



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia
10-16 May 2021

Monday

Psalm 25

- 1 In you, O Lord my God, have I put my hope:
in you have I trusted, let me not be ashamed,
nor let my enemies triumph over me.
- 2 Let none who wait for you be put to shame:
but let those that break faith
be confounded and gain nothing.
- 3 Show me your ways, O Lord:
and teach me your paths.
- 4 Lead me in the ways of your truth, and teach me:
for you are the God of my salvation.
- 5 In you have I hoped all the day long:
because of your goodness, O Lord.
- 6 Call to mind your compassion and your loving-kindness:
for they are from of old.
- 7 Remember not the sins of my youth,
nor my transgressions:
but according to your mercy think on me.
- 8 Good and upright is the Lord:
therefore will he direct sinners in the way.
- 9 The meek he will guide in the path of justice:
and teach the humble his ways.
- 10 All the paths of the Lord are faithful and true:
for those who keep his covenant and his commandments.
- 11 For your name's sake, O Lord:
be merciful to my sin, though it is great.
- 12 Who are they that fear the Lord?:
them will the Lord direct
in the way that they should choose.
- 13 Their souls shall dwell at ease:
and their children shall inherit the land.
- 14 The confidences of God belong to those that fear him:
and his covenant shall give them understanding.
- 15 My eyes are ever looking to the Lord:
for he will bring my feet out of the net.
- 16 Turn your face toward me and be gracious:
for I am alone and in misery.
- 17 O free my heart from pain:
and bring me out of my distress.
- 18 Give heed to my affliction and adversity:
and forgive me all my sins.
- 19 Consider my enemies, how many they are:
and they bear a violent hate against me.
- 20 O keep my life, and deliver me:
put me not to shame, for I come to you for refuge.
- 21 Let innocence and integrity be my guard:
for in you have I hoped.
- 22 O God, deliver Israel:
out of all their tribulation.

John 13.36-14.7

^{13.36} Simon Peter said to him, 'Lord, where are you going?' Jesus answered, 'Where I am going, you cannot follow me now; but you will follow afterwards.'³⁷ Peter said to him, 'Lord, why can I not follow you now? I will lay down my life for you.'³⁸ Jesus answered, 'Will you lay down your life for me? Very truly, I tell you, before the cock crows, you will have denied me three times. ^{14.1} 'Do not let your hearts be troubled. Believe in God, believe also in me. ² In my Father's house there are many dwelling-places. If it were not so, would I have told you that I go to prepare a place for you? ³ And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. ⁴ And you know the way to the place where I am going.'⁵ Thomas said to him, 'Lord, we do not know where you are going. How can we know the way?' ⁶ Jesus said to him, 'I am the way, and the truth, and the life. No one comes to the Father except through me. ⁷ If you know me, you will know my Father also. From now on you do know him and have seen him.'

Tuesday

Psalms 28; 29

28

- 1 To you will I cry, O Lord my Rock,
be not deaf to my prayer:
lest, if you turn away silent,
I become like those that go down to the grave.
- 2 Hear the voice of my supplication
when I cry to you for help:
when I lift up my hands
toward the holiest place of your sanctuary.
- 3 Do not snatch me away with the ungodly,
with the evildoers:
who speak peace to their neighbours,
but nourish malice in their hearts.
- 4 Repay them according to their deeds:
and according to the wickedness of their endeavours;
- 5 Requite them for the work of their hands:
and give them their deserts.
- 6 For they pay no heed to the Lord's acts,
nor to the operation of his hands:
therefore shall he break them down
and not build them up.
- 7 Let the Lord's name be praised:
for he has heard the voice of my supplication.
- 8 The Lord is my strength and my shield,
in him my heart trusts and I am helped:
therefore my heart dances for joy,
and in my song will I praise him.
- 9 The Lord is the strength of his people:
and a sure refuge for his anointed king.
- 10 O save your people and give your blessing to your own:
be their shepherd, and bear them up for ever.

29

- 1 Ascribe to the Lord, you powers of heaven:
ascribe to the Lord glory and might.
- 2 Ascribe to the Lord the honour due to his name:
O worship the Lord in the beauty of his holiness.
- 3 The voice of the Lord is upon the waters:
the God of glory thunders,
the Lord upon the great waters.
- 4 The voice of the Lord is mighty in operation:
the voice of the Lord is a glorious voice.
- 5 The voice of the Lord breaks the cedar-trees:
the Lord breaks in pieces the cedars of Lebanon.
- 6 He makes them skip like a calf:
Lebanon and Sirion like a young wild ox.

