



ST PAUL'S ANGLICAN CHURCH  
CANTERBURY

Readings and Psalms for  
Morning Prayer Services  
according to  
The Anglican Prayer book  
of Australia

15-21 February 2021

# Monday 15 February

## Psalm 104.1-25

- 1 Bless the Lord, O my soul:  
    O Lord my God, how great you are!
- 2 Clothed with majesty and honour:  
    wrapped in light as in a garment.
- 3 You have stretched out the heavens like a tent-cloth:  
    and laid the beams of your dwelling upon their waters;
- 4 You make the clouds your chariot:  
    and ride upon the wings of the wind;
- 5 You make the winds your messengers:  
    and flames of fire your ministers;
- 6 You have set the earth on its foundations:  
    so that it shall never be moved.
- 7 The deep covered it as with a mantle:  
    the waters stood above the hills.
- 8 At your rebuke they fled:  
    at the voice of your thunder they hurried away;
- 9 They went up to the mountains,  
    they went down by the valleys:  
    to the place which you had appointed for them.
- 10 You fixed a limit which they may not pass:  
    they shall not return again to cover the earth.
- 11 You send springs into the gullies:  
    which run between the hills;
- 12 They give drink to every beast of the field:  
    and the wild asses quench their thirst.
- 13 Beside them the birds of the air build their nests:  
    and sing among the branches.
- 14 You water the mountains from your dwelling on high:  
    and the earth is filled by the fruits of your work.
- 15 You cause the grass to grow for the cattle:  
    and all green things for the creatures that serve us.
- 16 You bring food out of the earth:  
    and wine that makes glad the human heart,
- 17 Oil to give us a shining countenance:  
    and bread to strengthen the heart.
- 18 The trees of the Lord are well-watered:  
    the cedars of Lebanon that he has planted,
- 19 Where the birds build their nests:  
    and the stork makes her home in the pine-tops.
- 20 The high hills are a refuge for the wild goats:  
    and the crags a cover for the conies.
- 21 You created the moon to mark the seasons:  
    and the sun knows the hour of its setting.
- 22 You make darkness, and it is night:  
    in which all the beasts of the forest move by stealth.
- 23 The lions roar for their prey:  
    seeking their food from God.

- 24 When the sun rises, they retire:  
and lay themselves down in their dens.
- 25 Human beings go out to their work:  
and to their labour until the evening.

**Luke 10.1-12**

<sup>1</sup> After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. <sup>2</sup> He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. <sup>3</sup> Go on your way. See, I am sending you out like lambs into the midst of wolves. <sup>4</sup> Carry no purse, no bag, no sandals; and greet no one on the road. <sup>5</sup> Whatever house you enter, first say, "Peace to this house!" <sup>6</sup> And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. <sup>7</sup> Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. <sup>8</sup> Whenever you enter a town and its people welcome you, eat what is set before you; <sup>9</sup> cure the sick who are there, and say to them, "The kingdom of God has come near to you." <sup>10</sup> But whenever you enter a town and they do not welcome you, go out into its streets and say, <sup>11</sup> "Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near." <sup>12</sup> I tell you, on that day it will be more tolerable for Sodom than for that town.

