

*followed by*  
O good Jesus,  
Word of the Father and  
brightness of his glory,  
whom angels desire to behold:  
teach me to do your will  
that, guided by your Spirit,  
I may come to that blessed city of  
everlasting day,  
where all are one in heart and mind,  
where there is safety and eternal peace,  
happiness and delight,  
where you live with the Father and the Holy Spirit,  
world without end. **Amen.**

*after Gregory the Great (604)*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

### **The Conclusion**

May the light of Christ our Lord shine in all our hearts. **Amen.**



# Daily Prayer in the First Week of Epiphany

- 7 The Lord will defend you from all evil:  
it is he who will guard your life.
- 8 The Lord will defend your going out and your coming in:  
from this time forward for evermore.

### **Reading**

Seek the Lord while he may be found,  
call upon him while he is near;  
let the wicked forsake their way,  
and the unrighteous their thoughts;  
let them return to the Lord, that he may have mercy on them,  
and to our God, for he will abundantly pardon.  
For my thoughts are not your thoughts,  
nor are your ways my ways, says the Lord.  
For as the heavens are higher than the earth,  
so are my ways higher than your ways  
and my thoughts than your thoughts.

*Isaiah 55.6-9*

### **Response**

*Silence*

Blessed are the meek,  
**for they will inherit the earth.**

*Matthew 5.5*

### **Prayer**

*Prayers are offered for the day ahead*

*Prayer of the Season*

Eternal Lord,  
our beginning and our end:  
bring us with the whole creation  
to your glory, hidden through past ages  
and made known  
in Jesus Christ our Lord.

## Saturday

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

With you, O God, is the well of life  
**and in your light shall we see light.**

*cf Psalm 36.9*

### Praise

Christ Jesus was revealed in the flesh  
and vindicated in the spirit.

He was seen by angels  
and proclaimed among the nations.  
Believed in throughout the world,  
he was taken up in glory.

This will be made manifest at the proper time  
by the blessed and only Sovereign,  
Who alone has immortality,  
and dwells in unapproachable light.  
To the King of kings and Lord of lords  
be honour and eternal dominion. Amen.

*I Timothy 3.16; 6.15,16*

### The Word of God

#### Psalm 149

- 1 I lift up my eyes to the hills:  
but where shall I find help?
- 2 My help comes from the Lord:  
who has made heaven and earth.
- 3 He will not suffer your foot to stumble:  
and he who watches over you will not sleep.
- 4 Be sure he who has charge of Israel:  
will neither slumber nor sleep.
- 5 The Lord himself is your keeper:  
the Lord is your defence upon your right hand;
- 6 The sun shall not strike you by day:  
nor shall the moon by night.

## Sunday

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

With you, O God, is the well of life  
**and in your light shall we see light.**

*cf Psalm 36.9*

### Praise

Christ Jesus was revealed in the flesh  
and vindicated in the spirit.

He was seen by angels  
and proclaimed among the nations.  
Believed in throughout the world,  
he was taken up in glory.

This will be made manifest at the proper time  
by the blessed and only Sovereign,  
Who alone has immortality,  
and dwells in unapproachable light.  
To the King of kings and Lord of lords  
be honour and eternal dominion. Amen.

*I Timothy 3.16; 6.15,16*

### The Word of God

#### Psalm 29.3-10

- 3 The voice of the Lord is upon the waters:  
the God of glory thunders,  
the Lord upon the great waters.
- 4 The voice of the Lord is mighty in operation:  
the voice of the Lord is a glorious voice.
- 5 The voice of the Lord breaks the cedar-trees:  
the Lord breaks in pieces the cedars of Lebanon.
- 6 He makes them skip like a calf:  
Lebanon and Sirion like a young wild ox.
- 7 The voice of the Lord divides the lightning-flash:  
the voice of the Lord whirls the sands of the desert,  
the Lord whirls the desert of Kadesh.

- 8 The voice of the Lord rends the terebinth trees,  
and strips bare the forests:  
in his temple all cry 'Glory.'
- 9 The Lord sits enthroned above the water-flood:  
the Lord sits enthroned as a king for ever.
- 10 The Lord will give strength to his people:  
the Lord will give to his people the blessing of peace.

## Reading

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, 'Let there be light'; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

*Genesis 1.1-5*

## Response

*Silence*

Blessed are the meek,  
**for they will inherit the earth.**

*Matthew 5.5*

## Prayer

*Prayers are offered for the day ahead*

*Prayer of the Season*

Eternal Lord,  
our beginning and our end:  
bring us with the whole creation  
to your glory, hidden through past ages  
and made known  
in Jesus Christ our Lord.