- 7 The voice of the Lord divides the lightning-flash:
the voice of the Lord whirls the sands of the desert,
the Lord whirls the desert of Kadesh.
- 8 The voice of the Lord rends the terebinth trees,
and strips bare the forests:
in his temple all cry 'Glory.'
- 9 The Lord sits enthroned above the water-flood:
the Lord sits enthroned as a king for ever.
- 10 The Lord will give strength to his people:
the Lord will give to his people the blessing of peace.

John 14.8-13

⁸ Philip said to him, 'Lord, show us the Father, and we will be satisfied.' ⁹ Jesus said to him, 'Have I been with you all this time, Philip, and you still do not know me? Whoever has seen me has seen the Father. How can you say, "Show us the Father"?' ¹⁰ Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own; but the Father who dwells in me does his works. ¹¹ Believe me that I am in the Father and the Father is in me; but if you do not, then believe me because of the works themselves. ¹² Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father. ¹³ I will do whatever you ask in my name, so that the Father may be glorified in the Son.

Wednesday

Psalm 33

- 1 Rejoice in the Lord, you righteous:
for it befits the just to praise him.
- 2 Give the Lord thanks upon the harp:
and sing his praise to the lute of ten strings.
- 3 O sing him a new song:
make sweetest melody, with shouts of praise.
- 4 For the word of the Lord is true:
and all his works are faithful.
- 5 He loves righteousness and justice:
the earth is filled with the loving-kindness of the Lord.
- 6 By the word of the Lord were the heavens made:
and their numberless stars by the breath of his mouth.
- 7 He gathered the waters of the sea as in a water-skin:
and laid up the deep in his treasuries.
- 8 Let the whole earth fear the Lord:
and let all the inhabitants of the world
stand in awe of him.
- 9 For he spoke, and it was done:
he commanded, and it stood fast.
- 10 The Lord frustrates the counsels of the nations:
he brings to nothing the devices of the peoples.
- 11 But the counsels of the Lord shall endure for ever:
the purposes of his heart from generation to generation.
- 12 Blessed is that nation whose God is the Lord:
the people he chose to be his own possession.
- 13 The Lord looks down from heaven
and surveys all the children of Adam:
he considers from his dwelling-place
all the inhabitants of the earth;
- 14 He who fashioned the hearts of them all:
and comprehends all that they do.
- 15 A king is not saved by a mighty army:
nor is a warrior delivered by much strength;
- 16 A horse is a vain hope as a deliverer:
nor can he rescue any by his great power.
- 17 But the eye of the Lord is on those that fear him:
on those that trust in his unfailing love,
- 18 To deliver them from death:
and to feed them in the time of dearth.
- 19 We have waited eagerly for the Lord:
for he is our help and our shield.
- 20 Surely our hearts shall rejoice in him:
for we have trusted in his holy name.
- 21 Let your merciful kindness be upon us, O Lord:
even as our hope is in you.

John 15.1-11

¹ 'I am the true vine, and my Father is the vine-grower. ² He removes every branch in me that bears no fruit. Every branch that bears fruit he prunes to make it bear more fruit. ³ You have already been cleansed by the word that I have spoken to you. ⁴ Abide in me as I abide in you. Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me. ⁵ I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing. ⁶ Whoever does not abide in me is thrown away like a branch and withers; such branches are gathered, thrown into the fire, and burned. ⁷ If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you. ⁸ My Father is glorified by this, that you bear much fruit and become my disciples. ⁹ As the Father has loved me, so I have loved you; abide in my love. ¹⁰ If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. ¹¹ I have said these things to you so that my joy may be in you, and that your joy may be complete.

Thursday

Psalm 97

- 1 The Lord is king; let the earth rejoice:
let the multitude of islands be glad.
- 2 Clouds and darkness are round about him:
righteousness and justice
are the foundation of his throne.
- 3 Fire goes before him:
and burns up his enemies on every side.
- 4 His lightnings light the world:
the earth sees it and quakes.
- 5 The mountains melt like wax before his face:
from before the face of the Lord of all the earth.
- 6 The heavens have proclaimed his righteousness:
and all peoples have seen his glory.
- 7 They are ashamed, all those who serve idols
and glory in mere nothings:
all gods bow down before him.
- 8 Zion heard and was glad,
and the daughters of Judah rejoiced:
because of your judgements, O God.
- 9 For you, Lord, are most high over all the earth:
you are exalted far above all gods.
- 10 The Lord loves those that hate evil:
the Lord guards the life of the faithful,
and delivers them from the hand of the ungodly.
- 11 Light dawns for the righteous:
and joy for the true of heart.
- 12 Rejoice in the Lord, you righteous:
and give thanks to his holy name.