## Tuesday 16 February

### Psalm 105.1-22

- 1 O give thanks to the Lord and call upon his name:  
tell among the peoples what things he has done.
- 2 Sing to him, O sing praises:  
and be telling of all his marvellous works.
- 3 Exult in his holy name:  
and let those that seek the Lord be joyful in heart.
- 4 Seek the Lord and his strength:  
O seek his face continually.
- 5 Call to mind what wonders he has done:  
his marvellous acts, and the judgements of his mouth,
- 6 O seed of Abraham his servant:  
O children of Jacob his chosen one.
- 7 For he is the Lord our God:  
and his judgements are in all the earth.
- 8 He has remembered his covenant for ever:  
the word that he ordained for a thousand generations,
- 9 The covenant that he made with Abraham:  
the oath that he swore to Isaac,
- 10 And confirmed it to Jacob as a statute:  
to Israel as an everlasting covenant,
- 11 Saying 'I will give you the land of Canaan:  
to be the portion of your inheritance',
- 12 And that when they were but few:  
little in number and aliens in the land.
- 13 They wandered from nation to nation:  
from one people and kingdom to another.
- 14 He suffered no one to do them wrong:  
but reproved even kings for their sake,
- 15 Saying 'Touch not my anointed:  
and do my prophets no harm.'
- 16 Then he called down a famine on the land:  
and destroyed the bread that was their stay.
- 17 But he had sent a man ahead of them:  
Joseph who was sold into slavery,
- 18 Whose feet they fastened with fetters:  
and thrust his neck into a hoop of iron.
- 19 Till the time that his words proved true:  
he was tested by the Lord's command.
- 20 Then the king sent and loosed him:  
the ruler of nations set him free;
- 21 He made him master of his household:  
and ruler over all his possessions,
- 22 To rebuke his officers at will:  
and to teach his counsellors wisdom.

## **Luke 10.13-24**

<sup>13</sup> 'Woe to you, Chorazin! Woe to you, Bethsaida! For if the deeds of power done in you had been done in Tyre and Sidon, they would have repented long ago, sitting in sackcloth and ashes.

<sup>14</sup> But at the judgement it will be more tolerable for Tyre and Sidon than for you.

<sup>15</sup> And you, Capernaum,  
will you be exalted to heaven?

No, you will be brought down to Hades.

<sup>16</sup> 'Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me.'

<sup>17</sup> The seventy returned with joy, saying, 'Lord, in your name even the demons submit to us!'

<sup>18</sup> He said to them, 'I watched Satan fall from heaven like a flash of lightning.

<sup>19</sup> See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you.

<sup>20</sup> Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven.'

<sup>21</sup> At that same hour Jesus rejoiced in the Holy Spirit and said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will.

<sup>22</sup> All things have been handed over to me by my Father; and no one knows who the Son is except the Father, or who the Father is except the Son and anyone to whom the Son chooses to reveal him.'

<sup>23</sup> Then turning to the disciples, Jesus said to them privately, 'Blessed are the eyes that see what you see!

<sup>24</sup> For I tell you that many prophets and kings desired to see what you see, but did not see it, and to hear what you hear, but did not hear it.'

## Wednesday 17 February

### Psalm 38.1-4, 38.18-21

- 1 O Lord, rebuke me not in your anger:  
nor chasten me in your fierce displeasure.
- 2 For your arrows have been aimed against me:  
and your hand has come down heavy upon me.
- 3 There is no health in my flesh  
because of your indignation:  
nor soundness in my bones, by reason of my sin.
- 4 The tide of my iniquities has gone over my head:  
their weight is a burden too heavy for me to bear.
- 18 But I acknowledge my wickedness:  
and I am filled with sorrow at my sin.
- 19 Those that are my enemies without cause  
are great in number:  
and those who hate me wrongfully are many.
- 20 Those also who repay evil for good are against me:  
because I seek after good.
- 21 Forsake me not, O Lord,  
go not far from me, my God:  
hasten to my help, O Lord my salvation.

## **Matthew 6.7-15**

<sup>7</sup> 'When you are praying, do not heap up empty phrases as the Gentiles do; for they think that they will be heard because of their many words.

<sup>8</sup> Do not be like them, for your Father knows what you need before you ask him.

<sup>9</sup> 'Pray then in this way:

Our Father in heaven,  
hallowed be your name.

<sup>10</sup> Your kingdom come.

Your will be done,  
on earth as it is in heaven.

<sup>11</sup> Give us this day our daily bread.

<sup>12</sup> And forgive us our debts,  
as we also have forgiven our debtors.

<sup>13</sup> And do not bring us to the time of trial,  
but rescue us from the evil one.

<sup>14</sup> For if you forgive others their trespasses, your heavenly Father will also forgive you;

<sup>15</sup> but if you do not forgive others, neither will your Father forgive your trespasses.

