



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia

25-31 January 2021

Monday 25 January

Psalm 66.1-7

- 1 O shout with joy to God, all the earth:
sing to the honour of his name,
and give him glory as his praise.
- 2 Say to God 'How fearful are your works:
because of your great might
your enemies shall cower before you.'
- 3 All the earth shall worship you:
and sing to you, and sing praises to your name.
- 4 Come then and see what God has done:
how terrible are his dealings with the children of Adam.
- 5 He turned the sea into dry land,
they crossed the river on foot:
then were we joyful because of him.
- 6 By his power he rules for ever,
his eyes keep watch on the nations:
and rebels shall never rise against him.
- 7 O bless our God, you peoples:
and cause his praises to resound,

Romans 10.5-13

⁵ Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.'

⁶ But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?"' (that is, to bring Christ down)

⁷ 'or "Who will descend into the abyss?"' (that is, to bring Christ up from the dead).

⁸ But what does it say?

'The word is near you,

on your lips and in your heart'(that is, the word of faith that we proclaim);

⁹ because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

¹⁰ For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

¹¹ The scripture says, 'No one who believes in him will be put to shame.'

¹² For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him.

¹³ For, 'Everyone who calls on the name of the Lord shall be saved.'

Tuesday 26 January

Psalm 33.12-21

- 12 Blessed is that nation whose God is the Lord:
the people he chose to be his own possession.
- 13 The Lord looks down from heaven
and surveys all the children of Adam:
he considers from his dwelling-place
all the inhabitants of the earth;
- 14 He who fashioned the hearts of them all:
and comprehends all that they do.
- 15 A king is not saved by a mighty army:
nor is a warrior delivered by much strength;
- 16 A horse is a vain hope as a deliverer:
nor can he rescue any by his great power.
- 17 But the eye of the Lord is on those that fear him:
on those that trust in his unfailing love,
- 18 To deliver them from death:
and to feed them in the time of dearth.
- 19 We have waited eagerly for the Lord:
for he is our help and our shield.
- 20 Surely our hearts shall rejoice in him:
for we have trusted in his holy name.
- 21 Let your merciful kindness be upon us, O Lord:
even as our hope is in you.

John 8.31-36

³¹ Then Jesus said to the Jews who had believed in him, 'If you continue in my word, you are truly my disciples; ³² and you will know the truth, and the truth will make you free.' ³³ They answered him, 'We are descendants of Abraham and have never been slaves to anyone. What do you mean by saying, "You will be made free"?' ³⁴ Jesus answered them, 'Very truly, I tell you, everyone who commits sin is a slave to sin. ³⁵ The slave does not have a permanent place in the household; the son has a place there for ever. ³⁶ So if the Son makes you free, you will be free indeed.'

Wednesday 27 January

Psalm 68.1-20

- 1 God shall arise, and his enemies shall be scattered:
those that hate him shall flee before his face.
- 2 As smoke is dispersed, so shall they be dispersed:
as wax melts before a fire,
so shall the wicked perish at the presence of God.
- 3 But the righteous shall be glad and exult before God:
they shall rejoice with gladness.
- 4 O sing to God, sing praises to his name:
glorify him that rode through the deserts,
him whose name is the Lord, and exult before him.
- 5 He is the father of the fatherless,
he upholds the cause of the widow:
God in his holy dwelling place.
- 6 He gives the desolate a home to dwell in,
and brings the prisoners out into prosperity:
but rebels must dwell in a barren land.
- 7 O God, when you went out before your people:
when you marched through the wilderness,
- 8 The earth shook, the heavens poured down water:
before the God of Sinai, before God, the God of Israel.
- 9 You showered down a generous rain, O God:
you prepared the land of your possession
when it was weary.
- 10 And there your people settled:
in the place that your goodness, O God,
had made ready for the poor.
- 11 The Lord spoke the word, and great was the company
of those that carried the tidings:
'Kings with their armies are fleeing, are fleeing away.
- 12 'Even the women at home may share in the spoil:
and will you sit idly among the sheepfolds?
- 13 'There are images of doves
whose wings are covered with silver:
and their pinions with shining gold.'
- 14 When the Almighty scattered kings:
they were like snow falling upon Mount Zalmon.
- 15 Can the mountain of Bashan be a mountain of God:
the mountain of Bashan, that mountain of many peaks?
- 16 O mountains of many peaks, why look so enviously:
at the mountain where God is pleased to dwell,
where the Lord will remain for ever?
- 17 The chariots of God are twice ten thousand,
and thousands upon thousands:
the Lord came from Sinai into his holy place.
- 18 When you ascended the heights,
you led the enemy captive,
you received tribute from the peoples:
but rebels shall not dwell in the presence of God.

