



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia
12-18 April 2021

Monday

Psalms 99; 100

99

- 1 The Lord is king, let the nations tremble:
he is enthroned upon the cherubim; let the earth quake.
- 2 The Lord is great in Zion:
he is high above all nations.
- 3 Let them praise your great and terrible name:
for holy is the Lord.
- 4 The Mighty One is king and loves justice:
you have established equity,
you have dealt righteousness and justice in Jacob.
- 5 O exalt the Lord our God:
and bow down before his footstool, for he is holy.
- 6 Moses and Aaron among his priests,
and Samuel among those who call upon his name:
they called to the Lord and he answered.
- 7 He spoke to them from the pillar of cloud:
they kept to his teachings and the law that he gave them.
- 8 You answered them, O Lord our God:
you were a forgiving God to them,
and pardoned their wrongdoing.
- 9 O exalt the Lord our God:
and bow down towards his holy hill,
for the Lord our God is holy.

100

- 1 O shout to the Lord in triumph, all the earth:
serve the Lord with gladness,
and come before his face with songs of joy.
- 2 Know that the Lord he is God:
it is he who has made us and we are his;
we are his people and the sheep of his pasture.
- 3 Come into his gates with thanksgiving,
and into his courts with praise:
give thanks to him, and bless his holy name.
- 4 For the Lord is good, his loving mercy is for ever:
his faithfulness throughout all generations.

Matthew 28.1-10

¹ After the sabbath, as the first day of the week was dawning, Mary Magdalene and the other Mary went to see the tomb. ² And suddenly there was a great earthquake; for an angel of the Lord, descending from heaven, came and rolled back the stone and sat on it. ³ His appearance was like lightning, and his clothing white as snow. ⁴ For fear of him the guards shook and became like dead men. ⁵ But the angel said to the women, 'Do not be afraid; I know that you are looking for Jesus who was crucified. ⁶ He is not here; for he has been raised, as he said. Come, see the place where he lay. ⁷ Then go quickly and tell his disciples, "He has been raised from the dead, and indeed he is going ahead of you to Galilee; there you will see him." This is my message for you.' ⁸ So they left the tomb quickly with fear and great joy, and ran to tell his disciples. ⁹ Suddenly Jesus met them and said, 'Greetings!' And they came to him, took hold of his feet, and worshipped him. ¹⁰ Then Jesus said to them, 'Do not be afraid; go and tell my brothers to go to Galilee; there they will see me.'

Tuesday

Psalms 101; 102.1-11

101

- 1 My song shall be of steadfastness and justice:
to you, Lord, will I sing.
- 2 I will be wise in the way of innocence:
O when will you come to me?
- 3 I will walk within my house:
in purity of heart.
- 4 I will set nothing evil before my eyes:
I hate the sin of backsliders, it shall get no hold on me.
- 5 Crookedness of heart shall depart from me:
I will know nothing of wickedness.
- 6 Those who secretly slander their neighbours I will destroy:
the proud look and the arrogant heart I will not endure.
- 7 My eyes shall look to the faithful in the land,
and they shall make their home with me:
those who walk in the way of innocence,
they shall minister to me.
- 8 No one who practises deceit shall live in my house:
no one who utters lies shall stand in my sight.
- 9 Morning by morning I will destroy
all the wicked of the land:
and cut off all evildoers from the city of the Lord.

102

- 1 O Lord, hear my prayer:
and let my cry come to you.
- 2 Do not hide your face from me in the day of my trouble:
turn your ear to me;
and when I call, be swift to answer.
- 3 For my days pass away like smoke:
and my bones burn as in a furnace.
- 4 My heart is scorched and withered like grass:
and I forget to eat my bread.
- 5 I am weary with the sound of my groaning:
my bones stick fast to my skin.
- 6 I have become like an owl in the wilderness:
like a screech-owl among the ruins.
- 7 I keep watch and flit to and fro:
like a sparrow upon a housetop.
- 8 My enemies taunt me all day long:
and those who rave at me make oaths against me.
- 9 Surely I have eaten ashes for bread:
and mingled my drink with tears,
- 10 Because of your wrath and indignation:
for you have taken me up and tossed me aside.
- 11 My days decline like a shadow:
and I wither away like grass.

