



Daily Prayer

in

Ordinary Time

Week 3

# Monday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Let the words of my mouth and the meditation of my heart

**be acceptable in your sight,**

**O Lord, my strength and my redeemer.**

*Psalm 19.14*

## Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

*from St Patrick's Breastplate*

# The Word of God

## Psalm 104 - 26-End

- 26 Lord, how various are your works:  
in wisdom you have made them all,  
and the earth is full of your creatures.
- 27 There is the wide, immeasurable sea:  
there move living things without number, great and small;
- 28 There go the ships, to and fro:  
and there is that Leviathan  
whom you formed to sport in the deep.
- 29 These all look to you:  
to give them their food in due season.
- 30 When you give it to them, they gather it:  
when you open your hand  
they are satisfied with good things.
- 31 When you hide your face, they are troubled:  
when you take away their breath,  
they die and return to their dust.
- 32 When you send forth your spirit they are created:  
and you renew the face of the earth.
- 33 May the glory of the Lord endure for ever:  
may the Lord rejoice in his works.
- 34 If he look upon the earth, it shall tremble:  
if he but touch the mountains, they shall smoke.
- 35 I will sing to the Lord as long as I live:  
I will praise my God while I have any being.
- 36 May my meditation be pleasing to him:  
for my joy shall be in the Lord.
- 37 May sinners perish from the earth,  
let the wicked be no more:  
bless the Lord, O my soul; O praise the Lord.

## Reading

Jesus said, 'The kingdom of God is as if someone would scatter seed on the ground, and would sleep and rise night and day, and the seed would sprout and grow, he does not know how. The earth produces of itself, first the stalk, then the head, then the full grain in the head. But when the grain is ripe, at once he goes in with his sickle, because the harvest has come.'

*Mark 4.26-29*

## Response

*Silence*

Jesus said, I am the true vine.

**My Father is glorified by this, that you bear much fruit.**

*John 15.1a,8*

## Prayer

*Concluding Prayer*

Eternal light, shine into our hearts,  
eternal goodness, deliver us from evil,  
eternal power, be our support,  
eternal wisdom, scatter the darkness of our ignorance,  
eternal pity, have mercy upon us;  
that with all our heart and mind and soul and strength

we may seek your face and be brought by your infinite mercy  
to your holy presence;  
through Jesus Christ our Lord. **Amen.**

*Alcuin of York (804)*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May God who made both heaven and earth bless us.  
**Amen.**

# Tuesday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

To you, O Lord, I lift up my soul.

**O my God, in you I trust.**

*Psalm 25. 1a*

## Praise

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,  
Praise to the Son,  
Praise to the Spirit,  
The Three in One.

*adapted from Alexander Carmichael, Carmina Gadelica (1900)*

## **The Word of God**

### **Psalm 36**

- 1 Transgressors speak from the wickedness in their own hearts:  
there is no fear of God before their eyes.
- 2 For they flatter themselves in their own sight:  
they hate their iniquity to be found out.
- 3 The words of their mouth are wickedness and deceit:  
they have ceased to act wisely and do good.
- 4 They plot mischief as they lie upon their beds:  
they have set themselves on paths that are not good,  
they do not spurn evil.
- 5 Your unfailing kindness, O Lord, is in the heavens:  
and your faithfulness reaches to the clouds.
- 6 Your righteousness is like the strong mountains:  
and your justice as the great deep;  
you, O Lord, save both man and beast.
- 7 How precious, O God, is your enduring kindness:  
the children of Adam shall take refuge under the shadow of  
your wings.
- 8 They shall be satisfied  
with the good things of your house:  
and you will give them drink from the river of your delights.
- 9 For with you is the well of life:

and in your light shall we see light.

10 O continue your merciful kindness toward these who know you:

and your righteous dealing to those that are true of heart.

11 Let not the foot of the proud come against me:  
nor the hand of the ungodly drive me away.

12 There are they fallen, those who do evil:  
they are thrust down, and shall not rise again.

## Reading

As Jesus walked along, he saw a man blind from birth. His disciples asked him, 'Rabbi, who sinned, this man or his parents, that he was born blind?' Jesus answered, 'Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.'

*John 9.1-5*

## Response

*Silence*

Jesus said, I am the light of the world.

**Whoever follows me will have the light of life.**

*John 8.12*



## Prayer

*Concluding Prayer*

Eternal God,  
the light of the minds that know you,  
the joy of the hearts that love you,  
and the strength of the wills that serve you:  
grant us so to know you  
that we may truly love you,  
so to love you that we may truly serve you,  
whose service is perfect freedom;  
through Jesus Christ our Lord. **Amen.**

*after Augustine of Hippo (430)*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May Christ our redeemer bring us healing and wholeness.  
Amen.**

# Wednesday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me to know your ways, O Lord,

**and teach me your paths.**

*Psalm 25.3*

## Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

*from Te Deum Laudamus*

## The Word of God

### Psalm 45

- 1 My heart is astir with fine phrases, I make my song for a king:  
my tongue is the pen of a ready writer.
- 2 You are the fairest of men, grace flows from your lips:  
therefore has God blessed you for ever and ever.

