



ST PAUL'S ANGLICAN CHURCH  
CANTERBURY

Readings and Psalms for  
Morning Prayer Services  
according to  
The Anglican Prayer book  
of Australia  
9-15 August 2021

## Monday

### Psalm 89.39-53

- 39 Yet you have been enraged against your anointed:  
you have abhorred him and rejected him.
- 40 You have spurned the covenant with your servant:  
and defiled his crown to the dust.
- 41 You have broken down all his walls:  
and made his strongholds desolate.
- 42 All that pass by plunder him:  
he has become the scorn of his neighbours.
- 43 You have exalted the right hand of his adversaries:  
and gladdened all his enemies.
- 44 His bright sword you have turned backward:  
you have not enabled him to stand in the battle.
- 45 You have brought his lustre to an end:  
you have cast his throne to the ground.
- 46 You have cut short the days of his youth:  
and clothed him with dishonour.
- 47 How long, O Lord, will you hide yourself so utterly:  
how long shall your fury burn like fire?
- 48 Remember how I draw to my eternal end:  
did you create the children of Adam for nothing?
- 49 Where are they that can live and not see death:  
that can deliver their life from the power of the grave?
- 50 Where, O Lord, are your loving-kindnesses of old:  
which you have vowed to David in your faithfulness?
- 51 Remember, O Lord, how your servant is reviled:  
how I bear in my bosom the onslaught of the peoples;
- 52 Remember how your enemies taunt:  
how they mock the footsteps of your anointed.
- 53 Blessed be the Lord for ever:  
Amen and Amen.

## **Acts 15.36-16.10**

<sup>15.36</sup> After some days Paul said to Barnabas, 'Come, let us return and visit the believers in every city where we proclaimed the word of the Lord and see how they are doing.' <sup>37</sup> Barnabas wanted to take with them John called Mark. <sup>38</sup> But Paul decided not to take with them one who had deserted them in Pamphylia and had not accompanied them in the work. <sup>39</sup> The disagreement became so sharp that they parted company; Barnabas took Mark with him and sailed away to Cyprus. <sup>40</sup> But Paul chose Silas and set out, the believers commending him to the grace of the Lord. <sup>41</sup> He went through Syria and Cilicia, strengthening the churches. <sup>16.1</sup> Paul went on also to Derbe and to Lystra, where there was a disciple named Timothy, the son of a Jewish woman who was a believer; but his father was a Greek. <sup>2</sup> He was well spoken of by the believers in Lystra and Iconium. <sup>3</sup> Paul wanted Timothy to accompany him; and he took him and had him circumcised because of the Jews who were in those places, for they all knew that his father was a Greek. <sup>4</sup> As they went from town to town, they delivered to them for observance the decisions that had been reached by the apostles and elders who were in Jerusalem. <sup>5</sup> So the churches were strengthened in the faith and increased in numbers daily. <sup>6</sup> They went through the region of Phrygia and Galatia, having been forbidden by the Holy Spirit to speak the word in Asia. <sup>7</sup> When they had come opposite Mysia, they attempted to go into Bithynia, but the Spirit of Jesus did not allow them; <sup>8</sup> so, passing by Mysia, they went down to Troas. <sup>9</sup> During the night Paul had a vision: there stood a man of Macedonia pleading with him and saying, 'Come over to Macedonia and help us.' <sup>10</sup> When he had seen the vision, we immediately tried to cross over to Macedonia, being convinced that God had called us to proclaim the good news to them.

## Tuesday

### Psalms 92; 93

#### 92

- 1 How good to give thanks to the Lord:  
to sing praises to your name, O Most High,
- 2 To declare your love in the morning:  
and at night to sing of your faithfulness,
- 3 Upon the lute, upon the lute of ten strings:  
and to the melody of the lyre.
- 4 For in all you have done, O Lord, you have made me glad:  
I will sing for joy because of the works of your hands.
- 5 Lord, how glorious are your works:  
your thoughts are very deep.
- 6 The brutish do not consider:  
and the fool cannot understand
- 7 That though the wicked sprout like grass:  
and all wrongdoers flourish,
- 8 They flourish to be destroyed for ever:  
but you, Lord, are exalted for evermore.
- 9 For behold, your enemies, O Lord,  
your enemies shall perish:  
and all the workers of wickedness shall be scattered.
- 10 You have lifted up my head  
like the horns of the wild oxen:  
I am anointed with fresh oil;
- 11 My eyes have looked down on my enemies:  
and my ears have heard the ruin  
of those who rose up against me.
- 12 The righteous shall flourish like the palm tree:  
they shall spread abroad like a cedar in Lebanon;
- 13 For they are planted in the house of the Lord:  
and flourish in the courts of our God.
- 14 In old age they shall be full of sap:  
they shall be sturdy and laden with branches;
- 15 And they will say that the Lord is just:  
the Lord my Rock, in whom is no unrighteousness.

