



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia

14-20 June 2021

Monday

Psalms 108; 109.20-30

108

- 1 My heart is fixed, O God, my heart is fixed:
I will sing and make melody.
- 2 Awake my soul, awake lute and harp:
for I will awaken the morning.
- 3 I will give you thanks, O Lord, among the peoples:
I will sing your praise among the nations.
- 4 For the greatness of your mercy reaches to the heavens:
and your faithfulness to the clouds.
- 5 Be exalted, O God, above the heavens:
and let your glory be over all the earth;
- 6 That those whom you love may be delivered:
O save us by your right hand, and answer me.
- 7 God has said in his holy place:
'I will exult and divide Shechem,
I will parcel out the valley of Succoth.
- 8 'Gilead is mine, and Manasseh is mine:
Ephraim is my helmet, and Judah my rod of command.
- 9 'Moab is my wash-bowl, over Edom will I cast my shoe:
against Philistia will I shout in triumph.
- 10 Who will lead me into the fortified city:
who will bring me into Edom?
- 11 Have you not cast us off, O God?:
you go not out with our armies.
- 12 Give us your help against the enemy:
for human help is vain.
- 13 By the power of our God we shall do valiantly:
for it is he that will tread down our enemies.

109

- 20 Act for me, O Lord my God, for your name's sake:
and deliver me, as your steadfast love is good.
- 21 For I am poor and needy:
and my heart writhes within me.
- 22 I fade like a lengthening shadow:
I am shaken off like a locust.
- 23 My knees are weak from fasting:
my flesh grows lean and shrunken.
- 24 I have become the scorn of my enemies:
and when they see me, they toss their heads in derision.
- 25 Help me, O Lord my God:
and save me for your mercy's sake,
- 26 That all may know it was your hand:
that you, O Lord, have done it.
- 27 Though they curse, yet give me your blessing:
and those that come against me will be put to shame,
and your servant shall rejoice.

- 28 Let those that oppose me be covered with disgrace:
let them wear their shame as a garment.
- 29 And I will give the Lord great thanks with my mouth:
and praise him in the midst of a multitude.
- 30 For the Lord will stand at the right hand of the poor:
to save them from those that would condemn them.

Acts 9.32-43

³² Now as Peter went here and there among all the believers, he came down also to the saints living in Lydda. ³³ There he found a man named Aeneas, who had been bedridden for eight years, for he was paralysed. ³⁴ Peter said to him, 'Aeneas, Jesus Christ heals you; get up and make your bed!' And immediately he got up. ³⁵ And all the residents of Lydda and Sharon saw him and turned to the Lord. ³⁶ Now in Joppa there was a disciple whose name was Tabitha, which in Greek is Dorcas. She was devoted to good works and acts of charity. ³⁷ At that time she became ill and died. When they had washed her, they laid her in a room upstairs. ³⁸ Since Lydda was near Joppa, the disciples, who heard that Peter was there, sent two men to him with the request, 'Please come to us without delay.' ³⁹ So Peter got up and went with them; and when he arrived, they took him to the room upstairs. All the widows stood beside him, weeping and showing tunics and other clothing that Dorcas had made while she was with them. ⁴⁰ Peter put all of them outside, and then he knelt down and prayed. He turned to the body and said, 'Tabitha, get up.' Then she opened her eyes, and seeing Peter, she sat up. ⁴¹ He gave her his hand and helped her up. Then calling the saints and widows, he showed her to be alive. ⁴² This became known throughout Joppa, and many believed in the Lord. ⁴³ Meanwhile he stayed in Joppa for some time with a certain Simon, a tanner.

