



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia

18-24 January 2021

Monday 18 January

Psalm 32

- 1 Blessed are those whose sin is forgiven:
whose iniquity is put away.
- 2 Blessed are those to whom the Lord imputes no blame:
and in whose spirit there is no guile.
- 3 For whilst I held my tongue:
my bones wasted away with my daily complaining.
- 4 Your hand was heavy upon me day and night:
and my moisture was dried up like a drought in summer.
- 5 Then I acknowledged my sin to you:
and my iniquity I did not hide;
- 6 I said 'I will confess my transgressions to the Lord':
and so you forgave the wickedness of my sin.
- 7 For this cause shall everyone that is faithful
make their prayer to you in the day of trouble:
and in the time of the great water-flood,
it shall not come near them.
- 8 You are a place to hide me in,
you will preserve me from trouble:
you will surround me with deliverance on every side.
- 9 'I will instruct you, and direct you in the way that you should go:
I will fasten my eye upon you, and give you counsel.
- 10 'Be not like horse or mule, that have no understanding:
whose forward course must be curbed with bit and bridle.'
- 11 Great tribulations remain for the ungodly:
but whoever puts their trust in the Lord,
mercy embraces them on every side.
- 12 Rejoice in the Lord, you righteous, and be glad:
and shout for joy, all you that are true of heart.

John 21.15-19

¹⁵ When they had finished breakfast, Jesus said to Simon Peter, 'Simon son of John, do you love me more than these?' He said to him, 'Yes, Lord; you know that I love you.' Jesus said to him, 'Feed my lambs.' ¹⁶ A second time he said to him, 'Simon son of John, do you love me?' He said to him, 'Yes, Lord; you know that I love you.' Jesus said to him, 'Tend my sheep.' ¹⁷ He said to him the third time, 'Simon son of John, do you love me?' Peter felt hurt because he said to him the third time, 'Do you love me?' And he said to him, 'Lord, you know everything; you know that I love you.' Jesus said to him, 'Feed my sheep. ¹⁸ Very truly, I tell you, when you were younger, you used to fasten your own belt and to go wherever you wished. But when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go.' ¹⁹ (He said this to indicate the kind of death by which he would glorify God.) After this he said to him, 'Follow me.'

Tuesday 19 January

Psalm 45

- 1 My heart is astir with fine phrases,
I make my song for a king:
my tongue is the pen of a ready writer.
- 2 You are the fairest of men,
grace flows from your lips:
therefore has God blessed you for ever and ever.
- 3 Gird your sword upon your thigh, O mighty warrior:
in glory and majesty tread down your foes, and triumph!
- 4 Ride on in the cause of truth:
and for the sake of justice.
- 5 Your right hand shall teach a terrible instruction:
peoples shall fall beneath you,
your arrows shall be sharp
in the hearts of the king's enemies.
- 6 Your throne is the throne of God, it endures for ever:
and the sceptre of your kingdom is a righteous sceptre.
- 7 You have loved righteousness and hated evil:
therefore God, your God, has anointed you
with the oil of gladness above your fellows.
- 8 All your garments are fragrant
with myrrh, aloes and cassia:
music from ivory palaces makes you glad.
- 9 Kings' daughters are among your noble women:
the queen is at your right hand in gold of Ophir.
- 10 Hear, O daughter, consider and incline your ear:
forget your own people and your father's house.
- 11 The king desires your beauty:
he is your lord, therefore bow down before him.
- 12 The richest among the people, O daughter of Tyre:
shall entreat your favour with gifts.
- 13 The king's daughter is all glorious within:
her clothing is embroidered cloth-of-gold.
- 14 In robes of many colours she is led to you, O king:
and, after her, the virgins that are with her.
- 15 They are led with gladness and rejoicing:
they enter the palace of the king.
- 16 In place of your fathers you shall have sons:
and make them princes over all the land.
- 17 And I will make known your name to every generation:
therefore the peoples shall give you praise for ever.

John 8.1-11

¹ while Jesus went to the Mount of Olives. ² Early in the morning he came again to the temple. All the people came to him and he sat down and began to teach them. ³ The scribes and the Pharisees brought a woman who had been caught in adultery; and making her stand before all of them, ⁴ they said to him, 'Teacher, this woman was caught in the very act of committing adultery. ⁵ Now in the law Moses commanded us to stone such women. Now what do you say?' ⁶ They said this to test him, so that they might have some charge to bring against him. Jesus bent down and wrote with his finger on the ground. ⁷ When they kept on questioning him, he straightened up and said to them, 'Let anyone among you who is without sin be the first to throw a stone at her.' ⁸ And once again he bent down and wrote on the ground. ⁹ When they heard it, they went away, one by one, beginning with the elders; and Jesus was left alone with the woman standing before him. ¹⁰ Jesus straightened up and said to her, 'Woman, where are they? Has no one condemned you?' ¹¹ She said, 'No one, sir.' And Jesus said, 'Neither do I condemn you. Go your way, and from now on do not sin again.'

