



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia

25 - 31 May 2020

Monday 25 May 2020

Psalm 84

- 1 How lovely is your dwelling-place:
O Lord God of hosts!
- 2 My soul has a desire and longing
to enter the courts of the Lord:
my heart and my flesh rejoice in the living God.
- 3 The sparrow has found her a home,
and the swallow a nest where she may lay her young:
even your altar, O Lord of hosts, my King and my God.
- 4 Blessed are those who dwell in your house:
they will always be praising you.
- 5 Blessed are those whose strength is in you:
in whose heart are the highways to Zion;
- 6 Who, going through the valley of dryness,
find there a spring from which to drink:
till the autumn rain shall clothe it with blessings.
- 7 They go from strength to strength:
they appear, every one of them,
before the God of gods in Zion.
- 8 O Lord God of hosts, hear my prayer:
give ear, O God of Jacob.
- 9 Behold, O God, him who reigns over us:
and look upon the face of your anointed.
- 10 One day in your courts is better than a thousand:
I would rather stand at the threshold
of the house of my God
than dwell in the tents of ungodliness.
- 11 For the Lord God is a light and a shield,
the Lord gives favour and honour:
and no good thing will he withhold
from those who walk in innocence.
- 12 O Lord God of hosts:
blessed are those who put their trust in you.

John 16.12-24

¹² 'I still have many things to say to you, but you cannot bear them now.

¹³ When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. ¹⁴ He will glorify me, because he will take what is mine and declare it to you. ¹⁵ All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you. ¹⁶ 'A little while, and you will no longer see me, and again a little while, and you will see me.' ¹⁷ Then some of his disciples said to one another, 'What does he mean by saying to us, "A little while, and you will no longer see me, and again a little while, and you will see me"; and "Because I am going to the Father"?' ¹⁸ They said, 'What does he mean by this "a little while"? We do not know what he is talking about.' ¹⁹ Jesus knew that they wanted to ask him, so he said to them, 'Are you discussing among yourselves what I meant when I said, "A little while, and you will no longer see me, and again a little while, and you will see me"?' ²⁰ Very truly, I tell you, you will weep and mourn, but the world will rejoice; you will have pain, but your pain will turn into joy. ²¹ When a woman is in labour, she has pain, because her hour has come. But when her child is born, she no longer remembers the anguish because of the joy of having brought a human being into the world. ²² So you have pain now; but I will see you again, and your hearts will rejoice, and no one will take your joy from you. ²³ On that day you will ask nothing of me. Very truly, I tell you, if you ask anything of the Father in my name, he will give it to you. ²⁴ Until now you have not asked for anything in my name. Ask and you will receive, so that your joy may be complete.

Tuesday 26 May 2020

Psalm 68.1-20

- 1 God shall arise, and his enemies shall be scattered:
those that hate him shall flee before his face.
- 2 As smoke is dispersed, so shall they be dispersed:
as wax melts before a fire,
so shall the wicked perish at the presence of God.
- 3 But the righteous shall be glad and exult before God:
they shall rejoice with gladness.
- 4 O sing to God, sing praises to his name:
glorify him that rode through the deserts,
him whose name is the Lord, and exult before him.
- 5 He is the father of the fatherless,
he upholds the cause of the widow:
God in his holy dwelling place.
- 6 He gives the desolate a home to dwell in,
and brings the prisoners out into prosperity:
but rebels must dwell in a barren land.
- 7 O God, when you went out before your people:
when you marched through the wilderness,
- 8 The earth shook, the heavens poured down water:
before the God of Sinai, before God, the God of Israel.
- 9 You showered down a generous rain, O God:
you prepared the land of your possession
when it was weary.
- 10 And there your people settled:
in the place that your goodness, O God,
had made ready for the poor.
- 11 The Lord spoke the word, and great was the company
of those that carried the tidings:
'Kings with their armies are fleeing, are fleeing away.
- 12 'Even the women at home may share in the spoil:
and will you sit idly among the sheepfolds?
- 13 'There are images of doves
whose wings are covered with silver:
and their pinions with shining gold.'
- 14 When the Almighty scattered kings:
they were like snow falling upon Mount Zalmon.
- 15 Can the mountain of Bashan be a mountain of God:
the mountain of Bashan, that mountain of many peaks?
- 16 O mountains of many peaks, why look so enviously:
at the mountain where God is pleased to dwell,
where the Lord will remain for ever?
- 17 The chariots of God are twice ten thousand,
and thousands upon thousands:
the Lord came from Sinai into his holy place.
- 18 When you ascended the heights,
you led the enemy captive,
you received tribute from the peoples:

but rebels shall not dwell in the presence of God.

