



Daily Prayer
in
Ordinary Time
Week 3

Sunday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

My heart tells of your word, 'Seek my face.'

Your face, Lord, will I seek.

Psalm 27.10

Praise

We praise you, O God,
we acclaim you as the Lord;
all creation worships you,
the Father everlasting.

To you all angels, all the powers of heaven,
the cherubim and seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

from Te Deum Laudamus

The Word of God

Psalm 150

- 1 Praise the Lord. O praise God in his sanctuary:
praise him in the firmament of his power.
- 2 Praise him for his mighty acts:
praise him according to his abundant goodness.
- 3 Praise him in the blast of the ram's horn:
praise him upon the lute and harp.
- 4 Praise him with the timbrel and dances:
praise him upon the strings and pipe.

5 Praise him on the high-sounding cymbals:
praise him upon the loud cymbals.

6 Let everything that has breath praise the Lord:
O praise the Lord!

Jeremiah 1.4-8

Now the word of the LORD came to me saying,
'Before I formed you in the womb I knew you,
and before you were born I consecrated you;
I appointed you a prophet to the nations.'

Then I said, 'Ah, Lord GOD! Truly I do not know how to speak,
for I am only a boy.' But the LORD said to me,
'Do not say, "I am only a boy";
for you shall go to all to whom I send you,
and you shall speak whatever I command you.
Do not be afraid of them,
for I am with you to deliver you,

says the LORD.'

Response

Silence

Jesus said, I am the living bread that came down from heaven.

Whoever eats of this bread will live for ever.

John 6.5 1a

Prayer

Concluding Prayer

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

Amen.

from St Patrick's Breastplate

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God who made both heaven and earth bless us.
Amen.**

Monday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart

be acceptable in your sight,

O Lord, my strength and my redeemer.

Psalm 19.14

Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

from St Patrick's Breastplate

The Word of God

Psalm 70

- 1 O God, be pleased to deliver me:
O Lord, make haste to help me.
- 2 Let them be put to shame and confounded
who seek my life:
let them be turned back and disgraced who wish me evil.
- 3 Let them turn away for shame:
who say to me 'Aha, aha!'
- 4 Let all who seek you be joyful and glad because of you:
let those who love your salvation
say always 'God is great.'
- 5 As for me, I am poor and needy:
O God, be swift to save me.
- 6 You are my helper and my deliverer:
O Lord, make no delay.

Galatians 4.12-14

Friends, I beg you, become as I am, for I also have become as you are. You have done me no wrong. You know that it was because of a physical infirmity that I first announced the gospel to you; though my condition put you to the test, you did not scorn or despise me, but welcomed me as an angel of God, as Christ Jesus.

Response

Silence

Jesus said, I am the true vine.

My Father is glorified by this, that you bear much fruit.

John 15.1a,8

Prayer

Concluding Prayer

Eternal light, shine into our hearts,
eternal goodness, deliver us from evil,
eternal power, be our support,
eternal wisdom, scatter the darkness of our ignorance,
eternal pity, have mercy upon us;
that with all our heart and mind and soul and strength
we may seek your face and be brought by your infinite mercy
to your holy presence;
through Jesus Christ our Lord. **Amen.**

Alcuin of York (804)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God who made both heaven and earth bless us.
Amen.**

Tuesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

To you, O Lord, I lift up my soul.

O my God, in you I trust.

Psalm 25. 1a

Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,
Praise to the Son,
Praise to the Spirit,
The Three in One.

adapted from Alexander Carmichael, Carmina Gadelica (1900)

The Word of God

Psalm 131

- 1 O Lord, my heart is not proud:
nor are my eyes haughty.
- 2 I do not busy myself in great matters:
or in things too wonderful for me.
- 3 But I have calmed and quieted my soul
like a weaned child upon its mother's breast:
like a child on its mother's breast is my soul within me.
- 4 O Israel, trust in the Lord:
from this time forward and for ever.

Acts 7.17-22

‘But as the time drew near for the fulfilment of the promise that God had made to Abraham, our people in Egypt increased and multiplied until another king who had not known Joseph ruled over Egypt. He dealt craftily with our race and forced our ancestors to abandon their infants so that they would die. At this time Moses was born, and he was beautiful before God. For three months he was brought up in his father’s house; and when he was abandoned, Pharaoh’s daughter adopted him and brought him up as her own son. So Moses was instructed in all the wisdom of the Egyptians and was powerful in his words and deeds.

Response

Silence

Jesus said, I am the light of the world.

Whoever follows me will have the light of life.

John 8.12

Prayer

Concluding Prayer

Eternal God,

the light of the minds that know you,

the joy of the hearts that love you,

and the strength of the wills that serve you:

grant us so to know you

that we may truly love you,

so to love you that we may truly serve you,

whose service is perfect freedom;

through Jesus Christ our Lord. **Amen.**

after Augustine of Hippo (430)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May Christ our redeemer bring us healing and wholeness.
Amen.**

Wednesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord,

and teach me your paths.

Psalm 25.3

Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

from Te Deum Laudamus

The Word of God

Psalm 40.12-15, 17-18

12 I have not hidden your righteousness in my heart:

I have spoken of your faithfulness and of your salvation.

13 I have not kept back your loving-kindness and your truth:

from the great congregation.

