



ST PAUL'S ANGLICAN CHURCH
CANTERBURY

Readings and Psalms for
Morning Prayer Services
according to
The Anglican Prayer book
of Australia
1-7 June 2020

Monday 1 June 2020

Psalm 74

- 1 O Lord our God, why cast us off so utterly:
 why does your anger burn
 against the sheep of your pasture?
- 2 Remember your congregation,
whom you took to yourself of old:
 the people that you redeemed to be your own possession,
 and Mount Zion where you have dwelt.
- 3 Rouse yourself and go to the utter ruins:
 to all the harm that the enemy has done in the sanctuary.
- 4 Your adversaries have made uproar
in the place appointed for your praise:
 they have set up their standards in triumph.
- 5 They have destroyed on every side:
 like those who take axes up to a thicket of trees.
- 6 All the carved woodwork they have broken down:
 and smashed it with hammers and hatchets.
- 7 They have set fire to your sanctuary:
 and defiled to the ground
 the dwelling-place of your name.
- 8 They have said in their hearts
'Let us make havoc of them':
 they have burned down
 all the holy places of God in the land.
- 9 We see no signs, there is not one prophet left:
 there is none who knows how long these things shall be.
- 10 How long shall the adversary taunt you, O God:
 shall the enemy blaspheme your name for ever?
- 11 Why do you hold back your hand:
 why do you keep your right hand in your bosom?
- 12 Yet God is my king from of old:
 who wrought deliverance upon the earth.
- 13 You divided the sea by your might:
 you shattered the heads of the dragons in the waters.
- 14 You crushed the heads of Leviathan:
 and gave him as food to the creatures of the desert waste.
- 15 You cleft open spring and fountain:
 you dried up the everflowing waters.
- 16 The day is yours, and so also is the night:
 you have established the moon and the sun.
- 17 You set all the boundaries of the earth:
 you created winter and summer.
- 18 Remember, O Lord, the taunts of the enemy:
 how a mindless people have blasphemed your name.
- 19 Do not give to the wild beasts the soul that praises you:
 do not forget for ever the life of your afflicted.

- 20 Look on all that you have made:
for it is full of darkness,
and violence inhabits the earth.
- 21 Let not the oppressed and reviled turn away rejected:
but let the poor and needy praise your name.
- 22 Arise, O God, plead your own cause:
remember how a mindless people taunt you all day long.
- 23 Do not forget the clamour of your adversaries:
or how the shouting of your enemies ascends continually.

Acts 2.1-13

¹ When the day of Pentecost had come, they were all together in one place.

² And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. ³ Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. ⁴ All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. ⁵ Now there were devout Jews from every nation under heaven living in Jerusalem. ⁶ And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. ⁷ Amazed and astonished, they asked, 'Are not all these who are speaking Galileans?' ⁸ And how is it that we hear, each of us, in our own native language? ⁹ Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, ¹⁰ Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, ¹¹ Cretans and Arabs—in our own languages we hear them speaking about God's deeds of power.' ¹² All were amazed and perplexed, saying to one another, 'What does this mean?'

¹³ But others sneered and said, 'They are filled with new wine.'