*followed by*  
O good Jesus,  
Word of the Father and  
brightness of his glory,  
whom angels desire to behold:  
teach me to do your will  
that, guided by your Spirit,  
I may come to that blessed city of  
everlasting day,  
where all are one in heart and mind,  
where there is safety and eternal peace,  
happiness and delight,  
where you live with the Father and the Holy Spirit,  
world without end. **Amen.**

*after Gregory the Great (604)*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## The Conclusion

May the light of Christ our Lord shine in all our hearts. **Amen.**

34 Consider this, you that are meek, and rejoice:  
seek God, and let your heart be glad.  
35 For the Lord listens to the poor:  
he does not despise his servants in captivity.  
36 Let the heavens and the earth praise him:  
the seas and all that moves in them.  
37 For God will save Zion:  
he will rebuild the cities of Judah.

## Reading

If you follow my statutes and keep my commandments and observe them faithfully, I will give you your rains in their season, and the land shall yield its produce, and the trees of the field shall yield their fruit. Your threshing shall overtake the vintage, and the vintage shall overtake the sowing; you shall eat your bread to the full, and live securely in your land. And I will grant peace in the land, and you shall lie down, and no one shall make you afraid; I will remove dangerous animals from the land, and no sword shall go through your land.

*Leviticus 26.3-6*

## Response

*Silence*

Blessed are the meek,  
**for they will inherit the earth.**

*Matthew 5.5*

## Prayer

*Prayers are offered for the day ahead*

*Prayer of the Season*

Eternal Lord,  
our beginning and our end:  
bring us with the whole creation  
to your glory, hidden through past ages  
and made known  
in Jesus Christ our Lord.

*followed by*  
O good Jesus,  
Word of the Father and  
brightness of his glory,  
whom angels desire to behold:  
teach me to do your will  
that, guided by your Spirit,  
I may come to that blessed city of  
everlasting day,  
where all are one in heart and mind,  
where there is safety and eternal peace,  
happiness and delight,  
where you live with the Father and the Holy Spirit,  
world without end. **Amen.**

*after Gregory the Great (604)*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## The Conclusion

May the light of Christ our Lord shine in all our hearts. **Amen.**

## Monday

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

With you, O God, is the well of life  
**and in your light shall we see light.**

*cf Psalm 36.9*

### Praise

Christ Jesus was revealed in the flesh  
and vindicated in the spirit.

He was seen by angels  
and proclaimed among the nations.  
Believed in throughout the world,  
he was taken up in glory.

This will be made manifest at the proper time  
by the blessed and only Sovereign,  
Who alone has immortality,  
and dwells in unapproachable light.  
To the King of kings and Lord of lords  
be honour and eternal dominion. Amen.

*1 Timothy 3.16; 6.15,16*

### The Word of God

#### Psalm 8

- 1 O Lord our Governor:  
how glorious is your name in all the earth!
- 2 Your majesty above the heavens is yet recounted:  
by the mouths of babes and sucklings.
- 3 You have founded a strong defence  
against your adversaries:  
to quell the enemy and the avenger.
- 4 When I consider your heavens, the work of your fingers:  
the moon and the stars which you have set in order,
- 5 What are we, that you should be mindful of us:  
what are we, that you should care for us?

## Friday

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

With you, O God, is the well of life  
**and in your light shall we see light.**

*cf Psalm 36.9*

### Praise

Christ Jesus was revealed in the flesh  
and vindicated in the spirit.

He was seen by angels  
and proclaimed among the nations.  
Believed in throughout the world,  
he was taken up in glory.

This will be made manifest at the proper time  
by the blessed and only Sovereign,  
Who alone has immortality,  
and dwells in unapproachable light.  
To the King of kings and Lord of lords  
be honour and eternal dominion. Amen.

*1 Timothy 3.16; 6.15,16*

### The Word of God

#### Psalm 69.17-19, 31-37

- 17 Hear me, O Lord, as your loving-kindness is good:  
turn to me, as your compassion is great.
- 18 Do not hide your face from your servant:  
for I am in trouble—O be swift to answer me!
- 19 Draw near to me and redeem me:  
O ransom me because of my enemies!
- 31 As for me, I am poor and in misery:  
O God, let your deliverance lift me up.
- 32 And I will praise the name of God in a song:  
and glorify him with thanksgiving.
- 33 And that will please the Lord more than an ox:  
more than a bull with horns and cloven hoof.

*followed by*

O good Jesus,  
Word of the Father and  
brightness of his glory,  
whom angels desire to behold:  
teach me to do your will  
that, guided by your Spirit,  
I may come to that blessed city of  
everlasting day,  
where all are one in heart and mind,  
where there is safety and eternal peace,  
happiness and delight,  
where you live with the Father and the Holy Spirit,  
world without end. **Amen.**

*after Gregory the Great (604)*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May the light of Christ our Lord shine in all our hearts. **Amen.**

- 6 Yet you have made us little less than gods:  
and have crowned us with glory and honour.
- 7 You have given us dominion over your handiwork:  
and have put all things in subjection beneath our feet,
- 8 All sheep and oxen:  
and all the creatures of the field,
- 9 The birds of the air and the fish of the sea:  
and everything that moves  
in the pathways of the great waters.
- 10 O Lord our Governor:  
how glorious is your name in all the earth!