19 Blessed be the Lord day by day,
who bears us as his burden:
he is the God of our deliverance.

20 God is to us a God who saves:
by God the Lord do we escape death.

John 16.25-17.51

16 ²⁵ 'I have said these things to you in figures of speech. The hour is coming when I will no longer speak to you in figures, but will tell you plainly of the Father. ²⁶ On that day you will ask in my name. I do not say to you that I will ask the Father on your behalf; ²⁷ for the Father himself loves you, because you have loved me and have believed that I came from God. ²⁸ I came from the Father and have come into the world; again, I am leaving the world and am going to the Father.' ²⁹ His disciples said, 'Yes, now you are speaking plainly, not in any figure of speech! ³⁰ Now we know that you know all things, and do not need to have anyone question you; by this we believe that you came from God.'

³¹ Jesus answered them, 'Do you now believe? ³² The hour is coming, indeed it has come, when you will be scattered, each one to his home, and you will leave me alone. Yet I am not alone because the Father is with me. ³³ I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!' 17 ¹ After Jesus had spoken these words, he looked up to heaven and said, 'Father, the hour has come; glorify your Son so that the Son may glorify you, ² since you have given him authority over all people, to give eternal life to all whom you have given him. ³ And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. ⁴ I glorified you on earth by finishing the work that you gave me to do.

⁵ So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed. ⁶ 'I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. ⁷ Now they know that everything you have given me is from you; ⁸ for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. ⁹ I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. ¹⁰ All mine are yours, and yours are mine; and I have been glorified in them. ¹¹ And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. ¹² While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled.

¹³ But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. ¹⁴ I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. ¹⁵ I am not asking you to take them out of the world, but I ask you to protect them from the evil one. ¹⁶ They do not belong to the world, just as I do not belong to the world. ¹⁷ Sanctify them in the truth; your word is truth. ¹⁸ As you have sent me into the world, so I have sent them into the world. ¹⁹ And for their sakes I sanctify myself, so that they also may be sanctified in truth. ²⁰ 'I ask not only on behalf of these, but also on behalf of those who will

believe in me through their word,²¹ that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me.²² The glory that you have given me I have given them, so that they may be one, as we are one,²³ I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me.²⁴ Father, I desire that those also, whom you have given me, may be with me where I am, to see my glory, which you have given me because you loved me before the foundation of the world.²⁵ 'Righteous Father, the world does not know you, but I know you; and these know that you have sent me.²⁶ I made your name known to them, and I will make it known, so that the love with which you have loved me may be in them, and I in them.'

Wednesday 27 May 2020

Psalm 18.1-21

- 1 I love you, O Lord my strength:
O Lord my crag, my fortress and my deliverer,
- 2 My God, the rock to which I come for refuge:
my shield, my mighty saviour, and my high defence.
- 3 I called to the Lord with loud lamentation:
and I was rescued from my enemies.
- 4 The waves of death encompassed me:
and the floods of chaos overwhelmed me;
- 5 The cords of the grave tightened about me:
and the snares of death lay in my path.
- 6 In my anguish I called to the Lord:
I cried for help to my God.
- 7 From his temple he heard my voice:
and my cry came even to his ears.
- 8 The earth heaved and quaked,
the foundations of the hills were shaken:
they trembled because he was angry.
- 9 Smoke went out from his nostrils:
and a consuming fire from his mouth.
- 10 He parted the heavens and came down:
and there was darkness under his feet.
- 11 He rode upon the cherubim and flew:
he came swooping upon the wings of the wind.
- 12 He made the darkness his covering:
and his canopy was thick cloud and watery darkness.
- 13 Out of his clouds, from the brightness before him:
broke hailstones and coals of fire.
- 14 The Lord thundered in the heavens:
the Most High uttered his voice.
- 15 He let loose his arrows, he scattered them on every side:
he hurled down lightnings
with the roar of the thunderbolt.
- 16 The springs of the sea were uncovered:
and the foundations of the world laid bare,
- 17 At your rebuke, O Lord:
at the blast of the breath of your displeasure.
- 18 He reached down from on high and took me:
he drew me out of the great waters.
- 19 He delivered me from my strongest enemy:
from my foes that were mightier than I.
- 20 They confronted me in the day of my calamity:
but the Lord was my upholder.
- 21 He brought me out into a place of liberty:
and rescued me because I delighted his heart.

John 17.6-19

⁶ I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word.

⁷ Now they know that everything you have given me is from you; ⁸ for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me.

⁹ I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. ¹⁰ All mine are yours, and yours are mine; and I have been glorified in them. ¹¹ And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.

¹² While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. ¹³ But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. ¹⁴ I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. ¹⁵ I am not asking you to take them out of the world, but I ask you to protect them from the evil one. ¹⁶ They do not belong to the world, just as I do not belong to the world. ¹⁷ Sanctify them in the truth; your word is truth. ¹⁸ As you have sent me into the world, so I have sent them into the world. ¹⁹ And for their sakes I sanctify myself, so that they also may be sanctified in truth.

