



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia

28 June - 4 July 2021

Monday

Psalms 143; 146

143

- 1 Hear my prayer, O Lord:
in your faithfulness consider my petition,
and in your righteousness give me answer.
- 2 Bring not your servant into judgement:
for in your sight can no one living be justified.
- 3 For the enemy has pursued me,
they have crushed my life to the ground:
they have made me dwell in darkness,
like those for ever dead.
- 4 Therefore my spirit grows faint:
and my heart is appalled within me.
- 5 I remember the days of old,
I think on all that you have done:
I consider the works of your hands.
- 6 I stretch out my hands toward you:
my soul yearns for you like a thirsty land.
- 7 Be swift to hear me, O Lord, for my spirit fails:
hide not your face from me,
lest I be like those who go down to the Pit.
- 8 O let me hear of your merciful kindness in the morning,
for my trust is in you:
show me the way that I should go,
for you are my hope.
- 9 Deliver me from my enemies, O Lord:
for I run to you for shelter.
- 10 Teach me to do your will, for you are my God:
let your kindly spirit lead me in an even path.
- 11 For your name's sake, O Lord, preserve my life:
and for the sake of your righteousness,
bring me out of trouble.
- 12 In your merciful goodness slay my enemies,
and destroy all those that come against me:
for truly I am your servant.

146

- 1 Praise the Lord, praise the Lord, O my soul:
while I live I will praise the Lord;
- 2 While I have any being:
I will sing praises to my God.
- 3 Put not your trust in princes:
nor in flesh and blood, which cannot save.
- 4 For when their breath goes from them,
they return again to the earth:
and on that day all their thoughts perish.
- 5 Blessed are those whose help is the God of Jacob:
whose hope is in the Lord their God,

- 6 The God who made heaven and earth:
the sea, and all that is in them,
7 Who keeps faith for ever:
who deals justice to those that are oppressed.
8 The Lord gives food to the hungry:
and sets the captives free.
9 The Lord gives sight to the blind:
the Lord lifts up those that are bowed down.
10 The Lord loves the righteous:
the Lord cares for the stranger in the land.
11 He upholds the widow and the fatherless:
as for the way of the wicked, he turns it upside down.
12 The Lord shall be king for ever:
your God, O Zion, shall reign through all generations.
Praise the Lord.

Acts 14.1-7

¹ The same thing occurred in Iconium, where Paul and Barnabas went into the Jewish synagogue and spoke in such a way that a great number of both Jews and Greeks became believers. ² But the unbelieving Jews stirred up the Gentiles and poisoned their minds against the brothers. ³ So they remained for a long time, speaking boldly for the Lord, who testified to the word of his grace by granting signs and wonders to be done through them. ⁴ But the residents of the city were divided; some sided with the Jews, and some with the apostles. ⁵ And when an attempt was made by both Gentiles and Jews, with their rulers, to maltreat them and to stone them, ⁶ the apostles learned of it and fled to Lystra and Derbe, cities of Lycaonia, and to the surrounding country; ⁷ and there they continued proclaiming the good news.

Tuesday

Psalm 71

- 1 To you, Lord, have I come for shelter:
let me never be put to shame.
- 2 In your righteousness rescue and deliver me:
incline your ear to me and save me.
- 3 Be for me a rock of refuge, a fortress to defend me:
for you are my high rock, and my stronghold.
- 4 Rescue me, O my God, from the hand of the wicked:
from the grasp of the pitiless and unjust.
- 5 For you, Lord, are my hope:
you are my confidence, O God, from my youth upward.
- 6 On you have I leaned since my birth:
you are he that brought me out of my mother's womb,
and my praise is of you continually.
- 7 I have become as a fearful warning to many:
but you are my strength and my refuge.
- 8 My mouth shall be filled with your praises:
I shall sing of your glory all the day long.
- 9 Cast me not away in the time of old age:
nor forsake me when my strength fails.
- 10 For my enemies speak against me:
and those that watch for my life conspire together, saying,
- 11 'God has forsaken him:
pursue him, take him, for there is none to save him.'
- 12 Be not far from me, O God:
my God, make haste to help me.
- 13 Let my adversaries be confounded and put to shame:
let those who seek my hurt
be covered with scorn and disgrace.
- 14 As for me, I will wait in hope continually:
and I will praise you more and more.
- 15 My mouth shall speak of your righteousness all the day:
and tell of your salvation, though it exceeds my telling.
- 16 I will begin with the mighty acts of the Lord my God:
and declare your righteous dealing—yours alone.
- 17 O God, you have taught me from my youth upward:
and to this day, I proclaim your marvellous works.
- 18 Forsake me not, O God, in my old age,
when I am grey-headed:
till I have shown the strength of your arm
to future generations,
and your might to those that come after.
- 19 Your righteousness, O God, reaches to the heavens:
great are the things that you have done;
O God, who is like you?
- 20 You have burdened me with many and bitter troubles,
O turn and renew me:
and raise me up again from the depths of the earth.