#### 93

- 1 The Lord is king, and has put on robes of glory:  
the Lord has put on his glory,  
he has girded himself with strength.
- 2 He has made the world so firm:  
that it cannot be moved.
- 3 Your throne is established from of old:  
you are from everlasting.
- 4 The floods have lifted up, O Lord,  
the floods have lifted up their voice:  
the floods lift up their pounding.

- 5 But mightier than the sound of many waters,  
than the mighty waters or the breakers of the sea:  
the Lord on high is mighty.
- 6 Your decrees are very sure:  
and holiness, O Lord, adorns your house for ever.

### **Acts 16.11-24**

<sup>11</sup> We set sail from Troas and took a straight course to Samothrace, the following day to Neapolis, <sup>12</sup> and from there to Philippi, which is a leading city of the district of Macedonia and a Roman colony. We remained in this city for some days. <sup>13</sup> On the sabbath day we went outside the gate by the river, where we supposed there was a place of prayer; and we sat down and spoke to the women who had gathered there. <sup>14</sup> A certain woman named Lydia, a worshipper of God, was listening to us; she was from the city of Thyatira and a dealer in purple cloth. The Lord opened her heart to listen eagerly to what was said by Paul. <sup>15</sup> When she and her household were baptized, she urged us, saying, 'If you have judged me to be faithful to the Lord, come and stay at my home.' And she prevailed upon us. <sup>16</sup> One day, as we were going to the place of prayer, we met a slave-girl who had a spirit of divination and brought her owners a great deal of money by fortune-telling. <sup>17</sup> While she followed Paul and us, she would cry out, 'These men are slaves of the Most High God, who proclaim to you a way of salvation.' <sup>18</sup> She kept doing this for many days. But Paul, very much annoyed, turned and said to the spirit, 'I order you in the name of Jesus Christ to come out of her.' And it came out that very hour. <sup>19</sup> But when her owners saw that their hope of making money was gone, they seized Paul and Silas and dragged them into the market-place before the authorities. <sup>20</sup> When they had brought them before the magistrates, they said, 'These men are disturbing our city; they are Jews <sup>21</sup> and are advocating customs that are not lawful for us as Romans to adopt or observe.' <sup>22</sup> The crowd joined in attacking them, and the magistrates had them stripped of their clothing and ordered them to be beaten with rods. <sup>23</sup> After they had given them a severe flogging, they threw them into prison and ordered the jailer to keep them securely. <sup>24</sup> Following these instructions, he put them in the innermost cell and fastened their feet in the stocks.

## Wednesday

### Psalms 95; 96

#### 95

- 1 O come, let us sing out to the Lord:  
let us shout in triumph to the rock of our salvation.
- 2 Let us come before his face with thanksgiving:  
and cry out to him joyfully in psalms.
- 3 For the Lord is a great God:  
and a great king above all gods.
- 4 In his hand are the depths of the earth:  
and the peaks of the mountains are his also.
- 5 The sea is his and he made it:  
his hands moulded dry land.
- 6 Come, let us worship and bow down:  
and kneel before the Lord our maker.
- 7 For he is the Lord our God:  
we are his people and the sheep of his pasture.
- 8 Today if only you would hear his voice—  
‘Do not harden your hearts as at Meribah:  
as on that day at Massah in the wilderness;
- 9 ‘When your forebears tested me:  
put me to proof, though they had seen my works.
- 10 ‘Forty years long I loathed that generation and said:  
“It is a people who err in their hearts,  
for they do not know my ways”;
- 11 ‘Of whom I swore in my wrath:  
“They shall not enter my rest.”

#### 96

- 1 O sing to the Lord a new song:  
sing to the Lord, all the earth.
- 2 Sing to the Lord and bless his holy name:  
proclaim the good news of his salvation from day to day.
- 3 Declare his glory among the nations:  
and his wonders among all peoples.
- 4 For great is the Lord, and greatly to be praised:  
he is more to be feared than all gods.
- 5 As for all the gods of the nations, they are mere idols:  
it is the Lord who made the heavens.
- 6 Majesty and glory are before him:  
beauty and power are in his sanctuary.
- 7 Render to the Lord, you families of the nations:  
render to the Lord glory and might.
- 8 Render to the Lord the honour due to his name:  
bring offerings and come into his courts.
- 9 O worship the Lord in the beauty of his holiness:  
let the whole earth stand in awe of him.