Matthew 28.11-20

¹¹ While they were going, some of the guard went into the city and told the chief priests everything that had happened. ¹² After the priests had assembled with the elders, they devised a plan to give a large sum of money to the soldiers, ¹³ telling them, 'You must say, "His disciples came by night and stole him away while we were asleep."' ¹⁴ If this comes to the governor's ears, we will satisfy him and keep you out of trouble.' ¹⁵ So they took the money and did as they were directed. And this story is still told among the Jews to this day. ¹⁶ Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. ¹⁷ When they saw him, they worshipped him; but some doubted. ¹⁸ And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. ¹⁹ Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

Wednesday

Psalms 108; 109.20-30

108

- 1 My heart is fixed, O God, my heart is fixed:
I will sing and make melody.
- 2 Awake my soul, awake lute and harp:
for I will awaken the morning.
- 3 I will give you thanks, O Lord, among the peoples:
I will sing your praise among the nations.
- 4 For the greatness of your mercy reaches to the heavens:
and your faithfulness to the clouds.
- 5 Be exalted, O God, above the heavens:
and let your glory be over all the earth;
- 6 That those whom you love may be delivered:
O save us by your right hand, and answer me.
- 7 God has said in his holy place:
'I will exult and divide Shechem,
I will parcel out the valley of Succoth.
- 8 'Gilead is mine, and Manasseh is mine:
Ephraim is my helmet, and Judah my rod of command.
- 9 'Moab is my wash-bowl, over Edom will I cast my shoe:
against Philistia will I shout in triumph.
- 10 Who will lead me into the fortified city:
who will bring me into Edom?
- 11 Have you not cast us off, O God?:
you go not out with our armies.
- 12 Give us your help against the enemy:
for human help is vain.
- 13 By the power of our God we shall do valiantly:
for it is he that will tread down our enemies.

109

- 20 Act for me, O Lord my God, for your name's sake:
and deliver me, as your steadfast love is good.
- 21 For I am poor and needy:
and my heart writhes within me.
- 22 I fade like a lengthening shadow:
I am shaken off like a locust.
- 23 My knees are weak from fasting:
my flesh grows lean and shrunken.
- 24 I have become the scorn of my enemies:
and when they see me, they toss their heads in derision.
- 25 Help me, O Lord my God:
and save me for your mercy's sake,
- 26 That all may know it was your hand:
that you, O Lord, have done it.
- 27 Though they curse, yet give me your blessing:
and those that come against me will be put to shame,
and your servant shall rejoice.

- 28 Let those that oppose me be covered with disgrace:
let them wear their shame as a garment.
- 29 And I will give the Lord great thanks with my mouth:
and praise him in the midst of a multitude.
- 30 For the Lord will stand at the right hand of the poor:
to save them from those that would condemn them.

Luke 24.1-12

¹ But on the first day of the week, at early dawn, they came to the tomb, taking the spices that they had prepared. ² They found the stone rolled away from the tomb, ³ but when they went in, they did not find the body. ⁴ While they were perplexed about this, suddenly two men in dazzling clothes stood beside them. ⁵ The women were terrified and bowed their faces to the ground, but the men said to them, 'Why do you look for the living among the dead? He is not here, but has risen. ⁶ Remember how he told you, while he was still in Galilee, ⁷ that the Son of Man must be handed over to sinners, and be crucified, and on the third day rise again.' ⁸ Then they remembered his words, ⁹ and returning from the tomb, they told all this to the eleven and to all the rest. ¹⁰ Now it was Mary Magdalene, Joanna, Mary the mother of James, and the other women with them who told this to the apostles. ¹¹ But these words seemed to them an idle tale, and they did not believe them. ¹² But Peter got up and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; then he went home, amazed at what had happened.

Thursday

Psalm 104.1-25

- 1 Bless the Lord, O my soul:
 O Lord my God, how great you are!
- 2 Clothed with majesty and honour:
 wrapped in light as in a garment.
- 3 You have stretched out the heavens like a tent-cloth:
 and laid the beams of your dwelling upon their waters;
- 4 You make the clouds your chariot:
 and ride upon the wings of the wind;
- 5 You make the winds your messengers:
 and flames of fire your ministers;
- 6 You have set the earth on its foundations:
 so that it shall never be moved.
- 7 The deep covered it as with a mantle:
 the waters stood above the hills.
- 8 At your rebuke they fled:
 at the voice of your thunder they hurried away;
- 9 They went up to the mountains,
 they went down by the valleys:
 to the place which you had appointed for them.
- 10 You fixed a limit which they may not pass:
 they shall not return again to cover the earth.
- 11 You send springs into the gullies:
 which run between the hills;
- 12 They give drink to every beast of the field:
 and the wild asses quench their thirst.
- 13 Beside them the birds of the air build their nests:
 and sing among the branches.
- 14 You water the mountains from your dwelling on high:
 and the earth is filled by the fruits of your work.
- 15 You cause the grass to grow for the cattle:
 and all green things for the creatures that serve us.
- 16 You bring food out of the earth:
 and wine that makes glad the human heart,
- 17 Oil to give us a shining countenance:
 and bread to strengthen the heart.
- 18 The trees of the Lord are well-watered:
 the cedars of Lebanon that he has planted,
- 19 Where the birds build their nests:
 and the stork makes her home in the pine-tops.
- 20 The high hills are a refuge for the wild goats:
 and the crags a cover for the conies.
- 21 You created the moon to mark the seasons:
 and the sun knows the hour of its setting.
- 22 You make darkness, and it is night:
 in which all the beasts of the forest move by stealth.
- 23 The lions roar for their prey:
 seeking their food from God.