- 21 Bless me beyond my former greatness:
 O turn to me again, and comfort me.
- 22 Then will I praise you upon the lute
for your faithfulness, O my God:
 and sing your praises to the harp, O Holy One of Israel.
- 23 My lips shall rejoice in my singing:
 and my soul also, for you have ransomed me.
- 24 My tongue shall speak of your righteous dealing
all the day long:
 for they shall be put to shame and disgraced
 that seek to do me evil.

Acts 9.32-43

³² Now as Peter went here and there among all the believers, he came down also to the saints living in Lydda. ³³ There he found a man named Aeneas, who had been bedridden for eight years, for he was paralysed. ³⁴ Peter said to him, 'Aeneas, Jesus Christ heals you; get up and make your bed!' And immediately he got up. ³⁵ And all the residents of Lydda and Sharon saw him and turned to the Lord. ³⁶ Now in Joppa there was a disciple whose name was Tabitha, which in Greek is Dorcas. She was devoted to good works and acts of charity. ³⁷ At that time she became ill and died. When they had washed her, they laid her in a room upstairs. ³⁸ Since Lydda was near Joppa, the disciples, who heard that Peter was there, sent two men to him with the request, 'Please come to us without delay.' ³⁹ So Peter got up and went with them; and when he arrived, they took him to the room upstairs. All the widows stood beside him, weeping and showing tunics and other clothing that Dorcas had made while she was with them. ⁴⁰ Peter put all of them outside, and then he knelt down and prayed. He turned to the body and said, 'Tabitha, get up.' Then she opened her eyes, and seeing Peter, she sat up. ⁴¹ He gave her his hand and helped her up. Then calling the saints and widows, he showed her to be alive. ⁴² This became known throughout Joppa, and many believed in the Lord. ⁴³ Meanwhile he stayed in Joppa for some time with a certain Simon, a tanner.

Wednesday

Psalms 148; 149

148

- 1 Praise the Lord, praise the Lord from heaven:
O praise him in the heights.
- 2 Praise him, all his angels:
O praise him, all his host.
- 3 Praise him, sun and moon:
praise him, all you stars of light.
- 4 Praise him, you highest heaven:
and you waters that are above the heavens.
- 5 Let them praise the name of the Lord:
for he commanded and they were made.
- 6 He established them for ever and ever:
he made an ordinance which shall not pass away.
- 7 O praise the Lord from the earth:
praise him, you sea-monsters and all deeps;
- 8 Fire and hail, mist and snow:
and storm-wind fulfilling his command;
- 9 Mountains and all hills:
fruit trees and all cedars;
- 10 Beasts of the wild, and all cattle:
creeping things and winged birds;
- 11 Kings of the earth, and all peoples:
princes, and all rulers of the world;
- 12 Young men and maidens:
old folk and children together.
- 13 Let them praise the name of the Lord:
for his name alone is exalted.
- 14 His glory is above earth and heaven:
and he has lifted high the horn of his people.
- 15 Therefore he is the praise of all his servants:
of the children of Israel, a people that is near him. Praise the Lord.

149

- 1 O praise the Lord, and sing to the Lord a new song:
O praise him in the assembly of the faithful.
- 2 Let Israel rejoice in him that made him:
let the children of Zion be joyful in their king.
- 3 Let them praise him in the dance:
let them sing his praise with timbrel and with harp.
- 4 For the Lord takes delight in his people:
he adorns the meek with his salvation.
- 5 Let his faithful ones exult in his glory:
let them sing for joy upon their beds.
- 6 Let the high praises of God be in their mouths:
and a two-edged sword in their hands,
- 7 To execute vengeance on the nations:
and chastisement upon the peoples,

- 8 To bind their kings in chains:
and their nobles with fetters of iron,
9 To visit upon them the judgement that is decreed:
such honour belongs to all his faithful servants.
Praise the Lord.