## Thursday 18 February

### Psalm 107.1-22

- 1 O give thanks to the Lord, for he is good:  
for his loving mercy is for ever.
- 2 Let the Lord's redeemed say so:  
whom he has redeemed from the hand of the enemy,
- 3 And gathered in from every land,  
from the east and from the west:  
from the north and from the south.
- 4 Some went astray in the wilderness and in the desert:  
and found no path to an inhabited city;
- 5 They were hungry and thirsty:  
and their heart fainted within them.
- 6 Then they cried to the Lord in their distress:  
and he took them out of their trouble.
- 7 He led them by the right path:  
till they came to an inhabited city.
- 8 Let them thank the Lord for his goodness:  
and for the wonders that he does  
for the children of Adam;
- 9 For he satisfies the thirsty:  
and fills the hungry with good things.
- 10 Some sat in darkness and in deadly shadow:  
bound fast in affliction and iron,
- 11 Because they had rebelled against the words of God:  
and scorned the purposes of the Most High.
- 12 So he bowed down their hearts with affliction:  
they tripped headlong, with none to help them.
- 13 Then they cried to the Lord in their distress:  
and he took them out of their trouble.
- 14 He brought them out from darkness and deadly shadow:  
and broke their chains in two.
- 15 Let them thank the Lord for his goodness:  
and for the wonders that he does  
for the children of Adam;
- 16 For he shatters the doors of bronze:  
and cleaves the bars of iron.
- 17 Fools were far gone in transgression:  
and because of their sins were afflicted.
- 18 They sickened at any food:  
and had come to the gates of death.
- 19 Then they cried to the Lord in their distress:  
and he took them out of their trouble.
- 20 He sent his word and healed them:  
and saved their life from the Pit.
- 21 Let them thank the Lord for his goodness:  
and for the wonders that he does  
for the children of Adam;
- 22 Let them offer sacrifices of thanksgiving:  
and tell what he has done with shouts of joy.



## **Luke 10.25-37**

<sup>25</sup> Just then a lawyer stood up to test Jesus. 'Teacher,' he said, 'what must I do to inherit eternal life?' <sup>26</sup> He said to him, 'What is written in the law? What do you read there?' <sup>27</sup> He answered, 'You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself.' <sup>28</sup> And he said to him, 'You have given the right answer; do this, and you will live.' <sup>29</sup> But wanting to justify himself, he asked Jesus, 'And who is my neighbour?' <sup>30</sup> Jesus replied, 'A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. <sup>31</sup> Now by chance a priest was going down that road; and when he saw him, he passed by on the other side.

<sup>32</sup> So likewise a Levite, when he came to the place and saw him, passed by on the other side. <sup>33</sup> But a Samaritan while travelling came near him; and when he saw him, he was moved with pity. <sup>34</sup> He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. <sup>35</sup> The next day he took out two denarii, gave them to the innkeeper, and said, "Take care of him; and when I come back, I will repay you whatever more you spend." <sup>36</sup> Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?' <sup>37</sup> He said, 'The one who showed him mercy.' Jesus said to him, 'Go and do likewise.'

## Friday 19 February

### Psalms 110; 111

#### 110

- 1 The Lord said to my lord:  
    'Sit at my right hand,  
    until I make your enemies your footstool.'
- 2 The Lord commits to you the sceptre of your power:  
    reign from Zion in the midst of your enemies.
- 3 Noble are you, from the day of your birth  
upon the holy hill:  
    radiant are you, even from the womb,  
    in the morning dew of your youth.
- 4 The Lord has sworn and will not turn back:  
    'You are a priest for ever after the order of Melchizedek.'
- 5 The king shall stand at your right hand, O Lord:  
    and shatter kings in the day of his wrath.
- 6 Glorious in majesty, he shall judge among the nations:  
    and shatter heads over a wide land.
- 7 He shall slake his thirst from the brook beside the way:  
    therefore shall he lift up his head.