- 14 O Lord, do not withhold your mercy from me:
let your loving-kindness and your truth
ever preserve me.
- 15 For innumerable troubles have come upon me:
my sins have overtaken me, and I cannot see.
- 17 Be pleased, O Lord, to deliver me:
O Lord, make haste to help me.
- 18 Let those who seek my life to take it away:
be put to shame and confounded altogether.

Romans 16.17-20

I urge you, brothers and sisters, to keep an eye on those who cause dissensions and offences, in opposition to the teaching that you have learned; avoid them. For such people do not serve our Lord Christ, but their own appetites, and by smooth talk and flattery they deceive the hearts of the simple-minded. For while your obedience is known to all, so that I rejoice over you, I want you to be wise in what is good, and guileless in what is evil. The God of peace will shortly crush Satan under your feet. The grace of our Lord Jesus Christ be with you.

Response

Silence

Jesus said, I am the way, and the truth, and the life.

No one comes to the Father except through me.

John 14.6

Prayer

Concluding Prayer

O Lord our God,

grant us grace to desire you with our whole heart;

that so desiring, we may seek and find you;

and so finding, may love you;

and so loving, may hate those sins from which you have delivered us;

through Jesus Christ our Lord. **Amen.**

Anselm (1109)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God grant to the world justice, truth and peace.
Amen.**

Thursday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;

let your kindly spirit lead me on a level path.

Psalm 143.10

Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

George Herbert (1633)

The Word of God

Psalm 67

- 1 Let God be gracious to us and bless us:
and make his face shine upon us,
- 2 That your ways may be known on earth:
your liberating power among all nations.
- 3 Let the peoples praise you, O God:
let all the peoples praise you.
- 4 Let the nations be glad and sing:
for you judge the peoples with integrity,
and govern the nations upon earth.
- 5 Let the peoples praise you, O God:
let all the peoples praise you.
- 6 Then the earth will yield its fruitfulness:
and God, our God, will bless us.
- 7 God shall bless us:
and all the ends of the earth will fear him.

Romans 10.9-13

Because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the

same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

Response

Silence

Jesus said, I am the gate for the sheep.

I came that they may have life, and have it abundantly.

John 10.7,10b

Prayer

Concluding Prayer

O gracious and holy Father,
give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you,
through the power of the Spirit
of Jesus Christ our Lord. **Amen.**

Benedict of Nursia (c.550)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

**May God kindle in us the fire of love.
Amen.**

Friday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me a clean heart, O God;

and renew a right spirit within me.

Psalm 51.11

Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

The Word of God

Psalm 125

- 1 Those who put their trust in the Lord
shall be as Mount Zion:
which cannot be shaken, but endures for ever.
- 2 As the mountains stand about Jerusalem,
so stands the Lord about his people:
from this time forward for evermore.
- 3 For the sceptre of wickedness shall have no sway
over the land apportioned to the righteous:
lest the righteous set their hands to do evil.
- 4 Do good, O Lord, to those who are good:
to those that are upright in heart.
- 5 As for those who turn aside to crooked ways,
let the Lord lead them away with the evildoers:
and in Israel let there be peace.

Revelation 7.9-10

After this I looked, and there was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. They cried out in a loud voice, saying, 'Salvation belongs to our God who is seated on the throne, and to the Lamb!'

Response

Silence

Jesus said, I am the good shepherd.

The good shepherd lays down his life for the sheep.

John 10.11

Prayer

Concluding Prayer

Lord Jesus Christ, we thank you
for all the benefits that you have won for us,
for all the pains and insults that you have borne for us.
Most merciful redeemer,
friend and brother,
may we know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. **Amen**

after Richard of Chichester (1253)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May Christ our Saviour give us peace.

Amen.

Saturday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your love, O Lord, reaches to the heavens;
and your faithfulness to the clouds.

Psalm 36.5

Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

Ephrem the Syrian (373)

The Word of God

Psalm 122

- 1 I was glad when they said to me:
 'Let us go to the house of the Lord.'
- 2 And now our feet are standing:
 within your gates, O Jerusalem;
- 3 Jerusalem which is built as a city:
 where the pilgrims gather in unity.
- 4 There the tribes go up, the tribes of the Lord:
 as he commanded Israel,
 to give thanks to the name of the Lord.
- 5 There are set thrones of judgement:
 the thrones of the house of David.
- 6 O pray for the peace of Jerusalem:
 may those who love you prosper.
- 7 Peace be within your walls:
 and prosperity in your palaces.
- 8 For the sake of my kindred and companions:
 I will pray that peace be with you.
- 9 For the sake of the house of the Lord our God:
 I will seek for your good.

1 Corinthians 5.6b-8

Your boasting is not a good thing. Do you not know that a little yeast leavens the whole batch of dough? Clean out the old yeast so that you may be a new batch, as you really are unleavened. For our paschal lamb, Christ, has been sacrificed. Therefore, let us celebrate the festival, not with the old yeast, the yeast of malice and evil, but with the unleavened bread of sincerity and truth.

Response

Silence

Jesus said, I am the resurrection and the life.

Those who believe in me will never die

cf John 11.25,26

Prayer

Concluding Prayer

God be in my head, and in my understanding;

God be in my eyes, and in my looking;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at mine end, and at my departing. **Amen.**

Sarum Primer

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen**

The Conclusion

May Christ dwell in our hearts by faith.

Amen.