



# Celtic Daily Prayers

*7-11 September 2020*

# Monday

You have searched me  
and known me, O God.  
You know when I sit down  
and when I rise up.  
(Ps 139:1-2)

## Silence

*Be still  
and aware of God's presence  
within and all around.*

## Opening prayer and thanksgiving

Thanks be to you, O God,  
that I have risen this day  
to the rising of this life itself.  
May it be a day of blessing,  
O God of every gift,  
a day of new beginnings given.  
Help me to avoid every sin  
and the source of every sin to forsake,  
and as the mist scatters  
from the crest of the hills  
may each ill haze clear  
from my soul, O God.

## Free prayers of thanks

## Scripture Readings

### Psalm 22

- 1 My God, my God, why have you forsaken me:  
why are you so far from helping me  
and from the words of my groaning?
- 2 My God, I cry to you by day, but you do not answer:  
and by night also I take no rest.
- 3 But you continue holy:  
you that are the praise of Israel.
- 4 In you our forebears trusted:  
they trusted, and you delivered them;
- 5 To you they cried and they were saved:  
they put their trust in you and were not confounded.
- 6 But as for me, I am a worm and no man:  
the scorn of all and despised by the people.

7 Those that see me laugh me to scorn:  
they shoot out their lips at me  
and wag their heads, saying,  
8 'He trusted in the Lord—let him deliver him:  
let him deliver him, if he delights in him.'  
9 But you are he that took me out of the womb:  
that brought me to lie at peace on my mother's breast.  
10 On you have I been cast since my birth:  
you are my God, even from my mother's womb.  
11 O go not from me, for trouble is hard at hand:  
and there is none to help.  
12 Many oxen surround me:  
fat bulls of Bashan close me in on every side.  
13 They gape wide their mouths at me:  
like lions that roar and rend.  
14 I am poured out like water,  
and all my bones are out of joint:  
my heart within my breast is like melting wax.  
15 My mouth is dried up like a potsherd:  
and my tongue clings to my gums.  
16 My hands and my feet are withered:  
and you lay me in the dust of death.  
17 For many dogs are come about me:  
and a band of evildoers hem me in.  
18 I can count all my bones:  
they stand staring and gazing upon me.  
19 They part my garments among them:  
and cast lots for my clothing.  
20 O Lord, do not stand far off:  
you are my helper, hasten to my aid.  
21 Deliver my body from the sword:  
my life from the power of the dogs;  
22 O save me from the lion's mouth:  
and my afflicted soul from the horns of the wild oxen.  
23 I will tell of your name to my companions:  
in the midst of the congregation will I praise you.  
24 O praise the Lord, all you that fear him:  
hold him in honour, O seed of Jacob,  
and let the seed of Israel stand in awe of him.  
25 For he has not despised nor abhorred  
the poor man in his misery:  
nor did he hide his face from him,  
but heard him when he cried.

- 26 From you springs my praise in the great congregation:  
I will pay my vows in the sight of all that fear you;
- 27 The meek shall eat of the sacrifice and be satisfied:  
and those who seek the Lord shall praise him—  
may their hearts rejoice for ever!
- 28 Let all the ends of the earth remember  
and turn to the Lord:  
and let all the families of the nations worship before him.
- 29 For the kingdom is the Lord's:  
and he shall be ruler over the nations.
- 30 How can those who sleep in the earth do him homage:  
or those that descend to the dust bow down before him?
- 31 But he has saved my life for himself:  
and my posterity shall serve him.
- 32 This shall be told of my Lord to a future generation:  
and his righteousness declared to a people yet unborn,  
that he has done it.

### **Luke 6:20-26**

<sup>20</sup> Then he looked up at his disciples and said:

‘Blessed are you who are poor,  
for yours is the kingdom of God.

<sup>21</sup> ‘Blessed are you who are hungry now,  
for you will be filled.

‘Blessed are you who weep now,  
for you will laugh.

<sup>22</sup> ‘Blessed are you when people hate you, and when they exclude you,  
revile you, and defame you on account of the Son of Man. <sup>23</sup> Rejoice on  
that day and leap for joy, for surely your reward is great in heaven; for  
that is what their ancestors did to the prophets.

<sup>24</sup> ‘But woe to you who are rich,  
for you have received your consolation.

<sup>25</sup> ‘Woe to you who are full now,  
for you will be hungry.

