



Daily Prayer

in

Ordinary Time

1-8 August 2020

Sunday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart;

that I should not sin against you.

Psalm 119.11

Praise

Saviour eternal,

life of the world unfailing,

light everlasting

and our true redemption.

Taking our humanity

in your loving freedom,

you rescued our lost earth

and filled the world with joy.

By your first advent justify us,

by your second, set us free:

that when the great light dawns

and you come as judge of all,

we may be robed in immortality

and ready, Lord, to follow

in your footsteps blest,

wherever they may lead.

Salus Aeterna

The Word of God

Psalm 100

- 1 O shout to the Lord in triumph, all the earth:
 serve the Lord with gladness,
 and come before his face with songs of joy.
- 2 Know that the Lord he is God:
 it is he who has made us and we are his;
 we are his people and the sheep of his pasture.
- 3 Come into his gates with thanksgiving,
 and into his courts with praise:
 give thanks to him, and bless his holy name.
- 4 For the Lord is good, his loving mercy is for ever:
 his faithfulness throughout all generations.

Deuteronomy 8.1a, 2-3

This entire commandment that I command you today you must diligently observe, so that you may live and increase, and go in and occupy the land that the LORD promised on oath to your ancestors. Remember the long way that the LORD your God has led you these forty years in the wilderness, in order to humble you, testing you to know what was in your heart, whether or not you would keep his commandments. He humbled you by letting you hunger, then by feeding you with manna, with which neither you nor your ancestors were acquainted, in order to make you understand that one does not live by bread alone, but by every word that comes from the mouth of the LORD.

Response

Silence

Blessed are those who hunger and thirst for righteousness,

for they will be filled.

Matthew 5.6

Prayer

Concluding Prayer

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
every day of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever. **Amen.**

Richard Baxter (1691)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May the Lord make us ready for his coming in glory.

Amen.

Monday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart

be acceptable in your sight,

O Lord, my strength and my redeemer.

Psalm 19.14

Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

from St Patrick's Breastplate

The Word of God

Psalm 120

- 1 I call to the Lord in my trouble:
that he may answer me.
- 2 O Lord, deliver me from lying lips:
and from the treacherous tongue.
- 3 What will he do to you,
and what more will he do to you,
O treacherous tongue?:
you are sharp as the arrows of a warrior,
that are tempered in coals of juniper.
- 4 Alas for me, I am like a stranger in Meshech:
like one who dwells amidst the tents of Kedar.
- 5 My soul has been too long:
among those who are enemies to peace.
- 6 I am for peace, but when I speak of it:
they make themselves ready for war.

Wisdom 16.20-21, 26

Instead of these things you gave your people food of angels,
and without their toil you supplied them from heaven with bread ready to eat,
providing every pleasure and suited to every taste.
For your sustenance manifested your sweetness towards your children;
and the bread, ministering to the desire of the one who took it,
was changed to suit everyone's liking.
so that your children, whom you loved, O Lord, might learn
that it is not the production of crops that feeds humankind
but that your word sustains those who trust in you.

Response

Silence

Jesus said, I am the true vine.

My Father is glorified by this, that you bear much fruit.

John 15.1a,8

Prayer

Concluding Prayer

Eternal light, shine into our hearts,
eternal goodness, deliver us from evil,
eternal power, be our support,
eternal wisdom, scatter the darkness of our ignorance,
eternal pity, have mercy upon us;
that with all our heart and mind and soul and strength
we may seek your face and be brought by your infinite mercy
to your holy presence;
through Jesus Christ our Lord. **Amen.**

Alcuin of York (804)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May God who made both heaven and earth bless us.

Amen.

Tuesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

To you, O Lord, I lift up my soul.

O my God, in you I trust.