## **Reading**

For you show your strength when people doubt the completeness of your power,  
and you rebuke any insolence among those who know it.  
Although you are sovereign in strength, you judge with mildness,  
and with great forbearance you govern us;  
for you have power to act whenever you choose.  
Through such works you have taught your people  
that the righteous must be kind,  
and you have filled your children with good hope,  
because you give repentance for sins.

*Wisdom 12.17-19*

## **Response**

*Silence*

Blessed are the meek,  
**for they will inherit the earth.**

*Matthew 5.5*

## **Prayer**

*Prayers are offered for the day ahead*

*Prayer of the Season*

Eternal Lord,  
our beginning and our end:  
bring us with the whole creation  
to your glory, hidden through past ages  
and made known  
in Jesus Christ our Lord.

*followed by*  
O good Jesus,  
Word of the Father and  
brightness of his glory,  
whom angels desire to behold:  
teach me to do your will  
that, guided by your Spirit,  
I may come to that blessed city of  
everlasting day,  
where all are one in heart and mind,  
where there is safety and eternal peace,  
happiness and delight,  
where you live with the Father and the Holy Spirit,  
world without end. **Amen.**

*after Gregory the Great (604)*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May the light of Christ our Lord shine in all our hearts. **Amen.**

- 9 Therefore my heart is glad and my spirit rejoices:  
my flesh also shall rest secure.
- 10 For you will not give me over to the power of death:  
nor suffer your faithful one to see the Pit.
- 11 You will show me the path of life:  
in your presence is the fulness of joy,  
and from your right hand flow delights for evermore.

## **Reading**

Therefore diligently observe the words of this covenant, in order that you may succeed in everything that you do. your children, your women, and the aliens who are in your camp, both those who cut your wood and those who draw your water— to enter into the covenant of the Lord your God, sworn by an oath, which the Lord your God is making with you today; in order that he may establish you today as his people, and that he may be your God, as he promised you and as he swore to your ancestors, to Abraham, to Isaac, and to Jacob. I am making this covenant, sworn by an oath, not only with you who stand here with us today before the Lord our God,

*Deuteronomy 29.9a, 11-14*

## **Response**

*Silence*

Blessed are the meek,  
**for they will inherit the earth.**

*Matthew 5.5*

## **Prayer**

*Prayers are offered for the day ahead*

*Prayer of the Season*

Eternal Lord,  
our beginning and our end:  
bring us with the whole creation  
to your glory, hidden through past ages  
and made known  
in Jesus Christ our Lord.



## Thursday

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

With you, O God, is the well of life  
**and in your light shall we see light.**

*cf Psalm 36.9*

### Praise

Christ Jesus was revealed in the flesh  
and vindicated in the spirit.

He was seen by angels  
and proclaimed among the nations.  
Believed in throughout the world,  
he was taken up in glory.

This will be made manifest at the proper time  
by the blessed and only Sovereign,  
Who alone has immortality,  
and dwells in unapproachable light.  
To the King of kings and Lord of lords  
be honour and eternal dominion. Amen.

*I Timothy 3.16; 6.15,16*

### The Word of God

#### Psalm 16.1-2, 5-11

- 1 Preserve me, O God:  
for in you have I taken refuge.
- 2 I have said to the Lord, You are my lord:  
and all my good depends on you.
- 5 The Lord is my appointed portion and my cup:  
you hold my lot in your hands.
- 6 The share that has fallen to me is in pleasant places:  
and a fair land is my possession.
- 7 I will bless the Lord who has given me counsel:  
at night also he has instructed my heart.
- 8 I have set the Lord always before me:  
he is at my right hand, and I shall not fall.

## Tuesday

### Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

With you, O God, is the well of life  
**and in your light shall we see light.**

*cf Psalm 36.9*

### Praise

Christ Jesus was revealed in the flesh  
and vindicated in the spirit.

He was seen by angels  
and proclaimed among the nations.  
Believed in throughout the world,  
he was taken up in glory.

This will be made manifest at the proper time  
by the blessed and only Sovereign,  
Who alone has immortality,  
and dwells in unapproachable light.  
To the King of kings and Lord of lords  
be honour and eternal dominion. Amen.

*I Timothy 3.16; 6.15,16*

### The Word of God

#### Psalm 119.1-8

- 1 Blessed are those whose way is blameless:  
who walk in the law of the Lord.
- 2 Blessed are those who keep his commands:  
and seek him with their whole heart;
- 3 Those who do no wrong:  
but walk in the ways of our God.
- 4 For you, Lord, have commanded us:  
to persevere in all your precepts.
- 5 If only my ways were unerring:  
towards the keeping of your statutes!
- 6 Then I should not be ashamed:  
when I looked on all your commandments.