Wednesday 20 January

Psalm 48

- 1 Great is the Lord and greatly to be praised:
in the city of our God.
- 2 High and beautiful is his holy hill:
it is the joy of all the earth.
- 3 On Mount Zion, where godhead truly dwells,
stands the city of the Great King:
God is well known in her palaces as a sure defence.
- 4 For the kings of the earth assembled:
they gathered together and came on;
- 5 They saw, they were struck dumb:
they were astonished and fled in terror.
- 6 Trembling took hold on them, and anguish:
as on a woman in her travail;
- 7 Like the breath of the east wind:
that shatters the ships of Tarshish.
- 8 As we have heard, so have we seen
in the city of the Lord of hosts:
in the city of our God,
which God has established for ever.
- 9 We have called to mind your loving-kindness, O God:
in the midst of your temple.
- 10 As your name is great, O God, so also is your praise:
even to the ends of the earth.
- 11 Your right hand is full of victory
—let Zion's hill rejoice:
let the daughters of Judah be glad,
because of your judgements.
- 12 Walk about Zion, go round about her,
and count all her towers:
consider well her ramparts, pass through her palaces;
- 13 That you may tell those who come after that such is God:
our God for ever and ever, and he will guide us eternally.

John 8.12-20

¹² Again Jesus spoke to them, saying, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.' ¹³ Then the Pharisees said to him, 'You are testifying on your own behalf; your testimony is not valid.' ¹⁴ Jesus answered, 'Even if I testify on my own behalf, my testimony is valid because I know where I have come from and where I am going, but you do not know where I come from or where I am going. ¹⁵ You judge by human standards; I judge no one. ¹⁶ Yet even if I do judge, my judgement is valid; for it is not I alone who judge, but I and the Father who sent me. ¹⁷ In your law it is written that the testimony of two witnesses is valid. ¹⁸ I testify on my own behalf, and the Father who sent me testifies on my behalf.' ¹⁹ Then they said to him, 'Where is your Father?' Jesus answered, 'You know neither me nor my Father. If you knew me, you would know my Father also.' ²⁰ He spoke these words while he was teaching in the treasury of the temple, but no one arrested him, because his hour had not yet come.

Thursday 21 January

Psalm 50

- 1 The Lord our God, the Mighty One, has spoken:
and summoned the earth,
from the rising of the sun to its setting in the west.
- 2 From Zion, perfect in beauty:
God has shone out in glory.
- 3 Our God is coming, he will not keep silent:
before him is devouring fire,
and tempest whirls about him.
- 4 He calls to the heavens above:
and to the earth, so he may judge his people.
- 5 'Gather to me my faithful ones:
those who by sacrifice made a covenant with me.'
- 6 The heavens shall proclaim his righteousness:
for God himself is judge.
- 7 'Listen my people, and I will speak:
O Israel, I am God your God,
and I will give my testimony.
- 8 'It is not for your sacrifices that I reprove you:
for your burnt-offerings are always before me.
- 9 'I will take no bull from your farms:
or he-goat from your pens.
- 10 'For all the beasts of the forest belong to me:
and so do the cattle upon the mountains.
- 11 'I know all the birds of the air:
and the grasshoppers of the field are in my sight.
- 12 'If I were hungry, I would not tell you:
for the whole world is mine, and all that is in it.
- 13 'Do I eat the flesh of bulls:
or drink the blood of goats?
- 14 'Offer to God a sacrifice of thanksgiving:
and pay your vows to the Most High.
- 15 'Call upon me in the day of trouble:
I will bring you out, and you shall glorify me.'
- 16 But God says to the wicked:
'What have you to do with reciting my laws,
or taking my covenant on your lips,
- 17 'Seeing you loathe discipline:
and have tossed my words behind you?
- 18 'When you saw a thief, you went along with him:
and you threw in your lot with adulterers.
- 19 'You have loosed your mouth in evil:
and your tongue strings lies together.
- 20 'You sit and speak against your own kin:
and slander your mother's children.
- 21 'These things you have done, and I held my tongue:
and you thought I was just such another as yourself.

- 22 'But I will convict you:
and set before your eyes what you have done.
- 23 'O consider this, you who forget God:
lest I tear you in pieces, and there be no one to save you.
- 24 'He honours me who brings sacrifice of thanksgiving:
and to him who keeps to my way
I will show the salvation of God.'