Tuesday 2 June 2020

Psalm 77

- 1 I call to my God, I cry out toward him:
I call to my God, and surely he will answer.
- 2 In the day of my distress I seek the Lord,
I stretch out my hands to him by night:
my soul is poured out without ceasing,
it refuses all comfort.
- 3 I think upon God and groan aloud:
I muse, and my spirit faints.
- 4 You hold my eyelids open:
I am so dazed that I cannot flee.
- 5 I consider the times that are past:
I remember the years of long ago.
- 6 At night I am grieved to the heart:
I ponder, and my spirit makes search;
- 7 'Will the Lord cast us off for ever:
will he show us his favour no more?
- 8 'Is his mercy clean gone for ever:
and his promise come to an end for all generations?
- 9 'Has God forgotten to be gracious:
has he shut up his pity in displeasure?'
- 10 And I say 'Has the right hand of the Most High
lost its strength:
has the arm of the Lord changed?'
- 11 I will declare the mighty acts of the Lord:
I will call to mind your wonders of old.
- 12 I will think on all that you have done:
and meditate upon your works.
- 13 Your way, O God, is holy:
who is so great a god as our God?
- 14 You are the God that works wonders:
you made known your power among the nations;
- 15 By your mighty arm you redeemed your people:
the children of Jacob and Joseph.
- 16 The waters saw you, O God,
the waters saw you and were afraid:
the depths also were troubled.
- 17 The clouds poured out water, the heavens spoke:
and your arrows darted forth.
- 18 The voice of your thunder was heard in the whirlwind:
your lightnings lit the world,
the earth shuddered and quaked.
- 19 Your way was in the sea, your path in the great waters:
and your footsteps were not seen.
- 20 You led your people like sheep:
by the hand of Moses and Aaron.

Acts 2.14-24

¹⁴ But Peter, standing with the eleven, raised his voice and addressed them: ‘Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say.

¹⁵ Indeed, these are not drunk, as you suppose, for it is only nine o’clock in the morning.

¹⁶ No, this is what was spoken through the prophet Joel:

¹⁷ “In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.

¹⁸ Even upon my slaves, both men and women,
in those days I will pour out my Spirit;
and they shall prophesy.

¹⁹ And I will show portents in the heaven above
and signs on the earth below,
blood, and fire, and smoky mist.

²⁰ The sun shall be turned to darkness
and the moon to blood,
before the coming of the Lord’s great and glorious day.

²¹ Then everyone who calls on the name of the Lord shall be saved.”

²² ‘You that are Israelites, listen to what I have to say: Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know—

²³ this man, handed over to you according to the definite plan and foreknowledge of God, you crucified and killed by the hands of those outside the law.

²⁴ But God raised him up, having freed him from death, because it was impossible for him to be held in its power.

Wednesday 3 June 2020

Psalm 78.16-38

- 16 But for all this they sinned yet more against him:
and rebelled against the Most High in the desert.
- 17 They wilfully put God to the test:
and demanded food for their appetite.
- 18 They spoke against God, and said:
'Can God prepare a table in the wilderness?
- 19 'He indeed struck the rock,
so that the waters gushed and the streams overflowed:
but can he also give bread,
or provide meat for his people?'
- 20 When the Lord heard it he was angry,
and a fire was kindled against Jacob:
his wrath blazed against Israel.
- 21 For they put no trust in God:
nor would they believe his power to save.
- 22 Then he commanded the clouds above:
and opened the doors of heaven.
- 23 He rained down manna for them to eat:
and gave them the grain of heaven.
- 24 So they ate the bread of angels:
and he sent them food in abundance.
- 25 He stirred up the south east wind in the heavens:
and guided it by his power.
- 26 He rained down meat upon them thick as dust:
and winged birds like the sands of the sea.
- 27 He made them fall into the midst of their camp:
and all about their tents.
- 28 So they ate and were well-filled:
for he had given them what they desired.
- 29 But before they had satisfied their craving:
while the food was still in their mouths,
- 30 The anger of God blazed up against them:
and he slew their strongest men,
and laid low the youth of Israel.
- 31 But for all this they sinned yet more:
and put no faith in his wonders.
- 32 So he ended their days like a breath:
and their years with sudden terror.
- 33 When he struck them down, then they sought him:
they turned, and sought eagerly for God.
- 34 They remembered that God was their rock:
that God Most High was their redeemer.
- 35 But they lied to him with their mouths:
and dissembled with their tongues;
- 36 For their hearts were not fixed upon him:
nor were they true to his covenant.

- 37 Yet he, being merciful, forgave their iniquity
and did not destroy them:
many times he turned his anger aside,
and would not wholly arouse his fury.
- 38 He remembered that they were but flesh:
like a wind that passes, and does not return.