Tuesday

Psalm 104.1-25

- 1 Bless the Lord, O my soul:
 O Lord my God, how great you are!
- 2 Clothed with majesty and honour:
 wrapped in light as in a garment.
- 3 You have stretched out the heavens like a tent-cloth:
 and laid the beams of your dwelling upon their waters;
- 4 You make the clouds your chariot:
 and ride upon the wings of the wind;
- 5 You make the winds your messengers:
 and flames of fire your ministers;
- 6 You have set the earth on its foundations:
 so that it shall never be moved.
- 7 The deep covered it as with a mantle:
 the waters stood above the hills.
- 8 At your rebuke they fled:
 at the voice of your thunder they hurried away;
- 9 They went up to the mountains,
 they went down by the valleys:
 to the place which you had appointed for them.
- 10 You fixed a limit which they may not pass:
 they shall not return again to cover the earth.
- 11 You send springs into the gullies:
 which run between the hills;
- 12 They give drink to every beast of the field:
 and the wild asses quench their thirst.
- 13 Beside them the birds of the air build their nests:
 and sing among the branches.
- 14 You water the mountains from your dwelling on high:
 and the earth is filled by the fruits of your work.
- 15 You cause the grass to grow for the cattle:
 and all green things for the creatures that serve us.
- 16 You bring food out of the earth:
 and wine that makes glad the human heart,
- 17 Oil to give us a shining countenance:
 and bread to strengthen the heart.
- 18 The trees of the Lord are well-watered:
 the cedars of Lebanon that he has planted,
- 19 Where the birds build their nests:
 and the stork makes her home in the pine-tops.
- 20 The high hills are a refuge for the wild goats:
 and the crags a cover for the conies.
- 21 You created the moon to mark the seasons:
 and the sun knows the hour of its setting.
- 22 You make darkness, and it is night:
 in which all the beasts of the forest move by stealth.
- 23 The lions roar for their prey:
 seeking their food from God.

- 24 When the sun rises, they retire:
and lay themselves down in their dens.
- 25 Human beings go out to their work:
and to their labour until the evening.

Acts 10.1-16

¹ In Caesarea there was a man named Cornelius, a centurion of the Italian Cohort, as it was called. ² He was a devout man who feared God with all his household; he gave alms generously to the people and prayed constantly to God. ³ One afternoon at about three o'clock he had a vision in which he clearly saw an angel of God coming in and saying to him, 'Cornelius.' ⁴ He stared at him in terror and said, 'What is it, Lord?' He answered, 'Your prayers and your alms have ascended as a memorial before God. ⁵ Now send men to Joppa for a certain Simon who is called Peter; ⁶ he is lodging with Simon, a tanner, whose house is by the seaside.' ⁷ When the angel who spoke to him had left, he called two of his slaves and a devout soldier from the ranks of those who served him, ⁸ and after telling them everything, he sent them to Joppa. ⁹ About noon the next day, as they were on their journey and approaching the city, Peter went up on the roof to pray. ¹⁰ He became hungry and wanted something to eat; and while it was being prepared, he fell into a trance. ¹¹ He saw the heaven opened and something like a large sheet coming down, being lowered to the ground by its four corners. ¹² In it were all kinds of four-footed creatures and reptiles and birds of the air. ¹³ Then he heard a voice saying, 'Get up, Peter; kill and eat.' ¹⁴ But Peter said, 'By no means, Lord; for I have never eaten anything that is profane or unclean.' ¹⁵ The voice said to him again, a second time, 'What God has made clean, you must not call profane.' ¹⁶ This happened three times, and the thing was suddenly taken up to heaven.