Acts 14.19-28

¹⁹ But Jews came there from Antioch and Iconium and won over the crowds. Then they stoned Paul and dragged him out of the city, supposing that he was dead. ²⁰ But when the disciples surrounded him, he got up and went into the city. The next day he went on with Barnabas to Derbe. ²¹ After they had proclaimed the good news to that city and had made many disciples, they returned to Lystra, then on to Iconium and Antioch. ²² There they strengthened the souls of the disciples and encouraged them to continue in the faith, saying, 'It is through many persecutions that we must enter the kingdom of God.' ²³ And after they had appointed elders for them in each church, with prayer and fasting they entrusted them to the Lord in whom they had come to believe. ²⁴ Then they passed through Pisidia and came to Pamphylia. ²⁵ When they had spoken the word in Perga, they went down to Attalia. ²⁶ From there they sailed back to Antioch, where they had been commended to the grace of God for the work that they had completed. ²⁷ When they arrived, they called the church together and related all that God had done with them, and how he had opened a door of faith for the Gentiles. ²⁸ And they stayed there with the disciples for some time.

Thursday

Psalms 1; 2

1

- 1 Blessed are they
who have not walked in the counsel of the ungodly:
nor followed the way of sinners,
nor taken their seat amongst the scornful.
- 2 But their delight is in the law of the Lord:
and on that law will they ponder day and night.
- 3 They are like trees planted beside streams of water:
that yield their fruit in due season.
- 4 Their leaves also shall not wither:
and look, whatever they do, it shall prosper.
- 5 As for the ungodly, it is not so with them:
they are like the chaff which the wind scatters.
- 6 Therefore the ungodly shall not stand up
at the judgement:
nor sinners in the congregation of the righteous.
- 7 For the Lord cares for the way of the righteous:
but the way of the ungodly shall perish.

2

- 1 Why are the nations in tumult:
and why do the peoples cherish a vain dream?
- 2 The kings of the earth rise up
and the rulers conspire together:
against the Lord and against his anointed, saying,
- 3 'Let us break their bonds asunder:
let us throw off their chains from us.'
- 4 He that dwells in heaven shall laugh them to scorn:
the Lord will hold them in derision.
- 5 Then will he speak to them in his wrath,
and terrify them in his fury:
'I, the Lord, have set up my king on Zion my holy hill.'
- 6 I will announce the Lord's decree,
that which he has spoken:
'You are my son, this day have I begotten you.
- 7 'Ask of me,
and I will give you the nations for your inheritance:
the uttermost parts of the earth for your possession.
- 8 'You may break them with a rod of iron:
and shatter them in pieces like a potter's vessel.'
- 9 Now therefore be wise, O kings:
be advised, you that are judges of the earth.
- 10 Serve the Lord with awe,
and govern yourselves in fear and trembling:
lest he be angry, and you perish in your course.
- 11 For his wrath is quickly kindled:
blessed are those that turn to him for refuge.

Acts 15.1-11

¹ Then certain individuals came down from Judea and were teaching the brothers, 'Unless you are circumcised according to the custom of Moses, you cannot be saved.'² And after Paul and Barnabas had no small dissension and debate with them, Paul and Barnabas and some of the others were appointed to go up to Jerusalem to discuss this question with the apostles and the elders.³ So they were sent on their way by the church, and as they passed through both Phoenicia and Samaria, they reported the conversion of the Gentiles, and brought great joy to all the believers.⁴ When they came to Jerusalem, they were welcomed by the church and the apostles and the elders, and they reported all that God had done with them.⁵ But some believers who belonged to the sect of the Pharisees stood up and said, 'It is necessary for them to be circumcised and ordered to keep the law of Moses.'⁶ The apostles and the elders met together to consider this matter.⁷ After there had been much debate, Peter stood up and said to them, 'My brothers, you know that in the early days God made a choice among you, that I should be the one through whom the Gentiles would hear the message of the good news and become believers.⁸ And God, who knows the human heart, testified to them by giving them the Holy Spirit, just as he did to us;⁹ and in cleansing their hearts by faith he has made no distinction between them and us.¹⁰ Now therefore why are you putting God to the test by placing on the neck of the disciples a yoke that neither our ancestors nor we have been able to bear?¹¹ On the contrary, we believe that we will be saved through the grace of the Lord Jesus, just as they will.'