Acts 2.22-36

- ²² ‘You that are Israelites, listen to what I have to say: Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know—
- ²³ this man, handed over to you according to the definite plan and foreknowledge of God, you crucified and killed by the hands of those outside the law.
- ²⁴ But God raised him up, having freed him from death, because it was impossible for him to be held in its power.
- ²⁵ For David says concerning him,
“I saw the Lord always before me,
for he is at my right hand so that I will not be shaken;
²⁶ therefore my heart was glad, and my tongue rejoiced;
moreover, my flesh will live in hope.
- ²⁷ For you will not abandon my soul to Hades,
or let your Holy One experience corruption.
- ²⁸ You have made known to me the ways of life;
you will make me full of gladness with your presence.”
- ²⁹ ‘Fellow Israelites, I may say to you confidently of our ancestor David that he both died and was buried, and his tomb is with us to this day.
- ³⁰ Since he was a prophet, he knew that God had sworn with an oath to him that he would put one of his descendants on his throne.
- ³¹ Foreseeing this, David spoke of the resurrection of the Messiah, saying,
“He was not abandoned to Hades,
nor did his flesh experience corruption.”
- ³² This Jesus God raised up, and of that all of us are witnesses.
- ³³ Being therefore exalted at the right hand of God, and having received from the Father the promise of the Holy Spirit, he has poured out this that you both see and hear.
- ³⁴ For David did not ascend into the heavens, but he himself says,
“The Lord said to my Lord,
‘Sit at my right hand,
³⁵ until I make your enemies your footstool.’ ”
- ³⁶ Therefore let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified.’

Thursday 4 June 2020

Psalm 80

- 1 Hear, O Shepherd of Israel,
you that led Joseph like a flock:
you that are enthroned upon the cherubim,
shine out in glory;
- 2 Before Ephraim, Benjamin and Manasseh:
stir up your power, and come to save us.
- 3 Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.
- 4 O Lord God of hosts:
how long will you be angry at your people's prayer?
- 5 You have fed them with the bread of tears:
and given them tears to drink in good measure.
- 6 You have made us the victim of our neighbours:
and our enemies laugh us to scorn.
- 7 Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.
- 8 You brought a vine out of Egypt:
you drove out the nations, and planted it in.
- 9 You cleared the ground before it:
and it struck root and filled the land.
- 10 The hills were covered with its shadow:
and its boughs were like the boughs of the great cedars.
- 11 It stretched out its branches to the sea:
and its tender shoots to the Great River.
- 12 Why then have you broken down its walls:
so that every passer-by can pluck its fruit?
- 13 The wild boar out of the woods roots it up:
and the locusts from the wild places devour it.
- 14 Turn to us again, O Lord of hosts:
look down from heaven, and see.
- 15 Bestow your care upon this vine:
the stock which your own right hand has planted.
- 16 As for those that burn it with fire and cut it down:
let them perish at the rebuke of your countenance.
- 17 Let your power rest on the man at your right hand:
on that son of man
whom you made so strong for yourself.
- 18 And so we shall not turn back from you:
give us life, and we will call upon your name.
- 19 Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.

Acts 2.37-47

³⁷ Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, 'Brothers, what should we do?' ³⁸ Peter said to them, 'Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. ³⁹ For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him.' ⁴⁰ And he testified with many other arguments and exhorted them, saying, 'Save yourselves from this corrupt generation.' ⁴¹ So those who welcomed his message were baptized, and that day about three thousand persons were added. ⁴² They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. ⁴³ Awe came upon everyone, because many wonders and signs were being done by the apostles. ⁴⁴ All who believed were together and had all things in common; ⁴⁵ they would sell their possessions and goods and distribute the proceeds to all, as any had need. ⁴⁶ Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, ⁴⁷ praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

Friday 5 June 2020

Psalms 82; 84

82

- 1 God has stood up in the council of heaven:
in the midst of the gods he gives judgement.
- 2 'How long will you judge unjustly:
and favour the cause of the wicked?
- 3 'Judge for the poor and fatherless:
vindicate the afflicted and oppressed.
- 4 'Rescue the poor and needy:
and save them from the hands of the wicked.
- 5 'They do not know, they do not understand,
they walk about in darkness:
all the foundations of the earth are shaken.
- 6 'Therefore I say, "Though you are gods:
and all of you children of the Most High,
- 7 "Nevertheless you shall die like a mortal:
and fall like one of the princes."
- 8 Arise, O God, and judge the earth:
for you shall take all nations as your possession.