Wednesday

Psalm 105.1-22

- 1 O give thanks to the Lord and call upon his name:
tell among the peoples what things he has done.
- 2 Sing to him, O sing praises:
and be telling of all his marvellous works.
- 3 Exult in his holy name:
and let those that seek the Lord be joyful in heart.
- 4 Seek the Lord and his strength:
O seek his face continually.
- 5 Call to mind what wonders he has done:
his marvellous acts, and the judgements of his mouth,
- 6 O seed of Abraham his servant:
O children of Jacob his chosen one.
- 7 For he is the Lord our God:
and his judgements are in all the earth.
- 8 He has remembered his covenant for ever:
the word that he ordained for a thousand generations,
- 9 The covenant that he made with Abraham:
the oath that he swore to Isaac,
- 10 And confirmed it to Jacob as a statute:
to Israel as an everlasting covenant,
- 11 Saying 'I will give you the land of Canaan:
to be the portion of your inheritance',
- 12 And that when they were but few:
little in number and aliens in the land.
- 13 They wandered from nation to nation:
from one people and kingdom to another.
- 14 He suffered no one to do them wrong:
but reprov'd even kings for their sake,
- 15 Saying 'Touch not my anointed:
and do my prophets no harm.'
- 16 Then he called down a famine on the land:
and destroyed the bread that was their stay.
- 17 But he had sent a man ahead of them:
Joseph who was sold into slavery,
- 18 Whose feet they fastened with fetters:
and thrust his neck into a hoop of iron.
- 19 Till the time that his words proved true:
he was tested by the Lord's command.
- 20 Then the king sent and loosed him:
the ruler of nations set him free;
- 21 He made him master of his household:
and ruler over all his possessions,
- 22 To rebuke his officers at will:
and to teach his counsellors wisdom.

Acts 10.17-33

¹⁷ Now while Peter was greatly puzzled about what to make of the vision that he had seen, suddenly the men sent by Cornelius appeared. They were asking for Simon's house and were standing by the gate. ¹⁸ They called out to ask whether Simon, who was called Peter, was staying there. ¹⁹ While Peter was still thinking about the vision, the Spirit said to him, 'Look, three men are searching for you. ²⁰ Now get up, go down, and go with them without hesitation; for I have sent them.' ²¹ So Peter went down to the men and said, 'I am the one you are looking for; what is the reason for your coming?' ²² They answered, 'Cornelius, a centurion, an upright and God-fearing man, who is well spoken of by the whole Jewish nation, was directed by a holy angel to send for you to come to his house and to hear what you have to say.' ²³ So Peter invited them in and gave them lodging. The next day he got up and went with them, and some of the believers from Joppa accompanied him. ²⁴ The following day they came to Caesarea. Cornelius was expecting them and had called together his relatives and close friends. ²⁵ On Peter's arrival Cornelius met him, and falling at his feet, worshipped him. ²⁶ But Peter made him get up, saying, 'Stand up; I am only a mortal.' ²⁷ And as he talked with him, he went in and found that many had assembled; ²⁸ and he said to them, 'You yourselves know that it is unlawful for a Jew to associate with or to visit a Gentile; but God has shown me that I should not call anyone profane or unclean. ²⁹ So when I was sent for, I came without objection. Now may I ask why you sent for me?' ³⁰ Cornelius replied, 'Four days ago at this very hour, at three o'clock, I was praying in my house when suddenly a man in dazzling clothes stood before me. ³¹ He said, "Cornelius, your prayer has been heard and your alms have been remembered before God. ³² Send therefore to Joppa and ask for Simon, who is called Peter; he is staying in the home of Simon, a tanner, by the sea." ³³ Therefore I sent for you immediately, and you have been kind enough to come. So now all of us are here in the presence of God to listen to all that the Lord has commanded you to say.'

