

Psalm 118.24-29

24 This is the day that the Lord has made:
let us rejoice and be glad in it.

25 O Lord, save us, we pray:
O Lord, send us prosperity.

26 Blessed is he who comes, in the name of the Lord:
from the house of the Lord we bless you.

27 The Lord is God, and he has given us light:
guide the festal throng up to the horns of the altar.

28 You are my God and I will praise you:
you are my God, I will exalt you.

29 O give thanks to the Lord, for he is good:
and his mercy endures for ever.

Jeremiah 20.8b-11a

For whenever I speak, I must cry out,
I must shout, 'Violence and destruction!'
For the word of the LORD has become for me
a reproach and derision all day long.
If I say, 'I will not mention him,
or speak any more in his name',
then within me there is something like a burning fire
shut up in my bones;
I am weary with holding it in,
and I cannot.
For I hear many whispering:
'Terror is all around!
Denounce him! Let us denounce him!'
All my close friends
are watching for me to stumble.
'Perhaps he can be enticed,
and we can prevail against him,
and take our revenge on him.'

But the LORD is with me like a dread warrior;
therefore my persecutors will stumble,
and they will not prevail.
They will be greatly shamed,
for they will not succeed.
Their eternal dishonour
will never be forgotten.

Response

Silence

Jesus said, I am the living bread that came down from heaven.

Whoever eats of this bread will live for ever.

John 6.5 1a

Prayer

Concluding Prayer

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

Amen.

from St Patrick's Breastplate

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May God who made both heaven and earth bless us.

Amen.

Monday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart

be acceptable in your sight,

O Lord, my strength and my redeemer.

Psalm 19.14

Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

from St Patrick's Breastplate

The Word of God

Psalm 65.9-13

9 The river of God is full of water:

and so providing for the earth,
you provide grain for us all.

10 You drench its furrows, you level the ridges between:
you soften it with showers and bless its early growth.

11 You crown the year with your goodness:
and the tracks where you have passed drip with fatness.

12 The pastures of the wilderness run over:
and the hills are girded with joy.

13 The meadows are clothed with sheep:
and the valleys stand so thick with corn,
they shout for joy and sing.

1 Kings 8.28-30

Have regard to your servant's prayer and his plea, O LORD my God, heeding the cry and the prayer that your servant prays to you today; that your eyes may be open night and day towards this house, the place of which you said, "My name shall be there", that you may heed the prayer that your servant prays towards this place. Hear the plea of your servant and of your people Israel when they pray towards this place; O hear in heaven your dwelling-place; heed and forgive.

Response

Silence

Jesus said, I am the true vine.

My Father is glorified by this, that you bear much fruit.

John 15.1a,8

Prayer

Concluding Prayer

Eternal light, shine into our hearts,
eternal goodness, deliver us from evil,
eternal power, be our support,
eternal wisdom, scatter the darkness of our ignorance,
eternal pity, have mercy upon us;
that with all our heart and mind and soul and strength
we may seek your face and be brought by your infinite mercy
to your holy presence;
through Jesus Christ our Lord. **Amen.**

Alcuin of York (804)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God who made both heaven and earth bless us.
Amen.**

Tuesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

To you, O Lord, I lift up my soul.

O my God, in you I trust.

Psalm 25. 1a

Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

adapted from Alexander Carmichael, Carmina Gadelica (1900)

The Word of God

Psalms 96.1-3, 8b-13

- 1 O sing to the Lord a new song:
sing to the Lord, all the earth.
- 2 Sing to the Lord and bless his holy name:
proclaim the good news of his salvation from day to day.
- 3 Declare his glory among the nations:
and his wonders among all peoples.
- 8 Bring offerings and come into his courts.
- 9 O worship the Lord in the beauty of his holiness:
let the whole earth stand in awe of him.
- 10 Say among the nations that the Lord is king:
he has made the world so firm
that it can never be moved;
and he shall judge the peoples with equity.
- 11 Let the heavens rejoice and let the earth be glad:
let the sea roar, and all that fills it:
- 12 Let the fields rejoice, and everything in them:
then shall all the trees of the wood
shout with joy before the Lord;
- 13 For he comes, he comes to judge the earth:
he shall judge the world with righteousness,
and the peoples with his truth.