Friday

Psalms 5; 6

5

- 1 Hear my words, O Lord, give heed to my groaning:
listen to my cry, you that are my king and my God.
- 2 In the morning when I pray to you,
surely you will hear my voice:
at daybreak I lay my prayers before you, and look up.
- 3 For you are not a God who
takes pleasure in wickedness:
nor can any evil dwell with you.
- 4 The boastful cannot stand in your sight:
you hate all those that work mischief.
- 5 Those who speak lies you destroy:
you abhor the treacherous, O Lord,
and those that are stained with blood.
- 6 But because of your great goodness
I will come into your house:
I will bow down toward your holy temple
in awe and fear of you.
- 7 Lead me, O Lord, in your righteousness,
for my enemies lie in wait:
make straight your way before me.
- 8 For there is no truth in their mouth:
and within they are eaten up by malice.
- 9 Their throat is an open sepulchre:
and their tongue speaks smooth and flattering words.
- 10 Destroy them, O God,
let them fall by their own contriving:
cast them out for their many offences,
for they have rebelled against you.
- 11 But let all who put their trust in you rejoice:
let them shout with joy for ever.
- 12 Be the defender of those who love your name:
let them exult because of you.
- 13 For you will bless, O Lord, those that are righteous:
you will cover them with your favour as with a shield.

6

- 1 O Lord, rebuke me not in your indignation:
nor chasten me in your fierce displeasure.
- 2 Have mercy upon me, O Lord, for I am weak:
O Lord, heal me, for my very bones are afraid.
- 3 My soul also is greatly troubled:
and you, Lord—how long will you delay?
- 4 Turn again, O Lord, and deliver my soul:
O save me for your mercy's sake.
- 5 For in death no one remembers you:
and who can give you thanks from the grave?

- 6 I am wearied with my groaning:
every night I drown my bed with weeping,
and water my couch with my tears.
- 7 My eyes waste away for sorrow:
they grow dim because of all my enemies.
- 8 Away from me, all you that do evil:
for the Lord has heard the voice of my weeping.
- 9 The Lord has heard my supplication:
the Lord will receive my prayer.
- 10 All my enemies shall be put to shame and
greatly dismayed:
they shall turn back and be confounded in a moment.

Acts 15.12-21

¹² The whole assembly kept silence, and listened to Barnabas and Paul as they told of all the signs and wonders that God had done through them among the Gentiles.

¹³ After they finished speaking, James replied, 'My brothers, listen to me.

¹⁴ Simeon has related how God first looked favourably on the Gentiles, to take from among them a people for his name.

¹⁵ This agrees with the words of the prophets, as it is written,

¹⁶ "After this I will return,
and I will rebuild the dwelling of David, which has fallen;
from its ruins I will rebuild it,
and I will set it up,

¹⁷ so that all other peoples may seek the Lord—
even all the Gentiles over whom my name has been called.

Thus says the Lord, who has been making these things
¹⁸ known from long ago."

¹⁹ Therefore I have reached the decision that we should not trouble those Gentiles
who are turning to God,

²⁰ but we should write to them to abstain only from things polluted by idols and from
fornication and from whatever has been strangled and from blood.

²¹ For in every city, for generations past, Moses has had those who proclaim him,
for he has been read aloud every sabbath in the synagogues.'

