



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia

22-28 June 2020

Monday 22 June

Psalm 118.1-18

- 1 O give thanks to the Lord, for he is good:
his mercy endures for ever.
- 2 Let Israel now proclaim:
that his mercy endures for ever.
- 3 Let the house of Aaron proclaim:
that his mercy endures for ever.
- 4 Let those who fear the Lord proclaim:
that his mercy endures for ever.
- 5 In my danger I called to the Lord:
he answered and set me free.
- 6 The Lord is on my side, I shall not fear:
what can flesh and blood do to me?
- 7 The Lord is at my side as my helper:
I shall see the downfall of my enemies.
- 8 It is better to take refuge in the Lord:
than to trust to flesh and blood:
- 9 It is better to take refuge in the Lord:
than to put your trust in princes.
- 10 All the nations surrounded me:
but in the name of the Lord I drove them back.
- 11 They surrounded, they surrounded me on every side:
but in the name of the Lord I drove them back.
- 12 They swarmed about me like bees,
they blazed like fire among the thorns:
in the name of the Lord I drove them back.
- 13 I was pressed so hard that I almost fell:
but the Lord was my helper.
- 14 The Lord is my strength and my song:
and has become my salvation.
- 15 The sounds of joy and deliverance:
are in the tents of the righteous.
- 16 The right hand of the Lord does mighty things:
the right hand of the Lord raises up.
- 17 I shall not die but live:
and proclaim the works of the Lord.
- 18 The Lord has disciplined me hard:
but he has not given me over to death.

Acts 12.1-11

¹ About that time King Herod laid violent hands upon some who belonged to the church. ² He had James, the brother of John, killed with the sword. ³ After he saw that it pleased the Jews, he proceeded to arrest Peter also. (This was during the festival of Unleavened Bread.) ⁴ When he had seized him, he put him in prison and handed him over to four squads of soldiers to guard him, intending to bring him out to the people after the Passover. ⁵ While Peter was kept in prison, the church prayed fervently to God for him. ⁶ The very night before Herod was going to bring him out, Peter, bound with two chains, was sleeping between two soldiers, while guards in front of the door were keeping watch over the prison. ⁷ Suddenly an angel of the Lord appeared and a light shone in the cell. He tapped Peter on the side and woke him, saying, 'Get up quickly.' And the chains fell off his wrists. ⁸ The angel said to him, 'Fasten your belt and put on your sandals.' He did so. Then he said to him, 'Wrap your cloak around you and follow me.' ⁹ Peter went out and followed him; he did not realize that what was happening with the angel's help was real; he thought he was seeing a vision. ¹⁰ After they had passed the first and the second guard, they came before the iron gate leading into the city. It opened for them of its own accord, and they went outside and walked along a lane, when suddenly the angel left him. ¹¹ Then Peter came to himself and said, 'Now I am sure that the Lord has sent his angel and rescued me from the hands of Herod and from all that the Jewish people were expecting.'

Tuesday 23 June

Psalms 124; 125; 126

124

- 1 If the Lord had not been on our side,
now may Israel say:
if the Lord had not been on our side,
when our enemies rose against us,
- 2 Then they would have swallowed us alive:
when their anger was kindled against us.
- 3 Then the waters would have overwhelmed us,
and the torrent gone over us:
the raging waters would have gone clean over us.
- 4 But praised be the Lord:
who has not given us as a prey to their teeth.
- 5 We have escaped like a bird from the snare of the fowler:
the snare is broken, and we have gone free.
- 6 Our help is in the name of the Lord:
who has made heaven and earth.

125

- 1 Those who put their trust in the Lord
shall be as Mount Zion:
which cannot be shaken, but endures for ever.
- 2 As the mountains stand about Jerusalem,
so stands the Lord about his people:
from this time forward for evermore.
- 3 For the sceptre of wickedness shall have no sway
over the land apportioned to the righteous:
lest the righteous set their hands to do evil.
- 4 Do good, O Lord, to those who are good:
to those that are upright in heart.
- 5 As for those who turn aside to crooked ways,
let the Lord lead them away with the evildoers:
and in Israel let there be peace.

