

Daily Prayer

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Ordinary Time

6 - 12 June 2021

Sunday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

My heart tells of your word, 'Seek my face.'

Your face, Lord, will I seek.

Psalm 27.10

Praise

We praise you, O God, we acclaim you as the Lord; all creation worships you, the Father everlasting. To you all angels, all the powers of heaven, the cherubim and seraphim, sing in endless praise: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

from Te Deum Laudamus

The Word of God

Psalm 100

- 1 O shout to the Lord in triumph, all the earth: serve the Lord with gladness, and come before his face with songs of joy.
- 2 Know that the Lord he is God: it is he who has made us and we are his; we are his people and the sheep of his pasture.

- 3 Come into his gates with thanksgiving, and into his courts with praise: give thanks to him, and bless his holy name.
- 4 For the Lord is good, his loving mercy is for ever: his faithfulness throughout all generations.

Reading

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people.

Jeremiah 31.31-33

Response

Silence

Jesus said, I am the living bread that came down from heaven.

Whoever eats of this bread will live for ever.

John 6.5 1a

Prayer

Concluding Prayer

Christ be with me, Christ within me,

Christ behind me, Christ before me,

Christ beside me, Christ to win me,

Christ to comfort and restore me.

Christ beneath me, Christ above me,

Christ in quiet, Christ in danger,

Christ in hearts of all that love me,

Christ in mouth of friend and stranger.

Amen.

from St Patrick's Breastplate

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May God who made both heaven and earth bless us.

Amen.

Monday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart

be acceptable in your sight,

O Lord, my strength and my redeemer.

Psalm 19.14

Praise

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

from St Patrick's Breastplate

The Word of God

Psalm 65.2-4, 6, 9

- 2 To you shall all flesh come to confess their sins: when our misdeeds prevail against us, you will purge them away.
- 3 Blessed are those whom you choose and take to yourself to dwell within your courts:

 we shall be filled with the good things of your house, of your holy temple.
- 4 You will answer us in your righteousness with terrible deeds, O God our saviour: you that are the hope of all the ends of the earth and of the distant seas;
- 6 Who stilled the raging of the seas, the roaring of the waves: and the tumult of the peoples.
- 9 The river of God is full of water: and so providing for the earth, you provide grain for us all.

Reading

He subdues the ancient gods, shatters the forces of old; he drove out the enemy before you, and said, 'Destroy!'
So Israel lives in safety, untroubled is Jacob's abode in a land of grain and wine, where the heavens drop down dew. Happy are you, O Israel! Who is like you, a people saved by the LORD, the shield of your help, and the sword of your triumph!

Your enemies shall come fawning to you, and you shall tread on their backs.

Deuteronomy 33.27a, 28-29b

Response

Silence

Jesus said, I am the true vine.

My Father is glorified by this, that you bear much fruit.

John 15.1a,8

Prayer

Concluding Prayer

Eternal light, shine into our hearts,

eternal goodness, deliver us from evil,

eternal power, be our support,

eternal wisdom, scatter the darkness of our ignorance,

eternal pity, have mercy upon us;

that with all our heart and mind and soul and strength

we may seek your face and be brought by your infinite mercy

to your holy presence;

through Jesus Christ our Lord. Amen.

Alcuin of York (804)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May God who made both heaven and earth bless us.

Amen.

Tuesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

To you, O Lord, I lift up my soul.

O my God, in you I trust.

Psalm 25. 1a

Praise

I am giving you worship with all my life,
I am giving you obedience with all my power,
I am giving you praise with all my strength,
I am giving you honour with all my speech.

I am giving you love with all my heart,
I am giving you affection with all my sense,
I am giving you my being with all my mind,
I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

adapted from Alexander Carmichael, Carmina Gadelica (1900)

The Word of God

Psalm 19.2-7

- 2 One day tells it to another: and night to night communicates knowledge.
- 3 There is no speech or language: nor are their voices heard:
- 4 Yet their sound has gone out through all the world: and their words to the ends of the earth.
- 5 There he has pitched a tent for the sun:
 which comes out as a bridegroom from his chamber,
 and rejoices like a strong man to run his course.
- 6 Its rising is at one end of the heavens, and its circuit to their farthest bound: and nothing is hidden from its heat.
- 7 The law of the Lord is perfect, reviving the soul: the command of the Lord is true, and makes wise the simple.