Thursday

Psalm 106.1-24

- 1 Praise the Lord;
O give thanks to the Lord, for he is good:
and his mercy endures for ever.
- 2 Who can express the mighty acts of the Lord:
or fully voice his praise?
- 3 Blessed are those who act according to justice:
who at all times do the right.
- 4 Remember me, O Lord,
when you visit your people with your favour:
and come to me also with your salvation,
- 5 That I may see the prosperity of your chosen:
that I may rejoice with the rejoicing of your people,
and exult with those who are your own.
- 6 We have sinned like our ancestors:
we have acted perversely and done wrong.
- 7 Our forebears when they were in Egypt:
took no heed of your wonders;
- 8 They did not remember
the multitude of your loving-kindnesses:
but they rebelled at the Red Sea.
- 9 Nevertheless, he saved them for his name's sake:
that he might make known his power.
- 10 He commanded the Red Sea, and it dried up:
and he led them through the deep as through a desert.
- 11 He delivered them from the hand of their adversary:
and redeemed them from the power of the enemy.
- 12 The waters closed over their oppressors:
so that not one was left alive.
- 13 Then they believed his words:
and sang him songs of praise.
- 14 But in a little while they forgot what he had done:
and would wait for his counsel no more.
- 15 Greed took hold of them in the desert:
and they put God to the test in the wilderness.
- 16 So he gave them that which they desired:
but sent a wasting sickness among them.
- 17 Then they grew envious of Moses in the camp:
and of Aaron, the holy one of the Lord;
- 18 Whereupon the earth opened and swallowed up Dathan:
it closed over the company of Abiram;
- 19 Fire flared out against their number:
and flame devoured the ungodly.
- 20 At Horeb they made themselves a calf:
and bowed down in worship to an image.
- 21 And so they exchanged the glory of God:
for the likeness of an ox that eats hay.
- 22 They forgot God who was their saviour:
that had done such great things in Egypt,

23 Who had worked his wonders in the land of Ham:
and his terrible deeds at the Red Sea.

24 Therefore he thought to destroy them:
had not Moses his servant stood before him in the breach,
to turn away his wrath from destroying them.

Acts 10.34-48

³⁴ Then Peter began to speak to them: 'I truly understand that God shows no partiality, ³⁵ but in every nation anyone who fears him and does what is right is acceptable to him. ³⁶ You know the message he sent to the people of Israel, preaching peace by Jesus Christ—he is Lord of all. ³⁷ That message spread throughout Judea, beginning in Galilee after the baptism that John announced: ³⁸ how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. ³⁹ We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; ⁴⁰ but God raised him on the third day and allowed him to appear, ⁴¹ not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. ⁴² He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. ⁴³ All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name.' ⁴⁴ While Peter was still speaking, the Holy Spirit fell upon all who heard the word. ⁴⁵ The circumcised believers who had come with Peter were astounded that the gift of the Holy Spirit had been poured out even on the Gentiles, ⁴⁶ for they heard them speaking in tongues and extolling God. Then Peter said, ⁴⁷ 'Can anyone withhold the water for baptizing these people who have received the Holy Spirit just as we have?' ⁴⁸ So he ordered them to be baptized in the name of Jesus Christ. Then they invited him to stay for several days.

Friday

Psalm 107.1-22

- 1 O give thanks to the Lord, for he is good:
for his loving mercy is for ever.
- 2 Let the Lord's redeemed say so:
whom he has redeemed from the hand of the enemy,
- 3 And gathered in from every land,
from the east and from the west:
from the north and from the south.
- 4 Some went astray in the wilderness and in the desert:
and found no path to an inhabited city;
- 5 They were hungry and thirsty:
and their heart fainted within them.
- 6 Then they cried to the Lord in their distress:
and he took them out of their trouble.
- 7 He led them by the right path:
till they came to an inhabited city.
- 8 Let them thank the Lord for his goodness:
and for the wonders that he does
for the children of Adam;
- 9 For he satisfies the thirsty:
and fills the hungry with good things.
- 10 Some sat in darkness and in deadly shadow:
bound fast in affliction and iron,
- 11 Because they had rebelled against the words of God:
and scorned the purposes of the Most High.
- 12 So he bowed down their hearts with affliction:
they tripped headlong, with none to help them.
- 13 Then they cried to the Lord in their distress:
and he took them out of their trouble.
- 14 He brought them out from darkness and deadly shadow:
and broke their chains in two.
- 15 Let them thank the Lord for his goodness:
and for the wonders that he does
for the children of Adam;
- 16 For he shatters the doors of bronze:
and cleaves the bars of iron.
- 17 Fools were far gone in transgression:
and because of their sins were afflicted.
- 18 They sickened at any food:
and had come to the gates of death.
- 19 Then they cried to the Lord in their distress:
and he took them out of their trouble.
- 20 He sent his word and healed them:
and saved their life from the Pit.
- 21 Let them thank the Lord for his goodness:
and for the wonders that he does
for the children of Adam;
- 22 Let them offer sacrifices of thanksgiving:
and tell what he has done with shouts of joy.