Wisdom 16.5-7

For when the terrible rage of wild animals came upon your people
and they were being destroyed by the bites of writhing serpents,
your wrath did not continue to the end;
they were troubled for a little while as a warning,
and received a symbol of deliverance to remind them of your law's command.

For the one who turned towards it was saved, not by the thing that was beheld,
but by you, the Saviour of all.

Response

Silence

Jesus said, I am the light of the world.

Whoever follows me will have the light of life.

John 8.12

Prayer

Concluding Prayer

Eternal God,
the light of the minds that know you,
the joy of the hearts that love you,
and the strength of the wills that serve you:
grant us so to know you
that we may truly love you,
so to love you that we may truly serve you,
whose service is perfect freedom;
through Jesus Christ our Lord. **Amen.**

after Augustine of Hippo (430)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May Christ our redeemer bring us healing and wholeness.
Amen.**

Wednesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord,

and teach me your paths.

Psalm 25.3

Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

from Te Deum Laudamus

The Word of God

Psalm 5.1-2, 11-13

- 1 Hear my words, O Lord, give heed to my groaning:
listen to my cry, you that are my king and my God.
- 2 In the morning when I pray to you,
surely you will hear my voice:
at daybreak I lay my prayers before you, and look up.
- 11 But let all who put their trust in you rejoice:
let them shout with joy for ever.
- 12 Be the defender of those who love your name:
let them exult because of you.
- 13 For you will bless, O Lord, those that are righteous:
you will cover them with your favour as with a shield.

2 Maccabees 7.20-23

The mother was especially admirable and worthy of honourable memory. Although she saw her seven sons perish within a single day, she bore it with good courage because of her hope in the Lord. She encouraged each of them in the language of their ancestors. Filled with a noble spirit, she reinforced her woman's reasoning with a man's courage, and said to them, 'I do not know how you came into being in my womb. It was not I who gave you life and breath, nor I who set in order the elements within each of you. Therefore the Creator of the world, who shaped the beginning of humankind and devised the origin of all things, will in his mercy give life and breath back to you again, since you now forget yourselves for the sake of his laws.'

Response

Silence

Jesus said, I am the way, and the truth, and the life.

No one comes to the Father except through me.

John 14.6

Prayer

Concluding Prayer

O Lord our God,

grant us grace to desire you with our whole heart;

that so desiring, we may seek and find you;

and so finding, may love you;

and so loving, may hate those sins from which
you have delivered us;

through Jesus Christ our Lord. **Amen.**

Anselm (1109)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God grant to the world justice, truth and peace.
Amen.**

Thursday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;

let your kindly spirit lead me on a level path.

Psalm 143.10

Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

George Herbert (1633)

The Word of God

Psalms 111.1-2, 5-10

- 1 O praise the Lord. I will praise the Lord
with my whole heart:
in the company of the upright
and among the congregation.
- 2 The works of the Lord are great:
and studied by all who take delight in them.
- 5 He gives food to those that fear him:
he remembers his covenant for ever.
- 6 He showed his people the power of his acts:
in giving them the heritage of the heathen.
- 7 The works of his hands are faithful and just:
and all his commandments are sure;
- 8 They stand firm for ever and ever:
they are done in faithfulness and in truth.
- 9 He sent redemption to his people,
he ordained his covenant for ever:
holy is his name and worthy to be feared.
- 10 The fear of the Lord is the beginning of wisdom,
and of good understanding are those
that keep his commandments:
his praise shall endure for ever.