John 14.12-29

¹² Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father.
¹³ I will do whatever you ask in my name, so that the Father may be glorified in the Son. ¹⁴ If in my name you ask me for anything, I will do it. ¹⁵ 'If you love me, you will keep my commandments. ¹⁶ And I will ask the Father, and he will give you another Advocate, to be with you for ever. ¹⁷ This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you. ¹⁸ 'I will not leave you orphaned; I am coming to you. ¹⁹ In a little while the world will no longer see me, but you will see me; because I live, you also will live. ²⁰ On that day you will know that I am in my Father, and you in me, and I in you. ²¹ They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them.' ²² Judas (not Iscariot) said to him, 'Lord, how is it that you will reveal yourself to us, and not to the world?' ²³ Jesus answered him, 'Those who love me will keep my word, and my Father will love them, and we will come to them and make our home with them. ²⁴ Whoever does not love me does not keep my words; and the word that you hear is not mine, but is from the Father who sent me. ²⁵ 'I have said these things to you while I am still with you. ²⁶ But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. ²⁷ Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid. ²⁸ You heard me say to you, "I am going away, and I am coming to you." If you loved me, you would rejoice that I am going to the Father, because the Father is greater than I. ²⁹ And now I have told you this before it occurs, so that when it does occur, you may believe.

Friday

Psalm 34

- 1 I will bless the Lord continually:
his praise shall be always in my mouth.
- 2 Let my soul boast of the Lord:
the humble shall hear it and rejoice.
- 3 O praise the Lord with me:
let us exalt his name together.
- 4 For I sought the Lord's help and he answered:
and he freed me from all my fears.
- 5 Look towards him and be bright with joy:
your faces shall not be ashamed.
- 6 Here is a wretch who cried, and the Lord heard me:
and saved me from all my troubles.
- 7 The angel of the Lord encamps round those who fear him:
and delivers them in their need.
- 8 O taste and see that the Lord is good:
happy are they that hide in him!
- 9 Fear the Lord, all you his holy ones:
for those who fear him never lack.
- 10 Lions may suffer want and go hungry:
but those who seek the Lord lack nothing good.
- 11 Come, my children, listen to me:
and I will teach you the fear of the Lord.
- 12 Which of you relishes life:
wants time to enjoy good things?
- 13 Keep your tongue from evil:
and your lips from telling lies.
- 14 Turn from evil and do good:
seek peace and pursue it.
- 15 The eyes of God are on the righteous:
and his ears towards their cry.
- 16 The Lord sets his face against wrongdoers:
to root out their memory from the earth.
- 17 The righteous cry; the Lord hears it:
and frees them from all their afflictions.
- 18 The Lord is close to those who are broken-hearted:
and the crushed in spirit he saves.
- 19 The trials of the righteous are many:
but our God delivers us from them all.
- 20 He guards all our bones:
so that not one is broken.
- 21 Evil will slay the wicked:
and those who hate the righteous will be destroyed.
- 22 The Lord ransoms the lives of his servants:
and none who hide in him will be destroyed.

John 15.12-25

¹² ‘This is my commandment, that you love one another as I have loved you.

¹³ No one has greater love than this, to lay down one’s life for one’s friends.

¹⁴ You are my friends if you do what I command you. ¹⁵ I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. ¹⁶ You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. ¹⁷ I am giving you these commands so that you may love one another. ¹⁸ ‘If the world hates you, be aware that it hated me before it hated you. ¹⁹ If you belonged to the world, the world would love you as its own. Because you do not belong to the world, but I have chosen you out of the world—therefore the world hates you. ²⁰ Remember the word that I said to you, “Servants are not greater than their master.” If they persecuted me, they will persecute you; if they kept my word, they will keep yours also. ²¹ But they will do all these things to you on account of my name, because they do not know him who sent me. ²² If I had not come and spoken to them, they would not have sin; but now they have no excuse for their sin. ²³ Whoever hates me hates my Father also. ²⁴ If I had not done among them the works that no one else did, they would not have sin. But now they have seen and hated both me and my Father. ²⁵ It was to fulfil the word that is written in their law, “They hated me without a cause.”