- 10 Say among the nations that the Lord is king:  
he has made the world so firm  
that it can never be moved;  
and he shall judge the peoples with equity.
- 11 Let the heavens rejoice and let the earth be glad:  
let the sea roar, and all that fills it:
- 12 Let the fields rejoice, and everything in them:  
then shall all the trees of the wood  
shout with joy before the Lord;
- 13 For he comes, he comes to judge the earth:  
he shall judge the world with righteousness,  
and the peoples with his truth.

### **Acts 16.25-40**

<sup>25</sup> About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. <sup>26</sup> Suddenly there was an earthquake, so violent that the foundations of the prison were shaken; and immediately all the doors were opened and everyone's chains were unfastened. <sup>27</sup> When the jailer woke up and saw the prison doors wide open, he drew his sword and was about to kill himself, since he supposed that the prisoners had escaped. <sup>28</sup> But Paul shouted in a loud voice, 'Do not harm yourself, for we are all here.' <sup>29</sup> The jailer called for lights, and rushing in, he fell down trembling before Paul and Silas. <sup>30</sup> Then he brought them outside and said, 'Sirs, what must I do to be saved?' <sup>31</sup> They answered, 'Believe on the Lord Jesus, and you will be saved, you and your household.' <sup>32</sup> They spoke the word of the Lord to him and to all who were in his house. <sup>33</sup> At the same hour of the night he took them and washed their wounds; then he and his entire family were baptized without delay. <sup>34</sup> He brought them up into the house and set food before them; and he and his entire household rejoiced that he had become a believer in God. <sup>35</sup> When morning came, the magistrates sent the police, saying, 'Let those men go.' <sup>36</sup> And the jailer reported the message to Paul, saying, 'The magistrates sent word to let you go; therefore come out now and go in peace.' <sup>37</sup> But Paul replied, 'They have beaten us in public, uncondemned, men who are Roman citizens, and have thrown us into prison; and now are they going to discharge us in secret? Certainly not! Let them come and take us out themselves.' <sup>38</sup> The police reported these words to the magistrates, and they were afraid when they heard that they were Roman citizens; <sup>39</sup> so they came and apologized to them. And they took them out and asked them to leave the city. <sup>40</sup> After leaving the prison they went to Lydia's home; and when they had seen and encouraged the brothers and sisters there, they departed.

## Thursday

### Psalms 99; 100

#### 99

- 1 The Lord is king, let the nations tremble:  
he is enthroned upon the cherubim; let the earth quake.
- 2 The Lord is great in Zion:  
he is high above all nations.
- 3 Let them praise your great and terrible name:  
for holy is the Lord.
- 4 The Mighty One is king and loves justice:  
you have established equity,  
you have dealt righteousness and justice in Jacob.
- 5 O exalt the Lord our God:  
and bow down before his footstool, for he is holy.
- 6 Moses and Aaron among his priests,  
and Samuel among those who call upon his name:  
they called to the Lord and he answered.
- 7 He spoke to them from the pillar of cloud:  
they kept to his teachings and the law that he gave them.
- 8 You answered them, O Lord our God:  
you were a forgiving God to them,  
and pardoned their wrongdoing.
- 9 O exalt the Lord our God:  
and bow down towards his holy hill,  
for the Lord our God is holy.

#### 100

- 1 O shout to the Lord in triumph, all the earth:  
serve the Lord with gladness,  
and come before his face with songs of joy.
- 2 Know that the Lord he is God:  
it is he who has made us and we are his;  
we are his people and the sheep of his pasture.
- 3 Come into his gates with thanksgiving,  
and into his courts with praise:  
give thanks to him, and bless his holy name.
- 4 For the Lord is good, his loving mercy is for ever:  
his faithfulness throughout all generations.