84

- 1 How lovely is your dwelling-place:
O Lord God of hosts!
- 2 My soul has a desire and longing
to enter the courts of the Lord:
my heart and my flesh rejoice in the living God.
- 3 The sparrow has found her a home,
and the swallow a nest where she may lay her young:
even your altar, O Lord of hosts, my King and my God.
- 4 Blessed are those who dwell in your house:
they will always be praising you.
- 5 Blessed are those whose strength is in you:
in whose heart are the highways to Zion;
- 6 Who, going through the valley of dryness,
find there a spring from which to drink:
till the autumn rain shall clothe it with blessings.
- 7 They go from strength to strength:
they appear, every one of them,
before the God of gods in Zion.
- 8 O Lord God of hosts, hear my prayer:
give ear, O God of Jacob.
- 9 Behold, O God, him who reigns over us:
and look upon the face of your anointed.
- 10 One day in your courts is better than a thousand:
I would rather stand at the threshold
of the house of my God
than dwell in the tents of ungodliness.

11 For the Lord God is a light and a shield,
the Lord gives favour and honour:
and no good thing will he withhold
from those who walk in innocence.

12 O Lord God of hosts:
blessed are those who put their trust in you.

Acts 3.1-16

¹ One day Peter and John were going up to the temple at the hour of prayer, at three o'clock in the afternoon. ² And a man lame from birth was being carried in. People would lay him daily at the gate of the temple called the Beautiful Gate so that he could ask for alms from those entering the temple. ³ When he saw Peter and John about to go into the temple, he asked them for alms. ⁴ Peter looked intently at him, as did John, and said, 'Look at us.' ⁵ And he fixed his attention on them, expecting to receive something from them. ⁶ But Peter said, 'I have no silver or gold, but what I have I give you; in the name of Jesus Christ of Nazareth, stand up and walk.' ⁷ And he took him by the right hand and raised him up; and immediately his feet and ankles were made strong. ⁸ Jumping up, he stood and began to walk, and he entered the temple with them, walking and leaping and praising God. ⁹ All the people saw him walking and praising God, ¹⁰ and they recognized him as the one who used to sit and ask for alms at the Beautiful Gate of the temple; and they were filled with wonder and amazement at what had happened to him. ¹¹ While he clung to Peter and John, all the people ran together to them in the portico called Solomon's Portico, utterly astonished. ¹² When Peter saw it, he addressed the people, 'You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? ¹³ The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. ¹⁴ But you rejected the Holy and Righteous One and asked to have a murderer given to you, ¹⁵ and you killed the Author of life, whom God raised from the dead. To this we are witnesses. ¹⁶ And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you.'

Saturday 6 June 2020

Psalm 86

- 1 Incline your ear to me, O God, and answer me:
for I am poor and in misery.
- 2 Preserve my life, for I am faithful:
My God, save your servant who trusts in you.
- 3 Be merciful to me, O Lord:
for I call to you all the day long.
- 4 O make glad the soul of your servant:
for I put my hope in you, O Lord.
- 5 For you, Lord, are good and forgiving:
of great and continuing kindness
to all who call upon you.
- 6 Hear my prayer, O Lord:
and give heed to the voice of my supplication.
- 7 In the day of my trouble I call upon you:
for you will surely answer.
- 8 Among the gods there is none like you, O Lord:
nor are there any deeds like yours.
- 9 All the nations you have made
shall come and worship before you:
O Lord, they shall glorify your name.
- 10 For you are great and do marvellous things:
and you alone are God.
- 11 Show me your way, O Lord, and I will walk in your truth:
let my heart delight to fear your name.
- 12 I will praise you, O Lord my God, with all my heart:
and I will glorify your name for ever.
- 13 For great is your abiding love toward me:
and you have delivered my life
from the lowest depths of the grave.
- 14 The insolent, O God, have risen against me:
a ruthless band seek my life,
they have not set God before their eyes.
- 15 But you, Lord, are a God gracious and compassionate:
slow to anger, full of goodness and truth.
- 16 Turn to me and be merciful,
give your strength to your servant:
and save the child of your handmaid.
- 17 Show me some token of your goodness:
that those who hate me may see it and be ashamed,
because you, Lord, are my helper and my comforter.

