



Advent

27th November - 3rd December 2022

Prayer in the Middle of the Day

Sunday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart,

that I should not sin against you

Psalm 119.11

Praise

Saviour eternal,
life of the world unfailing,
light everlasting
and our true redemption.

Taking our humanity
in your loving freedom,
you rescued our lost earth
and filled the world with joy.

By your first advent justify us,
by your second, set us free:
that when the great light dawns
and you come as judge of all,
we may be robed in immortality
and ready, Lord, to follow
in your footsteps blest, wherever they may lead.

Salus Aeterna

The Word of God

Psalm 141.1-4, 8-10

- 1 O Lord, I call to you, make haste to help me:
and hear my voice when I cry.
- 2 Let my prayer be as incense before you:
and the lifting up of my hands as the evening sacrifice.
- 3 Set a guard, O Lord, on my mouth:
and keep the door of my lips.
- 4 Let not my heart incline to evil speech,
to join in wickedness with wrongdoers:
let me not taste the pleasures of their table.
- 8 As when a farmer breaks the ground:
so shall their bones lie scattered at the mouth of Sheol.
- 9 But my eyes look to you, O Lord my God:
to you I come for refuge, do not pour out my life.
- 10 Keep me from the snare that they have laid for me:
and from the traps of the evildoers.

Ephesians 5.15-20

¹⁵ Be careful then how you live, not as unwise people but as wise, ¹⁶making the most of the time, because the days are evil. ¹⁷So do not be foolish, but understand what the will of the Lord is. ¹⁸Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, ¹⁹as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, ²⁰giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Response

Silence

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Matthew 5.6

Prayer

Concluding Prayer

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
everyday of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever.

Amen.

Richard Baxter

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the Lord make us ready for his coming in glory.
Amen.

Monday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart,
that I should not sin against you

Psalm 119.11

Praise

Saviour eternal,
life of the world unfailing,
light everlasting
and our true redemption.

Taking our humanity
in your loving freedom,
you rescued our lost earth
and filled the world with joy.

By your first advent justify us,
by your second, set us free:
that when the great light dawns
and you come as judge of all,
we may be robed in immortality
and ready, Lord, to follow
in your footsteps blest, wherever they may lead.

Salus Aeterna

The Word of God

Psalm 146.1-2, 5-10

- 1 Praise the Lord, praise the Lord, O my soul:
while I live I will praise the Lord;
- 2 While I have any being:
I will sing praises to my God.
- 5 Blessed are those whose help is the God of Jacob:
whose hope is in the Lord their God,
- 6 The God who made heaven and earth:
the sea, and all that is in them,
- 7 Who keeps faith for ever:
who deals justice to those that are oppressed.
- 8 The Lord gives food to the hungry:
and sets the captives free.
- 9 The Lord gives sight to the blind:
the Lord lifts up those that are bowed down.
- 10 The Lord loves the righteous:
the Lord cares for the stranger in the land.

1 Peter 1.23-25

²³You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God. ²⁴For

‘All flesh is like grass
and all its glory like the flower of grass.

The grass withers,
and the flower falls,

²⁵ but the word of the Lord endures for ever.’

That word is the good news that was announced to you.

Response

Silence

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Matthew 5.6

Prayer

Concluding Prayer

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
everyday of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever.

Amen.

Richard Baxter

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the Lord make us ready for his coming in glory.
Amen.

Tuesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart,
that I should not sin against you

Psalm 119.11

Praise

Saviour eternal,
life of the world unfailing,
light everlasting
and our true redemption.

Taking our humanity
in your loving freedom,
you rescued our lost earth
and filled the world with joy.

By your first advent justify us,
by your second, set us free:
that when the great light dawns
and you come as judge of all,
we may be robed in immortality
and ready, Lord, to follow
in your footsteps blest, wherever they may lead.