Saturday

Psalm 9

- 1 I will give you thanks, O Lord, with my whole heart:
I will tell of all the wonders you have done.
- 2 I will rejoice and be glad in you:
I will make my songs to your name, O Most High.
- 3 For my enemies are driven back:
they stumble and perish at your presence.
- 4 You have maintained my cause and my right:
you sat enthroned as a righteous judge.
- 5 You rebuked the heathen nations,
you brought the wicked to destruction:
you blotted out their name for ever and ever.
- 6 The strongholds of the enemy are made
a perpetual desolation:
you plucked up their cities,
and even their memory has perished.
- 7 The Lord confounds them; but the Lord endures
for ever:
he has set up his throne for judgement.
- 8 He shall judge the world with righteousness:
and deal true justice to the peoples.
- 9 The Lord is a strong tower to those that are oppressed:
he is a tower of strength in time of need.
- 10 All who heed your name will trust in you:
for you have never forsaken those that seek you.
- 11 O sing praises to the Lord who dwells in Zion:
tell among the peoples what great things he has done.
- 12 For he that avenges blood has remembered the poor:
he has not forgotten their cry.
- 13 The Lord has been merciful toward me,
he saw what I suffered from my foes:
he raised me up again from the gates of death,
- 14 That I might tell all your praises in the gates of Zion:
that I might rejoice in your deliverance.
- 15 The nations have sunk into the pit they dug for others:
in the very snare they laid is their foot taken;
- 16 The Lord has declared himself and upheld the right:
the wicked are trapped in the work of their own hands.
- 17 The wicked shall be given over to death:
and all the nations that forget God.
- 18 For the needy shall not always be forgotten:
nor shall the hope of the poor perish for ever.
- 19 Arise, Lord, let no human power prevail:
let the nations be judged before you.
- 20 Put them in fear, O Lord:
and let the nations know they are but human.

Acts 15.22-35

²² Then the apostles and the elders, with the consent of the whole church, decided to choose men from among their members and to send them to Antioch with Paul and Barnabas. They sent Judas called Barsabbas, and Silas, leaders among the brothers, ²³ with the following letter: 'The brothers, both the apostles and the elders, to the believers of Gentile origin in Antioch and Syria and Cilicia, greetings. ²⁴ Since we have heard that certain persons who have gone out from us, though with no instructions from us, have said things to disturb you and have unsettled your minds, ²⁵ we have decided unanimously to choose representatives and send them to you, along with our beloved Barnabas and Paul, ²⁶ who have risked their lives for the sake of our Lord Jesus Christ. ²⁷ We have therefore sent Judas and Silas, who themselves will tell you the same things by word of mouth. ²⁸ For it has seemed good to the Holy Spirit and to us to impose on you no further burden than these essentials: ²⁹ that you abstain from what has been sacrificed to idols and from blood and from what is strangled and from fornication. If you keep yourselves from these, you will do well. Farewell.' ³⁰ So they were sent off and went down to Antioch. When they gathered the congregation together, they delivered the letter. ³¹ When its members read it, they rejoiced at the exhortation. ³² Judas and Silas, who were themselves prophets, said much to encourage and strengthen the believers. ³³ After they had been there for some time, they were sent off in peace by the believers to those who had sent them. ³⁵ But Paul and Barnabas remained in Antioch, and there, with many others, they taught and proclaimed the word of the Lord.

Sunday

Psalm 123

- 1 To you I lift up my eyes:
you who are enthroned in the heavens.
- 2 As the eyes of servants look to the hand of their master:
or as the eyes of a maid toward the hand of her mistress,
- 3 So our eyes look to the Lord our God:
until he show us his mercy.
- 4 Have mercy upon us, O Lord, have mercy upon us:
for we have had our fill of derision.
- 5 Our souls overflow with the mockery of those at ease:
and with the contempt of the proud.

2 Corinthians 13.4-13

⁴ For he was crucified in weakness, but lives by the power of God. For we are weak in him, but in dealing with you we will live with him by the power of God. ⁵ Examine yourselves to see whether you are living in the faith. Test yourselves. Do you not realize that Jesus Christ is in you?—unless, indeed, you fail to pass the test! ⁶ I hope you will find out that we have not failed. ⁷ But we pray to God that you may not do anything wrong—not that we may appear to have passed the test, but that you may do what is right, though we may seem to have failed. ⁸ For we cannot do anything against the truth, but only for the truth. ⁹ For we rejoice when we are weak and you are strong. This is what we pray for, that you may become perfect. ¹⁰ So I write these things while I am away from you, so that when I come, I may not have to be severe in using the authority that the Lord has given me for building up and not for tearing down. ¹¹ Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. ¹² Greet one another with a holy kiss. All the saints greet you. ¹³ The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