126

- 1 When the Lord turned again the fortunes of Zion:
then were we like those restored to life.
- 2 Then was our mouth filled with laughter:
and our tongue with singing.
- 3 Then said they among the heathen:
'The Lord has done great things for them.'
- 4 Truly the Lord has done great things for us:
and therefore we rejoiced.
- 5 Turn again our fortunes, O Lord:
as the streams return to the dry south.
- 6 Those who sow in tears:
shall reap with songs of joy.
- 7 They that go out weeping, bearing the seed:
shall come again in gladness,
bringing their sheaves with them.

Acts 12.12-25

¹² As soon as he realized this, he went to the house of Mary, the mother of John whose other name was Mark, where many had gathered and were praying. ¹³ When he knocked at the outer gate, a maid named Rhoda came to answer. ¹⁴ On recognizing Peter's voice, she was so overjoyed that, instead of opening the gate, she ran in and announced that Peter was standing at the gate. ¹⁵ They said to her, 'You are out of your mind!' But she insisted that it was so. They said, 'It is his angel.' ¹⁶ Meanwhile, Peter continued knocking; and when they opened the gate, they saw him and were amazed. ¹⁷ He motioned to them with his hand to be silent, and described for them how the Lord had brought him out of the prison. And he added, 'Tell this to James and to the believers.' Then he left and went to another place. ¹⁸ When morning came, there was no small commotion among the soldiers over what had become of Peter. ¹⁹ When Herod had searched for him and could not find him, he examined the guards and ordered them to be put to death. Then he went down from Judea to Caesarea and stayed there.

²⁰ Now Herod was angry with the people of Tyre and Sidon. So they came to him in a body; and after winning over Blastus, the king's chamberlain, they asked for a reconciliation, because their country depended on the king's country for food.

²¹ On an appointed day Herod put on his royal robes, took his seat on the platform, and delivered a public address to them. ²² The people kept shouting, 'The voice of a god, and not of a mortal!' ²³ And immediately, because he had not given the glory to God, an angel of the Lord struck him down, and he was eaten by worms and died. ²⁴ But the word of God continued to advance and gain adherents.

²⁵ Then after completing their mission Barnabas and Saul returned to Jerusalem and brought with them John, whose other name was Mark.

Wednesday 24 June

Psalm 50.1-15

- 1 The Lord our God, the Mighty One, has spoken:
and summoned the earth,
from the rising of the sun to its setting in the west.
- 2 From Zion, perfect in beauty:
God has shone out in glory.
- 3 Our God is coming, he will not keep silent:
before him is devouring fire,
and tempest whirls about him.
- 4 He calls to the heavens above:
and to the earth, so he may judge his people.
- 5 'Gather to me my faithful ones:
those who by sacrifice made a covenant with me.'
- 6 The heavens shall proclaim his righteousness:
for God himself is judge.
- 7 'Listen my people, and I will speak:
O Israel, I am God your God,
and I will give my testimony.
- 8 'It is not for your sacrifices that I reprove you:
for your burnt-offerings are always before me.
- 9 'I will take no bull from your farms:
or he-goat from your pens.
- 10 'For all the beasts of the forest belong to me:
and so do the cattle upon the mountains.
- 11 'I know all the birds of the air:
and the grasshoppers of the field are in my sight.
- 12 'If I were hungry, I would not tell you:
for the whole world is mine, and all that is in it.
- 13 'Do I eat the flesh of bulls:
or drink the blood of goats?
- 14 'Offer to God a sacrifice of thanksgiving:
and pay your vows to the Most High.
- 15 'Call upon me in the day of trouble:
I will bring you out, and you shall glorify me.'

Luke 12.49-59

⁴⁹ 'I came to bring fire to the earth, and how I wish it were already kindled!

⁵⁰ I have a baptism with which to be baptized, and what stress I am under until it is completed!

⁵¹ Do you think that I have come to bring peace to the earth? No, I tell you, but rather division!

