



ST PAUL'S ANGLICAN CHURCH  
CANTERBURY

Epiphany

Sunday - Tuesday

Lent

Wednesday - Saturday

Daily Prayer

14 - 20 February 2021



# Sunday

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

With you, O God, is the well of life

**and in your light shall we see light.**

*cf Psalm 36.9*

## Praise

Christ Jesus was revealed in the flesh  
and vindicated in the spirit.

He was seen by angels

and proclaimed among the nations.

Believed in throughout the world,

he was taken up in glory.

This will be made manifest at the proper time

by the blessed and only Sovereign,

Who alone has immortality,

and dwells in unapproachable light.

To the King of kings and Lord of lords

be honour and eternal dominion. Amen.

*1 Timothy 3.16; 6.15,16*

## The Word of God

### Psalm 27.1-8

- 1 The Lord is my light and my salvation;  
whom then shall I fear?:  
    the Lord is the stronghold of my life;  
    of whom shall I be afraid?
- 2 When the wicked, even my enemies and my foes,  
come upon me to devour me:  
    they shall stumble and fall.
- 3 If an army encamp against me,  
my heart shall not be afraid:  
    and if war should rise against me, yet will I trust.
- 4 One thing I have asked from the Lord,  
which I will require:  
    that I may dwell in the house of the Lord  
    all the days of my life,

- 5 To see the fair beauty of the Lord:  
and to seek his will in his temple.
- 6 For he will hide me under his shelter  
in the day of trouble:  
and conceal me in the shadow of his tent,  
and set me high upon a rock.
- 7 And now he will lift up my head:  
above my enemies round about me.
- 8 And I will offer sacrifices in his sanctuary  
with exultation:  
I will sing, I will sing praises to the Lord.

## Reading

Since, then, we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit.

*2 Corinthians 3.12-18*

## Response

*Silence*

Blessed are the meek,  
**for they will inherit the earth.**

*Matthew 5.5*

## Prayer

*Prayers are offered for the day ahead*

*Prayer of the Season*

Eternal Lord,  
our beginning and our end:  
bring us with the whole creation  
to your glory, hidden through past ages  
and made known  
in Jesus Christ our Lord.

*followed by*

O good Jesus,  
Word of the Father and  
brightness of his glory,  
whom angels desire to behold:  
teach me to do your will  
that, guided by your Spirit,  
I may come to that blessed city of  
everlasting day,  
where all are one in heart and mind,  
where there is safety and eternal peace,  
happiness and delight,  
where you live with the Father and the Holy Spirit,  
world without end. **Amen.**

*after Gregory the Great (604)*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power and the glory are yours,  
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**The Conclusion**

May the light of Christ our Lord shine in all our hearts. **Amen.**

# Monday

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*1 Timothy 3.16; 6.15,16*

## The Word of God

### Psalm 65.6, 10-13

10 You drench its furrows, you level the ridges between:

you soften it with showers and bless its early growth.

11 You crown the year with your goodness:

and the tracks where you have passed drip with fatness.

12 The pastures of the wilderness run over:

and the hills are girded with joy.

13 The meadows are clothed with sheep:

and the valleys stand so thick with corn,  
they shout for joy and sing.

## Reading

Do no evil, and evil will never overtake you.  
Stay away from wrong, and it will turn away from you.  
Do not sow in the furrows of injustice,  
and you will not reap a sevenfold crop.  
Do not commit a sin twice;  
not even for one will you go unpunished.  
Do not devise a lie against your brother,  
or do the same to a friend.  
Do not hate hard labour  
or farm work, which was created by the Most High.  
Humble yourself to the utmost,  
for the punishment of the ungodly is fire and worms.

*Sirach 7.1-3, 8, 12, 15, 17*

## Response

*Silence*

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*Matthew 5.5*

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*Prayer of the Season*

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**Save us from the time of trial  
and deliver us from evil.**

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## **The Conclusion**

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# Tuesday

## Preparation

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*1 Timothy 3.16; 6.15,16*

## The Word of God

### Psalm 18.2-7, 17-18

- 2 My God, the rock to which I come for refuge:  
my shield, my mighty saviour, and my high defence.
- 3 I called to the Lord with loud lamentation:  
and I was rescued from my enemies.
- 4 The waves of death encompassed me:  
and the floods of chaos overwhelmed me;
- 5 The cords of the grave tightened about me:  
and the snares of death lay in my path.
- 6 In my anguish I called to the Lord:  
I cried for help to my God.
- 7 From his temple he heard my voice:  
and my cry came even to his ears.

- 17 At your rebuke, O Lord:  
at the blast of the breath of your displeasure.
- 18 He reached down from on high and took me:  
he drew me out of the great waters.