Acts 11.1-18

¹ Now the apostles and the believers who were in Judea heard that the Gentiles had also accepted the word of God. ² So when Peter went up to Jerusalem, the circumcised believers criticized him, ³ saying, ‘Why did you go to uncircumcised men and eat with them?’ ⁴ Then Peter began to explain it to them, step by step, saying, ⁵ ‘I was in the city of Joppa praying, and in a trance I saw a vision. There was something like a large sheet coming down from heaven, being lowered by its four corners; and it came close to me. ⁶ As I looked at it closely I saw four-footed animals, beasts of prey, reptiles, and birds of the air. ⁷ I also heard a voice saying to me, “Get up, Peter; kill and eat.” ⁸ But I replied, “By no means, Lord; for nothing profane or unclean has ever entered my mouth.” ⁹ But a second time the voice answered from heaven, “What God has made clean, you must not call profane.” ¹⁰ This happened three times; then everything was pulled up again to heaven. ¹¹ At that very moment three men, sent to me from Caesarea, arrived at the house where we were. ¹² The Spirit told me to go with them and not to make a distinction between them and us. These six brothers also accompanied me, and we entered the man’s house. ¹³ He told us how he had seen the angel standing in his house and saying, “Send to Joppa and bring Simon, who is called Peter; ¹⁴ he will give you a message by which you and your entire household will be saved.” ¹⁵ And as I began to speak, the Holy Spirit fell upon them just as it had upon us at the beginning. ¹⁶ And I remembered the word of the Lord, how he had said, “John baptized with water, but you will be baptized with the Holy Spirit.” ¹⁷ If then God gave them the same gift that he gave us when we believed in the Lord Jesus Christ, who was I that I could hinder God?’ ¹⁸ When they heard this, they were silenced. And they praised God, saying, ‘Then God has given even to the Gentiles the repentance that leads to life.’

Saturday

Psalms 110; 111

110

- 1 The Lord said to my lord:
 'Sit at my right hand,
 until I make your enemies your footstool.'
- 2 The Lord commits to you the sceptre of your power:
 reign from Zion in the midst of your enemies.
- 3 Noble are you, from the day of your birth
upon the holy hill:
 radiant are you, even from the womb,
 in the morning dew of your youth.
- 4 The Lord has sworn and will not turn back:
 'You are a priest for ever after the order of Melchizedek.'
- 5 The king shall stand at your right hand, O Lord:
 and shatter kings in the day of his wrath.
- 6 Glorious in majesty, he shall judge among the nations:
 and shatter heads over a wide land.
- 7 He shall slake his thirst from the brook beside the way:
 therefore shall he lift up his head.

111

- 1 O praise the Lord. I will praise the Lord
with my whole heart:
 in the company of the upright
 and among the congregation.
- 2 The works of the Lord are great:
 and studied by all who take delight in them.
- 3 His deeds are majestic and glorious:
 and his righteousness stands for ever.
- 4 His marvellous acts have won him a name
to be remembered:
 the Lord is gracious and merciful.
- 5 He gives food to those that fear him:
 he remembers his covenant for ever.
- 6 He showed his people the power of his acts:
 in giving them the heritage of the heathen.
- 7 The works of his hands are faithful and just:
 and all his commandments are sure;
- 8 They stand firm for ever and ever:
 they are done in faithfulness and in truth.
- 9 He sent redemption to his people,
he ordained his covenant for ever:
 holy is his name and worthy to be feared.
- 10 The fear of the Lord is the beginning of wisdom,
and of good understanding are those
that keep his commandments:
 his praise shall endure for ever.