#### 111

- 1 O praise the Lord. I will praise the Lord  
with my whole heart:  
    in the company of the upright  
    and among the congregation.
- 2 The works of the Lord are great:  
    and studied by all who take delight in them.
- 3 His deeds are majestic and glorious:  
    and his righteousness stands for ever.
- 4 His marvellous acts have won him a name  
to be remembered:  
    the Lord is gracious and merciful.
- 5 He gives food to those that fear him:  
    he remembers his covenant for ever.
- 6 He showed his people the power of his acts:  
    in giving them the heritage of the heathen.
- 7 The works of his hands are faithful and just:  
    and all his commandments are sure;
- 8 They stand firm for ever and ever:  
    they are done in faithfulness and in truth.
- 9 He sent redemption to his people,  
he ordained his covenant for ever:  
    holy is his name and worthy to be feared.
- 10 The fear of the Lord is the beginning of wisdom,  
and of good understanding are those  
that keep his commandments:  
    his praise shall endure for ever.

## **Luke 10.38-11.4**

<sup>10.38</sup> Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home.

<sup>39</sup> She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying.

<sup>40</sup> But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.'

<sup>41</sup> But the Lord answered her, 'Martha, Martha, you are worried and distracted by many things;

<sup>42</sup> there is need of only one thing. Mary has chosen the better part, which will not be taken away from her.'

<sup>11.1</sup> He was praying in a certain place, and after he had finished, one of his disciples said to him, 'Lord, teach us to pray, as John taught his disciples.'

<sup>2</sup> He said to them, 'When you pray, say:

Father, hallowed be your name.

Your kingdom come.

<sup>3</sup> Give us each day our daily bread.

<sup>4</sup> And forgive us our sins,

for we ourselves forgive everyone indebted to us.

And do not bring us to the time of trial.'

## Saturday 20 February

### Psalms 114; 115

#### 114

- 1 When Israel came out of Egypt:  
and the house of Jacob from among a people  
of an alien tongue,
- 2 Judah became his sanctuary:  
and Israel his dominion.
- 3 The sea saw that, and fled:  
Jordan was driven back.
- 4 The mountains skipped like rams:  
and the little hills like young sheep.
- 5 What ailed you, O sea, that you fled:  
O Jordan, that you were driven back?
- 6 You mountains, that you skipped like rams:  
and you little hills like young sheep?
- 7 Tremble, O earth, at the presence of the Lord:  
at the presence of the God of Jacob,
- 8 Who turned the rock into a pool of water:  
and the flint-stone into a welling spring.

#### 115

- 1 Not to us, O Lord, not to us  
but to your name give the glory:  
for the sake of your faithfulness  
and your loving-kindness.
- 2 Why should the heathen say 'Where is their God?':  
our God is in heaven, he does whatever he wills.
- 3 As for their idols, they are silver and gold:  
the work of human hands.
- 4 They have mouths, but speak not:  
they have eyes, but they cannot see.
- 5 They have ears, yet hear nothing:  
they have noses, but cannot smell.
- 6 Hands they have, but handle nothing,  
feet, but they do not walk:  
they make no sound with their throats.
- 7 Those who make them shall be like them:  
so shall everyone that trusts in them.
- 8 O Israel, trust in the Lord:  
he is your help and your shield.
- 9 O house of Aaron, trust in the Lord:  
he is your help and your shield.
- 10 You that fear the Lord, trust in the Lord:  
he is your help and your shield.
- 11 The Lord has remembered us and he will bless us:  
he will bless the house of Israel,  
he will bless the house of Aaron.
- 12 He will bless all those that fear the Lord:  
both high and low together.

- 13 May the Lord increase you greatly:  
you and your children after you.
- 14 The blessing of the Lord be upon you:  
he that made heaven and earth.
- 15 As for the heavens, they are the Lord's:  
but the earth he has given to the children of Adam.
- 16 The dead do not praise the Lord:  
nor do any that go down to silence.
- 17 But we will bless the Lord:  
both now and for evermore. O praise the Lord.