⁵² From now on, five in one household will be divided, three against two and two against three;

⁵³ they will be divided:

father against son

and son against father,

mother against daughter

and daughter against mother,

mother-in-law against her daughter-in-law

and daughter-in-law against mother-in-law.'

⁵⁴ He also said to the crowds, 'When you see a cloud rising in the west, you immediately say, "It is going to rain"; and so it happens.

⁵⁵ And when you see the south wind blowing, you say, "There will be scorching heat"; and it happens.

⁵⁶ You hypocrites! You know how to interpret the appearance of earth and sky, but why do you not know how to interpret the present time?

⁵⁷ 'And why do you not judge for yourselves what is right?

⁵⁸ Thus, when you go with your accuser before a magistrate, on the way make an effort to settle the case, or you may be dragged before the judge, and the judge hand you over to the officer, and the officer throw you in prison.

⁵⁹ I tell you, you will never get out until you have paid the very last penny. '

Thursday 25 June

Psalm 135

- 1 Praise the Lord, praise the name of the Lord:
praise him, you servants of the Lord,
- 2 Who stand in the house of the Lord:
in the courts of the house of our God.
- 3 Praise the Lord, for the Lord is gracious:
sing praises to his name, for it is good.
- 4 For the Lord has chosen Jacob for himself:
and Israel as his own possession.
- 5 I know that the Lord is great:
and that our Lord is above all gods.
- 6 He does whatever he wills, in heaven and upon the earth:
in the seas and in the great depths.
- 7 He brings up clouds from the ends of the earth:
he makes lightning for the rain
and brings the wind out of his storehouses.
- 8 He struck down the firstborn of Egypt:
both man and beast alike.
- 9 He sent signs and wonders into your midst, O Egypt:
against Pharaoh and against all his servants.
- 10 He struck down great nations:
and slew mighty kings,
- 11 Sihon, king of the Amorites, and Og, the king of Bashan:
and all the princes of Canaan.
- 12 He made over their land as a heritage:
a heritage for Israel his people.
- 13 O Lord, your name shall endure for ever:
so shall your renown, throughout all generations.
- 14 For the Lord will vindicate his people:
he will take pity on his servants.
- 15 As for the idols of the nations,
they are but silver and gold:
the work of human hands.
- 16 They have mouths, but speak not:
they have eyes, but they cannot see.
- 17 They have ears, yet hear nothing:
there is no breath in their nostrils.
- 18 Those who make them shall be like them:
so shall everyone that trusts in them.
- 19 Bless the Lord, O house of Israel:
bless the Lord, O house of Aaron.
- 20 Bless the Lord, O house of Levi:
you that fear the Lord, bless the Lord.
- 21 Blessed be the Lord from Zion:
he that dwells in Jerusalem. Praise the Lord.

Acts 13.13-25

¹³ Then Paul and his companions set sail from Paphos and came to Perga in Pamphylia. John, however, left them and returned to Jerusalem; ¹⁴ but they went on from Perga and came to Antioch in Pisidia. And on the sabbath day they went into the synagogue and sat down. ¹⁵ After the reading of the law and the prophets, the officials of the synagogue sent them a message, saying, 'Brothers, if you have any word of exhortation for the people, give it.' ¹⁶ So Paul stood up and with a gesture began to speak: 'You Israelites, and others who fear God, listen.

¹⁷ The God of this people Israel chose our ancestors and made the people great during their stay in the land of Egypt, and with uplifted arm he led them out of it. ¹⁸ For about forty years he put up with them in the wilderness. ¹⁹ After he had destroyed seven nations in the land of Canaan, he gave them their land as an inheritance ²⁰ for about four hundred and fifty years. After that he gave them judges until the time of the prophet Samuel. ²¹ Then they asked for a king; and God gave them Saul son of Kish, a man of the tribe of Benjamin, who reigned for forty years. ²² When he had removed him, he made David their king. In his testimony about him he said, "I have found David, son of Jesse, to be a man after my heart, who will carry out all my wishes." ²³ Of this man's posterity God has brought to Israel a Saviour, Jesus, as he promised; ²⁴ before his coming John had already proclaimed a baptism of repentance to all the people of Israel. ²⁵ And as John was finishing his work, he said, "What do you suppose that I am? I am not he. No, but one is coming after me; I am not worthy to untie the thong of the sandals on his feet."