Psalm 25. 1a

Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

adapted from Alexander Carmichael, Carmina Gadelica (1900)

The Word of God

Psalm 71.17-22

- 17 O God, you have taught me from my youth upward:
and to this day, I proclaim your marvellous works.
- 18 Forsake me not, O God, in my old age,
when I am grey-headed:
till I have shown the strength of your arm
to future generations,
and your might to those that come after.
- 19 Your righteousness, O God, reaches to the heavens:
great are the things that you have done;
O God, who is like you?
- 20 You have burdened me with many and bitter troubles,
O turn and renew me:
and raise me up again from the depths of the earth.
- 21 Bless me beyond my former greatness:
O turn to me again, and comfort me.
- 22 Then will I praise you upon the lute
for your faithfulness, O my God:
and sing your praises to the harp, O Holy One of Israel.

Deuteronomy 34.7, 10-12

Moses was one hundred and twenty years old when he died; his sight was unimpaired and his vigour had not abated.

Never since has there arisen a prophet in Israel like Moses, whom the LORD knew face to face. He was unequalled for all the signs and wonders that the LORD sent him to perform in the land of Egypt, against Pharaoh and all his servants and his entire land, and for all the mighty deeds and all the terrifying displays of power that Moses performed in the sight of all Israel.

Response

Silence

Jesus said, I am the light of the world.

Whoever follows me will have the light of life.

John 8.12

Prayer

Concluding Prayer

Eternal God,
the light of the minds that know you,
the joy of the hearts that love you,
and the strength of the wills that serve you:
grant us so to know you
that we may truly love you,
so to love you that we may truly serve you,
whose service is perfect freedom;
through Jesus Christ our Lord. **Amen.**

after Augustine of Hippo (430)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May Christ our redeemer bring us healing and wholeness.

Amen.

Wednesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord,

and teach me your paths.

Psalm 25.3

Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

from Te Deum Laudamus

The Word of God

Psalm 147.1-7, 10-11

- 1 O praise the Lord,
for it is good to sing praises to our God:
and to praise him is joyful and right.
- 2 The Lord is rebuilding Jerusalem:
he is gathering together the scattered outcasts of Israel.
- 3 He heals the broken in spirit:
and binds up their wounds.
- 4 He counts the number of the stars:
and calls them all by name.
- 5 Great is our Lord, and great is his power:
there is no measuring his understanding.
- 6 The Lord restores the humble:
but he brings down the wicked to the dust.
- 7 O sing to the Lord a song of thanksgiving:
sing praises to our God upon the harp.

Jeremiah 2.2-5

Go and proclaim in the hearing of Jerusalem, Thus says the LORD:
I remember the devotion of your youth,
your love as a bride,
how you followed me in the wilderness,
in a land not sown.
Israel was holy to the LORD,
the first fruits of his harvest.
All who ate of it were held guilty;
disaster came upon them,

says the LORD.

Hear the word of the LORD, O house of Jacob, and all the families of the house of Israel. Thus says the LORD:
What wrong did your ancestors find in me
that they went far from me,
and went after worthless things, and became worthless themselves?

Response

Silence

Jesus said, I am the way, and the truth, and the life.

No one comes to the Father except through me.

John 14.6

Prayer

Concluding Prayer

O Lord our God,
grant us grace to desire you with our whole heart;
that so desiring, we may seek and find you;
and so finding, may love you;
and so loving, may hate those sins from which you have delivered us;
through Jesus Christ our Lord. **Amen.**

Anselm (1109)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May God grant to the world justice, truth and peace.

Amen.

Thursday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;

let your kindly spirit lead me on a level path.

Psalm 143.10

Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

George Herbert (1633)

The Word of God

Psalm 25.12-18, 21-22

- 12 Who are they that fear the Lord?:
 them will the Lord direct
 in the way that they should choose.
- 13 Their souls shall dwell at ease:
 and their children shall inherit the land.
- 14 The confidences of God belong to those that fear him:
 and his covenant shall give them understanding.
- 15 My eyes are ever looking to the Lord:
 for he will bring my feet out of the net.
- 16 Turn your face toward me and be gracious:
 for I am alone and in misery.
- 17 O free my heart from pain:
 and bring me out of my distress.
- 18 Give heed to my affliction and adversity:
 and forgive me all my sins.
- 21 Let innocence and integrity be my guard:
 for in you have I hoped.
- 22 O God, deliver Israel:
 out of all their tribulation.

