



Daily Prayer  
in  
Ordinary Time  
19 September 2021

## *Sunday Daily Prayer*

### **Preparation**

O God, make speed to save us.

**O Lord, make haste to help us.**

Your words have I hidden within my heart,

**that I should not sin against you.**

*Psalm 119.11*

### **Praise**

We praise you, O God,

we acclaim you as the Lord;

all creation worships you,

the Father everlasting.

To you all angels, all the powers of heaven,

the cherubim and seraphim, sing in endless praise:

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory.

*from Te Deum Laudamus*

## The Word of God

### Psalm 116.10-18

- 10 I believed that I would perish, I was brought very low:  
I said in my haste 'Everyone is a liar.'
- 11 How shall I repay the Lord:  
for all his benefits to me?
- 12 I will take up the cup of salvation:  
and call upon the name of the Lord.
- 13 I will pay my vows to the Lord:  
in the presence of all his people.
- 14 Grievous in the sight of the Lord:  
is the death of his faithful ones.
- 15 O Lord, I am your servant,  
your servant and the child of your handmaid:  
you have unloosed my bonds.
- 16 I will offer you a sacrifice of thanksgiving:  
and call upon the name of the Lord.
- 17 I will pay my vows to the Lord:  
in the presence of all his people,
- 18 In the courts of the house of the Lord:  
even in your midst, O Jerusalem. Praise the Lord.

### 1 Peter 2.19-22,24

For it is to your credit if, being aware of God, you endure pain while suffering unjustly. If you endure when you are beaten for doing wrong, where is the credit in that? But if you endure when you do right and suffer for it, you have God's approval. For to this you have been called, because Christ also suffered for you, leaving you an example, so that you should follow in his steps.

'He committed no sin,

and no deceit was found in his mouth.' He himself bore our sins in his body on the cross, so that, free from sins, we might live for righteousness; by his wounds you have been healed.

## Response

*Silence*

Jesus said, I am the living bread that came down from heaven.

**Whoever eats of this bread will live for ever.**

*John 6.51a*

## Prayer

*Concluding Prayer*

Christ be with me, Christ within me,

Christ behind me, Christ before me,

Christ beside me, Christ to win me,

Christ to comfort and restore me.

Christ beneath me, Christ above me,

Christ in quiet, Christ in danger,

Christ in hearts of all that love me,

Christ in mouth of friend and stranger. **Amen.**

*from St Patrick's Breastplate*

## *The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May God who made both heaven and earth bless us.

**Amen.**

## *Monday Daily Prayer*

### **Preparation**

O God, make speed to save us.

**O Lord, make haste to help us.**

Let the words of my mouth and the meditation of my heart

**be acceptable in your sight, O Lord,**

**my strength and my redeemer.**

*Psalm 19.14*

### **Praise**

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

*from St Patrick's Breastplate*

## The Word of God

### Psalm 31.9-10, 16-19

- 9 Have mercy upon me, O Lord, for I am in trouble:  
my eye wastes away for grief,  
my throat also and my inward parts.
- 10 For my life wears out in sorrow,  
and my years with sighing:  
my strength fails me in my affliction,  
and my bones are consumed.
- 16 But in you, Lord, have I put my trust:  
I have said 'You are my God.'
- 17 All my days are in your hand:  
O deliver me from the power of my enemies  
and from my persecutors.
- 18 Make your face to shine upon your servant:  
and save me for your mercy's sake.
- 19 O Lord, let me not be confounded,  
for I have called upon you:  
but let the wicked be put to shame  
and brought to silence in the grave.

### 1 Corinthians 13.4-8a

Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end.

## Response

*Silence*

Jesus said, I am the true vine.

**My Father is glorified by this, that you bear much fruit.**

*John 15.1a,8*

# Prayer

## *Concluding Prayer*

Eternal light, shine into our hearts,  
eternal goodness, deliver us from evil,  
eternal power, be our support,  
eternal wisdom, scatter the darkness of our ignorance,  
eternal pity, have mercy upon us;  
that with all our heart and mind and soul and strength  
we may seek your face and be brought by your infinite mercy  
to your holy presence;  
through Jesus Christ our Lord. **Amen.**

*Alcuin of York (804)*

## *The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power and the glory are yours,  
now and forever. Amen.**



## **The Conclusion**

May God bless the work of our hands.

**Amen.**

## *Tuesday Daily Prayer*

### **Preparation**

O God, make speed to save us.

**O Lord, make haste to help us.**

To you, O Lord, I lift up my soul.