- 24 When the sun rises, they retire:
and lay themselves down in their dens.
- 25 Human beings go out to their work:
and to their labour until the evening.

Luke 24.13-27

¹³ Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, ¹⁴ and talking with each other about all these things that had happened. ¹⁵ While they were talking and discussing, Jesus himself came near and went with them, ¹⁶ but their eyes were kept from recognizing him. ¹⁷ And he said to them, 'What are you discussing with each other while you walk along?' They stood still, looking sad. ¹⁸ Then one of them, whose name was Cleopas, answered him, 'Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?' ¹⁹ He asked them, 'What things?' They replied, 'The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, ²⁰ and how our chief priests and leaders handed him over to be condemned to death and crucified him. ²¹ But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. ²² Moreover, some women of our group astounded us. They were at the tomb early this morning, ²³ and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. ²⁴ Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him.' ²⁵ Then he said to them, 'Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! ²⁶ Was it not necessary that the Messiah should suffer these things and then enter into his glory?' ²⁷ Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

Friday

Psalm 105.1-22

- 1 O give thanks to the Lord and call upon his name:
tell among the peoples what things he has done.
- 2 Sing to him, O sing praises:
and be telling of all his marvellous works.
- 3 Exult in his holy name:
and let those that seek the Lord be joyful in heart.
- 4 Seek the Lord and his strength:
O seek his face continually.
- 5 Call to mind what wonders he has done:
his marvellous acts, and the judgements of his mouth,
- 6 O seed of Abraham his servant:
O children of Jacob his chosen one.
- 7 For he is the Lord our God:
and his judgements are in all the earth.
- 8 He has remembered his covenant for ever:
the word that he ordained for a thousand generations,
- 9 The covenant that he made with Abraham:
the oath that he swore to Isaac,
- 10 And confirmed it to Jacob as a statute:
to Israel as an everlasting covenant,
- 11 Saying 'I will give you the land of Canaan:
to be the portion of your inheritance',
- 12 And that when they were but few:
little in number and aliens in the land.
- 13 They wandered from nation to nation:
from one people and kingdom to another.
- 14 He suffered no one to do them wrong:
but reproved even kings for their sake,
- 15 Saying 'Touch not my anointed:
and do my prophets no harm.'
- 16 Then he called down a famine on the land:
and destroyed the bread that was their stay.
- 17 But he had sent a man ahead of them:
Joseph who was sold into slavery,
- 18 Whose feet they fastened with fetters:
and thrust his neck into a hoop of iron.
- 19 Till the time that his words proved true:
he was tested by the Lord's command.
- 20 Then the king sent and loosed him:
the ruler of nations set him free;
- 21 He made him master of his household:
and ruler over all his possessions,
- 22 To rebuke his officers at will:
and to teach his counsellors wisdom.

Luke 24.28-35

²⁸ As they came near the village to which they were going, he walked ahead as if he were going on. ²⁹ But they urged him strongly, saying, 'Stay with us, because it is almost evening and the day is now nearly over.' So he went in to stay with them. ³⁰ When he was at the table with them, he took bread, blessed and broke it, and gave it to them. ³¹ Then their eyes were opened, and they recognized him; and he vanished from their sight. ³² They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?' ³³ That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. ³⁴ They were saying, 'The Lord has risen indeed, and he has appeared to Simon!' ³⁵ Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

