

Daily Prayer in

Ordinary Time

25 July - 1 August 2021

Sunday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart,

that I should not sin against you.

Psalm 119.11

Praise

We praise you, O God,
we acclaim you as the Lord;
all creation worships you,
the Father everlasting.
To you all angels, all the powers of heaven,
the cherubim and seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

from Te Deum Laudamus

Psalm 95.1-8

1 O come, let us sing out to the Lord:

let us shout in triumph to the rock of our salvation.

2 Let us come before his face with thanksgiving:

and cry out to him joyfully in psalms.

3 For the Lord is a great God:

and a great king above all gods.

4 In his hand are the depths of the earth:

and the peaks of the mountains are his also.

5 The sea is his and he made it:

his hands moulded dry land.

6 Come, let us worship and bow down:

and kneel before the Lord our maker.

7 For he is the Lord our God:

we are his people and the sheep of his pasture.

8 Today if only you would hear his voice—

'Do not harden your hearts as at Meribah:

as on that day at Massah in the wilderness;

2 Peter 1.5b-10

For this very reason, you must make every effort to support your faith with goodness, and goodness with knowledge, and knowledge with self-control, and self-control with endurance, and endurance with godliness, and godliness with mutual affection, and mutual affection with love. For if these things are yours and are increasing among you, they keep you from being ineffective and unfruitful in the knowledge of our Lord Jesus Christ. For anyone who lacks these things is short-sighted and blind, and is forgetful of the cleansing of past sins. Therefore, brothers and sisters, be all the more eager to confirm your call and election, for if you do this, you will never stumble.

Silence

Jesus said, I am the living bread that came down from heaven.

Whoever eats of this bread will live for ever.

John 6.51a

Prayer

Concluding Prayer

Christ be with me, Christ within me,

Christ behind me, Christ before me,

Christ beside me, Christ to win me,

Christ to comfort and restore me.

Christ beneath me, Christ above me,

Christ in quiet, Christ in danger,

Christ in hearts of all that love me,

Christ in mouth of friend and stranger. Amen.

from St Patrick's Breastplate

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May God who made both heaven and earth bless us.

Monday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart

be acceptable in your sight, O Lord, my strength and my redeemer.

Psalm 19.14

Praise

I bind unto myself today
the strong name of the Trinity,
by invocation of the same,
the Three in One, and One in Three.
Of whom all nature hath creation;
eternal Father, Spirit, Word:
Praise to the Lord of my salvation,
salvation is of Christ the Lord.

from St Patrick's Breastplate

Psalm 93

- 1 The Lord is king, and has put on robes of glory: the Lord has put on his glory, he has girded himself with strength.
- 2 He has made the world so firm: that it cannot be moved.
- 3 Your throne is established from of old: you are from everlasting.
- 4 The floods have lifted up, O Lord, the floods have lifted up their voice: the floods lift up their pounding.
- 5 But mightier than the sound of many waters, than the mighty waters or the breakers of the sea: the Lord on high is mighty.
- 6 Your decrees are very sure: and holiness, O Lord, adorns your house for ever.

1 Thessalonians 3.9-13

How can we thank God enough for you in return for all the joy that we feel before our God because of you? Night and day we pray most earnestly that we may see you face to face and restore whatever is lacking in your faith. Now may our God and Father himself and our Lord Jesus direct our way to you. And may the Lord make you increase and abound in love for one another and for all, just as we abound in love for you. And may he so strengthen your hearts in holiness that you may be blameless before our God and Father at the coming of our Lord Jesus with all his saints.

Silence

Jesus said, I am the true vine.

My Father is glorified by this, that you bear much fruit.

John 15.1a,8

Prayer

Concluding Prayer

Eternal light, shine into our hearts,

eternal goodness, deliver us from evil,

eternal power, be our support,

eternal wisdom, scatter the darkness of our ignorance,

eternal pity, have mercy upon us;

that with all our heart and mind and soul and strength

we may seek your face and be brought by your infinite mercy

to your holy presence;

through Jesus Christ our Lord. Amen.

Alcuin of York (804)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May God bless the work of our hands.

Tuesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

To you, O Lord, I lift up my soul.

O my God, in you I trust.

Psalm

25.1a

Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

adapted from Alexander

Carmichael,

Carmina Gadelica (1900)

Psalm 119.33-40

- 33 Teach me, O Lord, the way of your statutes: and I will honour it to the end.
- 34 Give me understanding, that I may keep your law: that I may keep it with my whole heart.
- 35 Guide me in the path of your commandments: for therein is my delight.
- 36 Incline my heart to your commands: and not to selfish gain.
- 37 Turn away my eyes from looking on vanities: as I walk in your way give me life.
- 38 Make good your promise to your servant: the promise that endures for all who fear you.
- 39 Turn aside the taunts that I dread: for your judgements are very good.
- 40 Lord, I long for your precepts: in your righteousness give me life.

Romans 10.5-9

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?" ' (that is, to bring Christ down) 'or "Who will descend into the abyss?" ' (that is, to bring Christ up from the dead). But what does it say? 'The word is near you,

on your lips and in your heart'

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

Silence

Jesus said, I am the light of the world.

Whoever follows me will have the light of life.

John 8.12

Prayer

Concluding Prayer

Eternal God,

the light of the minds that know you,

the joy of the hearts that love you,

and the strength of the wills that serve you:

grant us so to know you

that we may truly love you,

so to love you that we may truly serve you,

whose service is perfect freedom;

through Jesus Christ our Lord. Amen.

after Augustine of Hippo (430)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May Christ our redeemer bring us healing and wholeness.

Wednesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord,

and teach me your paths.

