



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Easter

Prayer in the Middle of the Day

4-10 April 2021

Easter Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

If I climb up to heaven, you are there;

if I make the grave my bed, you are there also.

Psalm 139.7

Praise

Yesterday I was crucified with Christ;

today I am glorified with him.

Yesterday I was dead with Christ;

today I am sharing in his resurrection.

Yesterday I was buried with him;

today I am waking with him from the sleep of death.

Gregory of Nazianzus (389)

The Word of God

Psalm

Reading

Response

Silence

Blessed are the peacemakers,

for they will be called children of God.

Matthew 5.9

Prayer

Prayers are offered

Prayer of the Season

Living God,
long ago, faithful women
proclaimed the good news
of Jesus' resurrection,
and the world was changed forever.
Teach us to keep faith with them,
that our witness may be as bold,
our love as deep,
and our faith as true. Amen.

followed by

Christ yesterday and today,
the beginning and the end,
Alpha and Omega,
all time belongs to you,
and all ages;
to you be glory and power
through every age and for ever. **Amen**

from the Easter Vigil

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and the glory are yours,
now and forever. Amen.**

The Conclusion

May the risen Christ give us his peace.

Alleluia. Amen.

Sunday

Psalm 114

- 1 When Israel came out of Egypt:
and the house of Jacob from among a people
of an alien tongue,
- 2 Judah became his sanctuary:
and Israel his dominion.
- 3 The sea saw that, and fled:
Jordan was driven back.
- 4 The mountains skipped like rams:
and the little hills like young sheep.
- 5 What ailed you, O sea, that you fled:
O Jordan, that you were driven back?
- 6 You mountains, that you skipped like rams:
and you little hills like young sheep?
- 7 Tremble, O earth, at the presence of the Lord:
at the presence of the God of Jacob,
- 8 Who turned the rock into a pool of water:
and the flint-stone into a welling spring.

1 Peter 1.3-5

³ Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead, ⁴and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, ⁵who are being protected by the power of God through faith for a salvation ready to be revealed in the last time.

Monday

Psalm 30

- 1 I will exalt you, O Lord,
for you have drawn me up from the depths:
and have not suffered my foes to triumph over me.
- 2 O Lord my God, I cried to you:
and you have made me whole.
- 3 You brought me back, O Lord, from the land of silence:
you saved my life
from among those that go down to the Pit.
- 4 Sing praises to the Lord, all you his faithful ones:
and give thanks to his holy name.

- 5 For if in his anger is havoc,
in his good favour is life:
heaviness may endure for a night,
but joy comes in the morning.
- 6 In my prosperity I said 'I shall never be moved:
your goodness, O Lord, has set me on so firm a hill.'
- 7 Then you hid your face from me:
and I was greatly dismayed.
- 8 I cried to you, O God:
and made my petition humbly to my Lord.
- 9 'What profit is there in my blood,
if I go down to the Pit:
can the dust give you thanks,
or declare your faithfulness?
- 10 'Hear, O Lord, and be merciful:
O Lord, be my helper.'
- 11 You have turned my lamentation into dancing:
you have put off my sackcloth and girded me with joy,
- 12 That my heart may sing your praise and never be silent:
O Lord my God, I will give you thanks for ever.

Zephaniah 3.14-18

- ¹⁴ Sing aloud, O daughter Zion;
shout, O Israel!
Rejoice and exult with all your heart,
O daughter Jerusalem!
- ¹⁵ The Lord has taken away the judgements against you,
he has turned away your enemies.
The king of Israel, the Lord, is in your midst;
you shall fear disaster no more.
- ¹⁶ On that day it shall be said to Jerusalem:
Do not fear, O Zion;
do not let your hands grow weak.
- ¹⁷ The Lord, your God, is in your midst,
a warrior who gives victory;
he will rejoice over you with gladness,
he will renew you in his love;
he will exult over you with loud singing
- ¹⁸ as on a day of festival.
I will remove disaster from you,
so that you will not bear reproach for it.

Tuesday

Psalm 66.1-11

- 1 O shout with joy to God, all the earth:
sing to the honour of his name,
and give him glory as his praise.
- 2 Say to God 'How fearful are your works:
because of your great might
your enemies shall cower before you.'
- 3 All the earth shall worship you:
and sing to you, and sing praises to your name.
- 4 Come then and see what God has done:
how terrible are his dealings with the children of Adam.
- 5 He turned the sea into dry land,
they crossed the river on foot:
then were we joyful because of him.
- 6 By his power he rules for ever,
his eyes keep watch on the nations:
and rebels shall never rise against him.
- 7 O bless our God, you peoples:
and cause his praises to resound,
- 8 Who has held our souls in life:
who has not suffered our feet to slip.
- 9 For you have proved us, O God:
you have tried us as silver is tried.
- 10 You brought us into the net:
you laid sharp torment on our loins.
- 11 You let our enemies ride over our heads,
we went through fire and water:
but you brought us out into a place of liberty.

1 Corinthians 15.42-44a, 47-49

⁴² So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. ⁴³It is sown in dishonour, it is raised in glory. It is sown in weakness, it is raised in power. ⁴⁴It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual body. ⁴⁷The first man was from the earth, a man of dust; the second man is from heaven. ⁴⁸As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. ⁴⁹Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven.