‘Woe to you who are laughing now,  
for you will mourn and weep.

<sup>26</sup> ‘Woe to you when all speak well of you, for that is what their ancestors  
did to the false prophets.

### **Silence**

*Reflect on the gospel  
and remember  
that God is with those  
who are poor and betrayed.*

## **Intercessions**

O Christ of the poor and the yearning,  
kindle in my heart within  
a flame of love for my neighbour,  
for my foe, for my friend,  
for my kindred all.

From the humblest thing that lives  
to the Name that is highest of all,  
kindle in my heart within  
a flame of love.

*Pray for the coming day  
and for justice and peace.*

## **The Lord's Prayer**

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins,  
as we forgive those who sin against us.

Save us from the time of trial  
and deliver us from evil.

For the kingdom, the power, and the glory are yours  
now and for ever. Amen.

## **Closing Prayer**

This day and this night, O God,  
may I know  
the deep peace  
of the running wave  
the deep peace of the flowing air  
the deep peace  
of the quiet earth  
the deep peace of the shining stars  
the deep peace of the Son of Peace.

## Tuesday

If I ascend to heaven  
you are there, O God.  
And if I make my bed in hell,  
still you are with me.  
(Ps 139.8)

### Silence

*Be still  
and aware of God's presence  
within and all around.*

### Opening prayer and thanksgiving

In the beginning, O God,  
you shaped my soul and set its weave.  
You formed my body  
and gave it breath.  
Renew me this day  
in the image of your love.  
O great God, grant me your light.  
O great God, grant me your grace.  
O great God, grant me your joy this day  
and let me be made pure  
in the well of your health.

### Free prayers of thanks

### Scripture readings

#### Psalm 23

- 1 The Lord is my shepherd:  
therefore can I lack nothing.
- 2 He will make me lie down in green pastures:  
and lead me beside still waters.
- 3 He will refresh my soul:  
and guide me in right pathways for his name's sake.
- 4 Though I walk through the valley of the shadow of death,  
I will fear no evil:  
for you are with me, your rod and your staff comfort me.
- 5 You spread a table before me  
in the face of those who trouble me:  
you have anointed my head with oil,  
and my cup shall be full.

6 Surely your goodness and loving-kindness  
will follow me all the days of my life:  
and I shall dwell in the house of the Lord for ever.

### **Luke 6:27-31**

<sup>27</sup> 'But I say to you that listen, Love your enemies, do good to those who hate you, <sup>28</sup> bless those who curse you, pray for those who abuse you.

<sup>29</sup> If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt.

<sup>30</sup> Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. <sup>31</sup> Do to others as you would have them do to you.

### **Silence**

*Reflect on the gospel  
and on the Christ of the cross,  
suffering in the world  
with all those who are broken.*

### **Intercessions**

O Christ of the road  
of the wounded,  
O Christ of the tears  
of the broken,  
in me and with me  
the needs of the world.

Grant me my prayers  
of loving and hoping.

Grant me my prayers  
of yearning and healing.

*Pray for the coming day  
and for the healing  
within and among all people.*

## **The Lord's Prayer**

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins,  
as we forgive those who sin against us.

Save us from the time of trial  
and deliver us from evil.

For the kingdom, the power, and the glory are yours  
now and for ever. Amen.

## **Closing Prayer**

God before me, God behind me,  
God above me, God beneath me.

I on your path, O God,  
you, O God, on my way.

In the twistings of the road  
in the currents of the river

be with me by day

be with me by night

be with me by day and by night.



# Wednesday

It was you who formed  
my inward parts,  
you knit me together  
in my mother's womb.  
I praise you  
for I am fearfully  
and wonderfully made.  
(Ps 139:13-14)

## Silence

*Be still  
and aware of God's presence  
within and all around.*

## Opening prayer and thanksgiving

O Sun behind all suns,  
I give you greeting this new day.  
Let all creation praise you.  
Let the daylight  
and the shadows praise you.  
Let the fertile earth  
and the swelling sea praise you.  
Let the wind and the rain  
the lightening and the thunder  
praise you  
Let all that breathes,  
both male and female, praise you.  
And I shall praise you. O God of all life  
I give you greeting this day.