**O my God, in you I trust.**

*Psalm*

*25.1a*

### **Praise**

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

*adapted from Alexander*

*Carmichael,*

*Carmina Gadelica (1900)*

# The Word of God

## Psalm 34.1-8

- 1 I will bless the Lord continually:  
his praise shall be always in my mouth.
- 2 Let my soul boast of the Lord:  
the humble shall hear it and rejoice.
- 3 O praise the Lord with me:  
let us exalt his name together.
- 4 For I sought the Lord's help and he answered:  
and he freed me from all my fears.
- 5 Look towards him and be bright with joy:  
your faces shall not be ashamed.
- 6 Here is a wretch who cried, and the Lord heard me:  
and saved me from all my troubles.
- 7 The angel of the Lord encamps round those who fear him:  
and delivers them in their need.
- 8 O taste and see that the Lord is good:  
happy are they that hide in him!

## 2 Timothy 4.1-5

In the presence of God and of Christ Jesus, who is to judge the living and the dead, and in view of his appearing and his kingdom, I solemnly urge you: proclaim the message; be persistent whether the time is favourable or unfavourable; convince, rebuke, and encourage, with the utmost patience in teaching. For the time is coming when people will not put up with sound doctrine, but having itching ears, they will accumulate for themselves teachers to suit their own desires, and will turn away from listening to the truth and wander away to myths. As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

## Response

*Silence*

Jesus said, I am the light of the world.

**Whoever follows me will have the light of life.**

*John 8.12*

## Prayer

*Concluding Prayer*

Eternal God,

the light of the minds that know you,

the joy of the hearts that love you,

and the strength of the wills that serve you:

grant us so to know you

that we may truly love you,

so to love you that we may truly serve you,

whose service is perfect freedom;

through Jesus Christ our Lord. **Amen.**

*after Augustine of Hippo (430)*

*The Lord's Prayer*

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power and the glory are yours,**

**now and forever. Amen.**

## **The Conclusion**

May Christ our redeemer bring us healing and wholeness.

**Amen.**

## *Wednesday Daily Prayer*

### **Preparation**

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me to know your ways, O Lord,

**and teach me your paths.**

*Psalm 25.3*

### **Praise**

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

*from Te Deum Laudamus*

# The Word of God

## Psalm 105.1-9

- 1 O give thanks to the Lord and call upon his name:  
    tell among the peoples what things he has done.
- 2 Sing to him, O sing praises:  
    and be telling of all his marvellous works.
- 3 Exult in his holy name:  
    and let those that seek the Lord be joyful in heart.
- 4 Seek the Lord and his strength:  
    O seek his face continually.
- 5 Call to mind what wonders he has done:  
    his marvellous acts, and the judgements of his mouth,
- 6 O seed of Abraham his servant:  
    O children of Jacob his chosen one.
- 7 For he is the Lord our God:  
    and his judgements are in all the earth.
- 8 He has remembered his covenant for ever:  
    the word that he ordained for a thousand generations,
- 9 The covenant that he made with Abraham:  
the oath that he swore to Isaac,

## 2 Corinthians 7.8-11a

For even if I made you sorry with my letter, I do not regret it (though I did regret it, for I see that I grieved you with that letter, though only briefly). Now I rejoice, not because you were grieved, but because your grief led to repentance; for you felt a godly grief, so that you were not harmed in any way by us. For godly grief produces a repentance that leads to salvation and brings no regret, but worldly grief produces death. For see what earnestness this godly grief has produced in you, what eagerness to clear yourselves, what indignation, what alarm, what longing, what zeal, what punishment! At every point you have proved yourselves guiltless in the matter.

## Response

*Silence*

Jesus said, I am the way, and the truth, and the life.

**No one comes to the Father except through me.**

*John 14.6*

## Prayer

*Concluding Prayer*

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

*George Herbert*

*(1633)*



*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May God grant to the world justice, truth and peace.

**Amen.**

## *Thursday Daily Prayer*

### **Preparation**

O God, make speed to save us.

**O Lord, make haste to help us.**

Teach me to do what pleases you, for you are my God;

**let your kindly spirit lead me on a level path.**

*Psalms 143.10*

### **Praise**

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

*George Herbert (1633)*

## **The Word of God**

### **Psalm 89.19-21, 25-30**

- 19 You spoke once in a vision:  
and said to your faithful one,
- 20 'I have set a youth above a warrior:  
I have exalted a young man out of the people.
- 21 'I have found my servant David:  
and anointed him with my holy oil.
- 25 'My faithfulness and loving-kindness shall be with him:  
and through my name his head shall be lifted high.
- 26 'I will set the hand of his dominion  
upon the Western Sea:  
and his right hand shall stretch  
to the streams of Mesopotamia.
- 27 'He will call to me "You are my Father:  
my God, and the rock of my salvation."
- 28 'I will make him my first-born son:  
and highest among the kings of the earth.
- 29 'I will ever maintain my loving-kindness toward him:  
and my covenant with him shall stand firm.
- 30 'I will establish his line for ever:  
and his throne like the days of heaven.

