



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia
21-26 June 2021

Monday

Psalms 121; 122; 123

121

- 1 I lift up my eyes to the hills:
but where shall I find help?
- 2 My help comes from the Lord:
who has made heaven and earth.
- 3 He will not suffer your foot to stumble:
and he who watches over you will not sleep.
- 4 Be sure he who has charge of Israel:
will neither slumber nor sleep.
- 5 The Lord himself is your keeper:
the Lord is your defence upon your right hand;
- 6 The sun shall not strike you by day:
nor shall the moon by night.
- 7 The Lord will defend you from all evil:
it is he who will guard your life.
- 8 The Lord will defend your going out and your coming in:
from this time forward for evermore.

122

- 1 I was glad when they said to me:
'Let us go to the house of the Lord.'
- 2 And now our feet are standing:
within your gates, O Jerusalem;
- 3 Jerusalem which is built as a city:
where the pilgrims gather in unity.
- 4 There the tribes go up, the tribes of the Lord:
as he commanded Israel,
to give thanks to the name of the Lord.
- 5 There are set thrones of judgement:
the thrones of the house of David.
- 6 O pray for the peace of Jerusalem:
may those who love you prosper.
- 7 Peace be within your walls:
and prosperity in your palaces.
- 8 For the sake of my kindred and companions:
I will pray that peace be with you.
- 9 For the sake of the house of the Lord our God:
I will seek for your good.

123

- 1 To you I lift up my eyes:
you who are enthroned in the heavens.
- 2 As the eyes of servants look to the hand of their master:
or as the eyes of a maid toward the hand of her mistress,
- 3 So our eyes look to the Lord our God:
until he show us his mercy.
- 4 Have mercy upon us, O Lord, have mercy upon us:
for we have had our fill of derision.
- 5 Our souls overflow with the mockery of those at ease:
and with the contempt of the proud.

Acts 12.1-11

¹ About that time King Herod laid violent hands upon some who belonged to the church. ² He had James, the brother of John, killed with the sword. ³ After he saw that it pleased the Jews, he proceeded to arrest Peter also. (This was during the festival of Unleavened Bread.) ⁴ When he had seized him, he put him in prison and handed him over to four squads of soldiers to guard him, intending to bring him out to the people after the Passover. ⁵ While Peter was kept in prison, the church prayed fervently to God for him. ⁶ The very night before Herod was going to bring him out, Peter, bound with two chains, was sleeping between two soldiers, while guards in front of the door were keeping watch over the prison. ⁷ Suddenly an angel of the Lord appeared and a light shone in the cell. He tapped Peter on the side and woke him, saying, 'Get up quickly.' And the chains fell off his wrists. ⁸ The angel said to him, 'Fasten your belt and put on your sandals.' He did so. Then he said to him, 'Wrap your cloak around you and follow me.' ⁹ Peter went out and followed him; he did not realize that what was happening with the angel's help was real; he thought he was seeing a vision. ¹⁰ After they had passed the first and the second guard, they came before the iron gate leading into the city. It opened for them of its own accord, and they went outside and walked along a lane, when suddenly the angel left him. ¹¹ Then Peter came to himself and said, 'Now I am sure that the Lord has sent his angel and rescued me from the hands of Herod and from all that the Jewish people were expecting.'

Tuesday

Psalm 118.1-18

- 1 O give thanks to the Lord, for he is good:
his mercy endures for ever.
- 2 Let Israel now proclaim:
that his mercy endures for ever.
- 3 Let the house of Aaron proclaim:
that his mercy endures for ever.
- 4 Let those who fear the Lord proclaim:
that his mercy endures for ever.
- 5 In my danger I called to the Lord:
he answered and set me free.
- 6 The Lord is on my side, I shall not fear:
what can flesh and blood do to me?
- 7 The Lord is at my side as my helper:
I shall see the downfall of my enemies.
- 8 It is better to take refuge in the Lord:
than to trust to flesh and blood:
- 9 It is better to take refuge in the Lord:
than to put your trust in princes.
- 10 All the nations surrounded me:
but in the name of the Lord I drove them back.
- 11 They surrounded, they surrounded me on every side:
but in the name of the Lord I drove them back.
- 12 They swarmed about me like bees,
they blazed like fire among the thorns:
in the name of the Lord I drove them back.
- 13 I was pressed so hard that I almost fell:
but the Lord was my helper.
- 14 The Lord is my strength and my song:
and has become my salvation.
- 15 The sounds of joy and deliverance:
are in the tents of the righteous.
- 16 The right hand of the Lord does mighty things:
the right hand of the Lord raises up.
- 17 I shall not die but live:
and proclaim the works of the Lord.
- 18 The Lord has disciplined me hard:
but he has not given me over to death.