Saturday

Psalm 106.1-24

- 1 Praise the Lord;
O give thanks to the Lord, for he is good:
and his mercy endures for ever.
- 2 Who can express the mighty acts of the Lord:
or fully voice his praise?
- 3 Blessed are those who act according to justice:
who at all times do the right.
- 4 Remember me, O Lord,
when you visit your people with your favour:
and come to me also with your salvation,
- 5 That I may see the prosperity of your chosen:
that I may rejoice with the rejoicing of your people,
and exult with those who are your own.
- 6 We have sinned like our ancestors:
we have acted perversely and done wrong.
- 7 Our forebears when they were in Egypt:
took no heed of your wonders;
- 8 They did not remember
the multitude of your loving-kindnesses:
but they rebelled at the Red Sea.
- 9 Nevertheless, he saved them for his name's sake:
that he might make known his power.
- 10 He commanded the Red Sea, and it dried up:
and he led them through the deep as through a desert.
- 11 He delivered them from the hand of their adversary:
and redeemed them from the power of the enemy.
- 12 The waters closed over their oppressors:
so that not one was left alive.
- 13 Then they believed his words:
and sang him songs of praise.
- 14 But in a little while they forgot what he had done:
and would wait for his counsel no more.
- 15 Greed took hold of them in the desert:
and they put God to the test in the wilderness.
- 16 So he gave them that which they desired:
but sent a wasting sickness among them.
- 17 Then they grew envious of Moses in the camp:
and of Aaron, the holy one of the Lord;
- 18 Whereupon the earth opened and swallowed up Dathan:
it closed over the company of Abiram;
- 19 Fire flared out against their number:
and flame devoured the ungodly.
- 20 At Horeb they made themselves a calf:
and bowed down in worship to an image.
- 21 And so they exchanged the glory of God:
for the likeness of an ox that eats hay.
- 22 They forgot God who was their saviour:
that had done such great things in Egypt,

23 Who had worked his wonders in the land of Ham:
and his terrible deeds at the Red Sea.

24 Therefore he thought to destroy them:
had not Moses his servant stood before him in the breach,
to turn away his wrath from destroying them.

Luke 24.36-53

³⁶ While they were talking about this, Jesus himself stood among them and said to them, 'Peace be with you.' ³⁷ They were startled and terrified, and thought that they were seeing a ghost. ³⁸ He said to them, 'Why are you frightened, and why do doubts arise in your hearts?' ³⁹ Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have.' ⁴⁰ And when he had said this, he showed them his hands and his feet. ⁴¹ While in their joy they were disbelieving and still wondering, he said to them, 'Have you anything here to eat?' ⁴² They gave him a piece of broiled fish, ⁴³ and he took it and ate in their presence. ⁴⁴ Then he said to them, 'These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled.' ⁴⁵ Then he opened their minds to understand the scriptures, ⁴⁶ and he said to them, 'Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, ⁴⁷ and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. ⁴⁸ You are witnesses of these things. ⁴⁹ And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high.' ⁵⁰ Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. ⁵¹ While he was blessing them, he withdrew from them and was carried up into heaven. ⁵² And they worshipped him, and returned to Jerusalem with great joy; ⁵³ and they were continually in the temple blessing God.

Sunday

Song to the Lamb

You are worthy, our Lord and God:
to receive glory and honour and power.

For you have created all things:
and by your will they have their being.

You are worthy, O Lamb, for you were slain:
and by your blood you ransomed for God
saints from every tribe and language and nation.

You have made them to be a kingdom and priests
serving our God:

and they will reign with you on earth.

To the One who sits on the throne and to the Lamb:
be blessing and honour and glory and might, for ever and ever. Amen.

Revelation 19.4-10

⁴ And the twenty-four elders and the four living creatures fell down and worshipped God who is seated on the throne, saying,

‘Amen. Hallelujah!’

⁵ And from the throne came a voice saying,

‘Praise our God,

all you his servants,

and all who fear him,

small and great.’

⁶ Then I heard what seemed to be the voice of a great multitude, like the sound of many waters and like the sound of mighty thunder-peals, crying out,

‘Hallelujah!

For the Lord our God

the Almighty reigns.

⁷ Let us rejoice and exult

and give him the glory,

for the marriage of the Lamb has come,

and his bride has made herself ready;

⁸ to her it has been granted to be clothed

with fine linen, bright and pure’—for the fine linen is the righteous deeds of the saints.

⁹ And the angel said to me, ‘Write this: Blessed are those who are invited to the marriage supper of the Lamb.’ And he said to me, ‘These are true words of God.’

¹⁰ Then I fell down at his feet to worship him, but he said to me, ‘You must not do that! I am a fellow-servant with you and your comrades who hold the testimony of Jesus. Worship God! For the testimony of Jesus is the spirit of prophecy.’