John 8.21-30

²¹ Again he said to them, 'I am going away, and you will search for me, but you will die in your sin. Where I am going, you cannot come.'²² Then the Jews said, 'Is he going to kill himself? Is that what he means by saying, "Where I am going, you cannot come"?'²³ He said to them, 'You are from below, I am from above; you are of this world, I am not of this world.'²⁴ I told you that you would die in your sins, for you will die in your sins unless you believe that I am he.'²⁵ They said to him, 'Who are you?' Jesus said to them, 'Why do I speak to you at all?'²⁶ I have much to say about you and much to condemn; but the one who sent me is true, and I declare to the world what I have heard from him.'²⁷ They did not understand that he was speaking to them about the Father.²⁸ So Jesus said, 'When you have lifted up the Son of Man, then you will realize that I am he, and that I do nothing on my own, but I speak these things as the Father instructed me.'²⁹ And the one who sent me is with me; he has not left me alone, for I always do what is pleasing to him.'³⁰ As he was saying these things, many believed in him.

Friday 22 January

Psalm 51

- 1 Have mercy on me, O God, in your enduring goodness:
according to the fulness of your compassion
blot out my offences.
- 2 Wash me thoroughly from my wickedness:
and cleanse me from my sin.
- 3 For I acknowledge my rebellion:
and my sin is ever before me.
- 4 Against you only have I sinned
and done what is evil in your eyes:
so you will be just in your sentence
and blameless in your judging.
- 5 Surely in wickedness I was brought to birth:
and in sin my mother conceived me.
- 6 You that desire truth in the inward parts:
O teach me wisdom in the secret places of the heart.
- 7 Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.
- 8 Make me hear of joy and gladness:
let the bones which you have broken rejoice.
- 9 Hide your face from my sins:
and blot out all my iniquities.
- 10 Create in me a clean heart, O God:
and renew a right spirit within me.
- 11 Do not cast me out from your presence:
do not take your holy spirit from me.
- 12 O give me the gladness of your help again:
and support me with a willing spirit.
- 13 Then will I teach transgressors your ways:
and sinners shall turn to you again.
- 14 O Lord God of my salvation, deliver me from bloodshed:
and my tongue shall sing of your righteousness.
- 15 O Lord, open my lips:
and my mouth shall proclaim your praise.
- 16 You take no pleasure in sacrifice, or I would give it:
burnt-offerings you do not want.
- 17 The sacrifice of God is a broken spirit:
a broken and contrite heart, O God, you will not despise.
- 18 In your graciousness do good to Zion:
rebuild the walls of Jerusalem.
- 19 Then will you delight in right sacrifices,
in burnt-offerings and oblations:
then will they offer young bulls upon your altar.

John 8.31-47

³¹ Then Jesus said to the Jews who had believed in him, 'If you continue in my word, you are truly my disciples; ³² and you will know the truth, and the truth will make you free.' ³³ They answered him, 'We are descendants of Abraham and have never been slaves to anyone. What do you mean by saying, "You will be made free"?' ³⁴ Jesus answered them, 'Very truly, I tell you, everyone who commits sin is a slave to sin. ³⁵ The slave does not have a permanent place in the household; the son has a place there for ever. ³⁶ So if the Son makes you free, you will be free indeed. ³⁷ I know that you are descendants of Abraham; yet you look for an opportunity to kill me, because there is no place in you for my word. ³⁸ I declare what I have seen in the Father's presence; as for you, you should do what you have heard from the Father.' ³⁹ They answered him, 'Abraham is our father.' Jesus said to them, 'If you were Abraham's children, you would be doing what Abraham did, ⁴⁰ but now you are trying to kill me, a man who has told you the truth that I heard from God. This is not what Abraham did. ⁴¹ You are indeed doing what your father does.' They said to him, 'We are not illegitimate children; we have one father, God himself.' ⁴² Jesus said to them, 'If God were your Father, you would love me, for I came from God and now I am here. I did not come on my own, but he sent me. ⁴³ Why do you not understand what I say? It is because you cannot accept my word. ⁴⁴ You are from your father the devil, and you choose to do your father's desires. He was a murderer from the beginning and does not stand in the truth, because there is no truth in him. When he lies, he speaks according to his own nature, for he is a liar and the father of lies. ⁴⁵ But because I tell the truth, you do not believe me. ⁴⁶ Which of you convicts me of sin? If I tell the truth, why do you not believe me? ⁴⁷ Whoever is from God hears the words of God. The reason you do not hear them is that you are not from God.'