## **Acts 17.1-14**

<sup>1</sup> After Paul and Silas had passed through Amphipolis and Apollonia, they came to Thessalonica, where there was a synagogue of the Jews. <sup>2</sup> And Paul went in, as was his custom, and on three sabbath days argued with them from the scriptures, <sup>3</sup> explaining and proving that it was necessary for the Messiah to suffer and to rise from the dead, and saying, 'This is the Messiah, Jesus whom I am proclaiming to you.' <sup>4</sup> Some of them were persuaded and joined Paul and Silas, as did a great many of the devout Greeks and not a few of the leading women. <sup>5</sup> But the Jews became jealous, and with the help of some ruffians in the market-places they formed a mob and set the city in an uproar. While they were searching for Paul and Silas to bring them out to the assembly, they attacked Jason's house. <sup>6</sup> When they could not find them, they dragged Jason and some believers before the city authorities, shouting, 'These people who have been turning the world upside down have come here also, <sup>7</sup> and Jason has entertained them as guests. They are all acting contrary to the decrees of the emperor, saying that there is another king named Jesus.' <sup>8</sup> The people and the city officials were disturbed when they heard this, <sup>9</sup> and after they had taken bail from Jason and the others, they let them go. <sup>10</sup> That very night the believers sent Paul and Silas off to Beroea; and when they arrived, they went to the Jewish synagogue. <sup>11</sup> These Jews were more receptive than those in Thessalonica, for they welcomed the message very eagerly and examined the scriptures every day to see whether these things were so. <sup>12</sup> Many of them therefore believed, including not a few Greek women and men of high standing. <sup>13</sup> But when the Jews of Thessalonica learned that the word of God had been proclaimed by Paul in Beroea as well, they came there too, to stir up and incite the crowds. <sup>14</sup> Then the believers immediately sent Paul away to the coast, but Silas and Timothy remained behind.

# Friday

## **Psalms 101; 102.1-11**

### **101**

- 1 My song shall be of steadfastness and justice:  
to you, Lord, will I sing.
- 2 I will be wise in the way of innocence:  
O when will you come to me?
- 3 I will walk within my house:  
in purity of heart.
- 4 I will set nothing evil before my eyes:  
I hate the sin of backsliders, it shall get no hold on me.
- 5 Crookedness of heart shall depart from me:  
I will know nothing of wickedness.
- 6 Those who secretly slander their neighbours I will destroy:  
the proud look and the arrogant heart I will not endure.
- 7 My eyes shall look to the faithful in the land,  
and they shall make their home with me:  
those who walk in the way of innocence,  
they shall minister to me.
- 8 No one who practises deceit shall live in my house:  
no one who utters lies shall stand in my sight.
- 9 Morning by morning I will destroy  
all the wicked of the land:  
and cut off all evildoers from the city of the Lord.

### **102**

- 1 O Lord, hear my prayer:  
and let my cry come to you.
- 2 Do not hide your face from me in the day of my trouble:  
turn your ear to me;  
and when I call, be swift to answer.
- 3 For my days pass away like smoke:  
and my bones burn as in a furnace.
- 4 My heart is scorched and withered like grass:  
and I forget to eat my bread.
- 5 I am weary with the sound of my groaning:  
my bones stick fast to my skin.
- 6 I have become like an owl in the wilderness:  
like a screech-owl among the ruins.
- 7 I keep watch and flit to and fro:  
like a sparrow upon a housetop.
- 8 My enemies taunt me all day long:  
and those who rave at me make oaths against me.
- 9 Surely I have eaten ashes for bread:  
and mingled my drink with tears,
- 10 Because of your wrath and indignation:  
for you have taken me up and tossed me aside.
- 11 My days decline like a shadow:  
and I wither away like grass.

## **Acts 17.15-21**

<sup>15</sup> Those who conducted Paul brought him as far as Athens; and after receiving instructions to have Silas and Timothy join him as soon as possible, they left him. <sup>16</sup> While Paul was waiting for them in Athens, he was deeply distressed to see that the city was full of idols. <sup>17</sup> So he argued in the synagogue with the Jews and the devout persons, and also in the market-place every day with those who happened to be there. <sup>18</sup> Also some Epicurean and Stoic philosophers debated with him. Some said, 'What does this babbler want to say?' Others said, 'He seems to be a proclaimer of foreign divinities.' (This was because he was telling the good news about Jesus and the resurrection.) <sup>19</sup> So they took him and brought him to the Areopagus and asked him, 'May we know what this new teaching is that you are presenting?' <sup>20</sup> It sounds rather strange to us, so we would like to know what it means.' <sup>21</sup> Now all the Athenians and the foreigners living there would spend their time in nothing but telling or hearing something new.

## Saturday

### Psalms 108; 109.20-30

#### 108

- 1 My heart is fixed, O God, my heart is fixed:  
I will sing and make melody.
- 2 Awake my soul, awake lute and harp:  
for I will awaken the morning.
- 3 I will give you thanks, O Lord, among the peoples:  
I will sing your praise among the nations.
- 4 For the greatness of your mercy reaches to the heavens:  
and your faithfulness to the clouds.
- 5 Be exalted, O God, above the heavens:  
and let your glory be over all the earth;
- 6 That those whom you love may be delivered:  
O save us by your right hand, and answer me.
- 7 God has said in his holy place:  
'I will exult and divide Shechem,  
I will parcel out the valley of Succoth.
- 8 'Gilead is mine, and Manasseh is mine:  
Ephraim is my helmet, and Judah my rod of command.
- 9 'Moab is my wash-bowl, over Edom will I cast my shoe:  
against Philistia will I shout in triumph.
- 10 Who will lead me into the fortified city:  
who will bring me into Edom?
- 11 Have you not cast us off, O God?:  
you go not out with our armies.
- 12 Give us your help against the enemy:  
for human help is vain.
- 13 By the power of our God we shall do valiantly:  
for it is he that will tread down our enemies.