Salus Aeterna

The Word of God

Psalm 26.1-3, 6-12

- 1 Give judgement for me, O Lord,
for I have walked in my integrity:
I have trusted in the Lord and not wavered.
- 2 Put me to the test, O Lord, and prove me:
try my mind and my heart.
- 3 For your steadfast love has been ever before my eyes:
and I have walked in your truth.
- 6 I wash my hands in innocence, O Lord:
that I may go about your altar,
- 7 And lift up the voice of thanksgiving:
to tell of all your marvellous works.
- 8 Lord, I love the house of your habitation:
and the place where your glory dwells.
- 9 Do not sweep me away with sinners:
nor my life with those that thirst for blood,
- 10 In whose hand is abomination:
and their right hand is full of bribes.
- 11 As for me, I walk in my integrity:
O ransom me and be favourable toward me.
- 12 My foot stands on an even path:
I will bless the Lord in the great congregation.

Romans 15.8b-9, 12-13

⁸Christ has become a servant of the circumcised on behalf of the truth of God in order that he might confirm the promises given to the patriarchs, ⁹and in order that the Gentiles might glorify God for his mercy. As it is written, 'Therefore I will confess you among the Gentiles, and sing praises to your name'; ¹²and again Isaiah says, 'The root of Jesse shall come, the one who rises to rule the Gentiles; in him the Gentiles shall hope.' ¹³May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

Response

Silence

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Matthew 5.6

Prayer

Concluding Prayer

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
everyday of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever.

Amen.

Richard Baxter

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the Lord make us ready for his coming in glory.

Amen.

Wednesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart,

that I should not sin against you

Psalm 119.11

Praise

Saviour eternal,
life of the world unfailing,
light everlasting
and our true redemption.

Taking our humanity
in your loving freedom,
you rescued our lost earth
and filled the world with joy.

By your first advent justify us,
by your second, set us free:
that when the great light dawns
and you come as judge of all,
we may be robed in immortality
and ready, Lord, to follow
in your footsteps blest, wherever they may lead.

Salus Aeterna

The Word of God

Psalm 34.1-9

- 1 I will bless the Lord continually:
his praise shall be always in my mouth.
- 2 Let my soul boast of the Lord:
the humble shall hear it and rejoice.
- 3 O praise the Lord with me:
let us exalt his name together.
- 4 For I sought the Lord's help and he answered:
and he freed me from all my fears.
- 5 Look towards him and be bright with joy:
your faces shall not be ashamed.
- 6 Here is a wretch who cried, and the Lord heard me:
and saved me from all my troubles.
- 7 The angel of the Lord encamps round those who fear him:
and delivers them in their need.
- 8 O taste and see that the Lord is good:
happy are they that hide in him!
- 9 Fear the Lord, all you his holy ones:
for those who fear him never lack.

1 Corinthians 2.1-5

¹When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. ²For I decided to know nothing among you except Jesus Christ, and him crucified. ³And I came to you in weakness and in fear and in much trembling. ⁴My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, ⁵so that your faith might rest not on human wisdom but on the power of God.

Response

Silence

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Matthew 5.6

Prayer

Concluding Prayer

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
everyday of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever.

Amen.

Richard Baxter

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the Lord make us ready for his coming in glory.
Amen.

Thursday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart,
that I should not sin against you

Psalm 119.11

Praise

Saviour eternal,
life of the world unending,
light everlasting
and our true redemption.

Taking our humanity
in your loving freedom,
you rescued our lost earth
and filled the world with joy.

By your first advent justify us,
by your second, set us free:
that when the great light dawns
and you come as judge of all,
we may be robed in immortality
and ready, Lord, to follow
in your footsteps blest, wherever they may lead.

Salus Aeterna

The Word of God

Psalm 68.4-6, 19-20, 35

- 4 O sing to God, sing praises to his name:
glorify him that rode through the deserts,
him whose name is the Lord, and exult before him.
- 5 He is the father of the fatherless,
he upholds the cause of the widow:
God in his holy dwelling place.
- 6 He gives the desolate a home to dwell in,
and brings the prisoners out into prosperity:
but rebels must dwell in a barren land.
- 19 Blessed be the Lord day by day,
who bears us as his burden:
he is the God of our deliverance.
- 20 God is to us a God who saves:
by God the Lord do we escape death.
tread down those that are greedy for silver,
scatter the peoples that relish war.
- 35 Terrible is God who comes from his holy place:
the God of Israel who gives power
and strength to his people. Blessed be God.