- 3 Gird your sword upon your thigh, O mighty warrior:  
in glory and majesty tread down your foes, and triumph!
- 4 Ride on in the cause of truth:  
and for the sake of justice.
- 5 Your right hand shall teach a terrible instruction:  
peoples shall fall beneath you,  
your arrows shall be sharp in the hearts of the king's  
enemies.
- 6 Your throne is the throne of God, it endures for ever:  
and the sceptre of your kingdom is a righteous sceptre.
- 7 You have loved righteousness and hated evil:  
therefore God, your God, has anointed you  
with the oil of gladness above your fellows.
- 8 All your garments are fragrant with myrrh, aloes and cassia:  
music from ivory palaces makes you glad.
- 9 Kings' daughters are among your noble women:  
the queen is at your right hand in gold of Ophir.
- 10 Hear, O daughter, consider and incline your ear:  
forget your own people and your father's house.
- 11 The king desires your beauty:  
he is your lord, therefore bow down before him.
- 12 The richest among the people, O daughter of Tyre:  
shall entreat your favour with gifts.
- 13 The king's daughter is all glorious within:  
her clothing is embroidered cloth-of-gold.
- 14 In robes of many colours she is led to you, O king:  
and, after her, the virgins that are with her.
- 15 They are led with gladness and rejoicing:  
they enter the palace of the king.
- 16 In place of your fathers you shall have sons:  
and make them princes over all the land.
- 17 And I will make known your name to every generation:  
therefore the peoples shall give you praise for ever.

## Reading

Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.'

*Matthew 9.35-end*

## Response

*Silence*

Jesus said, I am the way, and the truth, and the life.

**No one comes to the Father except through me.**

*John 14.6*

## Prayer

*Concluding Prayer*

O Lord our God,

grant us grace to desire you with our whole heart;

that so desiring, we may seek and find you;

and so finding, may love you;

and so loving, may hate those sins from which you have delivered us;

through Jesus Christ our Lord. **Amen.**

*Anselm (1109)*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May God grant to the world justice, truth and peace.  
Amen.**

# Thursday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Teach me to do what pleases you, for you are my God;

**let your kindly spirit lead me on a level path.**

*Psalm 143.10*

## Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

*George Herbert (1633)*

## **The Word of God**

### **Psalm 101**

- 1 My song shall be of steadfastness and justice:  
to you, Lord, will I sing.
- 2 I will be wise in the way of innocence:  
O when will you come to me?
- 3 I will walk within my house:  
in purity of heart.
- 4 I will set nothing evil before my eyes:  
I hate the sin of backsliders, it shall get no hold on me.
- 5 Crookedness of heart shall depart from me:  
I will know nothing of wickedness.
- 6 Those who secretly slander their neighbours I will destroy:  
the proud look and the arrogant heart I will not endure.
- 7 My eyes shall look to the faithful in the land,  
and they shall make their home with me:  
those who walk in the way of innocence,  
they shall minister to me.
- 8 No one who practises deceit shall live in my house:  
no one who utters lies shall stand in my sight.
- 9 Morning by morning I will destroy all the wicked of the land:  
and cut off all evildoers from the city of the Lord.



## Reading

You are a chosen race, a royal priesthood, a holy nation, God's own people, in order that you may proclaim the mighty acts of him who called you out of darkness into his marvellous light. Once you were not a people, but now you are God's people; once you had not received mercy, but now you have received mercy.

*1 Peter 2.9,10*

## Response

*Silence*

Jesus said, I am the gate for the sheep.

**I came that they may have life, and have it abundantly.**

*John 10.7,10b*

## Prayer

*Concluding Prayer*

O gracious and holy Father,  
give us wisdom to perceive you,  
diligence to seek you,  
patience to wait for you,  
eyes to behold you,  
a heart to meditate upon you,  
and a life to proclaim you,

through the power of the Spirit  
of Jesus Christ our Lord. **Amen.**

*Benedict of Nursia (c.550)*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

May God kindle in us the fire of love.  
**Amen.**

# Friday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me a clean heart, O God;

**and renew a right spirit within me.**

*Psalm 51.11*

## Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy, loose us from our chains,

forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer;

save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

## **The Word of God**

### **Psalm 123**

- 1 To you I lift up my eyes:  
you who are enthroned in the heavens.
- 2 As the eyes of servants look to the hand of their master:  
or as the eyes of a maid toward the hand of her mistress,
- 3 So our eyes look to the Lord our God:  
until he show us his mercy.
- 4 Have mercy upon us, O Lord, have mercy upon us:  
for we have had our fill of derision.
- 5 Our souls overflow with the mockery of those at ease:  
and with the contempt of the proud.

### **Reading**

*Ephesians 2.13-18*

Now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father.

## **Response**

*Silence*

Jesus said, I am the good shepherd.