Psalm 25.3

Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

from Te Deum Laudamus

Psalm 119.41-48

- 41 Let your loving mercy come to me, O Lord: and your salvation, according to your word.
- 42 Then I shall have an answer for those who reproach me: for I trust in your word.
- 43 Do not take the word of truth utterly out of my mouth: for in your judgements is my hope.
- 44 Let me keep your law continually: O let me keep it for ever.
- 45 And so I shall walk at liberty: because I have sought your precepts.
- 46 I shall speak of your commands before kings: and shall not be put to shame.
- 47 My delight shall be in your commandments: which I have greatly loved;
- 48 I shall worship you with outstretched hands: and I shall meditate on your statutes.

2 Corinthians 4.6-10

For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies.

Silence

Jesus said, I am the way, and the truth, and the life.

No one comes to the Father except through me.

John 14.6

Prayer

Concluding Prayer

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love. George Herbert

(1633)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May God grant to the world justice, truth and peace.

Thursday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;

let your kindly spirit lead me on a level path.

Psalm 143.10

Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

George Herbert (1633)

Psalm 96.1-6, 11-13

- 1 O sing to the Lord a new song: sing to the Lord, all the earth.
- 2 Sing to the Lord and bless his holy name: proclaim the good news of his salvation from day to day.
- 3 Declare his glory among the nations: and his wonders among all peoples.
- 4 For great is the Lord, and greatly to be praised: he is more to be feared than all gods.
- 5 As for all the gods of the nations, they are mere idols: it is the Lord who made the heavens.
- 6 Majesty and glory are before him: beauty and power are in his sanctuary.
- 13 For he comes, he comes to judge the earth: he shall judge the world with righteousness, and the peoples with his truth.

Acts 8.27b-31a, 35

So he got up and went. Now there was an Ethiopian eunuch, a court official of the Candace, queen of the Ethiopians, in charge of her entire treasury. He had come to Jerusalem to worship and was returning home; seated in his chariot, he was reading the prophet Isaiah. Then the Spirit said to Philip, 'Go over to this chariot and join it.' So Philip ran up to it and heard him reading the prophet Isaiah. He asked, 'Do you understand what you are reading?' He replied, 'How can I, unless someone guides me?' And he invited Philip to get in and sit beside him. Then Philip began to speak, and starting with this scripture, he proclaimed to him the good news about Jesus.

Silence

Jesus said, I am the gate for the sheep.

I came that they may have life, and have it abundantly.

John 10.7,10b

Prayer

Concluding Prayer
O gracious and holy Father,
give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you,
through the power of the Spirit
of Jesus Christ our Lord. Amen.
(c.550)

Benedict of Nursia

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May God kindle in us the fire of love.

Friday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me a clean heart, O God,

and renew a right spirit within me.

Psalm 51.11

Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

Psalm 40.2-6

- 2 He brought me up from the pit of roaring waters, out of the mire and clay: and set my feet upon a rock, and made firm my foothold.
- 3 And he has put a new song in my mouth: even a song of thanksgiving to our God.
- 4 Many shall see it and fear: and shall put their trust in the Lord.
- 5 Blessed are those who have made the Lord their hope: who have not turned to the proud, or to those who wander in deceit.
- 6 O Lord my God, great are the wonderful things which you have done, and your thoughts which are towards us: there is none to be compared with you;

2 Corinthians 13.5-9

Examine yourselves to see whether you are living in the faith. Test yourselves. Do you not realize that Jesus Christ is in you?—unless, indeed, you fail to pass the test! I hope you will find out that we have not failed. But we pray to God that you may not do anything wrong—not that we may appear to have passed the test, but that you may do what is right, though we may seem to have failed. For we cannot do anything against the truth, but only for the truth. For we rejoice when we are weak and you are strong. This is what we pray for, that you may become perfect.

Silence

Jesus said, I am the good shepherd.

The good shepherd lays down his life for the sheep.

John 10.11

Prayer

Lord Jesus Christ, we thank you for all the benefits that you have won for us, for all the pains and insults that you have borne for us.

Most merciful redeemer,

friend and brother,

Concluding Prayer

may we know you more clearly,

love you more dearly,

and follow you more nearly,

day by day. Amen.

after Richard of Chichester

(1253)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May Christ our Saviour give us peace.

Saturday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your love, O Lord, reaches to the heavens

and your faithfulness to the clouds.

Psalm 36.5

Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

Ephrem the Syrian (373)

Psalm 73.1-3, 21-26

- 1 God is indeed good to Israel: to those whose hearts are pure.
- 2 Nevertheless, my feet were almost gone: my steps had well-nigh slipped.
- 3 For I was filled with envy at the boastful: when I saw the ungodly had such tranquillity.
- 21 When my heart was soured: and I was wounded to the core,
- 22 I was but brutish and ignorant: no better than a beast before you.
- 23 Nevertheless, I am always with you: for you hold me by my right hand.
- 24 You will guide me with your counsel: and afterwards you will lead me to glory.
- 25 Whom have I in heaven but you?: and there is no one upon earth that I desire in comparison with you.
- 26 Though my flesh and my heart fail me: you, O God, are my portion for ever.

Acts 10.34-38a, 39a

Then Peter began to speak to them: 'I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ—he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree;

Silence

Jesus said, I am the resurrection and the life.

Those who believe in me will never die.

cf John 11.25,26

Prayer

Concluding Prayer

God be in my head, and in my understanding;

God be in my eyes, and in my looking;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at mine end, and at my departing. Amen.

Sarum Primer

The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done

Give us today our daily bread.

on earth as in heaven.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May Christ dwell in our hearts by faith.