### **1 Corinthians 6.19-20**

Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore glorify God in your body.

## Response

*Silence*

Jesus said, I am the gate for the sheep.

**I came that they may have life, and have it abundantly.**

*John 10.7,10b*

## Prayer

*Concluding Prayer*

O gracious and holy Father,  
give us wisdom to perceive you,  
diligence to seek you,  
patience to wait for you,  
eyes to behold you,  
a heart to meditate upon you,  
and a life to proclaim you,  
through the power of the Spirit  
of Jesus Christ our Lord. **Amen.**  
(c.550)

*Benedict of Nursia*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May God kindle in us the fire of love.

**Amen.**

## ***Friday Daily Prayer***

### **Preparation**

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me a clean heart, O God,

**and renew a right spirit within me.**

*Psalm 51.11*

### **Praise**

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

## **The Word of God**

### **Psalm 85.8-13**

- 8 I will hear what the Lord God will speak:  
for he will speak peace to his people,  
to his faithful ones, whose hearts are turned to him.
- 9 Truly his salvation is near to those that fear him:  
and his glory shall dwell in our land.
- 10 Mercy and truth are met together:  
righteousness and peace have kissed each other;
- 11 Truth shall flourish out of the earth:  
and righteousness shall look down from heaven.
- 12 The Lord will also give us all that is good:  
and our land shall yield its plenty.
- 13 For righteousness shall go before him:  
and tread the path before his feet.

### **Revelation 1.12-13, 17-18a**

Then I turned to see whose voice it was that spoke to me, and on turning I saw seven golden lampstands, and in the midst of the lampstands I saw one like the Son of Man, clothed with a long robe and with a golden sash across his chest.

When I saw him, I fell at his feet as though dead. But he placed his right hand on me, saying, 'Do not be afraid; I am the first and the last, and the living one. I was dead, and see, I am alive for ever and ever; and I have the keys of Death and of Hades.

## Response

*Silence*

Jesus said, I am the good shepherd.

**The good shepherd lays down his life for the sheep.**

*John 10.11*

## Prayer

*Concluding Prayer*

Lord Jesus Christ, we thank you

for all the benefits that you have won for us,

for all the pains and insults that you have borne for us.

Most merciful redeemer,

friend and brother,

may we know you more clearly,

love you more dearly,

and follow you more nearly,

day by day. **Amen.**

*after Richard of Chichester*

*(1253)*



*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May Christ our Saviour give us peace.

**Amen.**

## *Saturday Daily Prayer*

### **Preparation**

O God, make speed to save us.

**O Lord, make haste to help us.**

Your love, O Lord, reaches to the heavens

**and your faithfulness to the clouds.**

*Psalm 36.5*

### **Praise**

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

*Ephrem the Syrian (373)*

## The Word of God

### Psalm 110.1-4

1 The Lord said to my lord:

'Sit at my right hand,  
until I make your enemies your footstool.'

2 The Lord commits to you the sceptre of your power:

reign from Zion in the midst of your enemies.

3 Noble are you, from the day of your birth

upon the holy hill:

radiant are you, even from the womb,  
in the morning dew of your youth.

4 The Lord has sworn and will not turn back:

'You are a priest for ever after the order of Melchizedek.'

### Revelation 21.22-26

I saw no temple in the city, for its temple is the Lord God the Almighty and the Lamb. And the city has no need of sun or moon to shine on it, for the glory of God is its light, and its lamp is the Lamb. The nations will walk by its light, and the kings of the earth will bring their glory into it. Its gates will never be shut by day—and there will be no night there. People will bring into it the glory and the honour of the nations.

### Response

*Silence*

Jesus said, I am the resurrection and the life.

**Those who believe in me will never die.**

*cf John 11.25,26*

### Prayer

*Concluding Prayer*

God be in my head, and in my understanding;

God be in my eyes, and in my looking;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at mine end, and at my departing. **Amen.**

*Sarum Primer*

*The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May Christ dwell in our hearts by faith.

**Amen.**