1 Thessalonians 2.10-13

¹⁰You are witnesses, and God also, how pure, upright, and blameless our conduct was towards you believers. ¹¹As you know, we dealt with each one of you like a father with his children, ¹²urging and encouraging you and pleading that you should lead a life worthy of God, who calls you into his own kingdom and glory. ¹³We also constantly give thanks to God for this, that when you received the word of God that you heard from us, you accepted it not as a human word but as what it really is, God's word, which is also at work in you believers.

Response

Silence

Blessed are those who hunger and thirst for righteousness,

for they will be filled.

Matthew 5.6

Prayer

Concluding Prayer

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
everyday of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever.

Amen.

Richard Baxter

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the Lord make us ready for his coming in glory.

Amen.

Friday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart,

that I should not sin against you

Psalm 119.11

Praise

Saviour eternal,
life of the world unfailing,
light everlasting
and our true redemption.

Taking our humanity
in your loving freedom,
you rescued our lost earth
and filled the world with joy.

By your first advent justify us,
by your second, set us free:
that when the great light dawns
and you come as judge of all,
we may be robed in immortality
and ready, Lord, to follow
in your footsteps blest, wherever they may lead.

Salus Aeterna

The Word of God

Psalm 22.1-11

- 1 My God, my God, why have you forsaken me:
why are you so far from helping me
and from the words of my groaning?
- 2 My God, I cry to you by day, but you do not answer:
and by night also I take no rest.
- 3 But you continue holy:
you that are the praise of Israel.
- 4 In you our forebears trusted:
they trusted, and you delivered them;
- 5 To you they cried and they were saved:
they put their trust in you and were not confounded.
- 6 But as for me, I am a worm and no man:
the scorn of all and despised by the people.
- 7 Those that see me laugh me to scorn:
they shoot out their lips at me
and wag their heads, saying,
- 8 'He trusted in the Lord—let him deliver him:
let him deliver him, if he delights in him.'
- 9 But you are he that took me out of the womb:
that brought me to lie at peace on my mother's breast.
- 10 On you have I been cast since my birth:
you are my God, even from my mother's womb.
- 11 O go not from me, for trouble is hard at hand:
and there is none to help.

Ephesians 1.18-21

¹⁸so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, ¹⁹and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. ²⁰God put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, ²¹far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come.

Response

Silence

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Matthew 5.6

Prayer

Concluding Prayer

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
everyday of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever.

Amen.

Richard Baxter

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the Lord make us ready for his coming in glory.

Amen.

Saturday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart,
that I should not sin against you

Psalm 119.11

Praise

Saviour eternal,
life of the world unfailing,
light everlasting
and our true redemption.

Taking our humanity
in your loving freedom,
you rescued our lost earth
and filled the world with joy.

By your first advent justify us,
by your second, set us free:
that when the great light dawns
and you come as judge of all,
we may be robed in immortality
and ready, Lord, to follow
in your footsteps blest, wherever they may lead.

Salus Aeterna

The Word of God

Psalm 48.8-13

- 8 As we have heard, so have we seen
in the city of the Lord of hosts:
in the city of our God,
which God has established for ever.
- 9 We have called to mind your loving-kindness, O God:
in the midst of your temple.
- 10 As your name is great, O God, so also is your praise:
even to the ends of the earth.
- 11 Your right hand is full of victory
—let Zion's hill rejoice:
let the daughters of Judah be glad,
because of your judgements.
- 12 Walk about Zion, go round about her,
and count all her towers:
consider well her ramparts, pass through her palaces;
- 13 That you may tell those who come after that such is God:
our God for ever and ever, and he will guide us eternally.

Romans 12.6-11

⁶We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ⁷ministry, in ministering; the teacher, in teaching; ⁸the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness. ⁹Let love be genuine; hate what is evil, hold fast to what is good; ¹⁰love one another with mutual affection; outdo one another in showing honour. ¹¹Do not lag in zeal, be ardent in spirit, serve the Lord.

Response

Silence

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Matthew 5.6

Prayer

Concluding Prayer

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
everyday of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever.

Amen.

Richard Baxter

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the Lord make us ready for his coming in glory.
Amen.