Reading

Indeed, you are my lamp, O LORD, the LORD lightens my darkness.

By you I can crush a troop, and by my God I can leap over a wall.

This God—his way is perfect; the promise of the LORD proves true; he is a shield for all who take refuge in him.

For who is God, but the LORD?
And who is a rock, except our God?
The God who has girded me with strength has opened wide my path.
He made my feet like the feet of deer, and set me secure on the heights.

2 Samuel 22.29-34

Response

Silence

Jesus said, I am the light of the world.

Whoever follows me will have the light of life.

John 8.12

Prayer

Concluding Prayer

Eternal God,

the light of the minds that know you,

the joy of the hearts that love you,

and the strength of the wills that serve you:

grant us so to know you

that we may truly love you,

so to love you that we may truly serve you,

whose service is perfect freedom;

through Jesus Christ our Lord. Amen.

after Augustine of Hippo (430)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May Christ our redeemer bring us healing and wholeness.

Amen.

Wednesday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord,

and teach me your paths.

Psalm 25.3

Praise

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

from Te Deum Laudamus

The Word of God

Psalm 147.12-20

12 Praise the Lord, O Jerusalem: sing praises to your God, O Zion.

13 For he has strengthened the bars of your gates: and blessed your children within you.

- 14 He makes peace within your borders: and satisfies you with the finest wheat.
- 15 He sends his command to the earth: and his word runs very swiftly.
- 16 He gives snow like wool: and scatters the hoar-frost like ashes.
- 17 He sprinkles his ice like morsels of bread: and the waters harden at his frost.
- 18 He sends out his word and melts them: he blows with his wind and the waters flow.
- 19 He made his word known to Jacob: his statutes and judgements to Israel.
- 20 He has not dealt so with any other nation: nor have they knowledge of his laws. Praise the Lord.

Reading

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. Afterwards all the Israelites came near, and he gave them in commandment all that the LORD had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the LORD to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded,

Exodus 34.29,32-34

Response

Silence

Jesus said, I am the way, and the truth, and the life.

No one comes to the Father except through me.

John 14.6

Prayer

Concluding Prayer

O Lord our God,

grant us grace to desire you with our whole heart;

that so desiring, we may seek and find you;

and so finding, may love you;

and so loving, may hate those sins from which you have delivered us;

through Jesus Christ our Lord. Amen.

Anselm (1109)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May God grant to the world justice, truth and peace.

Amen.

Thursday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;

let your kindly spirit lead me on a level path.

Psalm 143.10

Praise

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

George Herbert (1633)

The Word of God

Psalm 37.7-9,34,39-40

- 7 Be still before the Lord, and wait patiently for him: do not be vexed when someone prospers, when they put their evil purposes to work.
- 8 Let go of anger and abandon wrath: let not envy move you to do evil.
- 9 For the wicked shall be cut down: but those who wait for the Lord shall possess the land.
- 34 But the Lord will not abandon them to their power. nor let them be condemned when they are judged.
- 39 But transgressors shall be destroyed altogether: and the posterity of the wicked shall be cut down.
- 40 Deliverance for the righteous shall come from the Lord: he is their strength in time of trouble.

Reading

Unjust anger cannot be justified, for anger tips the scale to one's ruin.

Those who are patient stay calm until the right moment, and then cheerfulness comes back to them.

They hold back their words until the right moment; then the lips of many tell of their good sense.

Response

Silence

Jesus said, I am the gate for the sheep.

I came that they may have life, and have it abundantly.

John 10.7,10b

Prayer

Concluding Prayer

O gracious and holy Father, give us wisdom to perceive you, diligence to seek you, patience to wait for you, eyes to behold you, a heart to meditate upon you, and a life to proclaim you, through the power of the Spirit of Jesus Christ our Lord. **Amen.**

Benedict of Nursia (c.550)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May God kindle in us the fire of love.