Thursday 28 May 2020

Psalm 144

- 1 Blessed be the Lord my Rock:
 who teaches my hands to war and my fingers to fight;
- 2 My strength and my stronghold,
my fortress and my deliverer:
 my shield, to whom I come for refuge,
 who subdues the peoples under me.
- 3 Lord, what are we, that you should be mindful of us:
 what are we, that you should consider us?
- 4 Flesh and blood is but a breath of wind:
 our days are like a shadow that passes away.
- 5 Part the heavens, O Lord, and come down:
 touch the mountains, and they shall smoke.
- 6 Dart forth your lightnings, and scatter them on every side:
 let loose your arrows, with the roar of the thunderbolt.
- 7 Reach down your hand from on high, rescue me,
and pluck me out of the great waters:
 out of the hands of the aliens,
- 8 Whose mouths speak perjury:
 and their right hand is a right hand of falsehood.
- 9 I will sing you a new song, O God:
 on the ten-stringed lute will I sing your praises.
- 10 You have given victory to kings:
 and deliverance to David your servant.
- 11 O save me from the peril of the sword:
 pluck me out of the hands of the aliens,
- 12 Whose mouths speak perjury:
 and their right hand is a right hand of falsehood.
- 13 Our sons in their youth shall be like sturdy plants:
 and our daughters as the carved corners of palaces.
- 14 Our barns shall be full and give food of every kind:
 the sheep shall lamb in our fields
 in thousands and tens of thousands.
- 15 Our cattle shall be heavy with calf,
there shall be no miscarriage or untimely birth:
 and no loud crying in our streets.
- 16 Happy the people whose lot is such as this:
 happy that people who have the Lord for their God!

John 17.20-26

²⁰ 'I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, ²¹ that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me. ²² The glory that you have given me I have given them, so that they may be one, as we are one, ²³ I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me. ²⁴ Father, I desire that those also, whom you have given me, may be with me where I am, to see my glory, which you have given me because you loved me before the foundation of the world. ²⁵ 'Righteous Father, the world does not know you, but I know you; and these know that you have sent me. ²⁶ I made your name known to them, and I will make it known, so that the love with which you have loved me may be in them, and I in them.'

Friday 29 May 2020

Psalms 65; 67

65

- 1 You are to be praised, O God, in Zion:
to you shall vows be paid, you that answer prayer.
- 2 To you shall all flesh come to confess their sins:
when our misdeeds prevail against us,
you will purge them away.
- 3 Blessed are those whom you choose and take to yourself
to dwell within your courts:
we shall be filled with the good things of your house,
of your holy temple.
- 4 You will answer us in your righteousness
with terrible deeds, O God our saviour:
you that are the hope of all the ends of the earth
and of the distant seas;
- 5 Who by your strength made fast the mountains:
you that are girded with power;
- 6 Who stilled the raging of the seas,
the roaring of the waves:
and the tumult of the peoples.
- 7 Those who dwell at the ends of the earth
are afraid at your wonders:
the dawn and the evening sing your praises.
- 8 You tend the earth and water it:
you make it rich and fertile.
- 9 The river of God is full of water:
and so providing for the earth,
you provide grain for us all.
- 10 You drench its furrows, you level the ridges between:
you soften it with showers and bless its early growth.
- 11 You crown the year with your goodness:
and the tracks where you have passed drip with fatness.
- 12 The pastures of the wilderness run over:
and the hills are girded with joy.
- 13 The meadows are clothed with sheep:
and the valleys stand so thick with corn,
they shout for joy and sing.

67

- 1 Let God be gracious to us and bless us:
and make his face shine upon us,
- 2 That your ways may be known on earth:
your liberating power among all nations.
- 3 Let the peoples praise you, O God:
let all the peoples praise you.
- 4 Let the nations be glad and sing:
for you judge the peoples with integrity,
and govern the nations upon earth.

- 5 Let the peoples praise you, O God:
let all the peoples praise you.
- 6 Then the earth will yield its fruitfulness:
and God, our God, will bless us.
- 7 God shall bless us:
and all the ends of the earth will fear him.

Acts 1.1-14

¹ In the first book, Theophilus, I wrote about all that Jesus did and taught from the beginning ² until the day when he was taken up to heaven, after giving instructions through the Holy Spirit to the apostles whom he had chosen. ³ After his suffering he presented himself alive to them by many convincing proofs, appearing to them over the course of forty days and speaking about the kingdom of God. ⁴ While staying with them, he ordered them not to leave Jerusalem, but to wait there for the promise of the Father. 'This', he said, 'is what you have heard from me;

⁵ for John baptized with water, but you will be baptized with the Holy Spirit not many days from now.' ⁶ So when they had come together, they asked him, 'Lord, is this the time when you will restore the kingdom to Israel?' ⁷ He replied, 'It is not for you to know the times or periods that the Father has set by his own authority.