Saturday 23 January

Psalms 54; 55.1-12

54

- 1 Save me, O God, by the power of your name:
and vindicate me by your might.
- 2 Hear my prayer, O God:
and listen to the words of my mouth.
- 3 For the insolent have risen against me:
the ruthless, who have not set God before them,
seek my life.
- 4 But surely God is my helper:
the Lord is the upholder of my life.
- 5 Let evil recoil on those that would waylay me:
O destroy them in your faithfulness !]
- 6 Then will I offer you sacrifice with a willing heart:
I will praise your name, O Lord, for it is good.
- 7 For you will deliver me from every trouble:
my eyes shall see the downfall of my enemies.

55

- 1 Hear my prayer, O God:
and do not hide yourself from my petition.
- 2 Give heed to me, and answer me:
I am restless in my complaining.
- 3 I am in turmoil at the voice of the enemy:
at the onslaught of the wicked.
- 4 For they bring down disaster upon me:
they persecute me with bitter fury.
- 5 My heart writhes within me:
and the terrors of death have fallen upon me.
- 6 Fear and trembling come upon me:
and horror overwhelms me.
- 7 And I said 'O for the wings of a dove:
that I might fly away and find rest.
- 8 'Then I would flee far off:
and make my lodging in the wilderness.
- 9 'I would hasten to find me a refuge:
out of the blast of slander,
- 10 'Out of the tempest of their calumny, O Lord:
and far from their double tongues.'
- 11 For I have seen violence and strife in the city:
day and night they go round it upon its walls.
- 12 Evil and wickedness are within it:
iniquity is within it, oppression and fraud
do not depart from its streets.

John 8.48-59

⁴⁸ The Jews answered him, 'Are we not right in saying that you are a Samaritan and have a demon?' ⁴⁹ Jesus answered, 'I do not have a demon; but I honour my Father, and you dishonour me. ⁵⁰ Yet I do not seek my own glory; there is one who seeks it and he is the judge. ⁵¹ Very truly, I tell you, whoever keeps my word will never see death.' ⁵² The Jews said to him, 'Now we know that you have a demon. Abraham died, and so did the prophets; yet you say, "Whoever keeps my word will never taste death." ⁵³ Are you greater than our father Abraham, who died? The prophets also died. Who do you claim to be?' ⁵⁴ Jesus answered, 'If I glorify myself, my glory is nothing. It is my Father who glorifies me, he of whom you say, "He is our God", ⁵⁵ though you do not know him. But I know him; if I were to say that I do not know him, I would be a liar like you. But I do know him and I keep his word. ⁵⁶ Your ancestor Abraham rejoiced that he would see my day; he saw it and was glad.' ⁵⁷ Then the Jews said to him, 'You are not yet fifty years old, and have you seen Abraham?' ⁵⁸ Jesus said to them, 'Very truly, I tell you, before Abraham was, I am.' ⁵⁹ So they picked up stones to throw at him, but Jesus hid himself and went out of the temple.

Sunday 24 January

Psalm 33.1-12

- 1 Rejoice in the Lord, you righteous:
for it befits the just to praise him.
- 2 Give the Lord thanks upon the harp:
and sing his praise to the lute of ten strings.
- 3 O sing him a new song:
make sweetest melody, with shouts of praise.
- 4 For the word of the Lord is true:
and all his works are faithful.
- 5 He loves righteousness and justice:
the earth is filled with the loving-kindness of the Lord.
- 6 By the word of the Lord were the heavens made:
and their numberless stars by the breath of his mouth.
- 7 He gathered the waters of the sea as in a water-skin:
and laid up the deep in his treasuries.
- 8 Let the whole earth fear the Lord:
and let all the inhabitants of the world
stand in awe of him.
- 9 For he spoke, and it was done:
he commanded, and it stood fast.
- 10 The Lord frustrates the counsels of the nations:
he brings to nothing the devices of the peoples.
- 11 But the counsels of the Lord shall endure for ever:
the purposes of his heart from generation to generation.
- 12 Blessed is that nation whose God is the Lord:
the people he chose to be his own possession.

1 John 2.12-17

¹² I am writing to you, little children,
because your sins are forgiven on account of his name.

¹³ I am writing to you, fathers,
because you know him who is from the beginning.

I am writing to you, young people,
because you have conquered the evil one.

¹⁴ I write to you, children,
because you know the Father.

I write to you, fathers,
because you know him who is from the beginning.

I write to you, young people,
because you are strong
and the word of God abides in you,
and you have overcome the evil one.

¹⁵ Do not love the world or the things in the world. The love of the Father is not in those who love the world;

¹⁶ for all that is in the world—the desire of the flesh, the desire of the eyes, the pride in riches—comes not from the Father but from the world.

¹⁷ And the world and its desire are passing away, but those who do the will of God live for ever.