Acts 12.12-25

¹² As soon as he realized this, he went to the house of Mary, the mother of John whose other name was Mark, where many had gathered and were praying. ¹³ When he knocked at the outer gate, a maid named Rhoda came to answer. ¹⁴ On recognizing Peter's voice, she was so overjoyed that, instead of opening the gate, she ran in and announced that Peter was standing at the gate. ¹⁵ They said to her, 'You are out of your mind!' But she insisted that it was so. They said, 'It is his angel.' ¹⁶ Meanwhile, Peter continued knocking; and when they opened the gate, they saw him and were amazed. ¹⁷ He motioned to them with his hand to be silent, and described for them how the Lord had brought him out of the prison. And he added, 'Tell this to James and to the believers.' Then he left and went to another place. ¹⁸ When morning came, there was no small commotion among the soldiers over what had become of Peter. ¹⁹ When Herod had searched for him and could not find him, he examined the guards and ordered them to be put to death. Then he went down from Judea to Caesarea and stayed there. ²⁰ Now Herod was angry with the people of Tyre and Sidon. So they came to him in a body; and after winning over Blastus, the king's chamberlain, they asked for a reconciliation, because their country depended on the king's country for food. ²¹ On an appointed day Herod put on his royal robes, took his seat on the platform, and delivered a public address to them. ²² The people kept shouting, 'The voice of a god, and not of a mortal!' ²³ And immediately, because he had not given the glory to God, an angel of the Lord struck him down, and he was eaten by worms and died. ²⁴ But the word of God continued to advance and gain adherents. ²⁵ Then after completing their mission Barnabas and Saul returned to Jerusalem and brought with them John, whose other name was Mark.

Wednesday

Psalms 124; 125; 126

124

- 1 If the Lord had not been on our side,
now may Israel say:
 if the Lord had not been on our side,
 when our enemies rose against us,
- 2 Then they would have swallowed us alive:
 when their anger was kindled against us.
- 3 Then the waters would have overwhelmed us,
and the torrent gone over us:
 the raging waters would have gone clean over us.
- 4 But praised be the Lord:
 who has not given us as a prey to their teeth.
- 5 We have escaped like a bird from the snare of the fowler:
 the snare is broken, and we have gone free.
- 6 Our help is in the name of the Lord:
 who has made heaven and earth.

125

- 1 Those who put their trust in the Lord
shall be as Mount Zion:
 which cannot be shaken, but endures for ever.
- 2 As the mountains stand about Jerusalem,
so stands the Lord about his people:
 from this time forward for evermore.
- 3 For the sceptre of wickedness shall have no sway
over the land apportioned to the righteous:
 lest the righteous set their hands to do evil.
- 4 Do good, O Lord, to those who are good:
 to those that are upright in heart.
- 5 As for those who turn aside to crooked ways,
let the Lord lead them away with the evildoers:
 and in Israel let there be peace.

126

- 1 When the Lord turned again the fortunes of Zion:
 then were we like those restored to life.
- 2 Then was our mouth filled with laughter:
 and our tongue with singing.
- 3 Then said they among the heathen:
 ‘The Lord has done great things for them.’
- 4 Truly the Lord has done great things for us:
 and therefore we rejoiced.
- 5 Turn again our fortunes, O Lord:
 as the streams return to the dry south.
- 6 Those who sow in tears:
 shall reap with songs of joy.
- 7 They that go out weeping, bearing the seed:
 shall come again in gladness,
 bringing their sheaves with them.