- 19 Blessed be the Lord day by day,
who bears us as his burden:
he is the God of our deliverance.
- 20 God is to us a God who saves:
by God the Lord do we escape death.

Luke 1.26-38

²⁶ In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, ²⁷ to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. ²⁸ And he came to her and said, 'Greetings, favoured one! The Lord is with you.' ²⁹ But she was much perplexed by his words and pondered what sort of greeting this might be. ³⁰ The angel said to her, 'Do not be afraid, Mary, for you have found favour with God. ³¹ And now, you will conceive in your womb and bear a son, and you will name him Jesus. ³² He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. ³³ He will reign over the house of Jacob for ever, and of his kingdom there will be no end.' ³⁴ Mary said to the angel, 'How can this be, since I am a virgin?' ³⁵ The angel said to her, 'The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. ³⁶ And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. ³⁷ For nothing will be impossible with God.' ³⁸ Then Mary said, 'Here am I, the servant of the Lord; let it be with me according to your word.' Then the angel departed from her.

Thursday 28 January

Psalm 71

- 1 To you, Lord, have I come for shelter:
let me never be put to shame.
- 2 In your righteousness rescue and deliver me:
incline your ear to me and save me.
- 3 Be for me a rock of refuge, a fortress to defend me:
for you are my high rock, and my stronghold.
- 4 Rescue me, O my God, from the hand of the wicked:
from the grasp of the pitiless and unjust.
- 5 For you, Lord, are my hope:
you are my confidence, O God, from my youth upward.
- 6 On you have I leaned since my birth:
you are he that brought me out of my mother's womb,
and my praise is of you continually.
- 7 I have become as a fearful warning to many:
but you are my strength and my refuge.
- 8 My mouth shall be filled with your praises:
I shall sing of your glory all the day long.
- 9 Cast me not away in the time of old age:
nor forsake me when my strength fails.
- 10 For my enemies speak against me:
and those that watch for my life conspire together, saying,
- 11 'God has forsaken him:
pursue him, take him, for there is none to save him.'
- 12 Be not far from me, O God:
my God, make haste to help me.
- 13 Let my adversaries be confounded and put to shame:
let those who seek my hurt
be covered with scorn and disgrace.
- 14 As for me, I will wait in hope continually:
and I will praise you more and more.
- 15 My mouth shall speak of your righteousness all the day:
and tell of your salvation, though it exceeds my telling.
- 16 I will begin with the mighty acts of the Lord my God:
and declare your righteous dealing—yours alone.
- 17 O God, you have taught me from my youth upward:
and to this day, I proclaim your marvellous works.
- 18 Forsake me not, O God, in my old age,
when I am grey-headed:
till I have shown the strength of your arm
to future generations,
and your might to those that come after.
- 19 Your righteousness, O God, reaches to the heavens:
great are the things that you have done;
O God, who is like you?
- 20 You have burdened me with many and bitter troubles,
O turn and renew me:
and raise me up again from the depths of the earth.

- 21 Bless me beyond my former greatness:
 O turn to me again, and comfort me.
- 22 Then will I praise you upon the lute
for your faithfulness, O my God:
 and sing your praises to the harp, O Holy One of Israel.
- 23 My lips shall rejoice in my singing:
 and my soul also, for you have ransomed me.
- 24 My tongue shall speak of your righteous dealing
all the day long:
 for they shall be put to shame and disgraced
 that seek to do me evil.