⁸ But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.' ⁹ When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. ¹⁰ While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. ¹¹ They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.' ¹² Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. ¹³ When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James.

¹⁴ All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

Saturday 30 May 2020

Psalm 81

- 1 O sing joyfully to God our strength:
shout in triumph to the God of Jacob.
- 2 Make music and beat upon the drum:
sound the lute and the melodious harp.
- 3 Blow the ram's horn at the new moon:
and at the full moon of our day of festival.
- 4 For this was a statute for Israel:
a commandment of the God of Jacob,
- 5 Which he laid on Joseph as a solemn charge:
when he came out of the land of Egypt.
- 6 I heard a voice that I had not known, saying:
'I eased your shoulders of the burden,
and your hands were freed from the load.
- 7 'You called to me in trouble, and I rescued you:
I answered you from the secret place of my thunder,
I put you to the test at the waters of Meribah.
- 8 'Listen, my people, and I will admonish you:
O Israel, if only you would hear me.
- 9 'There shall be no strange god among you:
nor shall you bow down to an alien god.
- 10 'I am the Lord your God,
who brought you up from the land of Egypt:
open wide your mouth, and I will fill it.
- 11 'But my people would not listen to my voice:
and Israel would have none of me.
- 12 'So I left them to the stubbornness of their hearts:
to walk according to their own designs.
- 13 'If only my people would listen:
if Israel would but walk in my ways,
- 14 'I would soon put down their enemies:
and turn my hand against their adversaries.
- 15 'Those that hate the Lord would cringe before him:
and their punishment would last for ever.
- 16 'But Israel I would feed with the finest wheat:
and satisfy you with honey from the rocks.'

Acts 1.15-26

¹⁵ In those days Peter stood up among the believers (together the crowd numbered about one hundred and twenty people) and said,

¹⁶ ‘Friends, the scripture had to be fulfilled, which the Holy Spirit through David foretold concerning Judas, who became a guide for those who arrested Jesus—
¹⁷ for he was numbered among us and was allotted his share in this ministry.’

¹⁸ (Now this man acquired a field with the reward of his wickedness; and falling headlong, he burst open in the middle and all his bowels gushed out.

¹⁹ This became known to all the residents of Jerusalem, so that the field was called in their language Hakeldama, that is, Field of Blood.)

²⁰ ‘For it is written in the book of Psalms,

“Let his homestead become desolate,
and let there be no one to live in it”;and

“Let another take his position of overseer.”

²¹ So one of the men who have accompanied us throughout the time that the Lord Jesus went in and out among us,

²² beginning from the baptism of John until the day when he was taken up from us— one of these must become a witness with us to his resurrection.’

²³ So they proposed two, Joseph called Barsabbas, who was also known as Justus, and Matthias.

²⁴ Then they prayed and said, ‘Lord, you know everyone’s heart. Show us which one of these two you have chosen

²⁵ to take the place in this ministry and apostleship from which Judas turned aside to go to his own place.’

²⁶ And they cast lots for them, and the lot fell on Matthias; and he was added to the eleven apostles.

Sunday 31 May 2020

Psalm 103.13-22

- 13 As a father is tender towards his children:
so is the Lord tender to those that fear him.
- 14 For he knows of what we are made:
he remembers that we are but dust.
- 15 Our days are but as grass:
we flourish like a flower of the field;
- 16 When the wind goes over it, it is gone:
and its place will know it no more.
- 17 But the merciful goodness of the Lord
endures for ever and ever toward those that fear him:
and his righteousness upon their children's children;
- 18 Upon those who keep his covenant:
and remember his commandments to do them.
- 19 The Lord has established his throne in heaven:
and his kingdom rules over all.
- 20 Praise the Lord, all you his angels,
you that excel in strength:
you that fulfil his word,
and obey the voice of his commandment.
- 21 Praise the Lord, all you his hosts:
his servants who do his will.
- 22 Praise the Lord, all his works,
in all places of his dominion:
praise the Lord, O my soul!

Galatians 5.13-26

¹³ For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. ¹⁴ For the whole law is summed up in a single commandment, 'You shall love your neighbour as yourself.' ¹⁵ If, however, you bite and devour one another, take care that you are not consumed by one another. ¹⁶ Live by the Spirit, I say, and do not gratify the desires of the flesh. ¹⁷ For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. ¹⁸ But if you are led by the Spirit, you are not subject to the law. ¹⁹ Now the works of the flesh are obvious: fornication, impurity, licentiousness, ²⁰ idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, ²¹ envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God. ²² By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, ²³ gentleness, and self-control. There is no law against such things. ²⁴ And those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ If we live by the Spirit, let us also be guided by the Spirit. ²⁶ Let us not become conceited, competing against one another, envying one another.