Friday 26 June

Psalms 137.1-6; 138

137

- 1 By the waters of Babylon we sat down and wept:
when we remembered Zion.
- 2 As for our harps we hung them up:
upon the trees that are in that land.
- 3 For there those who led us away captive
required of us a song:
and those who had despoiled us demanded mirth,
saying 'Sing us one of the songs of Zion.'
- 4 How can we sing the Lord's song in a strange land?
- 5 If I forget you, O Jerusalem:
let my right hand forget its mastery.
- 6 Let my tongue cling to the roof of my mouth:
if I do not remember you,
if I do not prefer Jerusalem above my chief joy.

138

- 1 I will give you thanks, O Lord, with my whole heart:
even before the gods will I sing your praises.
- 2 I will bow down toward your holy temple
and give thanks to your name:
because of your faithfulness and your loving-kindness,
for you have made your name and your word
supreme over all things.
- 3 At a time when I called to you, you gave me answer:
and put new strength within my soul.
- 4 All the kings of the earth shall praise you, O Lord:
for they have heard the words of your mouth;
- 5 And they shall sing of the ways of the Lord:
that the glory of the Lord is great.
- 6 For though the Lord is exalted, he looks upon the lowly:
and he comprehends the proud from afar.
- 7 Though I walk in the midst of danger,
yet will you preserve my life:
you will stretch out your hand against the fury of my
enemies, and your right hand shall save me.
- 8 The Lord will complete his purpose for me:
your loving-kindness, O Lord, endures for ever;
do not forsake the work of your own hands.

Acts 13.26-41

²⁶ 'My brothers, you descendants of Abraham's family, and others who fear God, to us the message of this salvation has been sent.

²⁷ Because the residents of Jerusalem and their leaders did not recognize him or understand the words of the prophets that are read every sabbath, they fulfilled those words by condemning him.

²⁸ Even though they found no cause for a sentence of death, they asked Pilate to have him killed.

²⁹ When they had carried out everything that was written about him, they took him down from the tree and laid him in a tomb.

³⁰ But God raised him from the dead;

³¹ and for many days he appeared to those who came up with him from Galilee to Jerusalem, and they are now his witnesses to the people.

³² And we bring you the good news that what God promised to our ancestors

³³ he has fulfilled for us, their children, by raising Jesus; as also it is written in the second psalm,

"You are my Son;
today I have begotten you."

³⁴ As to his raising him from the dead, no more to return to corruption, he has spoken in this way,

"I will give you the holy promises made to David."

³⁵ Therefore he has also said in another psalm,

"You will not let your Holy One experience corruption."

³⁶ For David, after he had served the purpose of God in his own generation, died, was laid beside his ancestors, and experienced corruption;

³⁷ but he whom God raised up experienced no corruption.

³⁸ Let it be known to you therefore, my brothers, that through this man forgiveness of sins is proclaimed to you;

³⁹ by this Jesus everyone who believes is set free from all those sins from which you could not be freed by the law of Moses.

⁴⁰ Beware, therefore, that what the prophets said does not happen to you:

⁴¹ "Look, you scoffers!

Be amazed and perish,
for in your days I am doing a work,
a work that you will never believe, even if someone tells you." '

Saturday 27 June

Psalm 140

- 1 Deliver me, O Lord, from evildoers:
and preserve me from the violent.
- 2 Who devise mischief in their hearts:
who stir up enmity day by day.
- 3 They have sharpened their tongues like a serpent's:
and the venom of asps is under their lips.
- 4 Keep me, O Lord, from the power of the wicked:
preserve me from the violent,
who think to thrust me from my course.
- 5 The arrogant have laid a snare for me,
and rogues have stretched the net:
they have set traps along my way.
- 6 But I have said to the Lord 'You are my God':
hear, O Lord, the voice of my pleading.
- 7 O Lord my God and my sure stronghold:
you have covered my head in the day of battle.
- 8 Do not fulfil, O Lord, the desire of the wicked:
nor further the evil that they have devised.
- 9 Let not those that beset me lift their heads:
but let the mischief that is on their lips bury them.
- 10 Let hot burning coals be poured upon them:
let them be plunged into that miry pit
from which they shall never arise.
- 11 Let no one of evil tongue find footing in the land:
the evil, the violent—let them be hunted to the end.]
- 12 I know that the Lord will work justice for the oppressed:
and right judgements for the poor.
- 13 Surely the righteous shall have cause to praise your name:
and the just shall dwell in your sight.

