



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Easter Week 4

May 8th - 14th 2022

Prayer in the Middle of the Day

Easter Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

If I climb up to heaven, you are there;

if I make the grave my bed, you are there also. *Psalm 139.7*

Praise

Yesterday I was crucified with Christ;

today I am glorified with him.

Yesterday I was dead with Christ;

today I am sharing in his resurrection.

Yesterday I was buried with him;

today I am waking with him from the sleep of death.

Gregory of Nazianzus (389)

The Word of God

Psalm

Reading

Response

Silence

Blessed are the peacemakers,

for they will be called children of God.

Matthew 5.9

Prayer

Prayers are offered

Prayer of the Season

Living God,

long ago, faithful women

proclaimed the good news

of Jesus' resurrection,

and the world was changed forever.

Teach us to keep faith with them,

that our witness may be as bold,

our love as deep,

and our faith as true. Amen.

followed by

Christ yesterday and today,
the beginning and the end,
Alpha and Omega,
all time belongs to you,
and all ages;
to you be glory and power
through every age and for ever. **Amen** *from the Easter Vigil*

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the risen Christ give us his peace.
Alleluia. Amen.

Sunday 8 May

Psalm 63.1-8

- 1 O God, you are my God:
eagerly will I seek you.
- 2 My soul thirsts for you, my flesh longs for you:
as a dry and thirsty land where no water is.
- 3 So it was when I beheld you in the sanctuary:
and saw your power and your glory.
- 4 For your unchanging goodness is better than life:
therefore my lips shall praise you.
- 5 And so I will bless you as long as I live:
and in your name will I lift my hands on high.
- 6 My longing shall be satisfied as with marrow and fatness:
my mouth shall praise you with exultant lips.
- 7 When I remember you upon my bed:
when I meditate upon you in the night watches,
- 8 How you have been my helper:
then I sing for joy in the shadow of your wings

Hebrews 13.20-21

²⁰ Now may the God of peace, who brought back from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, ²¹ make you complete in everything good so that you may do his will, working among us that which is pleasing in his sight, through Jesus Christ, to whom be the glory for ever and ever. Amen.

Monday 9 May

Psalm 146.1-2,5-10

- 1 Praise the Lord, praise the Lord, O my soul:
while I live I will praise the Lord;
- 2 While I have any being:
I will sing praises to my God.
- 5 Blessed are those whose help is the God of Jacob:
whose hope is in the Lord their God,
- 6 The God who made heaven and earth:
the sea, and all that is in them,
- 7 Who keeps faith for ever:
who deals justice to those that are oppressed.
- 8 The Lord gives food to the hungry:
and sets the captives free.
- 9 The Lord gives sight to the blind:
the Lord lifts up those that are bowed down.
- 10 The Lord loves the righteous:
the Lord cares for the stranger in the land.

Ephesians 3.4-7

⁴a reading of which will enable you to perceive my understanding of the mystery of Christ. ⁵In former generations this mystery was not made known to humankind, as it has now been revealed to his holy apostles and prophets by the Spirit: ⁶that is, the Gentiles have become fellow-heirs, members of the same body, and sharers in the promise in Christ Jesus through the gospel. ⁷Of this gospel I have become a servant according to the gift of God's grace that was given to me by the working of his power.

Tuesday 10 May

Psalm 26.1-8

- 1 Give judgement for me, O Lord,
for I have walked in my integrity:
I have trusted in the Lord and not wavered.
- 2 Put me to the test, O Lord, and prove me:
try my mind and my heart.
- 3 For your steadfast love has been ever before my eyes:
and I have walked in your truth.
- 4 I have not sat with deceivers:
nor consorted with the hypocrites;
- 5 I hate the assembly of the wicked:
I will not sit with the ungodly.
- 6 I wash my hands in innocence, O Lord:
that I may go about your altar,
- 7 And lift up the voice of thanksgiving:
to tell of all your marvellous works.
- 8 Lord, I love the house of your habitation:
and the place where your glory dwells.

1 John 1.1-4

¹We declare to you what was from the beginning, what we have heard, what we have seen with our eyes, what we have looked at and touched with our hands, concerning the word of life— ²this life was revealed, and we have seen it and testify to it, and declare to you the eternal life that was with the Father and was revealed to us— ³we declare to you what we have seen and heard so that you also may have fellowship with us; and truly our fellowship is with the Father and with his Son Jesus Christ. ⁴We are writing these things so that our joy may be complete.