- 7 I will praise you with sincerity of heart:  
as I learn your righteous judgements.
- 8 I will keep your statutes:  
O forsake me not utterly.

## Reading

Then Moses called all the elders of Israel and said to them, 'Go, select lambs for your families, and slaughter the passover lamb. Take a bunch of hyssop, dip it in the blood that is in the basin, and touch the lintel and the two doorposts with the blood in the basin. None of you shall go outside the door of your house until morning. For the Lord will pass through to strike down the Egyptians; when he sees the blood on the lintel and on the two doorposts, the Lord will pass over that door and will not allow the destroyer to enter your houses to strike you down.

*Exodus 12.21-23*

## Response

*Silence*

Blessed are the meek,  
**for they will inherit the earth.**

*Matthew 5.5*

## Prayer

*Prayers are offered for the day ahead*

*Prayer of the Season*

Eternal Lord,  
our beginning and our end:  
bring us with the whole creation  
to your glory, hidden through past ages  
and made known  
in Jesus Christ our Lord.

## The Conclusion

May the light of Christ our Lord shine in all our hearts. **Amen.**

## Prayer

*Prayers are offered for the day ahead*

*Prayer of the Season*

Eternal Lord,  
our beginning and our end:  
bring us with the whole creation  
to your glory, hidden through past ages  
and made known  
in Jesus Christ our Lord.

*followed by*

O good Jesus,  
Word of the Father and  
brightness of his glory,  
whom angels desire to behold:  
teach me to do your will  
that, guided by your Spirit,  
I may come to that blessed city of  
everlasting day,  
where all are one in heart and mind,  
where there is safety and eternal peace,  
happiness and delight,  
where you live with the Father and the Holy Spirit,  
world without end. **Amen.**

*after Gregory the Great (604)*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

*followed by*

O good Jesus,  
Word of the Father and  
brightness of his glory,  
whom angels desire to behold:  
teach me to do your will  
that, guided by your Spirit,  
I may come to that blessed city of  
everlasting day,  
where all are one in heart and mind,  
where there is safety and eternal peace,  
happiness and delight,  
where you live with the Father and the Holy Spirit,  
world without end. **Amen.**

*after Gregory the Great (604)*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## The Conclusion

May the light of Christ our Lord shine in all our hearts. **Amen.**

# Wednesday

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

With you, O God, is the well of life  
**and in your light shall we see light.**

*cf Psalm 36.9*

## Praise

Christ Jesus was revealed in the flesh  
and vindicated in the spirit.

He was seen by angels  
and proclaimed among the nations.  
Believed in throughout the world,  
he was taken up in glory.

This will be made manifest at the proper time  
by the blessed and only Sovereign,  
Who alone has immortality,  
and dwells in unapproachable light.  
To the King of kings and Lord of lords  
be honour and eternal dominion. Amen.

*1 Timothy 3.16; 6.15,16*

## The Word of God

### Psalm 41.2-7,11-13

- 2 The Lord will guard them and preserve their life,  
they shall be counted happy in the land:  
you will not give them over to the will of their enemies.
- 3 And if they lie sick on their bed,  
the Lord will sustain them:  
if illness lays them low, you will overthrow it.
- 4 I said 'O Lord, be merciful toward me:  
heal me, for I have sinned against you.'
- 5 My enemies speak evil of me, saying:  
'When will he die, and his name perish for ever?'
- 6 And if someone comes to see me,  
they mouth empty words:  
while their heart gathers mischief,  
and when they go out, they vent it.

- 7 All those that hate me whisper together against me:  
they devise plots against me.
- 11 By this will I know that you favour me:  
That my enemy shall not triumph over me.
- 12 Because of my innocence you hold me fast:  
you have set me before your face for ever.
- 13 Blessed be the Lord, the God of Israel:  
from everlasting to everlasting. Amen, Amen.

## Reading

On this mountain the Lord of hosts will make for all peoples  
a feast of rich food, a feast of well-matured wines,  
of rich food filled with marrow, of well-matured wines strained clear.  
And he will destroy on this mountain  
the shroud that is cast over all peoples,  
the sheet that is spread over all nations;  
he will swallow up death for ever.  
Then the Lord God will wipe away the tears from all faces,  
and the disgrace of his people he will take away from all the earth,  
for the Lord has spoken.  
It will be said on that day,  
Lo, this is our God; we have waited for him, so that he might save us.  
This is the Lord for whom we have waited;  
let us be glad and rejoice in his salvation.

*Isaiah 25.6-9*

## Response

*Silence*

Blessed are the meek,  
**for they will inherit the earth.**

*Matthew 5.5*