Amen.

Friday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me a clean heart, O God;

and renew a right spirit within me.

Psalm 51.11

Praise

Jesus, Saviour of the world,

come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down,

you set your people free:

we look to you to save and help us.

When they were ready to perish, you saved your disciples: we look to you to come to our help.

In the greatness of your mercy, loose us from our chains, forgive the sins of all your people.

Make yourself known as our Saviour and mighty deliverer; save us and help us that we may praise you.

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you

and to share the life of your kingdom.

The Word of God

Psalm 63.2, 4-9

- 2 My soul thirsts for you, my flesh longs for you: as a dry and thirsty land where no water is.
- 4 For your unchanging goodness is better than life: therefore my lips shall praise you.
- 5 And so I will bless you as long as I live: and in your name will I lift my hands on high.
- 6 My longing shall be satisfied as with marrow and fatness: my mouth shall praise you with exultant lips.
- 7 When I remember you upon my bed: when I meditate upon you in the night watches,
- 8 How you have been my helper: then I sing for joy in the shadow of your wings,
- 9 Then my soul clings to you: and your right hand upholds me.

Reading

Sing for joy, O heavens, and exult, O earth; break forth, O mountains, into singing! For the LORD has comforted his people, and will have compassion on his suffering ones.

But Zion said, 'The LORD has forsaken me, my Lord has forgotten me.'

Can a woman forget her nursing-child, or show no compassion for the child of her womb? Even these may forget, yet I will not forget you. See, I have inscribed you on the palms of my hands; your walls are continually before me.

Isaiah 49.13-16.

Response

Silence

Jesus said, I am the good shepherd.

The good shepherd lays down his life for the sheep.

John 10.11

Prayer

Concluding Prayer

Lord Jesus Christ, we thank you

for all the benefits that you have won for us,

for all the pains and insults that you have borne for us.

Most merciful redeemer,

friend and brother,

may we know you more clearly,

love you more dearly,

and follow you more nearly,

day by day. Amen

after Richard of Chichester (1253)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen.

The Conclusion

May Christ our Saviour give us peace.

Amen.

Saturday Daily Prayer

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your love, O Lord, reaches to the heavens;

and your faithfulness to the clouds.

Psalm 36.5

Praise

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

The Word of God

Psalm 138.1-3, 6-8

- 1 I will give you thanks, O Lord, with my whole heart: even before the gods will I sing your praises.
- 2 I will bow down toward your holy temple and give thanks to your name:

 because of your faithfulness and your loving-kindness, for you have made your name and your word supreme over all things.
- 3 At a time when I called to you, you gave me answer: and put new strength within my soul.
- 6 For though the Lord is exalted, he looks upon the lowly: and he comprehends the proud from afar.
- 7 Though I walk in the midst of danger, yet will you preserve my life:
 you will stretch out your hand against the fury of my enemies, and your right hand shall save me.
- 8 The Lord will complete his purpose for me: your loving-kindness, O Lord, endures for ever; do not forsake the work of your own hands.

Reading

Happy is the person who meditates on wisdom and reasons intelligently, who reflects in his heart on her ways and ponders her secrets, pursuing her like a hunter, and lying in wait on her paths; who peers through her windows and listens at her doors; who camps near her house

and fastens his tent-peg to her walls; who pitches his tent near her, and so occupies an excellent lodging-place; who places his children under her shelter, and lodges under her boughs; who is sheltered by her from the heat, and dwells in the midst of her glory.

Sirach 14.20-27

Response

Silence

Jesus said, I am the resurrection and the life.

Those who believe in me will never die

cf John 11.25,26

Prayer

Concluding Prayer

God be in my head, and in my understanding;

God be in my eyes, and in my looking;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at mine end, and at my departing. Amen.

Sarum Primer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen

The Conclusion

May Christ dwell in our hearts by faith.

Amen.