Luke 1.39-56

- ³⁹ In those days Mary set out and went with haste to a Judean town in the hill country,
⁴⁰ where she entered the house of Zechariah and greeted Elizabeth.
⁴¹ When Elizabeth heard Mary's greeting, the child leapt in her womb.
And Elizabeth was filled with the Holy Spirit
⁴² and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb.
⁴³ And why has this happened to me, that the mother of my Lord comes to me?
⁴⁴ For as soon as I heard the sound of your greeting, the child in my womb leapt for joy.
⁴⁵ And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'
⁴⁶ And Mary said,
'My soul magnifies the Lord,
⁴⁷ and my spirit rejoices in God my Saviour,
⁴⁸ for he has looked with favour on the lowliness of his servant.
Surely, from now on all generations will call me blessed;
⁴⁹ for the Mighty One has done great things for me,
and holy is his name.
⁵⁰ His mercy is for those who fear him
from generation to generation.
⁵¹ He has shown strength with his arm;
he has scattered the proud in the thoughts of their hearts.
⁵² He has brought down the powerful from their thrones,
and lifted up the lowly;
⁵³ he has filled the hungry with good things,
and sent the rich away empty.
⁵⁴ He has helped his servant Israel,
in remembrance of his mercy,
⁵⁵ according to the promise he made to our ancestors,
to Abraham and to his descendants for ever.'
⁵⁶ And Mary remained with her for about three months and then returned to her home.

Friday 29 January

Psalm 69.1-16

- 1 Save me, O God:
for the waters have come up even to my throat.
- 2 I sink in the deep mire where no footing is:
I have come into deep waters
and the flood sweeps over me.
- 3 I am weary with crying out, my throat is parched:
my eyes fail with watching so long for my God.
- 4 Those that hate me without cause
are more in number than the hairs of my head:
those that would destroy me are many,
they oppose me wrongfully—
for I must restore things that I never took.
- 5 O God, you know my foolishness:
and my sins are not hidden from you.
- 6 Let not those who wait for you
be shamed because of me, O Lord God of hosts:
let not those who seek you
be disgraced on my account, O God of Israel.
- 7 For your sake have I suffered reproach:
and shame has covered my face.
- 8 I have become a stranger to my family:
an alien to my own mother's children.
- 9 Zeal for your house has eaten me up:
and the taunts of those who taunt you have fallen on me.
- 10 I afflicted myself with fasting:
and that was turned to my reproach.
- 11 I made sackcloth my clothing:
and I became a byword to them.
- 12 Those who sit in the gate talk of me:
and the drunkards make songs about me.
- 13 But to you, Lord, I make my prayer:
at an acceptable time.
- 14 Answer me, O God, in your abundant goodness:
and with your sure deliverance.
- 15 Bring me out of the mire, so that I may not sink:
let me be delivered from my enemies,
and from the deep waters.
- 16 Let not the flood overwhelm me
or the depths swallow me up:
let not the Pit shut its mouth upon me.

Luke 1.57-66

⁵⁷ Now the time came for Elizabeth to give birth, and she bore a son. ⁵⁸ Her neighbours and relatives heard that the Lord had shown his great mercy to her, and they rejoiced with her. ⁵⁹ On the eighth day they came to circumcise the child, and they were going to name him Zechariah after his father. ⁶⁰ But his mother said, 'No; he is to be called John.' ⁶¹ They said to her, 'None of your relatives has this name.' ⁶² Then they began motioning to his father to find out what name he wanted to give him. ⁶³ He asked for a writing-tablet and wrote, 'His name is John.' And all of them were amazed. ⁶⁴ Immediately his mouth was opened and his tongue freed, and he began to speak, praising God. ⁶⁵ Fear came over all their neighbours, and all these things were talked about throughout the entire hill country of Judea. ⁶⁶ All who heard them pondered them and said, 'What then will this child become?' For, indeed, the hand of the Lord was with him.

Saturday 30 January

Psalm 72

- 1 Give the king your judgement, O God:
and your righteousness to the son of a king,
- 2 That he may judge your people rightly:
and the poor of the land with equity.
- 3 Let the mountains be laden with peace
because of his righteousness:
and the hills also with prosperity for his people.
- 4 May he give justice to the poor among the people:
and rescue the children of the needy,
and crush the oppressor.
- 5 May he live while the sun endures:
and while the moon gives light,
throughout all generations.
- 6 May he come down like rain upon the new-mown fields:
and as showers that water the earth.
- 7 In his time shall righteousness flourish:
and abundance of peace, till the moon shall be no more.
- 8 His dominion shall stretch from sea to sea:
from the Great River to the ends of the earth.
- 9 His adversaries shall bow down before him:
and his enemies shall lick the dust.
- 10 The kings of Tarshish and of the isles
shall bring tribute:
the kings of Sheba and Seba shall offer gifts.
- 11 All kings shall fall down before him:
and all nations do him service.
- 12 He will deliver the needy when they cry:
and the poor that have no helper.
- 13 He will pity the helpless and the needy:
and save the lives of the poor.
- 14 He will redeem them from oppression and violence:
and their blood shall be precious in his sight.
- 15 Long may he live, and be given of the gold of Sheba:
may prayer be made for him continually,
may they bless him every day.
- 16 Let there be abundance of wheat in the land:
let it flourish on the tops of the mountains;
- 17 Let its ears grow fat like the grain of Lebanon:
and its sheaves thicken like the grass of the field.
- 18 Let his name live for ever:
and endure as long as the sun.
- 19 Let all peoples use his name in blessing:
and all nations call him blessed.
- 20 Blessed be the Lord God, the God of Israel:
who alone does great wonders.
- 21 Blessed be his glorious name for ever:
and let the whole earth be filled with his glory.
Amen, Amen.