## Reading

Wisdom protected the first-formed father of the world, when he alone had been created;  
she delivered him from his transgression,  
and gave him strength to rule all things.  
But when an unrighteous man departed from her in his anger,  
he perished because in rage he killed his brother.  
When the earth was flooded because of him, wisdom again saved it,  
steering the righteous man by a paltry piece of wood.

*Wisdom 10.1-4*

## Response

*Silence*

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**for they will inherit the earth.**

*Matthew 5.5*

## Prayer

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*Prayer of the Season*

Eternal Lord,  
our beginning and our end:  
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to your glory, hidden through past ages  
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**Save us from the time of trial  
and deliver us from evil.**

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now and forever. Amen.**

## **The Conclusion**

May the light of Christ our Lord shine in all our hearts. **Amen.**

# Wednesday

O God, make speed to save us.

**O Lord, make haste to help us.**

Hear my prayer, O Lord, and give ear to my cry;

**hold not your peace at my tears.**

## Praise

Jesus, like a mother you gather your people to you;  
you are gentle with us as a mother with her children.  
Despair turns to hope through your sweet goodness;  
through your gentleness we find comfort in fear.  
Your warmth gives life to the dead,  
your touch makes sinners righteous.  
Lord Jesus, in your mercy heal us;  
in your love and tenderness remake us.  
In your compassion bring grace and forgiveness,  
for the beauty of heaven may your love prepare us.

*Anselm (1109)*

## The Word of God

### Psalm 51.11-19

- 11 Do not cast me out from your presence:  
do not take your holy spirit from me.
- 12 O give me the gladness of your help again:  
and support me with a willing spirit.
- 13 Then will I teach transgressors your ways:  
and sinners shall turn to you again.
- 14 O Lord God of my salvation, deliver me from bloodshed:  
and my tongue shall sing of your righteousness.
- 15 O Lord, open my lips:  
and my mouth shall proclaim your praise.
- 16 You take no pleasure in sacrifice, or I would give it:  
burnt-offerings you do not want.
- 17 The sacrifice of God is a broken spirit:  
a broken and contrite heart, O God, you will not despise.
- 18 In your graciousness do good to Zion:  
rebuild the walls of Jerusalem.
- 19 Then will you delight in right sacrifices,  
in burnt-offerings and oblations:  
then will they offer young bulls upon your altar.

## Reading

Then the word of the Lord of hosts came to me: Say to all the people of the land and the priests: When you fasted and lamented in the fifth month and in the seventh, for these seventy years, was it for me that you fasted? Thus says the Lord of hosts: Render true judgements, show kindness and mercy to one another; do not oppress the widow, the orphan, the alien, or the poor; and do not devise evil in your hearts against one another.

*Zechariah 7.4-5, 9-10*

## Response

*Silence*

Blessed are the merciful,  
**for they will receive mercy.**

*Matthew 5.7*

## Prayer

*Prayers are offered followed by the prayer of the Season*

*Prayer of the Season*

God of wilderness and water,  
your Son was baptized and tempted as we are.  
Guide us through this season,  
that we may not avoid struggle,  
but open ourselves to blessing,  
through the cleansing depths of repentance  
and the heaven-rending words of the Spirit. Amen.

*Closing Prayer*

Teach us, good Lord, to serve you as you deserve;  
to give and not to count the cost;  
to fight and not to heed the wounds;  
to toil and not to seek for rest;  
to labour and not to seek for any reward,  
save that of knowing that we do your will.  
**Amen.**

*Ignatius of Loyola (1556)*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May God bless us and show us compassion and mercy.

**Amen.**

# Thursday

O God, make speed to save us.

**O Lord, make haste to help us.**

Hear my prayer, O Lord, and give ear to my cry;

**hold not your peace at my tears.**

## Praise

Jesus, like a mother you gather your people to you;  
you are gentle with us as a mother with her children.  
Despair turns to hope through your sweet goodness;  
through your gentleness we find comfort in fear.  
Your warmth gives life to the dead,  
your touch makes sinners righteous.  
Lord Jesus, in your mercy heal us;  
in your love and tenderness remake us.  
In your compassion bring grace and forgiveness,  
for the beauty of heaven may your love prepare us.

*Anselm (1109)*

## The Word of God

### Psalm 111.1b-2, 5-10

- 1 O praise the Lord. Blessed are they that fear the Lord:  
and greatly delight in his commandments.
- 2 Their children shall be mighty in the land:  
an upright race who will be blessed.
- 5 It goes well with those who act generously and lend:  
who guide their affairs with justice.
- 6 Surely they shall never be moved:  
the righteous shall be held in everlasting remembrance.
- 7 They will not fear bad tidings:  
their hearts are steadfast, trusting in the Lord.
- 8 Their hearts are confident and will not fear:  
they will see the downfall of their enemies.
- 9 They give freely to the poor:  
their righteousness stands for ever,  
their head is uplifted in glory.
- 10 The wicked shall see it and be angry:  
they shall gnash their teeth and consume away;  
and the hope of the wicked shall fail.