Isaiah 12.2-6

Surely God is my salvation;
 I will trust, and will not be afraid,
for the LORD GOD is my strength and my might;
 he has become my salvation.

With joy you will draw water from the wells of salvation. And you will say on that day:
Give thanks to the LORD,
 call on his name;
make known his deeds among the nations;
 proclaim that his name is exalted.

Sing praises to the LORD, for he has done gloriously;
 let this be known in all the earth.
Shout aloud and sing for joy, O royal Zion,
 for great in your midst is the Holy One of Israel.

Response

Silence

Jesus said, I am the gate for the sheep.

I came that they may have life, and have it abundantly.

John 10.7,10b

Prayer

Concluding Prayer

O gracious and holy Father,

give us wisdom to perceive you,

diligence to seek you,

patience to wait for you,

eyes to behold you,

a heart to meditate upon you,

and a life to proclaim you,

through the power of the Spirit

of Jesus Christ our Lord. **Amen.**

Benedict of Nursia (c.550)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May God kindle in us the fire of love.

Amen.

Friday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me a clean heart, O God;

and renew a right spirit within me.

Psalm 51.11

Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

The Word of God

Psalm 65.1, 4-8

- 1 You are to be praised, O God, in Zion:
to you shall vows be paid, you that answer prayer.
- 4 You will answer us in your righteousness
with terrible deeds, O God our saviour:
you that are the hope of all the ends of the earth
and of the distant seas;
- 5 Who by your strength made fast the mountains:
you that are girded with power;
- 6 Who stilled the raging of the seas,
the roaring of the waves:
and the tumult of the peoples.
- 7 Those who dwell at the ends of the earth
are afraid at your wonders:
the dawn and the evening sing your praises.
- 8 You tend the earth and water it:
you make it rich and fertile.

2 Corinthians 4.6-10

For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies.

Response

Silence

Jesus said, I am the good shepherd.

The good shepherd lays down his life for the sheep.

John 10.11

Prayer

Concluding Prayer

Lord Jesus Christ, we thank you
for all the benefits that you have won for us,
for all the pains and insults that you have borne for us.
Most merciful redeemer,
friend and brother,
may we know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. **Amen**

after Richard of Chichester (1253)

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May Christ our Saviour give us peace.

Amen.

Saturday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your love, O Lord, reaches to the heavens;

and your faithfulness to the clouds.

Psalm 36.5

Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

Ephrem the Syrian (373)

The Word of God

Psalm 60.1-5, 11-12

- 1 O God, you have cast us off and broken us:
you were enraged against us—O restore us again!
- 2 You have caused the land to quake, you have rent it open:
heal the rifts, for the earth quivers and breaks.
- 3 You have steeped your people in a bitter draught:
you have given them a wine to make them stagger.
- 4 You have caused those that fear you to take flight:
so that they run from the bow.
- 5 O save us by your right hand, and answer us:
that those whom you love may be delivered.
- 11 Give us your help against the enemy:
for human help is vain.
- 12 By the power of our God we shall do valiantly:
for it is he that will tread down our enemies.

Zechariah 8.4-6, 9a

Thus says the LORD of hosts: Old men and old women shall again sit in the streets of Jerusalem, each with staff in hand because of their great age. And the streets of the city shall be full of boys and girls playing in its streets. Thus says the LORD of hosts: Even though it seems impossible to the remnant of this people in these days, should it also seem impossible to me, says the LORD of hosts?

Thus says the LORD of hosts: Let your hands be strong—you that have recently been hearing these words from the mouths of the prophets who were present when the foundation was laid for the rebuilding of the temple, the house of the LORD of hosts.

Response

Silence

Jesus said, I am the resurrection and the life.

Those who believe in me will never die

cf John 11.25,26

Prayer

Concluding Prayer

God be in my head, and in my understanding;
God be in my eyes, and in my looking;
God be in my mouth, and in my speaking;
God be in my heart, and in my thinking;
God be at mine end, and at my departing. **Amen.**

Sarum Primer

The Lord's Prayer

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours,

now and forever. Amen.

The Conclusion

May Christ dwell in our hearts by faith.

Amen.