Acts 11.19-30

¹⁹ Now those who were scattered because of the persecution that took place over Stephen travelled as far as Phoenicia, Cyprus, and Antioch, and they spoke the word to no one except Jews. ²⁰ But among them were some men of Cyprus and Cyrene who, on coming to Antioch, spoke to the Hellenists also, proclaiming the Lord Jesus. ²¹ The hand of the Lord was with them, and a great number became believers and turned to the Lord. ²² News of this came to the ears of the church in Jerusalem, and they sent Barnabas to Antioch. ²³ When he came and saw the grace of God, he rejoiced, and he exhorted them all to remain faithful to the Lord with steadfast devotion; ²⁴ for he was a good man, full of the Holy Spirit and of faith. And a great many people were brought to the Lord. ²⁵ Then Barnabas went to Tarsus to look for Saul, ²⁶ and when he had found him, he brought him to Antioch. So it was that for an entire year they associated with the church and taught a great many people, and it was in Antioch that the disciples were first called 'Christians'. ²⁷ At that time prophets came down from Jerusalem to Antioch. ²⁸ One of them named Agabus stood up and predicted by the Spirit that there would be a severe famine over all the world; and this took place during the reign of Claudius. ²⁹ The disciples determined that according to their ability, each would send relief to the believers living in Judea; ³⁰ this they did, sending it to the elders by Barnabas and Saul.

Sunday

Psalm 133

- 1 Behold how good and how lovely it is:
when families live together in unity.
- 2 It is fragrant as oil upon the head,
that runs down over the beard:
fragrant as oil upon the beard of Aaron,
that ran down over the collar of his robe.
- 3 It is like a dew of Hermon:
like the dew that falls upon the hill of Zion.
- 4 For there the Lord has commanded his blessing:
which is life for evermore.

Mark 5.1-20

¹ They came to the other side of the lake, to the country of the Gerasenes. ² And when he had stepped out of the boat, immediately a man out of the tombs with an unclean spirit met him. ³ He lived among the tombs; and no one could restrain him any more, even with a chain; ⁴ for he had often been restrained with shackles and chains, but the chains he wrenched apart, and the shackles he broke in pieces; and no one had the strength to subdue him. ⁵ Night and day among the tombs and on the mountains he was always howling and bruising himself with stones. ⁶ When he saw Jesus from a distance, he ran and bowed down before him; ⁷ and he shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me.' ⁸ For he had said to him, 'Come out of the man, you unclean spirit!' ⁹ Then Jesus asked him, 'What is your name?' He replied, 'My name is Legion; for we are many.' ¹⁰ He begged him earnestly not to send them out of the country. ¹¹ Now there on the hillside a great herd of swine was feeding; ¹² and the unclean spirits begged him, 'Send us into the swine; let us enter them.' ¹³ So he gave them permission. And the unclean spirits came out and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the lake, and were drowned in the lake. ¹⁴ The swineherds ran off and told it in the city and in the country. Then people came to see what it was that had happened. ¹⁵ They came to Jesus and saw the demoniac sitting there, clothed and in his right mind, the very man who had had the legion; and they were afraid. ¹⁶ Those who had seen what had happened to the demoniac and to the swine reported it. ¹⁷ Then they began to beg Jesus to leave their neighbourhood. ¹⁸ As he was getting into the boat, the man who had been possessed by demons begged him that he might be with him. ¹⁹ But Jesus refused, and said to him, 'Go home to your friends, and tell them how much the Lord has done for you, and what mercy he has shown you.' ²⁰ And he went away and began to proclaim in the Decapolis how much Jesus had done for him; and everyone was amazed.

