



Daily Prayer
in
the Sixth Week of Epiphany

followed by
O good Jesus,
Word of the Father and
brightness of his glory,
whom angels desire to behold:
teach me to do your will
that, guided by your Spirit,
I may come to that blessed city of
everlasting day,
where all are one in heart and mind,
where there is safety and eternal peace,
happiness and delight,
where you live with the Father and the Holy Spirit,
world without end. **Amen.**

after Gregory the Great (604)

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the light of Christ our Lord shine in all our hearts. **Amen.**

- 14 'Offer to God a sacrifice of thanksgiving:
and pay your vows to the Most High.
15 'Call upon me in the day of trouble:
I will bring you out, and you shall glorify me.'

Reading

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, 'Give it to the people and let them eat.' But his servant said, 'How can I set this before a hundred people?' So he repeated, 'Give it to the people and let them eat, for thus says the Lord, "They shall eat and have some left."' He set it before them, they ate, and had some left, according to the word of the Lord.

2 Kings 4.42-44

Response

Silence

Blessed are the meek,
for they will inherit the earth.

Matthew 5.5

Prayer

Prayers are offered for the day ahead

Prayer of the Season

Eternal Lord,
our beginning and our end:
bring us with the whole creation
to your glory, hidden through past ages
and made known
in Jesus Christ our Lord.

Sunday

Preparation

O God, make speed to save us.
O Lord, make haste to help us.

With you, O God, is the well of life
and in your light shall we see light.

cf Psalm 36.9

Praise

Christ Jesus was revealed in the flesh
and vindicated in the spirit.
He was seen by angels
and proclaimed among the nations.
Believed in throughout the world,
he was taken up in glory.
This will be made manifest at the proper time
by the blessed and only Sovereign,
Who alone has immortality,
and dwells in unapproachable light.
To the King of kings and Lord of lords
be honour and eternal dominion. Amen.

1 Timothy 3.16; 6.15,16

The Word of God

Psalm 150

- 1 Praise the Lord. O praise God in his sanctuary:
praise him in the firmament of his power.
- 2 Praise him for his mighty acts:
praise him according to his abundant goodness.
- 3 Praise him in the blast of the ram's horn:
praise him upon the lute and harp.
- 4 Praise him with the timbrel and dances:
praise him upon the strings and pipe.
- 5 Praise him on the high-sounding cymbals:
praise him upon the loud cymbals.
- 6 Let everything that has breath praise the Lord:
O praise the Lord!

Reading

Besides, all their days they eat in darkness, in much vexation and sickness and resentment.

This is what I have seen to be good: it is fitting to eat and drink and find enjoyment in all the toil with which one toils under the sun the few days of the life God gives us; for this is our lot. Likewise all to whom God gives wealth and possessions and whom he enables to enjoy them, and to accept their lot and find enjoyment in their toil—this is the gift of God.

Ecclesiastes 5.17-19

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Saturday

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1 Timothy 3.16; 6.15,16

The Word of God

Psalm 50.1-2, 7-9, 14-15

- 1 The Lord our God, the Mighty One, has spoken:
and summoned the earth,
from the rising of the sun to its setting in the west.
- 2 From Zion, perfect in beauty:
God has shone out in glory.
- 7 'Listen my people, and I will speak:
O Israel, I am God your God,
and I will give my testimony.
- 8 'It is not for your sacrifices that I reprove you:
for your burnt-offerings are always before me.
- 9 'I will take no bull from your farms:
or he-goat from your pens.

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after Gregory the Great (604)

The Lord's Prayer

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The Conclusion

May the light of Christ our Lord shine in all our hearts. **Amen.**

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Monday

Preparation

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O Lord, make haste to help us.

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cf Psalm 36.9

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I Timothy 3.16; 6.15,16

The Word of God

Psalm 83.2-5, 13-18

- 2 See how your enemies make uproar:
how those that hate you have lifted up their heads.
- 3 For they lay shrewd plots against your people:
they scheme against those whom you have cherished.
- 4 'Come', they say, 'let us destroy them,
that they may no longer be a nation:
that the very name of Israel
may be remembered no more.'
- 5 With one mind they conspire together:
they make alliance against you,
- 13 Make them like thistledown, my God:
or like chaff blown before the wind.
- 14 As fire consuming a thicket:
or as flame that sets the hillsides ablaze,

16 Show your servants your work:
and let their children see your glory.

17 May the gracious favour of the Lord our God be upon us:
prosper the work of our hands,
O prosper the work of our hands!

Reading

Ha! You who hide a plan too deep for the Lord,
whose deeds are in the dark,
and who say, 'Who sees us? Who knows us?'
You turn things upside down!
Shall the potter be regarded as the clay?
Shall the thing made say of its maker,
'He did not make me';
or the thing formed say of the one who formed it,
'He has no understanding'?

Isaiah 29.15-16

Response

Silence

Blessed are the meek,
for they will inherit the earth.