Wednesday

Psalm 106.1-12

- 1 Praise the Lord;
O give thanks to the Lord, for he is good:
and his mercy endures for ever.
- 2 Who can express the mighty acts of the Lord:
or fully voice his praise?
- 3 Blessed are those who act according to justice:
who at all times do the right.
- 4 Remember me, O Lord,
when you visit your people with your favour:
and come to me also with your salvation,
- 5 That I may see the prosperity of your chosen:
that I may rejoice with the rejoicing of your people,
and exult with those who are your own.
- 6 We have sinned like our ancestors:
we have acted perversely and done wrong.
- 7 Our forebears when they were in Egypt:
took no heed of your wonders;
- 8 They did not remember
the multitude of your loving-kindnesses:
but they rebelled at the Red Sea.
- 9 Nevertheless, he saved them for his name's sake:
that he might make known his power.
- 10 He commanded the Red Sea, and it dried up:
and he led them through the deep as through a desert.
- 11 He delivered them from the hand of their adversary:
and redeemed them from the power of the enemy.
- 12 The waters closed over their oppressors:
so that not one was left alive.

Colossians 3.1-4

1 So if you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. ²Set your minds on things that are above, not on things that are on earth, ³for you have died, and your life is hidden with Christ in God. ⁴When Christ who is your life is revealed, then you also will be revealed with him in glory.

Thursday

Psalm 111

- 1 O praise the Lord. I will praise the Lord
with my whole heart:
in the company of the upright
and among the congregation.
- 2 The works of the Lord are great:
and studied by all who take delight in them.
- 3 His deeds are majestic and glorious:
and his righteousness stands for ever.
- 4 His marvellous acts have won him a name
to be remembered:
the Lord is gracious and merciful.
- 5 He gives food to those that fear him:
he remembers his covenant for ever.
- 6 He showed his people the power of his acts:
in giving them the heritage of the heathen.
- 7 The works of his hands are faithful and just:
and all his commandments are sure;
- 8 They stand firm for ever and ever:
they are done in faithfulness and in truth.
- 9 He sent redemption to his people,
he ordained his covenant for ever:
holy is his name and worthy to be feared.
- 10 The fear of the Lord is the beginning of wisdom,
and of good understanding are those
that keep his commandments:
his praise shall endure for ever.

Luke 24.28-32

²⁸ As they came near the village to which they were going, he walked ahead as if he were going on. ²⁹ But they urged him strongly, saying, 'Stay with us, because it is almost evening and the day is now nearly over.' So he went in to stay with them. ³⁰ When he was at the table with them, he took bread, blessed and broke it, and gave it to them. ³¹ Then their eyes were opened, and they recognized him; and he vanished from their sight. ³² They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'

Friday

Psalm 145.1-8

- 1 I will exalt you, O God my king:
I will bless your name for ever and ever.
- 2 Every day will I bless you:
and praise your name for ever and ever.
- 3 Great is the Lord, and wonderfully worthy to be praised:
his greatness is past searching out.
- 4 One generation shall praise your works to another:
and declare your mighty acts.
- 5 As for me, I will be talking
of the glorious splendour of your majesty:
I will tell the story of your marvellous works.
- 6 All people shall speak of the power of your terrible deeds:
and I will proclaim your greatness.
- 7 Their lips shall flow with the remembrance
of your abundant goodness:
they shall shout for joy at your righteousness.
- 8 The Lord is gracious and compassionate:
slow to anger and of great goodness.

Job 19.23-27a

- ²³ 'O that my words were written down!
O that they were inscribed in a book!
- ²⁴ O that with an iron pen and with lead
they were engraved on a rock for ever!
- ²⁵ For I know that my Redeemer lives,
and that at the last he will stand upon the earth;
- ²⁶ and after my skin has been thus destroyed,
then in my flesh I shall see God,
- ²⁷ whom I shall see on my side,
and my eyes shall behold, and not another.
My heart faints within me!

Saturday

Psalm 146

- 1 Praise the Lord, praise the Lord, O my soul:
while I live I will praise the Lord;
- 2 While I have any being:
I will sing praises to my God.
- 3 Put not your trust in princes:
nor in flesh and blood, which cannot save.
- 4 For when their breath goes from them,
they return again to the earth:
and on that day all their thoughts perish.
- 5 Blessed are those whose help is the God of Jacob:
whose hope is in the Lord their God,
- 6 The God who made heaven and earth:
the sea, and all that is in them,
- 7 Who keeps faith for ever:
who deals justice to those that are oppressed.
- 8 The Lord gives food to the hungry:
and sets the captives free.
- 9 The Lord gives sight to the blind:
the Lord lifts up those that are bowed down.
- 10 The Lord loves the righteous:
the Lord cares for the stranger in the land.
- 11 He upholds the widow and the fatherless:
as for the way of the wicked, he turns it upside down.
- 12 The Lord shall be king for ever:
your God, O Zion, shall reign through all generations.
Praise the Lord.

Rev 1.12,13,17,18

¹² Then I turned to see whose voice it was that spoke to me, and on turning I saw seven golden lampstands, ¹³and in the midst of the lampstands I saw one like the Son of Man, clothed with a long robe and with a golden sash across his chest.

¹⁷ When I saw him, I fell at his feet as though dead. But he placed his right hand on me, saying, 'Do not be afraid; I am the first and the last, ¹⁸and the living one. I was dead, and see, I am alive for ever and ever; and I have the keys of Death and of Hades.