## Free prayers of thanks

## Scripture readings

### Psalm 24

- 1 The earth is the Lord's and all that is in it:  
the compass of the world and those who dwell therein.
- 2 For he has founded it upon the seas:  
and established it upon the waters.
- 3 Who shall ascend the hill of the Lord:  
or who shall stand in his holy place?

- 4 Those who have clean hands and a pure heart:  
who have not set their soul upon idols,  
nor sworn their oath to a lie.
- 5 They shall receive blessing from the Lord:  
and recompense from the God of their salvation.
- 6 Of such a kind as this are those who seek him:  
those who seek your face, O God of Jacob.
- 7 Lift up your heads, O you gates,  
and be lifted up, you everlasting doors:  
and the King of glory shall come in.
- 8 Who is the King of glory?:  
the Lord, strong and mighty, the Lord mighty in battle.
- 9 Lift up your heads, O you gates,  
and be lifted up, you everlasting doors:  
and the King of glory shall come in.
- 10 Who is the King of glory?:  
the Lord of hosts, he is the King of glory.

### **Luke 6:32-36**

<sup>32</sup> 'If you love those who love you, what credit is that to you? For even sinners love those who love them. <sup>33</sup> If you do good to those who do good to you, what credit is that to you? For even sinners do the same. <sup>34</sup> If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. <sup>35</sup> But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. <sup>36</sup> Be merciful, just as your Father is merciful.

### **Silence**

*Reflect on the gospel  
and on God  
as the wellspring of all life.*

## **Intercessions**

There is no plant in the ground  
but tells of your beauty, O Christ.  
There is no creature on the earth,  
there is no life in the sea  
but proclaims your goodness.  
There is no bird on the wing,  
there is no star in the sky, there is nothing beneath the sun  
but it is full of your blessing.  
Lighten my understanding  
of your presence all around, O Christ.  
Kindle my will  
to be caring for creation.

*Pray for the coming day  
and for the care of the earth.*

## **The Lord's Prayer**

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.

## **Closing prayer**

Bless to me, O God,  
my soul that comes from on high.  
Bless to me, O God,  
my body that is of earth.  
Bless to me, O God,  
each scent that goes to my nostrils,  
each taste that goes to my lips,  
each ray that guides my way.

# Thursday

If I take the wings  
of the morning  
and settle at  
the furthest limits of the sea,  
even there your hand  
shall hold me fast.  
(Ps 139 9-10)

## Silence

*Be still  
and aware of God's presence  
within and all around.*

## Opening prayer and thanksgiving

O loving Christ  
who died upon the tree,  
each day and each night  
I remember your love.  
In my lying down  
and in my rising up,  
in life and in death  
you are my health and my peace.  
Each day and each night  
I remember your forgiveness  
bestowed on me so gently  
and generously.  
Each day and each night  
may I be fuller in love to you.

## Free prayers of thanks

## Scripture readings

### Psalm 25

- 1 In you, O Lord my God, have I put my hope:  
in you have I trusted, let me not be ashamed,  
nor let my enemies triumph over me.
- 2 Let none who wait for you be put to shame:  
but let those that break faith  
be confounded and gain nothing.
- 3 Show me your ways, O Lord:  
and teach me your paths.

- 4 Lead me in the ways of your truth, and teach me:  
for you are the God of my salvation.
- 5 In you have I hoped all the day long:  
because of your goodness, O Lord.
- 6 Call to mind your compassion and your loving-kindness:  
for they are from of old.
- 7 Remember not the sins of my youth,  
nor my transgressions:  
but according to your mercy think on me.
- 8 Good and upright is the Lord:  
therefore will he direct sinners in the way.
- 9 The meek he will guide in the path of justice:  
and teach the humble his ways.
- 10 All the paths of the Lord are faithful and true:  
for those who keep his covenant and his commandments.
- 11 For your name's sake, O Lord:  
be merciful to my sin, though it is great.
- 12 Who are they that fear the Lord?:  
them will the Lord direct  
in the way that they should choose.
- 13 Their souls shall dwell at ease:  
and their children shall inherit the land.
- 14 The confidences of God belong to those that fear him:  
and his covenant shall give them understanding.
- 15 My eyes are ever looking to the Lord:  
for he will bring my feet out of the net.
- 16 Turn your face toward me and be gracious:  
for I am alone and in misery.
- 17 O free my heart from pain:  
and bring me out of my distress.
- 18 Give heed to my affliction and adversity:  
and forgive me all my sins.
- 19 Consider my enemies, how many they are:  
and they bear a violent hate against me.
- 20 O keep my life, and deliver me:  
put me not to shame, for I come to you for refuge.
- 21 Let innocence and integrity be my guard:  
for in you have I hoped.
- 22 O God, deliver Israel:  
out of all their tribulation.