**The good shepherd lays down his life for the sheep.**

*John 10.11*

## **Prayer**

*Concluding Prayer*

Lord Jesus Christ, we thank you  
for all the benefits that you have won for us,  
for all the pains and insults that you have borne for us.  
Most merciful redeemer,  
friend and brother,  
may we know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day. **Amen**

*after Richard of Chichester (1253)*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May Christ our Saviour give us peace.  
Amen.**

# Saturday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Your love, O Lord, reaches to the heavens;

**and your faithfulness to the clouds.**

*Psalm 36.5*

## Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

*Ephrem the Syrian (373)*

## **The Word of God**

### **Psalm 138**

- 1 I will give you thanks, O Lord, with my whole heart:  
even before the gods will I sing your praises.
- 2 I will bow down toward your holy temple and give thanks to  
your name:  
because of your faithfulness and your loving-kindness,  
for you have made your name and your word supreme over  
all things.
- 3 At a time when I called to you, you gave me answer:  
and put new strength within my soul.
- 4 All the kings of the earth shall praise you, O Lord:  
for they have heard the words of your mouth;
- 5 And they shall sing of the ways of the Lord:  
that the glory of the Lord is great.
- 6 For though the Lord is exalted, he looks upon the lowly:  
and he comprehends the proud from afar.
- 7 Though I walk in the midst of danger, yet will you preserve  
my life:  
you will stretch out your hand against the fury of  
my enemies,  
and your right hand shall save me.
- 8 The Lord will complete his purpose for me:  
your loving-kindness, O Lord, endures for ever;  
do not forsake the work of your own hands.

### **Reading**

When Jesus arrived, he found that Lazarus had already been in the tomb for four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to



Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, 'Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him.' Jesus said to her, 'Your brother will rise again.' Martha said to him, 'I know that he will rise again in the resurrection on the last day.' Jesus said to her, 'I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die.'

*John 11.17-26a*

## **Response**

*Silence*

Jesus said, I am the resurrection and the life.

**Those who believe in me will never die**

*cf John 11.25,26*

## **Prayer**

*Concluding Prayer*

God be in my head, and in my understanding;

God be in my eyes, and in my looking;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at mine end, and at my departing. **Amen.**

*Sarum Primer*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen**

## **The Conclusion**

**May Christ dwell in our hearts by faith.**

**Amen.**

# Sunday Daily Prayer

## Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

My heart tells of your word, 'Seek my face.'

**Your face, Lord, will I seek.**

*Psalm 27.10*

## Praise

We praise you, O God,  
we acclaim you as the Lord;  
all creation worships you,  
the Father everlasting.

To you all angels, all the powers of heaven,  
the cherubim and seraphim, sing in endless praise:  
Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

*from Te Deum Laudamus*

## The Word of God

### Psalm 115 – 1-13

- 1 Not to us, O Lord, not to us but to your name give the glory:  
for the sake of your faithfulness and your loving-kindness.
- 2 Why should the heathen say 'Where is their God?':  
our God is in heaven, he does whatever he wills.
- 3 As for their idols, they are silver and gold:  
the work of human hands.
- 4 They have mouths, but speak not:  
they have eyes, but they cannot see.

- 5 They have ears, yet hear nothing:  
they have noses, but cannot smell.
- 6 Hands they have, but handle nothing,  
feet, but they do not walk:  
they make no sound with their throats.
- 7 Those who make them shall be like them:  
so shall everyone that trusts in them.
- 8 O Israel, trust in the Lord:  
he is your help and your shield.
- 9 O house of Aaron, trust in the Lord:  
he is your help and your shield.
- 10 You that fear the Lord, trust in the Lord:  
he is your help and your shield.
- 11 The Lord has remembered us and he will bless us:  
he will bless the house of Israel,  
he will bless the house of Aaron.
- 12 He will bless all those that fear the Lord:  
both high and low together.
- 13 May the Lord increase you greatly:  
you and your children after you.

## **Reading**

The man went away and told the Jews that it was Jesus who had made him well. Therefore the Jews started persecuting Jesus, because he was doing such things on the sabbath. But Jesus answered them, 'My Father is still working, and I also am working.' For this reason the Jews were seeking all the more to kill him, because he was not only breaking the sabbath, but was also calling God his own Father, thereby making himself equal to God.

*John 5.15-18*

## **Response**

*Silence*

Jesus said, I am the living bread that came down from heaven.

**Whoever eats of this bread will live for ever.**

*John 6.5 1a*

## **Prayer**

*Concluding Prayer*

Christ be with me, Christ within me,

Christ behind me, Christ before me,

Christ beside me, Christ to win me,

Christ to comfort and restore me.

Christ beneath me, Christ above me,

Christ in quiet, Christ in danger,

Christ in hearts of all that love me,

Christ in mouth of friend and stranger.

**Amen.**

*from St Patrick's Breastplate*

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and forever. Amen.**

## **The Conclusion**

**May God who made both heaven and earth bless us.  
Amen.**