## Reading

Do not invite death by the error of your life,  
or bring on destruction by the works of your hands;  
because God did not make death,  
and he does not delight in the death of the living.  
For he created all things so that they might exist;  
the generative forces of the world are wholesome,  
and there is no destructive poison in them,  
and the dominion of Hades is not on earth.  
For righteousness is immortal.

*Wisdom 1.12-15*

## Response

*Silence*

Blessed are the merciful,  
**for they will receive mercy.**

*Matthew 5.7*

## Prayer

*Prayers are offered followed by the prayer of the Season*

*Prayer of the Season*

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Guide us through this season,  
that we may not avoid struggle,  
but open ourselves to blessing,  
through the cleansing depths of repentance  
and the heaven-rending words of the Spirit. Amen.

*Closing Prayer*

Teach us, good Lord, to serve you as you deserve;  
to give and not to count the cost;  
to fight and not to heed the wounds;  
to toil and not to seek for rest;  
to labour and not to seek for any reward,  
save that of knowing that we do your will.

**Amen.**

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*The Lord's Prayer*

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## **The Conclusion**

May God bless us and show us compassion and mercy.

**Amen.**

# Friday

O God, make speed to save us.

**O Lord, make haste to help us.**

Hear my prayer, O Lord, and give ear to my cry;

**hold not your peace at my tears.**

## Praise

Jesus, like a mother you gather your people to you;  
you are gentle with us as a mother with her children.  
Despair turns to hope through your sweet goodness;  
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Your warmth gives life to the dead,  
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Lord Jesus, in your mercy heal us;  
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In your compassion bring grace and forgiveness,  
for the beauty of heaven may your love prepare us.

*Anselm (1109)*

## The Word of God

### Psalm 12

- 1 Help, Lord, for there is not one godly person left:  
the faithful have vanished from among  
the children of Adam.
- 2 Everyone tells lies to their neighbour:  
they flatter with their lips,  
but speak from a double heart.
- 3 If only the Lord would cut off all flattering lips:  
and the tongue that speaks so proudly!
- 4 They say 'By our tongues we shall prevail:  
our lips are our servants—who is lord over us?'
- 5 Because of the oppression of the poor,  
because of the groaning of the needy:  
'I will arise', says the Lord,  
'and set them in safety from those that  
snarl after them.'
- 6 The words of the Lord are pure,  
as silver refined in a crucible:  
as gold that is seven times purified in the fire.

- 7 You will surely guard us, O Lord:  
and shield us for ever from this evil generation,  
8 Though the ungodly strut on every side:  
though the vilest lord it over the children of Adam.

## Reading

Prayer with fasting is good, but better than both is almsgiving with righteousness. A little with righteousness is better than wealth with wrongdoing. It is better to give alms than to lay up gold. For almsgiving saves from death and purges away every sin. Those who give alms will enjoy a full life, but those who commit sin and do wrong are their own worst enemies.

*Tobit 12.8-10*

## Response

*Silence*

Blessed are the merciful,  
**for they will receive mercy.**

*Matthew 5.7*

## Prayer

*Prayers are offered followed by the prayer of the Season*

*Prayer of the Season*

God of wilderness and water,  
your Son was baptized and tempted as we are.  
Guide us through this season,  
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but open ourselves to blessing,  
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*Closing Prayer*

Teach us, good Lord, to serve you as you deserve;  
to give and not to count the cost;  
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save that of knowing that we do your will.

**Amen.**

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## **The Conclusion**

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**Amen.**

# Saturday

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*Anselm (1109)*

## The Word of God

### Psalm 103.1-2, 13-18

- 1 Praise the Lord, O my soul:  
and all that is within me, praise his holy name.
- 2 Praise the Lord, O my soul:  
and forget not all his benefits,
- 13 As a father is tender towards his children:  
so is the Lord tender to those that fear him.
- 14 For he knows of what we are made:  
he remembers that we are but dust.
- 15 Our days are but as grass:  
we flourish like a flower of the field;
- 16 When the wind goes over it, it is gone:  
and its place will know it no more.
- 17 But the merciful goodness of the Lord  
endures for ever and ever toward those that fear him:  
and his righteousness upon their children's children;
- 18 Upon those who keep his covenant:  
and remember his commandments to do them.

## Reading

For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. Remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm; therefore the Lord your God commanded you to keep the sabbath day.

*Deuteronomy 5.13-15*

## Response

*Silence*

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*Matthew 5.7*

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