Acts 13.1-12

¹ Now in the church at Antioch there were prophets and teachers: Barnabas, Simeon who was called Niger, Lucius of Cyrene, Manaen a member of the court of Herod the ruler, and Saul. ² While they were worshipping the Lord and fasting, the Holy Spirit said, 'Set apart for me Barnabas and Saul for the work to which I have called them.' ³ Then after fasting and praying they laid their hands on them and sent them off. ⁴ So, being sent out by the Holy Spirit, they went down to Seleucia; and from there they sailed to Cyprus. ⁵ When they arrived at Salamis, they proclaimed the word of God in the synagogues of the Jews. And they had John also to assist them. ⁶ When they had gone through the whole island as far as Paphos, they met a certain magician, a Jewish false prophet, named Bar-Jesus. ⁷ He was with the proconsul, Sergius Paulus, an intelligent man, who summoned Barnabas and Saul and wanted to hear the word of God. ⁸ But the magician Elymas (for that is the translation of his name) opposed them and tried to turn the proconsul away from the faith. ⁹ But Saul, also known as Paul, filled with the Holy Spirit, looked intently at him ¹⁰ and said, 'You son of the devil, you enemy of all righteousness, full of all deceit and villainy, will you not stop making crooked the straight paths of the Lord?' ¹¹ And now listen—the hand of the Lord is against you, and you will be blind for a while, unable to see the sun.' Immediately mist and darkness came over him, and he went about groping for someone to lead him by the hand. ¹² When the proconsul saw what had happened, he believed, for he was astonished at the teaching about the Lord.

Thursday

Psalm 50.1-15

- 1 The Lord our God, the Mighty One, has spoken:
and summoned the earth,
from the rising of the sun to its setting in the west.
- 2 From Zion, perfect in beauty:
God has shone out in glory.
- 3 Our God is coming, he will not keep silent:
before him is devouring fire,
and tempest whirls about him.
- 4 He calls to the heavens above:
and to the earth, so he may judge his people.
- 5 'Gather to me my faithful ones:
those who by sacrifice made a covenant with me.'
- 6 The heavens shall proclaim his righteousness:
for God himself is judge.
- 7 'Listen my people, and I will speak:
O Israel, I am God your God,
and I will give my testimony.
- 8 'It is not for your sacrifices that I reprove you:
for your burnt-offerings are always before me.
- 9 'I will take no bull from your farms:
or he-goat from your pens.
- 10 'For all the beasts of the forest belong to me:
and so do the cattle upon the mountains.
- 11 'I know all the birds of the air:
and the grasshoppers of the field are in my sight.
- 12 'If I were hungry, I would not tell you:
for the whole world is mine, and all that is in it.
- 13 'Do I eat the flesh of bulls:
or drink the blood of goats?
- 14 'Offer to God a sacrifice of thanksgiving:
and pay your vows to the Most High.
- 15 'Call upon me in the day of trouble:
I will bring you out, and you shall glorify me.'

Luke 12.49-59

⁴⁹ 'I came to bring fire to the earth, and how I wish it were already kindled!

⁵⁰ I have a baptism with which to be baptized, and what stress I am under until it is completed!

⁵¹ Do you think that I have come to bring peace to the earth? No, I tell you, but rather division!

⁵² From now on, five in one household will be divided, three against two and two against three;

⁵³ they will be divided:

father against son

and son against father,

mother against daughter

and daughter against mother,

mother-in-law against her daughter-in-law

and daughter-in-law against mother-in-law.'

⁵⁴ He also said to the crowds, 'When you see a cloud rising in the west, you immediately say, "It is going to rain"; and so it happens.

⁵⁵ And when you see the south wind blowing, you say, "There will be scorching heat"; and it happens.

⁵⁶ You hypocrites! You know how to interpret the appearance of earth and sky, but why do you not know how to interpret the present time?

⁵⁷ 'And why do you not judge for yourselves what is right?

⁵⁸ Thus, when you go with your accuser before a magistrate, on the way make an effort to settle the case, or you may be dragged before the judge, and the judge hand you over to the officer, and the officer throw you in prison.

⁵⁹ I tell you, you will never get out until you have paid the very last penny.'