### **Luke 11.5-13**

<sup>5</sup> And he said to them, 'Suppose one of you has a friend, and you go to him at midnight and say to him, "Friend, lend me three loaves of bread; <sup>6</sup> for a friend of mine has arrived, and I have nothing to set before him." <sup>7</sup> And he answers from within, "Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything." <sup>8</sup> I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs. <sup>9</sup> 'So I say to you, Ask, and it will be given to you; search, and you will find; knock, and the door will be opened for you. <sup>10</sup> For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. <sup>11</sup> Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? <sup>12</sup> Or if the child asks for an egg, will give a scorpion? <sup>13</sup> If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

## Sunday 21 February

### Psalm 26

- 1 Give judgement for me, O Lord,  
for I have walked in my integrity:  
I have trusted in the Lord and not wavered.
- 2 Put me to the test, O Lord, and prove me:  
try my mind and my heart.
- 3 For your steadfast love has been ever before my eyes:  
and I have walked in your truth.
- 4 I have not sat with deceivers:  
nor consorted with the hypocrites;
- 5 I hate the assembly of the wicked:  
I will not sit with the ungodly.
- 6 I wash my hands in innocence, O Lord:  
that I may go about your altar,
- 7 And lift up the voice of thanksgiving:  
to tell of all your marvellous works.
- 8 Lord, I love the house of your habitation:  
and the place where your glory dwells.
- 9 Do not sweep me away with sinners:  
nor my life with those that thirst for blood,
- 10 In whose hand is abomination:  
and their right hand is full of bribes.
- 11 As for me, I walk in my integrity:  
O ransom me and be favourable toward me.
- 12 My foot stands on an even path:  
I will bless the Lord in the great congregation.

## Mark 14.1-25

<sup>1</sup> It was two days before the Passover and the festival of Unleavened Bread. The chief priests and the scribes were looking for a way to arrest Jesus by stealth and kill him; <sup>2</sup> for they said, 'Not during the festival, or there may be a riot among the people.' <sup>3</sup> While he was at Bethany in the house of Simon the leper, as he sat at the table, a woman came with an alabaster jar of very costly ointment of nard, and she broke open the jar and poured the ointment on his head. <sup>4</sup> But some were there who said to one another in anger, 'Why was the ointment wasted in this way? <sup>5</sup> For this ointment could have been sold for more than three hundred denarii, and the money given to the poor.' And they scolded her. <sup>6</sup> But Jesus said, 'Let her alone; why do you trouble her? She has performed a good service for me. <sup>7</sup> For you always have the poor with you, and you can show kindness to them whenever you wish; but you will not always have me. <sup>8</sup> She has done what she could; she has anointed my body beforehand for its burial. <sup>9</sup> Truly I tell you, wherever the good news is proclaimed in the whole world, what she has done will be told in remembrance of her.' <sup>10</sup> Then Judas Iscariot, who was one of the twelve, went to the chief priests in order to betray him to them. <sup>11</sup> When they heard it, they were greatly pleased, and promised to give him money. So he began to look for an opportunity to betray him. <sup>12</sup> On the first day of Unleavened Bread, when the Passover lamb is sacrificed, his disciples said to him, 'Where do you want us to go and make the preparations for you to eat the Passover?' <sup>13</sup> So he sent two of his disciples, saying to them, 'Go into the city, and a man carrying a jar of water will meet you; follow him, <sup>14</sup> and wherever he enters, say to the owner of the house, "The Teacher asks, Where is my guest room where I may eat the Passover with my disciples?"' <sup>15</sup> He will show you a large room upstairs, furnished and ready. Make preparations for us there.' <sup>16</sup> So the disciples set out and went to the city, and found everything as he had told them; and they prepared the Passover meal. <sup>17</sup> When it was evening, he came with the twelve. <sup>18</sup> And when they had taken their places and were eating, Jesus said, 'Truly I tell you, one of you will betray me, one who is eating with me.' <sup>19</sup> They began to be distressed and to say to him one after another, 'Surely, not I?' <sup>20</sup> He said to them, 'It is one of the twelve, one who is dipping bread into the bowl with me. <sup>21</sup> For the Son of Man goes as it is written of him, but woe to that one by whom the Son of Man is betrayed! It would have been better for that one not to have been born.' <sup>22</sup> While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, 'Take; this is my body.' <sup>23</sup> Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. <sup>24</sup> He said to them, 'This is my blood of the covenant, which is poured out for many. <sup>25</sup> Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God.'