## **Luke 6:37-38**

<sup>37</sup> 'Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; <sup>38</sup>give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back.'

## **Silence**

*Reflect on the gospel  
and on the One who calls us  
to follow him  
as the way, the truth and the life.*

## **Intercessions**

Life be in my speech,  
truth in what I say.  
The love Christ Jesus gave  
be filling every heart for me.  
The love Christ Jesus gave  
be filling me for everyone.

*Pray for the coming day  
and to follow Christ more closely.*

## **The Lord's Prayer**

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.

**Closing prayer**

Bless to me, O God,  
the earth beneath my feet.

Bless to me O God,  
the path on which I go.

Bless to me, O God,  
the people whom I meet.

O God of all gods  
bless to me my life.

# Friday

Where can I go  
from your spirit, O God?  
(Ps 139:7)

## Silence

*Be still  
and aware of God's presence  
within and all around.*

## Opening prayer and thanksgiving

I awake this morning in the presence  
of the holy angels of God.  
May heaven open wide before me  
above me and around me  
that I may see  
the Christ of my love  
and his sunlit company  
in all things of earth this day.

## Free prayers of thanks

## Scripture readings

### Psalm 27

- 1 The Lord is my light and my salvation;  
whom then shall I fear?:  
    the Lord is the stronghold of my life;  
    of whom shall I be afraid?
- 2 When the wicked, even my enemies and my foes,  
come upon me to devour me:  
    they shall stumble and fall.
- 3 If an army encamp against me,  
my heart shall not be afraid:  
    and if war should rise against me, yet will I trust.
- 4 One thing I have asked from the Lord,  
which I will require:  
    that I may dwell in the house of the Lord  
    all the days of my life,
- 5 To see the fair beauty of the Lord:  
    and to seek his will in his temple.



- 6 For he will hide me under his shelter  
in the day of trouble:  
and conceal me in the shadow of his tent,  
and set me high upon a rock.
- 7 And now he will lift up my head:  
above my enemies round about me.
- 8 And I will offer sacrifices in his sanctuary  
with exultation:  
I will sing, I will sing praises to the Lord.
- 9 O Lord, hear my voice when I cry:  
have mercy upon me and answer me.
- 10 My heart has said of you, 'Seek his face':  
your face, Lord, I will seek.
- 11 Do not hide your face from me:  
or thrust your servant aside in displeasure;
- 12 For you have been my helper:  
do not cast me away or forsake me, O God of my salvation.
- 13 Though my father and my mother forsake me:  
the Lord will take me up.
- 14 Teach me your way, O Lord:  
and lead me in an even path, for they lie in wait for me.
- 15 Do not give me over to the will of my enemies:  
for false witnesses have risen against me,  
and those who breathe out violence.
- 16 But I believe that I shall surely see  
the goodness of the Lord:  
in the land of the living.
- 17 O wait for the Lord;  
stand firm and he will strengthen your heart:  
and wait, I say, for the Lord.

### **Luke 6:39-42**

<sup>39</sup> He also told them a parable: 'Can a blind person guide a blind person? Will not both fall into a pit? <sup>40</sup> A disciple is not above the teacher, but everyone who is fully qualified will be like the teacher. <sup>41</sup> Why do you see the speck in your neighbour's eye, but do not notice the log in your own eye? <sup>42</sup> Or how can you say to your neighbour, "Friend, let me take out the speck in your eye", when you yourself do not see the log in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your neighbour's eye.

## **Silence**

*Reflect on the gospel and remember  
that the life of heaven  
and the life of earth  
are interwoven.*

## **Intercessions**

O God of life, of all life, of each life,  
I offer you my prayers  
in the love of Christ  
in affection of Christ  
in the company of Christ.  
As your own household  
desires in heaven  
so may I desire on earth this day.

*Pray for the coming day  
and for the life of the world.*

## **The Lord's Prayer**

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.

## **Closing Prayer**

The love and affection  
of the angels be with me.  
The love and affection  
of the saints be with me.  
The love and affection  
of heaven be with me,  
to lead me and to cherish me  
this day.