Friday

Psalm 135

- 1 Praise the Lord, praise the name of the Lord:
praise him, you servants of the Lord,
- 2 Who stand in the house of the Lord:
in the courts of the house of our God.
- 3 Praise the Lord, for the Lord is gracious:
sing praises to his name, for it is good.
- 4 For the Lord has chosen Jacob for himself:
and Israel as his own possession.
- 5 I know that the Lord is great:
and that our Lord is above all gods.
- 6 He does whatever he wills, in heaven and upon the earth:
in the seas and in the great depths.
- 7 He brings up clouds from the ends of the earth:
he makes lightning for the rain
and brings the wind out of his storehouses.
- 8 He struck down the firstborn of Egypt:
both man and beast alike.
- 9 He sent signs and wonders into your midst, O Egypt:
against Pharaoh and against all his servants.
- 10 He struck down great nations:
and slew mighty kings,
- 11 Sihon, king of the Amorites, and Og, the king of Bashan:
and all the princes of Canaan.
- 12 He made over their land as a heritage:
a heritage for Israel his people.
- 13 O Lord, your name shall endure for ever:
so shall your renown, throughout all generations.
- 14 For the Lord will vindicate his people:
he will take pity on his servants.
- 15 As for the idols of the nations,
they are but silver and gold:
the work of human hands.
- 16 They have mouths, but speak not:
they have eyes, but they cannot see.
- 17 They have ears, yet hear nothing:
there is no breath in their nostrils.
- 18 Those who make them shall be like them:
so shall everyone that trusts in them.
- 19 Bless the Lord, O house of Israel:
bless the Lord, O house of Aaron.
- 20 Bless the Lord, O house of Levi:
you that fear the Lord, bless the Lord.
- 21 Blessed be the Lord from Zion:
he that dwells in Jerusalem. Praise the Lord.

Acts 13.26-41

²⁶ 'My brothers, you descendants of Abraham's family, and others who fear God, to us the message of this salvation has been sent.

²⁷ Because the residents of Jerusalem and their leaders did not recognize him or understand the words of the prophets that are read every sabbath, they fulfilled those words by condemning him.

²⁸ Even though they found no cause for a sentence of death, they asked Pilate to have him killed.

²⁹ When they had carried out everything that was written about him, they took him down from the tree and laid him in a tomb.

³⁰ But God raised him from the dead;

³¹ and for many days he appeared to those who came up with him from Galilee to Jerusalem, and they are now his witnesses to the people.

³² And we bring you the good news that what God promised to our ancestors

³³ he has fulfilled for us, their children, by raising Jesus; as also it is written in the second psalm,

"You are my Son;

today I have begotten you."

³⁴ As to his raising him from the dead, no more to return to corruption, he has spoken in this way,

"I will give you the holy promises made to David."

³⁵ Therefore he has also said in another psalm,

"You will not let your Holy One experience corruption."

³⁶ For David, after he had served the purpose of God in his own generation, died, was laid beside his ancestors, and experienced corruption;

³⁷ but he whom God raised up experienced no corruption.

³⁸ Let it be known to you therefore, my brothers, that through this man forgiveness of sins is proclaimed to you;

³⁹ by this Jesus everyone who believes is set free from all those sins from which you could not be freed by the law of Moses.

⁴⁰ Beware, therefore, that what the prophets said does not happen to you:

⁴¹ "Look, you scoffers!

Be amazed and perish,

for in your days I am doing a work,

a work that you will never believe, even if someone tells you." '

Saturday

Psalms 137.1-6; 138

137

- 1 By the waters of Babylon we sat down and wept:
when we remembered Zion.
- 2 As for our harps we hung them up:
upon the trees that are in that land.
- 3 For there those who led us away captive
required of us a song:
and those who had despoiled us demanded mirth,
saying 'Sing us one of the songs of Zion.'
- 4 How can we sing the Lord's song in a strange land?
- 5 If I forget you, O Jerusalem:
let my right hand forget its mastery.
- 6 Let my tongue cling to the roof of my mouth:
if I do not remember you,
if I do not prefer Jerusalem above my chief joy.

138

- 1 I will give you thanks, O Lord, with my whole heart:
even before the gods will I sing your praises.
- 2 I will bow down toward your holy temple
and give thanks to your name:
because of your faithfulness and your loving-kindness,
for you have made your name and your word
supreme over all things.
- 3 At a time when I called to you, you gave me answer:
and put new strength within my soul.
- 4 All the kings of the earth shall praise you, O Lord:
for they have heard the words of your mouth;
- 5 And they shall sing of the ways of the Lord:
that the glory of the Lord is great.
- 6 For though the Lord is exalted, he looks upon the lowly:
and he comprehends the proud from afar.
- 7 Though I walk in the midst of danger,
yet will you preserve my life:
you will stretch out your hand against the fury of my
enemies, and your right hand shall save me.
- 8 The Lord will complete his purpose for me:
your loving-kindness, O Lord, endures for ever;
do not forsake the work of your own hands.

Acts 13.42-52

⁴² As Paul and Barnabas were going out, the people urged them to speak about these things again the next sabbath.