Wednesday 11 May

Psalm 148.1,7-13

- 1 Praise the Lord, praise the Lord from heaven:
 O praise him in the heights.
- 7 O praise the Lord from the earth:
 praise him, you sea-monsters and all deeps;
- 8 Fire and hail, mist and snow:
 and storm-wind fulfilling his command;
- 9 Mountains and all hills:
 fruit trees and all cedars;
- 10 Beasts of the wild, and all cattle:
 creeping things and winged birds;
- 11 Kings of the earth, and all peoples:
 princes, and all rulers of the world;
- 12 Young men and maidens:
 old folk and children together.
- 13 Let them praise the name of the Lord:
 for his name alone is exalted.

Revelation 21.22-25

²² I saw no temple in the city, for its temple is the Lord God the Almighty and the Lamb. ²³ And the city has no need of sun or moon to shine on it, for the glory of God is its light, and its lamp is the Lamb. ²⁴ The nations will walk by its light, and the kings of the earth will bring their glory into it. ²⁵ Its gates will never be shut by day—and there will be no night there.

Thursday 12 May

Psalm 68.4-6,19-21,35

- 4 O sing to God, sing praises to his name:
glorify him that rode through the deserts,
him whose name is the Lord, and exult before him.
- 5 He is the father of the fatherless,
he upholds the cause of the widow:
God in his holy dwelling place.
- 6 He gives the desolate a home to dwell in,
and brings the prisoners out into prosperity:
but rebels must dwell in a barren land.
- 19 Blessed be the Lord day by day,
who bears us as his burden:
he is the God of our deliverance.
- 20 God is to us a God who saves:
by God the Lord do we escape death.
- 21 But God shall smite the heads of his enemies:
the hairy scalp of those that walk in their sins.
- 35 Terrible is God who comes from his holy place:
the God of Israel who gives power
and strength to his people. Blessed be God.

Romans 15.2-7

²Each of us must please our neighbour for the good purpose of building up the neighbour. ³For Christ did not please himself; but, as it is written, 'The insults of those who insult you have fallen on me.' ⁴For whatever was written in former days was written for our instruction, so that by steadfastness and by the encouragement of the scriptures we might have hope. ⁵May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus, ⁶so that together you may with one voice glorify the God and Father of our Lord Jesus Christ. ⁷Welcome one another, therefore, just as Christ has welcomed you, for the glory of God.

Friday 13 May

Psalm 22.1-11

- 1 My God, my God, why have you forsaken me:
why are you so far from helping me
and from the words of my groaning?
- 2 My God, I cry to you by day, but you do not answer:
and by night also I take no rest.
- 3 But you continue holy:
you that are the praise of Israel.
- 4 In you our forebears trusted:
they trusted, and you delivered them;
- 5 To you they cried and they were saved:
they put their trust in you and were not confounded.
- 6 But as for me, I am a worm and no man:
the scorn of all and despised by the people.
- 7 Those that see me laugh me to scorn:
they shoot out their lips at me
and wag their heads, saying,
- 8 'He trusted in the Lord—let him deliver him:
let him deliver him, if he delights in him.'
- 9 But you are he that took me out of the womb:
that brought me to lie at peace on my mother's breast.
- 10 On you have I been cast since my birth:
you are my God, even from my mother's womb.
- 11 O go not from me, for trouble is hard at hand:
and there is none to help.

James 1.16-18

¹⁶Do not be deceived, my beloved. ¹⁷Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. ¹⁸In fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

Saturday 14 May

Psalm 33.6-9,12-15

- 6 By the word of the Lord were the heavens made:
and their numberless stars by the breath of his mouth.
- 7 He gathered the waters of the sea as in a water-skin:
and laid up the deep in his treasures.
- 8 Let the whole earth fear the Lord:
and let all the inhabitants of the world
stand in awe of him.
- 9 For he spoke, and it was done:
he commanded, and it stood fast.
- 12 Blessed is that nation whose God is the Lord:
the people he chose to be his own possession.
- 13 The Lord looks down from heaven
and surveys all the children of Adam:
he considers from his dwelling-place
all the inhabitants of the earth;
- 14 He who fashioned the hearts of them all:
and comprehends all that they do.
- 15 A king is not saved by a mighty army:
nor is a warrior delivered by much strength;

Ephesians 4.7,11-13

⁷ But each of us was given grace according to the measure of Christ's gift. ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