#### 109

- 20 Act for me, O Lord my God, for your name's sake:  
and deliver me, as your steadfast love is good.
- 21 For I am poor and needy:  
and my heart writhes within me.
- 22 I fade like a lengthening shadow:  
I am shaken off like a locust.
- 23 My knees are weak from fasting:  
my flesh grows lean and shrunken.
- 24 I have become the scorn of my enemies:  
and when they see me, they toss their heads in derision.
- 25 Help me, O Lord my God:  
and save me for your mercy's sake,
- 26 That all may know it was your hand:  
that you, O Lord, have done it.
- 27 Though they curse, yet give me your blessing:  
and those that come against me will be put to shame,  
and your servant shall rejoice.

- 28 Let those that oppose me be covered with disgrace:  
let them wear their shame as a garment.
- 29 And I will give the Lord great thanks with my mouth:  
and praise him in the midst of a multitude.
- 30 For the Lord will stand at the right hand of the poor:  
to save them from those that would condemn them.

### **Acts 17.22-34**

<sup>22</sup> Then Paul stood in front of the Areopagus and said, ‘Athenians, I see how extremely religious you are in every way.

<sup>23</sup> For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, “To an unknown god.” What therefore you worship as unknown, this I proclaim to you.

<sup>24</sup> The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands,

<sup>25</sup> nor is he served by human hands, as though he needed anything, since he himself gives to all mortals life and breath and all things.

<sup>26</sup> From one ancestor he made all nations to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they would live,

<sup>27</sup> so that they would search for God and perhaps grope for him and find him—though indeed he is not far from each one of us.

<sup>28</sup> For “In him we live and move and have our being”; as even some of your own poets have said,

“For we too are his offspring.”

<sup>29</sup> Since we are God’s offspring, we ought not to think that the deity is like gold, or silver, or stone, an image formed by the art and imagination of mortals.

<sup>30</sup> While God has overlooked the times of human ignorance, now he commands all people everywhere to repent,

<sup>31</sup> because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead.’

<sup>32</sup> When they heard of the resurrection of the dead, some scoffed; but others said, ‘We will hear you again about this.’

<sup>33</sup> At that point Paul left them.

<sup>34</sup> But some of them joined him and became believers, including Dionysius the Areopagite and a woman named Damaris, and others with them.

## Sunday

### Psalm 34.9-18

- 9 Fear the Lord, all you his holy ones:  
for those who fear him never lack.
- 10 Lions may suffer want and go hungry:  
but those who seek the Lord lack nothing good.
- 11 Come, my children, listen to me:  
and I will teach you the fear of the Lord.
- 12 Which of you relishes life:  
wants time to enjoy good things?
- 13 Keep your tongue from evil:  
and your lips from telling lies.
- 14 Turn from evil and do good:  
seek peace and pursue it.
- 15 The eyes of God are on the righteous:  
and his ears towards their cry.
- 16 The Lord sets his face against wrongdoers:  
to root out their memory from the earth.
- 17 The righteous cry; the Lord hears it:  
and frees them from all their afflictions.
- 18 The Lord is close to those who are broken-hearted:  
and the crushed in spirit he saves.

## **Ephesians 6.1-9**

<sup>1</sup> Children, obey your parents in the Lord, for this is right. <sup>2</sup> ‘Honour your father and mother’—this is the first commandment with a promise: <sup>3</sup> ‘so that it may be well with you and you may live long on the earth.’ <sup>4</sup> And, fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord. <sup>5</sup> Slaves, obey your earthly masters with fear and trembling, in singleness of heart, as you obey Christ; <sup>6</sup> not only while being watched, and in order to please them, but as slaves of Christ, doing the will of God from the heart. <sup>7</sup> Render service with enthusiasm, as to the Lord and not to men and women, <sup>8</sup> knowing that whatever good we do, we will receive the same again from the Lord, whether we are slaves or free. <sup>9</sup> And, masters, do the same to them. Stop threatening them, for you know that both of you have the same Master in heaven, and with him there is no partiality.