⁴³ When the meeting of the synagogue broke up, many Jews and devout converts to Judaism followed Paul and Barnabas, who spoke to them and urged them to continue in the grace of God.

⁴⁴ The next sabbath almost the whole city gathered to hear the word of the Lord.

⁴⁵ But when the Jews saw the crowds, they were filled with jealousy; and blaspheming, they contradicted what was spoken by Paul.

⁴⁶ Then both Paul and Barnabas spoke out boldly, saying, 'It was necessary that the word of God should be spoken first to you. Since you reject it and judge yourselves to be unworthy of eternal life, we are now turning to the Gentiles.

⁴⁷ For so the Lord has commanded us, saying,

"I have set you to be a light for the Gentiles,

so that you may bring salvation to the ends of the earth." '

⁴⁸ When the Gentiles heard this, they were glad and praised the word of the Lord; and as many as had been destined for eternal life became believers.

⁴⁹ Thus the word of the Lord spread throughout the region.

⁵⁰ But the Jews incited the devout women of high standing and the leading men of the city, and stirred up persecution against Paul and Barnabas, and drove them out of their region.

⁵¹ So they shook the dust off their feet in protest against them, and went to Iconium.

⁵² And the disciples were filled with joy and with the Holy Spirit.

Sunday

Psalm 30

- 1 I will exalt you, O Lord,
for you have drawn me up from the depths:
and have not suffered my foes to triumph over me.
- 2 O Lord my God, I cried to you:
and you have made me whole.
- 3 You brought me back, O Lord, from the land of silence:
you saved my life
from among those that go down to the Pit.
- 4 Sing praises to the Lord, all you his faithful ones:
and give thanks to his holy name.
- 5 For if in his anger is havoc,
in his good favour is life:
heaviness may endure for a night,
but joy comes in the morning.
- 6 In my prosperity I said 'I shall never be moved:
your goodness, O Lord, has set me on so firm a hill.'
- 7 Then you hid your face from me:
and I was greatly dismayed.
- 8 I cried to you, O God:
and made my petition humbly to my Lord.
- 9 'What profit is there in my blood,
if I go down to the Pit:
can the dust give you thanks,
or declare your faithfulness?
- 10 'Hear, O Lord, and be merciful:
O Lord, be my helper.'
- 11 You have turned my lamentation into dancing:
you have put off my sackcloth and girded me with joy,
- 12 That my heart may sing your praise and never be silent:
O Lord my God, I will give you thanks for ever.

2 Corinthians 7.2-16

² Make room in your hearts for us; we have wronged no one, we have corrupted no one, we have taken advantage of no one. ³ I do not say this to condemn you, for I said before that you are in our hearts, to die together and to live together. ⁴ I often boast about you; I have great pride in you; I am filled with consolation; I am overjoyed in all our affliction. ⁵ For even when we came into Macedonia, our bodies had no rest, but we were afflicted in every way—disputes without and fears within. ⁶ But God, who consoles the downcast, consoled us by the arrival of Titus, ⁷ and not only by his coming, but also by the consolation with which he was consoled about you, as he told us of your longing, your mourning, your zeal for me, so that I rejoiced still more. ⁸ For even if I made you sorry with my letter, I do not regret it (though I did regret it, for I see that I grieved you with that letter, though only briefly). ⁹ Now I rejoice, not because you were grieved, but because your grief led to repentance; for you felt a godly grief, so that you were not harmed in any way by us. ¹⁰ For godly grief produces a repentance that leads to salvation and brings no regret, but worldly grief produces death. ¹¹ For see what earnestness this godly grief has produced in you, what eagerness to clear yourselves, what indignation, what alarm, what longing, what zeal, what punishment! At every point you have proved yourselves guiltless in the matter. ¹² So although I wrote to you, it was not on account of the one who did the wrong, nor on account of the one who was wronged, but in order that your zeal for us might be made known to you before God. ¹³ In this we find comfort. In addition to our own consolation, we rejoiced still more at the joy of Titus, because his mind has been set at rest by all of you. ¹⁴ For if I have been somewhat boastful about you to him, I was not disgraced; but just as everything we said to you was true, so our boasting to Titus has proved true as well. ¹⁵ And his heart goes out all the more to you, as he remembers the obedience of all of you, and how you welcomed him with fear and trembling. ¹⁶ I rejoice, because I have complete confidence in you.