Sirach 51.13-14, 26-28

While I was still young, before I went on my travels,
I sought wisdom openly in my prayer.
Before the temple I asked for her,
and I will search for her until the end.

Put your neck under her yoke,
and let your souls receive instruction;
it is to be found close by.
See with your own eyes that I have laboured but little
and found for myself much serenity.
Hear but a little of my instruction,
and through me you will acquire silver and gold.

Response

Silence

Jesus said, I am the gate for the sheep.
I came that they may have life, and have it abundantly.

John 10.7, 10b

Prayer

Concluding Prayer

O gracious and holy Father,
give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you,
through the power of the Spirit
of Jesus Christ our Lord. **Amen.**

Benedict of Nursia (c.550)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May God kindle in us the fire of love.

Amen.

Friday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me a clean heart, O God;

and renew a right spirit within me.

Psalm 51.11

Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

The Word of God

Psalm 12.1-7

- 1 Help, Lord, for there is not one godly person left:
the faithful have vanished from among
the children of Adam.
- 2 Everyone tells lies to their neighbour:
they flatter with their lips,
but speak from a double heart.
- 3 If only the Lord would cut off all flattering lips:
and the tongue that speaks so proudly!
- 4 They say 'By our tongues we shall prevail:
our lips are our servants—who is lord over us?'
- 5 Because of the oppression of the poor,
because of the groaning of the needy:
'I will arise', says the Lord,
'and set them in safety from those that
snarl after them.'
- 6 The words of the Lord are pure,
as silver refined in a crucible:
as gold that is seven times purified in the fire.
- 7 You will surely guard us, O Lord:
and shield us for ever from this evil generation,

Joshua 1.1-2,5-6

After the death of Moses the servant of the LORD, the LORD spoke to Joshua son of Nun, Moses' assistant, saying, 'My servant Moses is dead. Now proceed to cross the Jordan, you and all this people, into the land that I am giving to them, to the Israelites. No one shall be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will not fail you or forsake you. Be strong and courageous; for you shall put this people in possession of the land that I swore to their ancestors to give them.

Response

Silence

Jesus said, I am the good shepherd.

The good shepherd lays down his life for the sheep.

John 10.11

Prayer

Concluding Prayer

Lord Jesus Christ, we thank you
for all the benefits that you have won for us,
for all the pains and insults that you have borne for us.
Most merciful redeemer,
friend and brother,
may we know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. **Amen**

after Richard of Chichester (1253)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May Christ our Saviour give us peace.

Amen.

Saturday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your love, O Lord, reaches to the heavens;

and your faithfulness to the clouds.

Psalm 36.5

Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

Ephrem the Syrian (373)

The Word of God

Psalm 18.1-6

1 I love you, O Lord my strength:

O Lord my crag, my fortress and my deliverer,

2 My God, the rock to which I come for refuge:

my shield, my mighty saviour, and my high defence.

3 I called to the Lord with loud lamentation:

and I was rescued from my enemies.

4 The waves of death encompassed me:

and the floods of chaos overwhelmed me;

5 The cords of the grave tightened about me:

and the snares of death lay in my path.

6 In my anguish I called to the Lord:

I cried for help to my God.

Deuteronomy 30.11-14

Surely, this commandment that I am commanding you today is not too hard for you, nor is it too far away. It is not in heaven, that you should say, 'Who will go up to heaven for us, and get it for us so that we may hear it and observe it?' Neither is it beyond the sea, that you should say, 'Who will cross to the other side of the sea for us, and get it for us so that we may hear it and observe it?' No, the word is very near to you; it is in your mouth and in your heart for you to observe.

Response

Silence

Jesus said, I am the resurrection and the life.

Those who believe in me will never die

cf John 11.25,26

Prayer

Concluding Prayer

God be in my head, and in my understanding;

God be in my eyes, and in my looking;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at mine end, and at my departing. **Amen.**

Sarum Primer

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen**

The Conclusion

May Christ dwell in our hearts by faith.

Amen.