Saturday

Psalm 37.1-17

- 1 Do not vie with the wicked:
or envy those that do wrong;
- 2 For they will soon wither like the grass:
and fade away like the green leaf.
- 3 Trust in the Lord and do good:
and you shall dwell in the land
and feed in safe pastures.
- 4 Let the Lord be your delight:
and he will grant you your heart's desire.
- 5 Commit your way to the Lord:
trust him, and he will act.
- 6 He will make your righteousness
shine as clear as the light:
and your innocence as the noonday.
- 7 Be still before the Lord, and wait patiently for him:
do not be vexed when someone prospers,
when they put their evil purposes to work.
- 8 Let go of anger and abandon wrath:
let not envy move you to do evil.
- 9 For the wicked shall be cut down:
but those who wait for the Lord shall possess the land.
- 10 In a little while the ungodly shall be no more:
you will look for them in their place,
but they will not be found.
- 11 But the meek shall possess the land:
and enjoy the abundance of peace.
- 12 The ungodly plot against the righteous:
and gnash at them with their teeth.
- 13 But the Lord shall laugh them to scorn:
for he sees that the day for their overthrow is near.
- 14 The ungodly have drawn the sword and strung the bow:
to strike down the poor and needy,
to slaughter those that walk in innocence.
- 15 Their swords shall pierce their own hearts:
and their bows shall be broken.
- 16 Though the righteous has but a little:
it is better than the great wealth of the ungodly.
- 17 For the strong arm of the ungodly shall be broken:
but the Lord upholds the righteous.

John 15.26-16.11

^{15.26} ‘When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. ²⁷ You also are to testify because you have been with me from the beginning. ^{16.1} ‘I have said these things to you to keep you from stumbling. ² They will put you out of the synagogues. Indeed, an hour is coming when those who kill you will think that by doing so they are offering worship to God. ³ And they will do this because they have not known the Father or me. ⁴ But I have said these things to you so that when their hour comes you may remember that I told you about them. ‘I did not say these things to you from the beginning, because I was with you. ⁵ But now I am going to him who sent me; yet none of you asks me, “Where are you going?” ⁶ But because I have said these things to you, sorrow has filled your hearts. ⁷ Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. ⁸ And when he comes, he will prove the world wrong about sin and righteousness and judgement: ⁹ about sin, because they do not believe in me; ¹⁰ about righteousness, because I am going to the Father and you will see me no longer; ¹¹ about judgement, because the ruler of this world has been condemned.

Sunday

Psalm 24

- 1 The earth is the Lord's and all that is in it:
the compass of the world and those who dwell therein.
- 2 For he has founded it upon the seas:
and established it upon the waters.
- 3 Who shall ascend the hill of the Lord:
or who shall stand in his holy place?
- 4 Those who have clean hands and a pure heart:
who have not set their soul upon idols,
nor sworn their oath to a lie.
- 5 They shall receive blessing from the Lord:
and recompense from the God of their salvation.
- 6 Of such a kind as this are those who seek him:
those who seek your face, O God of Jacob.
- 7 Lift up your heads, O you gates,
and be lifted up, you everlasting doors:
and the King of glory shall come in.
- 8 Who is the King of glory?:
the Lord, strong and mighty, the Lord mighty in battle.
- 9 Lift up your heads, O you gates,
and be lifted up, you everlasting doors:
and the King of glory shall come in.
- 10 Who is the King of glory?:
the Lord of hosts, he is the King of glory.

John 16.16-24

¹⁶ 'A little while, and you will no longer see me, and again a little while, and you will see me.' ¹⁷ Then some of his disciples said to one another, 'What does he mean by saying to us, "A little while, and you will no longer see me, and again a little while, and you will see me"; and "Because I am going to the Father"?' ¹⁸ They said, 'What does he mean by this "a little while"? We do not know what he is talking about.' ¹⁹ Jesus knew that they wanted to ask him, so he said to them, 'Are you discussing among yourselves what I meant when I said, "A little while, and you will no longer see me, and again a little while, and you will see me"?' ²⁰ Very truly, I tell you, you will weep and mourn, but the world will rejoice; you will have pain, but your pain will turn into joy. ²¹ When a woman is in labour, she has pain, because her hour has come. But when her child is born, she no longer remembers the anguish because of the joy of having brought a human being into the world. ²² So you have pain now; but I will see you again, and your hearts will rejoice, and no one will take your joy from you. ²³ On that day you will ask nothing of me. Very truly, I tell you, if you ask anything of the Father in my name, he will give it to you. ²⁴ Until now you have not asked for anything in my name. Ask and you will receive, so that your joy may be complete.