Luke 1.67-80

⁶⁷ Then his father Zechariah was filled with the Holy Spirit and spoke this prophecy:
⁶⁸ 'Blessed be the Lord God of Israel,
for he has looked favourably on his people and redeemed them.
⁶⁹ He has raised up a mighty saviour for us
in the house of his servant David,
⁷⁰ as he spoke through the mouth of his holy prophets from of old,
⁷¹ that we would be saved from our enemies and from the hand of all who hate us.
⁷² Thus he has shown the mercy promised to our ancestors,
and has remembered his holy covenant,
⁷³ the oath that he swore to our ancestor Abraham,
to grant us
⁷⁴ that we, being rescued from the hands of our enemies,
might serve him without fear,
⁷⁵ in holiness and righteousness
before him all our days.
⁷⁶ And you, child, will be called the prophet of the Most High;
for you will go before the Lord to prepare his ways,
⁷⁷ to give knowledge of salvation to his people
by the forgiveness of their sins.
⁷⁸ By the tender mercy of our God,
the dawn from on high will break upon us,
⁷⁹ to give light to those who sit in darkness and in the shadow of death,
to guide our feet into the way of peace.'
⁸⁰ The child grew and became strong in spirit, and he was in the wilderness until
the day he appeared publicly to Israel.

Sunday 31 January

Psalm 112

- 1 O praise the Lord. Blessed are they fear the Lord:
and greatly delight in his commandments.
- 2 Their children shall be mighty in the land:
an upright race who will be blessed.
- 3 Riches and plenty shall be in their house:
and their righteousness shall stand for ever.
- 4 Light arises in darkness for the upright:
gracious and merciful are the righteous.
- 5 It goes well with those who act generously and lend:
who guide their affairs with justice.
- 6 Surely they shall never be moved:
the righteous shall be held in everlasting remembrance.
- 7 They will not fear bad tidings:
their hearts are steadfast, trusting in the Lord.
- 8 Their hearts are confident and will not fear:
they will see the downfall of their enemies.
- 9 They give freely to the poor:
their righteousness stands for ever,
their head is uplifted in glory.
- 10 The wicked shall see it and be angry:
they shall gnash their teeth and consume away;
and the hope of the wicked shall fail.

1 John 2.18-29

¹⁸ Children, it is the last hour! As you have heard that antichrist is coming, so now many antichrists have come. From this we know that it is the last hour. ¹⁹ They went out from us, but they did not belong to us; for if they had belonged to us, they would have remained with us. But by going out they made it plain that none of them belongs to us. ²⁰ But you have been anointed by the Holy One, and all of you have knowledge. ²¹ I write to you, not because you do not know the truth, but because you know it, and you know that no lie comes from the truth. ²² Who is the liar but the one who denies that Jesus is the Christ? This is the antichrist, the one who denies the Father and the Son. ²³ No one who denies the Son has the Father; everyone who confesses the Son has the Father also. ²⁴ Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you will abide in the Son and in the Father. ²⁵ And this is what he has promised us, eternal life. ²⁶ I write these things to you concerning those who would deceive you. ²⁷ As for you, the anointing that you received from him abides in you, and so you do not need anyone to teach you. But as his anointing teaches you about all things, and is true and is not a lie, and just as it has taught you, abide in him. ²⁸ And now, little children, abide in him, so that when he is revealed we may have confidence and not be put to shame before him at his coming. ²⁹ If you know that he is righteous, you may be sure that everyone who does right has been born of him.