Acts 13.42-52

⁴² As Paul and Barnabas were going out, the people urged them to speak about these things again the next sabbath.

⁴³ When the meeting of the synagogue broke up, many Jews and devout converts to Judaism followed Paul and Barnabas, who spoke to them and urged them to continue in the grace of God.

⁴⁴ The next sabbath almost the whole city gathered to hear the word of the Lord.

⁴⁵ But when the Jews saw the crowds, they were filled with jealousy; and blaspheming, they contradicted what was spoken by Paul.

⁴⁶ Then both Paul and Barnabas spoke out boldly, saying, 'It was necessary that the word of God should be spoken first to you. Since you reject it and judge yourselves to be unworthy of eternal life, we are now turning to the Gentiles.

⁴⁷ For so the Lord has commanded us, saying,

"I have set you to be a light for the Gentiles,

so that you may bring salvation to the ends of the earth." '

⁴⁸ When the Gentiles heard this, they were glad and praised the word of the Lord; and as many as had been destined for eternal life became believers.

⁴⁹ Thus the word of the Lord spread throughout the region.

⁵⁰ But the Jews incited the devout women of high standing and the leading men of the city, and stirred up persecution against Paul and Barnabas, and drove them out of their region.

⁵¹ So they shook the dust off their feet in protest against them, and went to Iconium.

⁵² And the disciples were filled with joy and with the Holy Spirit.

Sunday 28 June

Psalm 80

- 1 Hear, O Shepherd of Israel,
you that led Joseph like a flock:
you that are enthroned upon the cherubim,
shine out in glory;
- 2 Before Ephraim, Benjamin and Manasseh:
stir up your power, and come to save us.
- 3 Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.
- 4 O Lord God of hosts:
how long will you be angry at your people's prayer?
- 5 You have fed them with the bread of tears:
and given them tears to drink in good measure.
- 6 You have made us the victim of our neighbours:
and our enemies laugh us to scorn.
- 7 Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.
- 8 You brought a vine out of Egypt:
you drove out the nations, and planted it in.
- 9 You cleared the ground before it:
and it struck root and filled the land.
- 10 The hills were covered with its shadow:
and its boughs were like the boughs of the great cedars.
- 11 It stretched out its branches to the sea:
and its tender shoots to the Great River.
- 12 Why then have you broken down its walls:
so that every passer-by can pluck its fruit?
- 13 The wild boar out of the woods roots it up:
and the locusts from the wild places devour it.
- 14 Turn to us again, O Lord of hosts:
look down from heaven, and see.
- 15 Bestow your care upon this vine:
the stock which your own right hand has planted.
- 16 As for those that burn it with fire and cut it down:
let them perish at the rebuke of your countenance.
- 17 Let your power rest on the man at your right hand:
on that son of man
whom you made so strong for yourself.
- 18 And so we shall not turn back from you:
give us life, and we will call upon your name.
- 19 Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.

John 20.1-10

¹ Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. ² So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, 'They have taken the Lord out of the tomb, and we do not know where they have laid him.' ³ Then Peter and the other disciple set out and went towards the tomb. ⁴ The two were running together, but the other disciple outran Peter and reached the tomb first. ⁵ He bent down to look in and saw the linen wrappings lying there, but he did not go in. ⁶ Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, ⁷ and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. ⁸ Then the other disciple, who reached the tomb first, also went in, and he saw and believed; ⁹ for as yet they did not understand the scripture, that he must rise from the dead. ¹⁰ Then the disciples returned to their homes.