Matthew 5.5

Prayer

Prayers are offered for the day ahead

Prayer of the Season

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Friday

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1 Timothy 3.16; 6.15,16

The Word of God

Psalm 90.1-2,4, 13-17

- 1 Lord, you have been our refuge:
from one generation to another.
- 2 Before the mountains were born
or the earth and the world were brought to be:
from eternity to eternity you are God.
- 4 For a thousand years in your sight
are like yesterday passing:
or like one watch of the night.
- 13 Relent, O Lord; how long will you be angry?:
take pity on your servants.
- 14 O satisfy us early with your mercy:
that all our days we may rejoice and sing.
- 15 Give us joy for all the days you have afflicted us:
for the years we have suffered adversity.

- 15 Pursue them with your tempest:
and terrify them with your storm-wind.
- 16 Cover their faces with shame, O Lord:
that they may seek your name.
- 17 Let them be disgraced and dismayed for ever:
let them be confounded and perish,
- 18 That they may know that you, whose name is the Lord:
are alone the Most High over all the earth.

Reading

The pride of the higher realms is the clear vault of the sky,
as glorious to behold as the sight of the heavens.
The sun, when it appears, proclaims as it rises
what a marvellous instrument it is, the work of the Most High.
At noon it parches the land,
and who can withstand its burning heat?
A man tending a furnace works in burning heat,
but three times as hot is the sun scorching the mountains;
it breathes out fiery vapours,
and its bright rays blind the eyes.
Great is the Lord who made it;
at his orders it hurries on its course.

Sirach 43.1-5

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- 9 The Lord is a strong tower to those that are oppressed:
he is a tower of strength in time of need.
- 10 All who heed your name will trust in you:
for you have never forsaken those that seek you.

Reading

When the parents had gone out and shut the door of the room, Tobias got out of bed and said to Sarah, 'Sister, get up, and let us pray and implore our Lord that he grant us mercy and safety.' So she got up, and they began to pray and implore that they might be kept safe.

Tobias began by saying,

'Blessed are you, O God of our ancestors,

and blessed is your name in all generations for ever.

Let the heavens and the whole creation bless you for ever.

You made Adam, and for him you made his wife Eve
as a helper and support.

From the two of them the human race has sprung.

You said, "It is not good that the man should be alone;
let us make a helper for him like himself."

I now am taking this kinswoman of mine,
not because of lust,
but with sincerity.

Grant that she and I may find mercy
and that we may grow old together.'

Tobit 8.4b, 5b-7

Response

Silence

Blessed are the meek,
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Prayer of the Season

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Tuesday

Preparation

O God, make speed to save us.

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cf Psalm 36.9

Praise

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1 Timothy 3.16; 6.15,16

The Word of God

Psalm 84.2-8

- 2 My soul has a desire and longing
to enter the courts of the Lord:
my heart and my flesh rejoice in the living God.
- 3 The sparrow has found her a home,
and the swallow a nest where she may lay her young:
even your altar, O Lord of hosts, my King and my God.
- 4 Blessed are those who dwell in your house:
they will always be praising you.
- 5 Blessed are those whose strength is in you:
in whose heart are the highways to Zion;
- 6 Who, going through the valley of dryness,
find there a spring from which to drink:
till the autumn rain shall clothe it with blessings.

- 7 They go from strength to strength:
they appear, every one of them,
before the God of gods in Zion.
- 8 O Lord God of hosts, hear my prayer:
give ear, O God of Jacob.

Reading

Guard your steps when you go to the house of God; to draw near to listen is better than the sacrifice offered by fools; for they do not know how to keep from doing evil.

For dreams come with many cares, and a fool's voice with many words. When you make a vow to God, do not delay fulfilling it; for he has no pleasure in fools. Fulfil what you vow.

Ecclesiastes 4.17-5.1,3-4

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1 Timothy 3.16; 6.15,16

The Word of God

Psalm 9.2-3,6-10

- 2 I will rejoice and be glad in you:
I will make my songs to your name, O Most High.
- 3 For my enemies are driven back:
they stumble and perish at your presence.
- 6 The strongholds of the enemy are made
a perpetual desolation:
you plucked up their cities,
and even their memory has perished.
- 7 The Lord confounds them; but the Lord endures
for ever:
he has set up his throne for judgement.
- 8 He shall judge the world with righteousness:
and deal true justice to the peoples.

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1 Timothy 3.16; 6.15,16

The Word of God

Psalm 59.1-5, 18-20

- 1 Deliver me from my enemies, O God:
lift me to safety from those that rise against me;
- 2 O deliver me from the evildoers:
and save me from those that thirst for blood.
- 3 For they lie in wait for my life:
the brutal stir up violence against me.
- 4 Not for my sin or my transgression, O Lord,
not for any evil I have done:
do they run and take up position against me.
- 5 Arise to meet me, and see:
you that are Lord of hosts and God of Israel.
- 18 But I will sing of your might:
I will sing aloud each morning of your goodness.

- 19 For you have been my strong tower:
and a sure refuge in the day of my distress.
- 20 I will sing your praises, O my strength:
for God is my strong tower.

Reading

Happy are those who find wisdom,
and those who get understanding,
for her income is better than silver,
and her revenue better than gold.
She is more precious than jewels,
and nothing you desire can compare with her.
Long life is in her right hand;
in her left hand are riches and honour.
Her ways are ways of pleasantness,
and all her paths are peace.
She is a tree of life to those who lay hold of her;
those who hold her fast are called happy.

Proverbs 3.13-18

Response

Silence

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