Acts 3.17-4.4

3¹⁷ 'And now, friends, I know that you acted in ignorance, as did also your rulers.¹⁸ In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer.¹⁹ Repent therefore, and turn to God so that your sins may be wiped out,²⁰ so that times of refreshing may come from the presence of the Lord, and that he may send the Messiah appointed for you, that is, Jesus,²¹ who must remain in heaven until the time of universal restoration that God announced long ago through his holy prophets.²² Moses said, "The Lord your God will raise up for you from your own people a prophet like me. You must listen to whatever he tells you."²³ And it will be that everyone who does not listen to that prophet will be utterly rooted out from the people."²⁴ And all the prophets, as many as have spoken, from Samuel and those after him, also predicted these days.²⁵ You are the descendants of the prophets and of the covenant that God gave to your ancestors, saying to Abraham, "And in your descendants all the families of the earth shall be blessed."²⁶ When God raised up his servant, he sent him first to you, to bless you by turning each of you from your wicked ways.'

4¹ While Peter and John were speaking to the people, the priests, the captain of the temple, and the Sadducees came to them,² much annoyed because they were teaching the people and proclaiming that in Jesus there is the resurrection of the dead.³ So they arrested them and put them in custody until the next day, for it was already evening.⁴ But many of those who heard the word believed; and they numbered about five thousand.

Sunday 7 June 2020

Psalm 20

- 1 May the Lord hear you in the day of trouble:
the God of Jacob lift you up to safety.
- 2 May he send you his help from the sanctuary:
and be your strong support from Zion.
- 3 May he remember all your offerings:
and accept with favour your burnt sacrifices,
- 4 Grant you your heart's desire:
and fulfil all your purposes.
- 5 May we also rejoice in your victory
and triumph in the name of our God:
the Lord perform all your petitions.
- 6 Now I know that the Lord will save his anointed:
that he will answer him from his holy heaven
with the victorious strength of his right hand.
- 7 Some put their trust in chariots and some in horses:
but we will trust in the name of the Lord our God.
- 8 They are brought down and fallen:
but we are made strong and stand upright.
- 9 O Lord, save the king:
and hear us when we call upon you.

Ephesians 4.1-6, 4.17-32

¹ I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ² with all humility and gentleness, with patience, bearing with one another in love, ³ making every effort to maintain the unity of the Spirit in the bond of peace. ⁴ There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵ one Lord, one faith, one baptism, ⁶ one God and Father of all, who is above all and through all and in all. ¹⁷ Now this I affirm and insist on in the Lord: you must no longer live as the Gentiles live, in the futility of their minds. ¹⁸ They are darkened in their understanding, alienated from the life of God because of their ignorance and hardness of heart. ¹⁹ They have lost all sensitivity and have abandoned themselves to licentiousness, greedy to practise every kind of impurity. ²⁰ That is not the way you learned Christ! ²¹ For surely you have heard about him and were taught in him, as truth is in Jesus. ²² You were taught to put away your former way of life, your old self, corrupt and deluded by its lusts, ²³ and to be renewed in the spirit of your minds, ²⁴ and to clothe yourselves with the new self, created according to the likeness of God in true righteousness and holiness. ²⁵ So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. ²⁶ Be angry but do not sin; do not let the sun go down on your anger, ²⁷ and do not make room for the devil.

²⁸ Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. ²⁹ Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. ³⁰ And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. ³¹ Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, ³² and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.